



DATE: August 1, 2016

AGENDA ITEM #7

AGENDA REPORT

TO: Senior Commission
FROM: Jaime Chew, Staff Liaison
SUBJECT: Receive Monthly Staff Update

Updates

September is National Senior Center Month

This September, the National Institute of Senior Centers (NISC) invites you to celebrate the many ways senior center participants *Find Balance at Your Center* as part of National Senior Center Month 2016!

Every day, older adults find balance and whole person wellness at senior centers. Senior centers across the country are encouraged to showcase the opportunities provided for older adults to be engaged physically, mentally, and emotionally in their community.

Senior Commission Work Plan Discussion & Review

The City of Los Altos City Council would like to invite the Senior Commission to a discussion & review of their 2016 – 2017 Work Plan. This will take place on Tuesday, August 23, 2016 at 6pm prior to the scheduled City Council meeting at 7pm. The meeting will be held in Council Chambers at Los Altos City Hall.

Parks & Recreation Commission Invitation

The Parks & Recreation Commission is extending an invitation to all Commissions to their planned retreat on Saturday, September 24. Their hope is to have one representative from each Commission attend to participate in their discussion of "Working Commission to Commission." Additional information and an invitation will follow soon.