



Date: November 1, 2021

Agenda Item # 4

**TO:** Senior Commission

**FROM:** Cheryl Anderson, City of Los Altos Staff Liaison  
Chris Knopf, Town of Los Altos Hills Staff Liaison

**SUBJECT:** Informational Items

**RECOMMENDATION:**

Receive information and announcements from the Town of Los Altos Hills and City of Los Altos staff

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**BACKGROUND/DISCUSSION**

City Staff will share with the Senior Commission a program updated since the Adult 50+ Program opened on Monday, October 4, 2021.

**City of Los Altos:**

**Currently Hiring Facility Attendants:**

The City of Los Altos Recreation & Community Services Department is currently hiring for facility attendants that would be working at the new Los Altos Community Center. Below is the link to the website and brief information about the position.

**Direct Link For Position:**

[https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=1a9778da-a9fd-4b98-870a-e7f4617b59d9&ccId=19000101\\_000001&type=MP&lang=en\\_US](https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=1a9778da-a9fd-4b98-870a-e7f4617b59d9&ccId=19000101_000001&type=MP&lang=en_US)

Facility Attendant Position-Part-Time  
Salary Range: \$16.00 - \$20.00 (per hour depending on experience)

The Los Altos Community Center is now open, which means the Adult 50+ Program is now live and in person. We are creating community here and welcome all to join us!

We also have incorporated our hybrid program. This program allows for in person programming as well as virtual programming. Currently, we offer Tai Chi, Line Dance, Mah Jongg Class and Free Play, Jack's Discussion Group, Stretching/Walking, ArtVentureres, Monkey Toy Making and Bridge in person, at the new Community Center and at Grant Park. Our virtual programming includes Yoga/Meditation, Foreign Affairs, Tech Tutor and Hi-Cap Counseling. Hi-Cap and Tech Tutor can be in person as needed.

### **Thankful Thanksgiving Social**

Join us as we come together in thanksgiving and sharing with friends! We'll bring the snacks; you bring smiles and share what you are thankful for this season.

November 17, 2021  
Grant Park Multi-Purpose Room  
12pm-1pm  
Suggested donation: \$5

### **Mini Trip to Filoli's for the Holidays**

Experience the wonders of the Holidays at the historic Filoli Estate in Woodside. Join an afternoon of fun on a self-guided, group tour of the grand house and gardens, sumptuously decorated for the holidays, complete with twinkling lights and the Spirit of the Season. We will enjoy browsing in the wonderful Clock Tower Shop filled with seasonal and Filoli-inspired merchandise, where you can select a gift or two for someone special on your list.

December 8, 2021  
11am – 3:30pm  
Residents: \$55  
Non-Residents: \$66  
Call the Center for more information (650)947-2797

### **Holiday Dessert Social with a movie to follow!**

Come for dessert and stay for a movie! That's right, we are showing a classic for the holiday season. It's A Wonderful Life will make you smile, and the dessert will bring you joy!

December 16, 2021 –  
Los Altos Community Center, Grand Oak Room  
12pm – 3pm  
Suggested donation: \$5

### **COVID-19 Resource Link:**

Parks, restrooms, and playgrounds will remain open. To stay updated with the latest information, please visit our City website at <https://www.losaltosca.gov/citymanager/page/covid-19-resource-page>

November 1, 2021  
Informational Items

## **ON THE MOVE (RIDE CARE PROGRAM)**

Beginning July 1, 2019, the City of Los Altos provided a ride reimbursement program for participants of the Recreation and Community Services Adult 50+ Program. This program was created to aid local mature adults in being more mobile within the Los Altos and Los Altos Hills community.

1. Ride services must take place between July 1, 2021, and June 30, 2022
2. You must create an account on CIVIC Rec. <https://secure.rec1.com/CA/LosAltosRecreation/catalog>
3. This program is for ages 50 years and older.
4. Ride must begin and end within the City of Los Altos, Town of Los Altos Hills, El Camino Hospital Complex including North Dr., South Dr., Hospital Dr., and Solace Pl., Kaiser Mountain View (555 Castro St., Mountain View), Palo Alto Medical Foundation in Palo Alto and Mountain View, Palo Alto VA Hospital and all VA associated facilities located on Miranda Ave. and Loop Road, Stanford Hospital and associated facilities on Jordan, Pasteur, and Blake Wilber with no stops outside those areas.
5. Now accepting COVID-19 related trips and other trips that meet guidelines listed in #4.
6. You must use an on-demand ride company that can provide official verification of ride cost and transportation start and finish points.
7. Full cost of ride and up to \$3 driver gratuity will be reimbursed, any additional gratuity given will not be reimbursed.

For more information about this program, please call (650) 947-2797.

For more details about all the wonderful programs and activities the Adult 50+ program has to offer please refer to these links listed above. You can also see all programs offered by the Recreation & Community Services Department as a whole.

### **Los Altos Hills:**

#### **RecRx**

##### **Los Altos Hills Parks and Recreation**

Los Altos Hills Parks and Recreation invites residents to connect with a Recreation Specialist for personalized recreation recommendations. To get started, complete the recreation questionnaire located at [losaltoshills.ca.gov/RecRx](http://losaltoshills.ca.gov/RecRx). Your answers will be used to create a personalized recreation recommendation just for you! RecRx is offered as a free, for fun service to help familiarize the Los Altos Hills Community with its Parks and Recreation Programs. This service is not a prescription for recreation and is not under the supervision of any medical professional nor any recreational therapy program.

### **Need a Notary?**

Free notary service provided by the Town staff limited to residents of Los Altos Hills. Please reserve an appointment at least 3 days prior to notary date. Call 650-947-2508 or [ceinfalt@losaltoshills.ca.gov](mailto:ceinfalt@losaltoshills.ca.gov) to make an appointment.

Day: Appointments are required.

Location: Town Hall

Fee: Free limited to Los Altos Hills Residents Only

Interested in a finding a buddy to join you on the Town Pathways? Parks and Recreation has created the ultimate matchmaking service for Pathways lovers! Pathways buddies are matched based on various dimensions of compatibility and availability. Let Parks and Recreation connect you with your new buddy by signing up today at [losaltoshills.ca.gov/BuddyFinder](http://losaltoshills.ca.gov/BuddyFinder). Social distancing shall be practiced at all times.

### **Doggie Playdate**

#### **Purissima Bark Park**

Interested in setting up a doggie playdate at the Purissima Bark Park? Parks and Recreation has created a matchmaking service to help residents arrange a doggie playdate. Sign up at [losaltoshills.ca.gov/doggieplaydate](http://losaltoshills.ca.gov/doggieplaydate) and Parks and Recreation will introduce compatible matches through email.

### **Medicare's Annual Enrollment Period (AEP) Presentation**

#### **by Health Insurance Counseling & Advocacy Program (HICAP) by Sourcewise**

During Medicare's Annual Enrollment Period (AEP), existing Medicare beneficiaries may enroll into, change, or drop a Medicare Part D drug plan or a Medicare Part C Medicare Advantage plan for new plans that become effective January 1, 2022. Every year, Medicare, Part D drug plans and Part C Medicare Advantage plans make changes to their coverage and costs that take effect on January 1, 2022. Medicare's AEP Presentation is a workshop for Santa Clara County residents that want to learn more about Medicare changes taking effect on January 1, 2022. Join us to learn more.

Medicare's AEP is October 15 – December 7

Medicare alone can be overwhelming – Health Insurance Counseling & Advocacy Program (HICAP) Counselors do not sell, endorse or affiliated with any insurance companies. Our goal is to inform and educate the community so you can make an informed decision on something as important as Medicare. Please join our California certified HICAP Counselors for an objective and unbiased Medicare presentation.

Date: 11/9

Day: Tuesday

Time: 2:00 – 3:00 pm

Location: Zoom Video Conference

Fee: Free

## **When Dementia Comes Knocking**

Every three seconds someone is diagnosed with dementia. The risk of having dementia doubles every five years over age 65. Dementia disrupts everyday living and places a huge burden on society. We all need to understand and prepare for the possibility of dementia in our families, workplaces and communities. Join us to watch an award-winning documentary, *Sue's Story: A Journey with Lewy Body Dementia*, followed by a panel discussion with information and tips for you and your family.

- \* straight talk about dementia
- \* recognizing signs and symptoms
- \* getting a diagnosis, maximizing quality of life
- \* dementia caregiving
- \* avoiding risk factors and embracing brain health
- \* finding help and resources

Date: 11/12

Day: Friday

Time: 11:00 am – 1:00 pm

Location: Zoom

Fee: Free

RSVP Required: [info@thesuesstoryproject.com](mailto:info@thesuesstoryproject.com)