



DATE: June 7, 2021

AGENDA ITEM # 5

**TO:** Senior Commission

**FROM:** Bridget Matheson, City of Los Altos Staff Liaison  
Sarah Robustelli, Town of Los Altos Hills Staff Liaison

**SUBJECT:** Informational Items

**RECOMMENDATION:**

Receive information and announcements from the Town of Los Altos Hills and City of Los Altos staff

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Los Altos Hills:

**Planning: Senior Care Options**

Are you (or do you have family members that are) aging quickly, but you are not sure what care options are available, especially now with the COVID-19 pandemic? Our presentation will help you prepare for issues such as dealing with a senior who may be resistant to help, family caregiver burnout, hiring in-home caretakers, knowing when home is no longer the best place, and moving into a senior community or board and care home. We will also specifically address how these care options look different for aging seniors with the COVID-19 pandemic changing the game.

Date: 7/21  
Day: Wednesday  
Time: 11:30 am – 1:00 pm  
Location: <https://bit.ly/3aq1TSb>  
Passcode: 94022  
Phone: 16699006833  
Fee: Free

**Memoir Writing: Tell Your Story - Discover Your Legacy**

Many people think their lives are not that interesting. Yet we all have stories to share. They tell us who we are, who we were and why it matters. What stories do you want to pass on? Remember those moments in your life and create a valuable story collection and history for your family. No writing experience needed. Everyone with favorite stories to keep is welcome. Participants write at home and share stories with the group over the four-week class. Sign up early as this class is limited for six participants.

Learn about:

- Simple tips to assist storytelling
- How to identify significant moments in our lives
- What our stories tell us about our purpose and legacy

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Summer Dates: 8/11 – 9/1

Day: Wednesdays

Time 1:00 – 2:30 pm

Location: Virtual

Fee: \$45

\$40 Resident Rate

### **Virtual Organizing Consultation**

#### **Offered by More Time for You Professional Organizer and Productivity Specialists**

You have likely been spending a lot of time at home this year and you would really love to have less clutter but do not know where to start. Or perhaps your DIY attempts to get organized have not been very successful. Invite professional organizer Lori Krolik of [More Time For You](#) into your home for a virtual walk through to look at what areas are functioning well and what spaces could use an organization makeover. You will get an action plan of recommendations to implement yourself or you can schedule the necessary organizing sessions to get the job done. No more procrastinating as to where to start. You get a plan and a path!

1 Hour Appointments Available, Sign Up to Schedule.

Location: Phone Call or Video Chat

Fee: \$175

### **Independence Day Caravan**

Sunday, July 4 10:00-11:00 am

Join the Red, White, and Blue spirit and view the **Los Altos Hills Independence Day Caravan** on Sunday 4th of July. If you are unable to walk to see the Caravan from your home, we encourage viewers to stay in your car and park at Gardner Bullis or Purissima Park to view the festivities. Sparkle like a firework and show off your mask and social distance skills. Let the virtual parade come to you. Watch from the comfort of your home as we stream it on the Town's Facebook page. The parade of cars will start from Town Hall at 10:00 am and will include the Santa Clara County Fire Department, Santa Clara County Sheriff, Council members, Classic Cars, and much more! CERTs are also volunteering along the route and there will be music, décor, and celebration in the Hills. [www.losaltoshills.ca.gov/DocumentCenter/View/3562/Independence-Caravan-Parade?bidId=](http://www.losaltoshills.ca.gov/DocumentCenter/View/3562/Independence-Caravan-Parade?bidId=)

### **Pending: Classic Car Show Event**

Given continuing pandemic restrictions, in lieu of a Town Picnic this year, the Community Relations Committee proposes that a classic car show be held from 10:00 AM to 2:00 PM on Sunday, July 25, 2021, on the large Little League Field number two at Purissima Park in Los Altos Hills. This concept has been approved by City Council and we are awaiting updated guidance from the State and County.

### **Los Altos Hills vs. Los Altos Adult Softball Game**

The City of Los Altos and The Town of Los Altos Hills is currently recruiting adults to play in the Softball Game scheduled for Saturday, August 14<sup>th</sup> from 1-3pm at Purissima Park. For more information or if you are interested in registering, please see links below.

<https://www.losaltoshills.ca.gov/FormCenter/Parks-Recreation-4/Los-Altos-Hills-Softball-Player-Form-90>

<https://www.losaltoshills.ca.gov/FormCenter/Parks-Recreation-4/Los-Altos-Softball-Player-Form-89>

For further information call 650-941-7222 or email: [srobustelli@losaltoshills.ca.gov](mailto:srobustelli@losaltoshills.ca.gov)

City of Los Altos:

### **July Meeting**

Determine if the Senior Commission would like to cancel or reschedule the July 5 (Observed Holiday) meeting.

### **Recreation Leader II Position Now Available**

Currently there is a Recreation Leader II position available for the senior and adults program with the City of Los Altos Recreation and Community Services Department. The pay range is between \$16.75 - \$18.75 per hour.

[https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=1a9778da-a9fd-4b98-870a-e7f4617b59d9&ccId=19000101\\_000001&type=MP&lang=en\\_US](https://workforcenow.adp.com/mascsr/default/mdf/recruitment/recruitment.html?cid=1a9778da-a9fd-4b98-870a-e7f4617b59d9&ccId=19000101_000001&type=MP&lang=en_US)

### **Summer Session**

June 14, 2021 – August 28, 2021

### **Registration Link for Classes:**

<https://secure.rec1.com/CA/LosAltosRecreation/catalog>

### **New Registration Software Now Available!**

We invite you to create your new registration account. The new software launched on March 22, 2021. The new software, CivicRec, is user-friendly and listed below are a few steps to get you started:

- Go to [LosAltosRecreation.org](http://LosAltosRecreation.org)

On desktop, select the big button that says CIVICRec, once selected you will see near the top of the page “Start Here”. Follow the steps shown underneath this caption and you will be on your way to getting your new account set up. **Need help setting up your account? call 650-947-2790 or [rec-info@losaltosca.gov](mailto:rec-info@losaltosca.gov)**

### **Virtual Recreation Center:**

<https://www.losaltosca.gov/recreation/page/virtual-recreation-center>

### **COVID-19 Resource Link:**

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Parks, restrooms, and playgrounds will remain open. To stay updated with the latest information, please visit our City website at <https://www.losaltosca.gov/citymanager/page/covid-19-resource-page>

### **Pets and Emergency Preparedness**

June 7, 2021 at 7:30pm

Learn about storing emergency supplies and preparing for evacuations and more--for pets! Do you have an emergency plan for them? Los Altos resident (and CERT volunteer) Lisa Towell K6LCT will share her expertise with us. Lisa is passionate about animals and has trained in animal preparedness and evacuation procedures.

Registration links: see [www.losaltosca.gov/prepares](http://www.losaltosca.gov/prepares)

### **Climate Change**

Join Lauren Weston, Acterra, on June 17, 2021 at 11:00am via zoom. For more information, please call 650-947-2797.

### **Be Ready: Be Prepared class in Cantonese, 準備好:來參加!**

June 17, 2021 at 6:00pm

Santa Clara County Fire Department will present a "Be Ready: Be Prepared" class in Cantonese.

Registration links: see [www.losaltosca.gov/prepares](http://www.losaltosca.gov/prepares)

### **COVID-19 Q&A with Dr. Yu**

June 23, 2021 at 7:30pm

Join local family practice physician Dr. Ed Yu for an update on the latest in medical science, and to get your COVID-19 questions answered.

Registration links: see [www.losaltosca.gov/prepares](http://www.losaltosca.gov/prepares)

### **Caregivers: what you need to know before the emergency!**

June 24, 2021 at 7:30pm

Learn how to recognize medical emergencies and when to call 9-1-1. Learn how to report emergencies and what to do before help arrives. Be prepared with completed medical documents and explore resources that can assist caregivers. Gina Cali, Sr. Community Risk Officer at Santa Clara County Fire Dept., will improve our understanding and confidence about calling 9-1-1

Registration links: see [www.losaltosca.gov/prepares](http://www.losaltosca.gov/prepares)

### **ON THE MOVE (RIDE CARE PROGRAM)**

Beginning July 1, 2019, the City of Los Altos provided a ride reimbursement program for participants of the Recreation and Community Services Adult 50+ Program. This program was created to aid local mature adults in being more mobile within the Los Altos and Los Altos Hills community.

### **Requirements**

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1. Ride services must take place between July 1, 2021 and June 30, 2022
2. You must create an account on CIVIC Rec. <https://secure.rec1.com/CA/LosAltosRecreation/catalog>
3. This program is for ages 50 years and older.
4. Ride must begin and end within the City of Los Altos, Town of Los Altos Hills, El Camino Hospital Complex including North Dr., South Dr., Hospital Dr., and Solace Pl., Kaiser Mountain View (555 Castro St., Mountain View), Palo Alto Medical Foundation in Palo Alto and Mountain View, Palo Alto VA Hospital and all VA associated facilities located on Miranda Ave. and Loop Road, Stanford Hospital and associated facilities on Jordan, Pasteur, and Blake Wilber with no stops outside those areas.
5. Now accepting COVID-19 related trips and other trips that meet guidelines listed in #4.
6. You must use an on-demand ride company that can provide official verification of ride cost and transportation start and finish points.
7. Full cost of ride and up to \$3 driver gratuity will be reimbursed, any additional gratuity given will not be reimbursed.

For more information about this program, please call (650) 947-2797.

For more details about all the wonderful programs and activities the Adult 50+ program has to offer please refer to these links listed above. You can also see all programs offered by the Recreation & Community Services Department as a whole.