

**MINUTES OF THE MEETING OF THE SENIOR COMMISSION OF THE CITY OF
LOS ALTOS, HELD ON MONDAY, JUNE 7, 2021, AT 3:30 P.M. VIA VIDEO
CONFERENCE, LOS ALTOS, CALIFORNIA**

ROLL CALL

PRESENT: Chair Nagao, Vice Chair Cohen, Commissioners Basiji, Buchholz, Li, O'Reilly

ABSENT: Commissioner Yu

Chair Nagao established a quorum at 3:30 pm and notified the Senior Commission that the Los Altos Hills Commissioner Yu has resigned and is moving at the end of July.

PUBLIC COMMENTS

None

SPECIAL PRESENTATION:

Anabel Pelham, PhD of Age Friendly Programming gave a presentation on Age Friendly Community Sustainability Principles GIA. Created a center for age friendly excellence to capture all the knowledge, know how, capacity, experience and expertise through this process working with 21 cities. Formed a relationship with the California AARP who oversees the next steps to create an action plan over 5 years.

Cheri Anderson, 50+ Coordinator: Discussed and detailed the social and physical programs at the Los Altos 50+ Center and Grant Park.

Commissioner Basiji: Wants to know what the next steps are and suggests creating a sub-commission with Commissioners Buchholz and Li that will meet with Anabel Pelham after her arrival on July 5 to provide a thoughtful but not massive, strategic, targeted look at current unmet needs especially with COVID-19. Los Altos is 3 years behind but wants to conduct focus groups of 12 – 15 people (vs a survey) and work directly with a task force.

Commissioner Cohen: Quantitative data existing in county and city and will help write up an action plan.

ACTION: Pelham's staff to meet with the Senior Commission. Pelham will send framework plan to Liaison Bridget Matheson.

PUBLIC COMMENTS

None

ITEMS FOR CONSIDERATION/ACTION

1. Commission Minutes

Correction: Commissioner Buchholz not on the Work Plan Transportation Committee

Action: Upon a motion by Commissioner O'Reilly, seconded by Commissioner Buchholz, the Commission approved the corrected minutes of the meeting of April 5, 2021.

ABSTAIN: Commissioner Basiji was not present at the last meeting.

ABSENT: Commissioner Yu

PUBLIC COMMENTS

None

2. Fall and Winter Senior Documents Workshops

Discuss fall and winter workshop ideas based on the evaluation of spring workshops.

ACTION: Commissioner Basiji to meet with Liaison Robustelli to get feedback and status on Spring senior document workshops and put on the agenda for the next Senior Commission to discuss and pick two more workshops for the Fall and Winter.

Commissioner Buchholz: Doris Hawks Torbeck is no longer available, but he may partner with a hospice nurse for a webinar.

PUBLIC COMMENTS

None

3. Fiscal Year 2021 – 22 Work Plan

Discuss outcome of Special Joint City Council Meeting on May 4, 2021, and adjust FY 2021-22 Work Plan.

Commissioner O'Reilly: City Council was very supportive and appreciative and receptive of revisions and understanding of limited scale due to COVID-19.

Chair Nagao: Issue about changing the title of Commission from Senior to a more inclusive name.

Commissioner Basiji: Would help with recruitment for the slot vacated by Commissioner Yu. Added Advance Care and Planning workshops to Enhanced Health and Wellness.

ACTION: Liaison Bridget Matheson to update and send updated Work Plan to Senior Commissioners.

PUBLIC COMMENTS

None

INFORMATIONAL ITEMS

4. Monthly staff report

Liaison Matheson presents the Los Altos Hills report for absent Liaison Robustelski:

- Planning Senior Care Options, July 21
- Memoir Writing: Tell Your Story – Discover Your Legacy, June 7- Sept 1
- Virtual Organizing Consultation, by appointment
- Independence Day Caravan, July 4
- Pending: Classic Car Show Event, July 25
- Los Altos vs Los Altos Hills Adult Softball Game, Aug 14

Liaison Bridget Matheson reports on Los Altos events:

- Recreation Leader II Position now posted.
- Summer Session June 14 – Aug 28
- Pets and Emergency Preparedness, June 7
- Climate Change Zoom session, June 17
- Be Ready, Be Prepared class in Cantonese, June 17
- COVID-19 Q&A with Dr Yu, June 23
- Caregivers: What you need to know before the emergency, June 24
- ONTHEMOVE(RideCare Program), July 1

ACTION: July Senior Commission Meeting cancelled, next meeting to be August 2, 2021.

PUBLIC COMMENTS

None

COMMISSION AND STAFF REPORTS AND DIRECTIONS ON FUTURE AGENDA ITEMS

Commissioner Buchholz: In agreement with Commissioner Li and 50+ Coordinator Anderson and Liaison Matheson on Ms. Pelham's Age Friendly City project.

Commissioner Basiji: Wants to include Los Altos Hills citizens in the focus groups.

Commissioner Cohen: Wants to impress that the leaders of the 8 elements focus groups need a lot of special training. Will most likely be staffed by Ms. Pelham's team.

Chair Nagao: How will Commissioner Yu's position be filled? Liaison Matheson has reached out to the Los Altos Hills Liaison Robustelli. Will be up to the Los Altos Hills City Council to recruit and put before the City Clerk's office to put on the Los Altos Hills City Council agenda and vetted candidates.

PUBLIC COMMENTS

None

POTENTIAL FUTURE AGENDA ITEMS

Commissioner O'Reilly: Considering renaming the Commission.

Commissioner Cohen: Fall and Winter Senior Workshop Topics

Potential report on post July 4 meeting between Ms. Pelham, Commissioners Buchholz & Li.

ADJOURNMENT

Motion made by Commissioner Basiji to adjourn meeting and seconded by Commissioner Cohen and unanimously agreed to adjourn the meeting at 4:45 p.m.