



DATE: March 1, 2021

AGENDA ITEM # 3

**TO:** Senior Commission

**FROM:** Bridget Matheson, City of Los Altos Staff Liaison  
Sarah Robustelli, Town of Los Altos Hills Staff Liaison

**SUBJECT:** Informational Items

**RECOMMENDATION:**

Receive information and announcements from the Town of Los Altos Hills and City of Los Altos staff

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**Los Altos Hills:**

**[Spring and Summer Activity Guide](#)**

Now available online with classes and activities available for registration at the following link:  
<https://secure.rec1.com/CA/los-altos-hills-ca/catalog>.

**[Important Contacts Brochure](#)**

Printed in the March Newsletter and an interactive format available on the Town's [website](#).

**[COVID-19 Testing appointment](#)**

Monday, March 1 and Monday, April 5<sup>th</sup> from 9:30-4:00 pm at Town Hall Council Chambers.

**[2021 Inspirational Banners.](#)**

Parks and Recreation Committee invite you to submit your designed by residents to inspire residents. Deadline March 8. Submit your original design to [srobustelli@losaltoshills.ca.gov](mailto:srobustelli@losaltoshills.ca.gov).

**[Drive-Thru Shred Event](#)**

Scheduled for Saturday, March 20<sup>th</sup> from 8:00-11:00am at Town Hall limited to Los Altos Hills residents.

**[Hoppin' Hounds at Home!](#)**

When donating \$10 or more to Pets in Need participants will receive a kit with a bag of treats, donor dog bandanna, Pets in Need face covering, and a chance to win one of four large gift baskets. Kits will be available for pick up the week of 3/29 - 4/3 at Town Hall. To participate, donate \$10 or more to the Hoppin' Hounds at Home event page [bit.ly/2YV89L2](https://bit.ly/2YV89L2).

**Essential Documents for Aging Seniors**

Date: 4/21

Day: Wednesday

March 01, 2021

Informational Items

Time: 11:30 am – 1:00 pm  
Location: <https://bit.ly/37kvz0U>  
Passcode: 94022  
Phone: 16699006833

**Planning: Senior Care Options**

Date: 7/21  
Day: Wednesday  
Time: 11:30 am – 1:00 pm  
Location: <https://bit.ly/3aq1TSb>  
Passcode: 94022  
Phone: 16699006833

**Introduction to Nonfinancial Retirement Planning**

RSVP Required: [losaltoshills.ca.gov/RetirementLinkages](https://losaltoshills.ca.gov/RetirementLinkages)  
Spring Date: 4/12  
Summer Date: 8/2  
Day: Monday  
Time 11:00 – 11:30 am  
Location: Virtual  
Fee: Free

**Be Your Own Personal Trainer**

Date: 5/4  
Day: Tuesday  
Time: 2:00 – 2:30 pm  
Location: Virtual  
Fee: Free  
Registration is required: [losaltoshills.ca.gov/TalkingFitness](https://losaltoshills.ca.gov/TalkingFitness)

**Volunteering: Retirement's Secret Sauce**

<https://secure.rec1.com/CA/los-altos-hills-ca/catalog>  
Spring Date: 4/20  
Day: Tuesday  
Time 10:30 am – Noon  
Location: Virtual  
Fee: \$40, \$35 Resident Rate

**City of Los Altos:**

**Reorganization of the Senior Commission Chair and Vice Chair**

On Monday, April 1, 2021 during the Senior Commission Meeting, there will be a reorganization of the Chair and Vice Chair. The Senior Commission will nominate and vote on both commission seats.

### **Registration and Spring Session Information**

Registration for the spring session will take place on March 22, 2021. The spring session will be from April 19, 2021 through May 31, 2021.

### **Registration Link for Classes:**

<https://www.losaltosca.gov/recreation/page/view-all-classes-0>

### **Virtual Recreation Center:**

<https://www.losaltosca.gov/recreation/page/virtual-recreation-center>

### **Link to Adult 50+ Spotlight Newsletter:**

[https://www.losaltosca.gov/sites/default/files/fileattachments/recreation\\_amp\\_communityservices/page/41241/spotlight\\_nov-dec2020.pdf](https://www.losaltosca.gov/sites/default/files/fileattachments/recreation_amp_communityservices/page/41241/spotlight_nov-dec2020.pdf)

### **19<sup>th</sup> Annual Eggstravaganza**

Los Altos Recreation and Community Services Department is reimagining the 19<sup>th</sup> Annual Spring Egg Hunt! Decorate an egg and photograph, then submit your creation to [bit.ly/losaltoseggstravaganza](https://www.losaltosca.gov/recreation/page/egg-hunt) by **Tuesday, March 23, 2021. Wednesday, March 31, 2021 to Wednesday, April 21, 2021** view the virtual Eggstravaganza at [www.LosAltosRecreation.org](http://www.LosAltosRecreation.org). For more information regarding this activity please call 650-947-2790 or reach out via email at [rec-info@losaltosca.gov](mailto:rec-info@losaltosca.gov).

### **UC Master Gardeners Presentation**

UC Master Gardeners of Santa Clara County Presentation on Drought Resistant Planting Thursday, March 11, 2021, 11:00am.

### **Virtual Scavenger Hunt**

Thursday April 8, 2021, 11:00am.

### **Cable TV Channel 15**

March program with Tai Chi Class, Meditation, Cooking Class, Youth Performances: Ukulele, Violin, and Piano.

### **COVID-19 Resource Link:**

Parks, restrooms, and playgrounds will remain open. To stay updated with the latest information, please visit our City website at <https://www.losaltosca.gov/citymanager/page/covid-19-resource-page>

For more details about all the wonderful programs and activities the Adult 50+ program has to offer please refer to these links listed above. You can also see all programs offered by the Recreation & Community Services Department as a whole.



