



DATE: February 1, 2021

AGENDA ITEM # 4

TO: Senior Commission

FROM: Bridget Matheson, City of Los Altos Staff Liaison
Sarah Robustelli, Town of Los Altos Hills Staff Liaison

SUBJECT: Informational Items

RECOMMENDATION:

Receive information and announcements from the Town of Los Altos Hills and City of Los Altos staff

Los Altos Hills:

COVID19 Testing

Appointment based testing hosted by Los Altos Hills on [Monday, February 1st](#) in the Council Chambers.

Pop-Up Los Altos Hills Photo Frame

The frame is temporary installed at Edith Park, at the corner of Fremont and Edith Roads. There is a platform to place your phone or camera to take a picture using your self-timer. Visitors are encouraged to add their photo to the Community Photo Album by visiting: losaltoshills.ca.gov/popupframe.

2021 Inspirational Banners Project

Staff is working with the Parks and Recreation Committee to launch this year's Inspiration Banner Project. Create an inspirational banner to inspire the community. Submissions are due March 7th.

Shred Event

Open to Los Altos Hills Residents on Saturday, March 20 8-11 am at Town Hall

Essential Documents for Aging Seniors

Wednesday, April 21 from 11:30am-1:00 pm, Free open to all

Planning: Senior Care Options

Wednesday, July 21 11:30am-1:00 pm, Free open to all.

Fall Prevention

Hosted by Stanford Health Care and the Santa Clara County Fire Department
Wednesday, April 28 from 11:00am-12:15am.

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Tech Tutoring by Phone or Zoom

To book your appointment visit seniortech.simplybook.me or call (650)-947-2506. If you have any questions about this service, please contact Russell Yang at russell.a.yang@gmail.com.

Dear Seniors, Pen Pal Program

This is a great way for youth in our community to learn from the older generations and to share ideas on how to keep entertained during the quarantine. To learn more visit <https://bit.ly/dearseniorslah> or contact Anika at anikasikka1@gmail.com.

Advice Forum, Youth/Senior Exchange

Give advice to the youth. If you are interested in getting involved visit <https://bit.ly/dearseniorslah> or contact Anika at anikasikka1@gmail.com.

Pathways Buddy Finder

Interested in finding a walking buddy? Walking buddies are based on various dimensions of compatibility and availability. Parks and Recreation will connect you with a walk buddy after you complete the form located www.losaltoshills.ca.gov/BuddyFinder.

For more details about all the wonderful programs and activities The Town of Los Altos Hills has to offer, please reach out to Sarah Robustelli at srobustelli@losaltoshills.ca.gov or call 650-947-2518.

City of Los Altos:

COVID Vaccine Implementation

Individuals are encouraged to contact care providers. The City will not be issuing vaccines. For more information contact Santa Clara County: <https://www.sccgov.org/sites/covid19/Pages/COVID19-vaccine-information-for-public.aspx>

COVID-19 Resource Link:

Parks, restrooms, and playgrounds will remain open. To stay updated with the latest information, please visit our City website at <https://www.losaltosca.gov/citymanager/page/covid-19-resource-page>

Registration and Winter Session Information

Registration for the winter session will take place on January 26, 2021. The winter session will be from February 22, 2021 through March 29, 2021.

Registration Link for Classes:

<https://www.losaltosca.gov/recreation/page/view-all-classes-0>

Virtual Recreation Center:

<https://www.losaltosca.gov/recreation/page/virtual-recreation-center>

Link to Adult 50+ Spotlight Newsletter:

https://www.losaltosca.gov/sites/default/files/fileattachments/recreation_amp_communityservices/page/41241/spotlight_nov-dec2020.pdf

Laughter Yoga Online Workshop

Laugh for your health, Laugh for fun!

Tuesday, February 02, 2021 at 11am

Call (650) 947-2797 to register.

Valentine's Scramble Online Social

Fun activities and prizes

Thursday, February 11, 2021 at 11am

Book your virtual table reservations now! Call (650) 947-2797 to register.

Join Us for An Online Foreign Affairs Social

Friday, February 12, 2021 at 11am

Call (650) 947-2797 to get Zoom link.

Join us on a Historical Journey through Africa with Mike Blum

Mike Blum will be covering the early voyages of discovery by the Portuguese and Dutch, followed by the European "Scramble for Africa." The review begins in South Africa and then to Rhodesia, Zimbabwe, Leopold's Congo, Mobutu's Congo, The Sudan, Ethiopia, and Egypt.

- Leopold's Congo Feb 5
- Mobutu's Congo Feb 12

January 12 to February 12, 2021

5 classes on Friday's at 10am

Call the Adult 50+ Program at 650-947-2797 to get the Zoom link.

Adult 50+ programs is on Cable TV

The Adult 50+ program is sponsoring fun, educational, and entertaining activities on Cable Channel 15 on weekdays from 10am to 12pm. We thank all who are watching the program and ask if you would give us a call at (650)-947-2797 to let us know your thoughts. We look forward to hearing from you!

AARP Tax Aide

This program is gearing up for assistance February 2021 through April 2021. Due to coronavirus pandemic, assistance is available remotely. To arrange for Tax Aide assistance, call the Adult 50+ Program at (650)947-2792.

For more details about all the wonderful programs and activities the Adult 50+ program has to offer please refer to these links listed above. You can also see all programs offered by the Recreation & Community Services Department as a whole.