

**MINUTES OF THE MEETING OF THE SENIOR COMMISSION OF THE CITY OF
LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, DECEMBER 02,
2019, AT 3:30 P.M. AT GRANT PARK, 1575 HOLT AVENUE,
LOS ALTOS, CALIFORNIA**

ROLL CALL

PRESENT: Chair Harding, Vice Chair, O'Reilly, Commissioners Basiji, Buchholz

ABSENT: Commissioners Torbeck, Yu

PUBLIC COMMENTS

Nancy Tucker came to discuss the re-development project for the Library. She is from NCLA and would like to set up a time to survey members of the commission pertaining to library needs of the community. She would like to either meet after the Senior Commission meeting or set up another time to meet.

King Lear came to discuss the Bocce Ball Project Update that he is interested in pursuing. King said that he has briefed the Parks and Recreation Commission and came to speak at the last Council Meeting. He is also interested in coming to the next Senior Commission Meeting and speak before the next Parks and Recreation Commission Meeting that would take place on January 13, 2020. King Lear mentioned that the Rotary Club is willing to put in an additional \$20,000 to put towards new Bocce Ball Courts at Grant Park. It was encouraged to put this topic on the next agenda.

Shalina Gupla came to speak about a new way to improve the On-Demand Ride Share program. She says that not many people have been utilizing the program. She is interested in having the City work with her organization Anewvista to help improve the program.

ITEMS FOR CONSIDERATION/ACTION

1. Commission Minutes
Action: Upon a motion by Vice Chair O'Reilly, seconded by Commissioner Basiji, the Commission unanimously approved the minutes of the meeting of November 04, 2019.

2. Item # 2 Vote for new Chair and Vice Chair

Public Comment: None

Action:

Upon a motion by Commissioner Basiji, seconded by Commissioner Buchholz the Commission unanimously voted for Vice Chair O' Reilly to become Chair.

Upon a motion by Commissioner Harding, seconded by Commissioner Buchholz the Commission unanimously voted for Commissioner Nagao to become Vice Chair.

3. Item # 3 Review and discuss status of Grant Community Center Projects

Public Comment

None

Action: None

Discussion

Chair O'Reilly mentioned the topic of the Capital Improvement Projects and Grant being listed as third on the list. Currently waiting on the Grant priority list to be approved by Council. This decision would not be able to be decided until staff creates a report with the recommendations of improvements at Grant Park. Patio Furniture has also been ordered. The furniture would be delivered and installed on Friday, December 06, 2019.

4. Item# 4 Review and discuss status of Hillview Community Center Project

Public Comment: None

Action: None

Discussion:

Construction has started.

INFORMATIONAL ITEMS

5. Receive information and announcements from City Staff

Programs & Events

Los Altos Hills:

Recent Senior Successes:

Great turnout and wonderful information shared at Medicare Enrollment Presentation and Stay Active, Stay Safe, Stay for Lunch held in November.

Upcoming Events:

Westwind Community Barn Lighting will be held on Sunday, December 8th from 2 – 5pm at 27210 Altamont Road, Los Altos Hills, CA 94022. Crafts, Bake Sale, , Pony Rides, Petting Zoo, Santa Visits.

Art Walk and Talk Tour will be held on Saturday January 18th at Town Hall. For more information visit the Women's Caucus for Art at www.wcapeninsula.org.

Pathways to Positive Aging will be held on January 24th at 2pm in the Town Hall. Learn from Pathways Home Health on different paths surrounding end of life issues. Free program, contact Recreation at 650-947-2506 to RSVP.

Los Altos Hills Senior Friendly Programs:

Fitness for Seniors registration is open for December at losaltoshills.ca.gov/201/Parks-and-Recreation. Seniors may call Recreation at 650-947-2506 to register over the phone.

A free and open to all Monthly Recreation Walk will be offered Wednesday, December 4th at 9:30am at the Town Hall.

Free Tech Help for Seniors will be held on Thursday, December 5th at 4 PM in the Parks and Recreation building. Sign up for Tech Help at <http://seniortech.cf/> or simply call Chris in Recreation at 650-947-2506

The Bookmobile visits Los Altos Hills on Monday December 9th from 1 – 2pm.

Mindful Eating: Mind-Body Connection a free series that “enhances our understanding of what to eat, how to eat, how much to eat, and why we eat what we eat.” The next course, Emotional Eating, will be offered on December 11th at 6:30pm in the Parks and Recreation building.

City of Los Altos

Code Enforcement Officer Karan Malhi Coming To Speak

On Wednesday, December 4th at 12:30pm, Karan Malhi from the Los Altos Police Department will be here. This activity will be taking place at Grant Park in Room 4. During this time Karan will outline his responsibilities and do a Q&A.

32ND Annual Gingerbread Exhibit

The 32nd Annual Gingerbread Exhibit will take place Tuesday, December 10 – Thursday, December 19. New this year.... participants will have the opportunity to showcase their creations in Los Altos businesses. Registration for both host businesses and participants are now open! Sign up before November 22! Space is limited. Online registration and information may be found at <https://www.losaltosca.gov/recreation/page/32nd-annual-gingerbread-exhibit>. Questions and more information may also be directed to Candace Avina at cavina@losaltosca.gov.

Mini Trip-Holiday Luncheon at Gamble Gardens (SOLD OUT)

This trip will be taking place on Tuesday, December 10th.

Arrive at LAYC (1 N. San Antonio Road, Los Altos) by 11:15 AM for boarding and departure by 11:30 AM, return time approximately 3:00 PM.

Have a *delicious* holiday lunch served in the main house at 12 PM and, weather permitting, take a stroll of the grounds. Lunch will be tomato soup, chicken in phyllo with sauce, and cherries jubilee (menu subject to change). \$65 Members / \$70 Non-Members Includes lunch, transportation, & gratuity.

Come Join us for a Holiday Season Treat! The Bay Area's Own Phil Ackerly

On Wednesday, December 11th from 12:30pm -1:15 pm at Grant Park in the ant Park Multi-Purpose Room, Magic, comedy, and fun all wrapped into one! Free for all!

Tech Workshops with Shalini

1st and 3rd Mondays of the month 10:00 AM Grant Park Room 4
Monday, December 16th– Useful Apps

Christmas Lunch

On Friday, December 20th at 12:00 pm, the Christmas Lunch will be taking place.

This activity will be taking place at LAYC (Los Altos Youth Center) in Multi-Purpose Room.

Packed with lots of fun, food, and good company, you will walk away feeling the cheer of the season! Lunch is served at 12:00 PM, entertainment by Dance Connection, performing a mini version of the Nutcracker, starts at 12:30 PM, prizes and gift give away starts at 1:15 PM.

Please call (650) 947-2797 or come to Room 4 to sign up! Suggested donation of \$8.

2020 Fun Run

Taking place on New Year's Day, this Los Altos tradition is Fun, non-competitive and Free! A 5k (3.1 mile) walk, run or roll (strollers or wheelchairs). Participate in the "run" or cheer on your family and friends. It's a great way to welcome 2020! For more information about our programs, please visit LosAltosRecreation.org or call 650-947-2790.

COMMISSION AND STAFF REPORTS AND DIRECTIONS ON FUTURE AGENDA ITEMS:

Community Center Subcommittee

No updates at this time.

Outreach Subcommittee

Spring Fling

Chair Harding discussed a few logistical items pertaining to the Senior Spring Fling event taking place in April 2020. The cost has been raised to \$15/\$18. The purpose is to account for the price of food and the DJ.

There was mention that the food was not good. It was decided that the Sub Committee should talk to the caterers to be very clear about what they want. Let people know that it's only appetizers and not dinner. This may also help with the food expectations that were discussed. It was also decided to change the time to 6:30pm to 9:00pm. The Sub Committee for the Spring Fling will meet and report out to the entire group at the next meeting regarding the updated progress.

Transportation Subcommittee

The Subcommittee said it was important to think of new ways to boost the Senior-Ride Share Program. Cheri mentioned that starting in January the senior program will be providing workshops and different activities to assist with these improvements.

Housing Subcommittee

The Subcommittee discussed the topic of housing and wondered if this is a topic that the senior commission should be taking on. This is a very large topic that may be bigger than the commission to work on.

Health and Safety Subcommittee

The Subcommittee mentioned that they would be attending workshops during the upcoming months pertaining to Health and Safety

Age Friendly Subcommittee

This Subcommittee will have more to report next month.

Online Resource Library

This Subcommittee did not have new updates to report.

Future agenda items- Bocce Ball Court

ADJOURNMENT-4:45PM

Chair Harding adjourned the meeting at 4:45 p.m.