

**MINUTES OF THE MEETING OF THE SENIOR COMMISSION OF THE CITY OF  
LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, September 14, 2020,  
AT 3:30 P.M. TELE-CONFERENCE MEETING**

**ROLL CALL**

PRESENT: Chair O'Reilly, Vice Chair Nagao, Commissioner Yu, Commissioner Buchholz,  
Commissioner Cohen

ABSENT: Commissioner Torbeck, Commissioner Basiji

**PLEDGE OF ALEGIANCE**

**MOMENT OF SILENCE**

A. In memory of City Employee, Recreation Leader, Lori Stoia

**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

None

**ITEMS FOR CONSIDERATION/ACTION**

1. Commission Minutes  
Action: Upon motion by Commissioner Cohen, seconded by Commissioner Buchholz  
the Commission approved the minutes of the meeting on July 6, 2020  
by the following vote:

Approve: Unanimously by all the Commissioners  
Oppose: None

Motion passed: 6 to 0

Public Comment: None

**INFORMATIONAL ITEMS**

2. Ann Hepenstal, EOC (Emergency Operations Coordinator)

Ann Hepenstal's role is to engage with City of Los Altos and Town of Los Altos Hills staff and volunteers and the fire districts to educate the Senior Commission to work together to identify and reach out to isolated Seniors. Work with BAT (Block Action Teams) to send out updates of City operations under emergency conditions such as evacuation routes and alternatives:

[www.losaltosca.gov/prepares](http://www.losaltosca.gov/prepares)  
[www.losaltosca.gov/emergencyprep](http://www.losaltosca.gov/emergencyprep)

Commissioners can help by encouraging checking on neighbors especially isolated seniors, being prepared with a plan, packed bags of essentials and joining BATs. Using Faith based groups to check on non-tech oriented seniors in family groups.

Working on a paper based information plan and reaching out The New Comers Group and The Terraces.

Public Comment: None

3. Response to COVID-19

Staff Liaison Sara Robustelli from The Town of Los Altos Hills and Staff Liaison Bridget Matheson from The City of Los Altos, both shared their staff reports pertaining to the response to COVID-19.

Public Comment: None

## COMMISSIONERS' REPORTS AND COMMENTS

Commissioner O'Reilly:

Had two subcommittee formed regarding senior isolation, need to connect with them on a personal level and create a list of resources. 1) Los Altos with Bill, Chris and Jane; 2) Los Altos Hills with Jim and Zee Yu. Wants a committee to meet and discuss a draft for the mail back flyer asking for consent to contact isolated seniors and ask for referrals. Zoom call-ins or TeleVisits with one button access. Plans to meet later with Ann Hepenstal to discuss.

Commissioner Buchholz:

Sent out summary of subcommittees on isolated seniors. Looking at ways to find them. Tell them about new resources through Faith based organizations. Connecting with the isolated senior in a more personal way, like an email from a friend. Flyer could be distributed at gatherings. Wesley Chang – TeleVisits and fellowship opportunities like Compassion Week Program.

Commissioner Cohen:

Firemen, First Responders and Police to distribute flyer with the agreement in the mail back part. Not every neighborhood has a BAT. Would like Ann Hepenstal to provide a map.

Commissioner Nagao:

Distribute flyer at Farmers Market to reach friends and family of isolated seniors. Be careful with personal information distribution. Use Channel 26 and phone calling.

Cheri Anderson, 50+ Program Manager:

Has been investigating Channel 26 TV programming for exercise, meditation and entertainment. Has been in touch with facilitators with 30 to 40 minute programs.

Fall Activity Guide and a postcard with session dates and senior programs was posted. Since there is no flyer budget, Bridget Matheson suggests using existing resources like the Spotlight, Farmers Market, Faith based organizations. Will also check if LACF Legacies has budget resources. City program on Channel 26 with basic information, and contacts. Pilot program of safety and entertainment prerecorded or on a slide show.

Commissioner Yu:

Meeting with Jim and Sarah did not happen but will request update from Sarah Robustelli.

Public Comment: None

**POTENTIAL FUTURE AGENDA ITEMS:**

Commissioner Cohen:

- Draft postpaid Outreach flyer
- Channel 26 pilot program updates

**ADJOURNMENT-** 4:55 PM