

MINUTES OF THE MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, JULY 06, 2020, AT 3:30 P.M. TELE-CONFERENCE MEETING

ROLL CALL

PRESENT: Chair O'Reilly, Vice Chair Nagao, Commissioner Torbeck, Commissioner Yu, Commissioner Basiji, Commissioner Buchholz, Commissioner Cohen

ABSENT: None

PUBLIC COMMENTS

Anika Sikka, who is a member of the Los Altos Hills Youth Commission, shared two programs that she wanted to collaborate with the Senior Commission on.

- Dear Seniors: Pair up seniors with youth so they can correspond with each other.
- Advice Column: Submit information on how seniors are keeping themselves entertained during COVID.

ITEMS FOR CONSIDERATION/ACTION

1. Commission Minutes

Action: Upon motion by Commissioner Cohen, seconded by Commissioner, Basiji the Commission approved the minutes of the meeting on April 30, 2020 by the following vote:

Approve: Unanimously by all the Commissioners

Oppose: None

Motion passed: 7 to 0

Public Comment:

None

2. Senior Commission Workplan

During this time, the senior commission discussed the workplan for 2020-2021 and decided that COVID-19 would need to be taken into consideration pertaining to implementation of various projects. During this time, the Senior Commission decided what needed to be changed or updated. This is a document that can be updated as needed.

Action: Upon motion by Commissioner Torbeck, seconded by Commissioner Basiji, the Commission voted to approve the workplan for 2020-2021 with the changes that were discussed at the meeting.

Approved: Unanimously by all the Commissioners

Oppose: None

Motion passed: 7 to 0

Public Comment:

None

3. Senior Isolation Concerns During COVID-19

During this time, the Senior Commission discussed the concern of isolation during COVID-19. Commissioners Buchholz and Cohen lead the discussion on this topic. It was also decided that the Sub-Committee for this topic would meet with staff to look at ways to tackle the challenge of isolation that seniors are currently facing.

Action: Upon motion by Commissioner Basiji, seconded by Commissioner Buchholz, the Commission voted on setting up two meetings to discuss the isolation concerns within Los Altos Hills and The City of Los Altos. Commissioners Basiji and Yu will meet with Staff Liaison Sarah Robustelli. Commissioners Buchholz, Cohen and Nagao will meet with Staff Liaison Bridget Matheson and Senior Center staff. Details from both meetings will be discussed at next senior commission meeting.

Approved: Unanimously by all the Commissioners

Oppose: None

Abstention: None

Motion passed: 7 to 0

Public Comment:

None

INFORMATIONAL ITEMS

4. Response to COVID-19

Staff Liaison Sarah Robustelli and Staff Liaison Bridget Matheson shared what the City of Los Altos Hills and The City of Los Altos were doing pertaining to COVID-19.

Los Altos Hills:

On June 23, 2020 staff attended an adult's services seminar. This was a great way to learn about what other Cities are doing for seniors during COVID. This is also another great way to network and share more resources with a variety of agencies.

Anika Sikka who spoke at the beginning of the meeting, is a member of the Los Altos Hills Youth Commission. She shared information about a program known as Dear Seniors. This program pairs up seniors with youth so they can correspond with each other. The other opportunity Anika mentioned, was to provide an Advice Column. Seniors can submit how they keep entertained during COVID.

During COVID there have been inspirational banners placed throughout the Town of Los Altos Hills. These were done by residents that reside in Los Altos Hills. It is another way to keep positive morale during the pandemic.

On Saturday, July 04, 2020, Los Altos Hills celebrated Independence Day by caravan. It was limited to town vehicles such as Santa Clara County Fire, Santa Clara County Sheriff, 15 volunteer classic cars. Social distancing was practiced along the road. This event took one hour and was very successful.

On Monday, July 13, 2020 there is a virtual activity known as "Meet The Artist." It is a free activity. If there is interest in joining this activity, please reach out to Sarah or visit the Town of Los Altos Hills website.

The Town developed **Virtual Recreation Resources** during this unprecedented time: www.losaltoshills.ca.gov/vrr This is your place for fun, education, and resources. We are committed to ensuring that our residents have resources to maintain healthy lives, foster relationships, and continue to make memorable experiences. This page will be updated with shelter order approved recreation ideas to keep you and your family healthy, entertained, and informed. Please note that we do not endorse or receive funds to advertise any of the third-party sites or services listed or referenced on this page. **If you have other ideas or resources that you would like to share with the community, submit them to srobustelli@losaltoshills.ca.gov.**

Town **Emergency Response Plan** during COVID-19:
<https://www.losaltoshills.ca.gov/496/COVID-19-Response-Plan>

City of Los Altos:

COVID-19 Resource Page

<https://www.losaltosca.gov/citymanager/page/covid-19-resource-page>

A Virtual Recreation Center Has Been Set Up

Free Fitness Classes

Family Fun Resources
Library Resources
Arts and Crafts

<https://www.losaltosca.gov/recreation/page/virtual-recreation-center>

Community Connection Hotline

Recreation & Community Services staff are ready to assist members of the Los Altos and Los Altos Hills communities with COVID-19 updates as well as referrals, resources, and information about what services are available while being safe at home. Staff is available Monday through Friday from 8AM to 5PM; please call (650) 947-2790 to get connected!

650-947-2790

<https://www.losaltosca.gov/citymanager/page/community-connection>

Senior Connection Hotline

Recreation & Community Services staff are ready to assist seniors (50+) of the Los Altos and Los Altos Hills communities with COVID-19 updates as well as referrals, resources, and information about what services are available while being safe at home. Staff is available Monday through Friday from 9AM to 1PM; please call (650) 947-2797 to get connected!

650-947-2797

<https://www.losaltosca.gov/citymanager/page/senior-connection>.

Connecting with a variety of organizations to help with COVID-19 resources that are currently shown on the City Website. A few examples of groups the Recreation Department has been working with to obtain resources to share with the community:

- Los Altos School District-Posting Hotline Information on their electronic signs
- Helping Hands-A group that helps people connect with resources that they need
- CSA (Community Service Agency)-Food, Rental Assistance, Shower, and clothing options, etc.
- Grocery Runs-A service that can pick up and deliver groceries to your door
- Reaching out to a variety of other Recreation Departments to learn what they are doing during COVID-19
- Attending Zoom trainings lead by other Cities and other organizations related to COVID-19

Adult 50+ Summer Online Program

Phil Ackerly comes to the Los Altos Adult 50+ Program! This program has been sponsored by the Legacies. "Hello Magic Lovers! JOIN US Wednesday, July 15, 2020 for a special **ONLINE SHOW** created just for the Los Altos Adult 50+ Summer Program!

Festivities begin at 11:30am. You can join in the fun with ZOOM, the application Phil uses to reach Fans and Lovers of Magic! The Zoom link will be shared with you once you sign up for this spectacular, **ONE-OF-A-KIND** Event!

COME ONE, COME ALL! INVITE YOUR FRIENDS, FAMILY, GRANDKIDS!
ALL ARE WELCOME!” “Call us at (650)947-2797 to reserve your spot!

Online Coffee Social!

Come join us in Zoom for an online Coffee Social!
First come, first serve to 15 Los Altos Residents who respond! Free to participants who call or email us! Coffee or Tea & pastry is provided & delivered to participants door the day of the event! More details will follow once the participant is signed up for the event.

Save the date for August 19, 2020 at 10:00 AM

Los Altos Adult 50+ Online Summer Program special events sponsored with a grant from Los Altos Legacies.

The Summer Clubhouse

Enjoy fun, themed activities in small groups with other kids your age:

Reaching for The Stars

The moon . . . the stars . . . the planets . . . they are out of this world! We will have fun exploring the universe through games, songs, science activities, crafts, and lots of sharing. So, strap yourself in and have a BLAST at our “Reaching for the Stars” summer clubhouse.

World Explorers

Are you a trailblazer? Are you itching to travel? Join us as we roam the globe and discover new faces and new places! The “World Explorers” summer clubhouse is your passport to adventure.

Spotlight U

We are each a one-of-a-kind individual! Let us share (and show off) what makes us special, what we like to do, and what we dare to dream. Summer is a terrific time to make new friends and by getting to know each other, we will do just that. What makes you, YOU? Find out at our “Spotlight U” summer clubhouse.

Camp Sessions: Monday thru Thursday, July 6 to August 13 (6 weeks)

Age	3 & 4 years	5 & 6 years	7 & 8 years	9, 10 & 11 years
Time	10 to 10:30 am	1:30 to 2:30 pm	10:30 to 11:30 am	2:30 to 3:30 pm
Cost per week	R \$51/NR \$59	R \$58/NR \$66	R \$58/NR \$66	R \$58/NR \$66

Registration Link For Classes:

<https://www.losaltosca.gov/recreation/page/view-all-classes-0>

Virtual Summer Club House:

<https://www.losaltosca.gov/recreation/page/virtual-summer-clubhouse>

Virtual Recreation Center:

<https://www.losaltosca.gov/recreation/page/virtual-recreation-center>

Public Comment:

None

5. On-Demand Rideshare Program Update

During this time Chair O'Reilly shared the On-Demand Rideshare Program Update. This program is still available and will be continuing. More participation will grow once COVID-19 is resolved.

Public Comment: None

COMMISSIONERS' REPORTS AND COMMENTS

Commissioner, Cohen mentioned the concern about the Spotlight only being emailed out to seniors and not mailed. Staff Liaison Bridget Matheson let Commissioner Cohen know that The Spotlight would be mailed out to seniors that do not have email or internet access. 30 of these seniors have been identified.

In addition, Commissioner, Cohen wanted to know about the location of cooling centers to refer seniors. Staff Liaison, Bridget Matheson said that she would investigate this request and get back to the Senior Commission after the meeting.

During this time Commissioner Basiji, talked about places to go during COVID. He said that visiting the local parks such as Shoup is another way to beat the heat. He said that sitting at the park benches is another way to stay cool. Donna Legge, Director of the Recreation Department mentioned that during COVID benches, parking lots and bathrooms are off limits at the local parks. Sitting on these benches would be at one's own risk because they are not routinely cleaned. Donna Legge also mentioned that Jaime Chew, Recreation Manager is reaching out to the library to see if any of their buildings can be utilized for cooling stations. Bridget will reach out and report back to the Senior Commission, once this information becomes available.

POTENTIAL FUTURE AGENDA ITEMS:

None

ADJOURNMENT- 4:30PM