

**MINUTES OF THE MEETING OF THE SENIOR COMMISSION OF THE CITY OF
LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, NOVEMBER 04,
2019, AT 3:30 P.M. AT LOS ALTOS HILLS, 26379 FREMONT ROAD,
LOS ALTOS HILLS, CALIFORNIA**

ROLL CALL

PRESENT: Chair Harding, Vice Chair, O'Reilly, Commissioners Basiji, Buchholz, Torbeck, Yu

ABSENT: Commissioners Nagao

PUBLIC COMMENTS

None

ITEMS FOR CONSIDERATION/ACTION

1. Commission Minutes
Action: Upon a motion by Char Harding, seconded by Commissioner Torbeck, the Commission unanimously approved the minutes of the meeting of October 07, 2019.

2. Item #2 Review and discuss Bocce Ball Courts at Grant

Public Comment

None

Action: None

Discussion:

Chair Harding mentioned that King Lear came by last month to talk about the idea of having permanent bocce ball courts at Grant Park. Chair Harding wanted to discuss with the Commission about their thoughts pertaining to this idea. The Senior Commission is interested in this idea but had concerns. Staff Liaison Matheson mentioned that if this gets approved by the Council, then there would be more steps that the staff would need to follow before the bocce ball courts could be built. Currently this is in the very beginning stages and is not an official project yet. Staff Liaison Matheson urged the Commission to send their questions to her.

3. Item # 3 Review and discuss CIP Projects Process

Public Comment

None

Action: None

Discussion:

Staff Liaison Matheson mentioned that this topic was already mentioned at the previous meeting. The CIP process first starts with what projects have been approved and are already in current budget cycle. Any new CIP projects would not be able to happen until it would be approved in the next budget cycle.

4. Item # 4 Review and discuss process on wish list for Grant

Public Comment

None

Action: None

Discussion

Staff Liaison Matheson mentioned the wish list that was generated by one of the Senior Sub-Committees a while back, has mostly been completed. The one item that has not been completed was number 8 (check electrical capacity).

5. Item #5 Review and discuss status of Grant Community Center Projects

Public Comment

None

Action: None

Discussion

Patio Furniture has been ordered.

6. Item# 4 Review and discuss status of Hillview Community Center Project

Public Comment: None

Action: None

Discussion:

Construction has started.

INFORMATIONAL ITEMS

7. Receive information and announcements from City Staff

Programs & Events

Los Altos Hills:

Stay Active, Stay Safe, Stay for Lunch

TOPIC: Crime Prevention & Home Fire Safety will be held [Thursday, November 7th from 10am – 12:30pm](#) at Town Hall, [26379 Fremont Road](#). This is a free event with Lunch Provided. RSVP Required visit: www.losaltoshills.ca.gov/201/Parks-and-Recreation and open Stay Active, Stay Safe, Stay for Lunch.

Medicare Enrollment Presentation will be held [on Tuesday, November 12 at 10:30-11:30am](#) in the Town Hall Council Chambers. This free presentation coincides with the annual Medicare enrollment period.

Los Altos Hills Senior Friendly Programs:

A free and open to all Monthly Recreation Walk was held [Wednesday, November 6th at 9:30am](#) and began at the Town Hall.

Free Tech Help for Senior was held [on Thursday, November 7th from 4:00-5:00pm](#) in the Parks and Recreation building. Sign up for future Tech Help events at <http://seniortech.cf/>.

Learn the basics about your public access channels and how you can best make use of them. This event is designed to answer your questions and provide a tour of the Meet the Media Center. This is a special invitation to Los Altos Hills/Los Altos residents [from Thursday, November 7th from 6:00-7:00pm at Midpen Media Center 900 San Antonio Road, Palo Alto](#).

Free Worm Composting workshop [on Tuesday, November 19th at 7:00-8:00 pm](#) in the Town Parks and Recreation Building register here: <https://ucanr.edu/survey/survey.cfm?surveynumber=27819>

Recyclables Processing Tour will be held [November 15th from 11:00-Noon](#) at GreenWaste's Material Recovery Facilities (MRF) [575 Charles Street, San Jose, CA 95112](#). Register here: <http://www.losaltoshills.ca.gov/FormCenter/Parks-Recreation-4/Recyclables-Processing-Tour-96>

Holiday Barn Lighting will be held on Sunday, December 8th from 2-5pm at Westwind Community Barn.

City of Los Altos

Thank You For Your Help

A big thank you goes out to the following commissioners for taking the time to judge the contest on Sunday, October 20th. It was a challenging task because there were so many talented works of art to judge.

- Young Yeh, Parks & Recreation Commission
- Boladale Erogbogbo, Youth Commission
- Hilary King, Art Commission
- Chris Nagao, Senior Commission
- Janet Harding, Senior Commission

Fall Prevention & Home Holiday Safety

Speaker: Jennifer Ceynowa from the Santa Clara County Fire Department

Wednesday, November 6th 12:30 PM Grant Park Multi-Purpose Room

Identify fall risks and learn simple and effective home modifications to prevent falls. Learn about community resources, what to do if you fall, and activities to prevent them.

Extra HICAP dates to help with Medicare open enrollment season!

Every 3rd Tuesday at 10:00 AM plus 11/12 at 12:00 PM with Nancy.
Grant Park Room 3 Call (650) 947-2797 to schedule an appointment!

Thanksgiving Lunch

Wednesday, November 20th 12:00 PM Grant Park Multi-Purpose Room.

Sit down and be served a Thanksgiving meal with entertainment by the Peninsula Symphony, featuring a Quartet that will dazzle! Please call (650) 947-2797 or sign up in Room 4. Suggested donation of \$5 at the event.

ON-DEMAND RIDE REIMBURSEMENT PROGRAM

This great program started on July 1, 2018, where the City of Los Altos provides ride reimbursement for senior members of The City of Los Altos Senior Program. It was created to aid local seniors in becoming more mobile within the Los Altos community. You can schedule a ride with an on-demand ride service, then send in your receipts to the City of Los Altos and get reimbursed. You'll need to use your cell phone for scheduling and the Senior Program Volunteers provide tutoring on cell phone usage. Have you tried it out yet? If not, inquire at the Senior Program and our Staff will assist you with more information. (650)947-2797. Reimbursement only within 30 days. Stay mobile, stay happy, stay free to be!

COMMISSION AND STAFF REPORTS AND DIRECTIONS ON FUTURE AGENDA ITEMS:

Spring Fling

Chair Harding discussed a few logistical items pertaining to the Senior Spring Fling event taking place in April 2020. The cost has been raised to \$15/\$18. The purpose is to account for the price of food and the DJ. There was mention that the food was not good. It was decided that the Sub Committee should talk to the caterers to be very clear about what they want. Let people know that it's only appetizers and not dinner. This may also help with the food expectations that were discussed. The Sub Committee for the Spring Fling will meet and report out to the entire group at the next meeting regarding progress.

Housing

Commissioner Buchholz brought up the topic of shared housing with the commission. He is interested in finding out ways the Senior Commission can help pertaining to this topic. He mentioned that reaching out to the Faith Based communities in Los Altos, would be a good way to start. After a very detailed discussion, Chair Harding suggested that the Housing Sub-Committee could find out more details regarding this topic. The Housing Sub-Committee will report out at the next meeting in December.

Online Resource Library

Reached out to City of Mountain View to check in to see what they are doing pertaining as an Online Resource Library.

Future agenda items- Short Presentation from Vicki Reeder, Voting on New Chair

ADJOURNMENT

Chair Harding adjourned the meeting at 5:00 p.m.