

DATE: April 01, 2019

AGENDA ITEM # 7



TO: Senior Commission

FROM: Bridget Matheson, Recreation & Community Services Supervisor
Sarah Robustelli, Community Services Supervisor

SUBJECT: Monthly Staff Update

Updates

Programs & Events

Los Altos Hills:

1. Announcements:

The **2019 Spring/Summer Activity Guide** is now available online at:
<http://www.losaltoshills.ca.gov/Activity-Guide>. Staff will have hard copies available at the meeting.

2. On-Going Business:

Commissioner, Doris Torbeck will be hosting a 3 session series of works for **Advance Care Planning** in Los Altos Hills Parks and Recreation Building on Wednesday, April 10th, 17th and 24th from 1:00-2:30 pm.

3. Upcoming Activities:

Monthly Senior Walk pre-workout stretch, snack, and low impact 2 miles will be held on April 3th at 9:30 am at Purissima Park, 27500 Purissima Road, Los Altos Hills, CA 94022.

Tech Help for Seniors will be held on Thursday, April 11th and Thursday, May 2nd from 4:00-5:00. To register visit: <http://seniortech.cf/?i=1> or call 650-947-2506.

The Town will be hosting our first ever **Shred Event** on April 6th from 9:00 am to Noon or whenever the truck is full in the Town Hall Parking Lot. This free service is limited to Los Altos Hills Residents only.

Earth Day Celebration will be held at Westwind Community Barn on Sunday, April 14th from 1:00-4:00 pm. This is a free public event open to all.

Hoppin' Hounds Biscuit Hunt an on leash event held to benefit Pets in Need, will be held on Saturday, April 20th from 9:00-10:30am in Byrne Preserve. Open to public, \$5 minimum donation to Pets in Need.

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City of Los Altos

Senior Program Update:

Starting on Monday, April 1st City of Los Altos Senior Program's will be taking place at Grant from 8:30am to 3:30pm, Monday – Friday. Grant Park is located at 1575 Holt Avenue, Los Altos, Ca 94024.

CSA Presentation:

On Tuesday, April 2nd CSA (Community Services Agency) will be holding a presentation at 10:30am in Room 3. Topics that will be discussed are the following: Caffeine, Alcohol & Medications Awareness & Healthy Nutrition.

Movie on The Big Screen:

On Friday, April 4th at 1:00pm there will be a Movie on the Big Screen. Check in with senior staff for more details. Free/Members & \$1.00 Non-Members.

Spring Fling-The 2nd Annual Senior Spring Fling will be taking place at the Garden House on Friday, April 05 from 6:00pm to 8:30pm. Registration for this event is currently open. Tickets are \$12.00 for Senior Program Members, \$15.00 for Non-Members. Tickets must be purchased no later than **Friday, March 29, 2019**. Tickets can be purchased online at <https://webtrac.losaltosca.gov/wbWSC/webtrac.wsc/wbsearch.html?wbp=1&xxmod=AR&xxcim=0&xxfrom=wb0330.html&xxrowid=0x0000000013dcf380>. You can also walk right into our Main Office which is located at 97 Hillview Ave, Los Altos, Ca 94022. For more details feel free to call 650-947-2790 or visit <https://www.losaltosca.gov/recreation/page/2nd-annual-senior-spring-fling>.

Spring Egg Hunt-Enjoy the fresh air, hunting eggs and carnival games at the City of Los Altos Egg Hunt at Hillview Community Center Soccer Field (97 Hillview Avenue, Los Altos, CA 94022) on Saturday, April 20, 2019. Games and a visit from the Bunny begin at 9:30am. Egg Hunt starts at 10:00am sharp! Ages are **Walking to 2, 3 to 4, 5 to 7 and 8 to 10** are invited. This is a Free Family Fun Event! For more information please visit LosAltosRecreation.org or call 650-947-2790.

Welcome To Grant Mixer:

On Monday, April 8th there will be a Welcome mixer taking place at Grant Park. This activity will be taking place at 10:00am. Refreshments & food catered by Mark & Sara. For more details feel free to check in with Senior Program Staff.