

Senior Commission Minutes
Approved May 06, 2019

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON
MONDAY, APRIL 01, 2019
BEGINNING AT 3:30 P.M.
GRANT PARK (Room2)
1575 Holt Ave, Los Altos, CA, 94024**

ESTABLISH QUORUM

PRESENT: Commissioners Basiji, Buchholz, O'Reilly, Murray, Torbeck, Yu,

ABSENT: Commissioners: Harding

PLEDGE OF ALLEGIANCE

Vice Chair O'Reilly led the Pledge of Allegiance.

Before the meeting officially began Vice Chair O'Reilly introduced a new Commissioner who officially started at this meeting. William Buchholz introduced himself to the Senior Commission during this time.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Vista Company gave a presentation regarding the importance of connecting Seniors to technology. They are interested in working with seniors in the Los Altos Community. During this time the Senior Commission suggested that Vista Company reach out to Cheryl Anderson, Recreation Coordinator for Senior Programs with the City of Los Altos.

ITEMS FOR CONSIDERATION/ACTION

1. Approval of Minutes – February 04, 2019

Upon a motion by Commissioner Basiji, seconded by Commissioner Torbeck. 6 Commissioners approved the minutes of February 04, 2019.

2. Affordable Housing Committee

Discussion

Gary Hedden came to speak with the Senior Commission in regard to forming an Affordable Housing Committee.

Action

The Senior Commission decided to make a motion to explore the options of forming an Exploratory Sub-Committee to investigate the challenges of affordable housing for seniors either as homeowners or as clients looking for housing.

The motion was moved by Commissioner Basiji and Seconded by Commissioner Murray. It was approved by 6 Commissioners.

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INFORMATION ITEMS

Public Comment: None

Action: None

3. Senior Expo

Commissioner Murray gave an update regarding the Senior Expo that took place on Monday, March 22nd at LAYC from 2:00pm to 5:00pm. It was the first expo that took place, there were 19 organizations present and 100 participants. One thing that was suggested for next year is instead of using the word “Expo” say “Open House” instead. This was a fantastic event overall.

4. Spring Fling

Public Comment: None

Action: None

Discussion:

Staff Liaison, Bridget Matheson gave an update that Commissioner Harding will not be able to make it to the Spring Fling on Friday, April 05. Staff Liaison, Bridget Matheson said that the Garden House is reserved on Friday from 12:00pm to 10:00pm, the DJ and Caterer have been hired and will be there on the day. Staff Liaison, Bridget Matheson, wanted to make sure the key is picked up to get into the Garden House before Friday, because the office will be closed. Registration is currently at 61 and they will remain open through Thursday to encourage more participants to sign up.

The Sub-Committee is prepared for the Spring Fling to take place. There were a few more logistical questions asked, but overall the Sub-Committee was ready for this event to take place.

5. Update on Grant Community Center Projects

Public Comment: None

Action: None

Discussion:

No new updates currently. Sub Committee would like to meet again. Staff Liaison Bridget Matheson said to reach out to her and Jaime Chew, Interim Director to set up another meeting regarding Grant.

6. Update on Hillview Community Center Projects

Public Comment: None

Action: None

Discussion:

Staff Liaison, Bridget Matheson did not have new items to report pertaining to the Hillview Community Center Project. Commissioner Murray said that the project is ready to go out to bid May 2019 with ground breaking taking place in June. Classes will stop as of March 31st. Staff will be moving to Shoup Park/Underground sometime in June. The project is going forward. \$34.7 million is the total. \$24.8 million construction cost and \$9.9 going towards soft costs.

7. Receive information and announcements from City and Town Staff

Updates

Programs & Events

Los Altos Hills:

1. Announcements:

The 2019 Spring/Summer Activity Guide is now available online at:
<http://www.losaltoshills.ca.gov/Activity-Guide>. Staff will have hard copies available at the meeting.

2. On-Going Business:

Commissioner, Doris Torbeck will be hosting a 3 session series of works for Advance Care Planning in Los Altos Hills Parks and Recreation Building on Wednesday, April 10th, 17th and 24th from 1:00-2:30 pm.

3. Upcoming Activities:

Monthly Senior Walk pre-workout stretch, snack, and low impact 2 miles will be held on April 3th at 9:30 am at Purissima Park, 27500 Purissima Road, Los Altos Hills, CA 94022.

Tech Help for Seniors will be held on Thursday, April 11th and Thursday, May 2nd from 4:00-5:00. To register visit: <http://seniortech.cf/?i=1> or call 650-947-2506.

The Town will be hosting our first ever Shred Event on April 6th from 9:00 am to Noon or whenever the truck is full in the Town Hall Parking Lot. This free service is limited to Los Altos Hills Residents only.

Earth Day Celebration will be held at Westwind Community Barn on Sunday, April 14th from 1:00-4:00 pm. This is a free public event open to all.

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Hoppin' Hounds Biscuit Hunt an on leash event held to benefit Pets in Need, will be held on Saturday, April 20th from 9:00-10:30am in Byrne Preserve. Open to public, \$5 minimum donation to Pets in Need.

City of Los Altos

Senior Program Update:

Starting on Monday, April 1st City of Los Altos Senior Program's will be taking place at Grant from 8:30am to 3:30pm, Monday – Friday. Grant Park is located at 1575 Holt Avenue, Los Altos, Ca 94024.

CSA Presentation:

On Tuesday, April 2nd CSA (Community Services Agency) will be holding a presentation at 10:30am in Room 3. Topics that will be discussed are the following: Caffeine, Alcohol & Medications Awareness & Healthy Nutrition.

Movie on The Big Screen:

On Friday, April 4th at 1:00pm there will be a Movie on the Big Screen. Check in with senior staff for more details. Free/Members & \$1.00 Non-Members.

Spring Fling-The 2nd Annual Senior Spring Fling will be taking place at the Garden House on Friday, April 05 from 6:00pm to 8:30pm. Registration for this event is currently open. Tickets are \$12.00 for Senior Program Members, \$15.00 for Non-Members. Tickets must be purchased no later than Friday, March 29, 2019. Tickets can be purchased online at

<https://webtrac.losaltosca.gov/wbWSC/webtrac.wsc/wbsearch.html?wbp=1&xxmod=AR&xxcim=0&xxfrom=wb0330.html&xxrowid=0x0000000013dcf380>. You can also walk right into our Main Office which is located at 97 Hillview Ave, Los Altos, Ca 94022. For more details feel free to call 650-947-2790 or visit <https://www.losaltosca.gov/recreation/page/2nd-annual-senior-spring-fling>.

Spring Egg Hunt-Enjoy the fresh air, hunting eggs and carnival games at the City of Los Altos Egg Hunt at Hillview Community Center Soccer Field (97 Hillview Avenue, Los Altos, CA 94022) on Saturday, April 20, 2019. Games and a visit from the Bunny begin at 9:30am. Egg Hunt starts at 10:00am sharp! Ages are Walking to 2, 3 to 4, 5 to 7 and 8 to 10 are invited. This is a Free Family Fun Event! For more information please visit LosAltosRecreation.org or call 650-947-2790.

Welcome To Grant Mixer:

On Monday, April 8th there will be a Welcome mixer taking place at Grant Park. This activity will be taking place at 10:00am. Refreshments & food catered by Mark & Sara. For more details feel free to check in with Senior Program Staff.

COMMISSIONERS' REPORTS AND COMENTS

Community Center Subcommittee

Action -None

A report was mentioned earlier.

Outreach Subcommittee

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Action- None

A report was mentioned earlier.

Transportation Subcommittee

Action- None

Regarding the On-Demand Ride Share Program. There has been a large marketing push to get the word out regarding the program. An editorial was done in the Town Crier and another ad will be going out between April and May to encourage more participation. There has been more people using the program since last month. The Senior Commission would like to look at this program again by the end of July. Vice Chair O'Reilly mentioned in more detail of how the program works and also the different ride share vendors that can be used in this program.

Health and Safety Committee

Action- None

No report

Age Friendly Subcommittee

Action-None

No report

Online Resource Library Subcommittee

Action- None

Commissioner Murray looking at ways to make the Online Resource Library easier and not to reinvent the wheel.

Public Comment

None

POTENTIAL FUTURE AGENDA ITEMS

ADJOURNMENT – Vice Chair O'Reilly adjourned the meeting at 4:45pm.