

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE  
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON  
MONDAY, OCTOBER 01, 2018  
BEGINNING AT 3:30 P.M. AT GRANT PARK  
1575 HOLT AVE, Los Altos Hills, CA**

**ESTABLISH QUORUM**

PRESENT: Commissioners Murray, Harding, Basiji, Torbeck O'Reilly, Yu

ABSENT: Commissioner Vincent

**PLEDGE OF ALLEGIANCE**

Chair Harding led the Pledge of Allegiance.

**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

None

**ITEMS FOR CONSIDERATION/ACTION**

1. Approval of Minutes – September 10, 2018

Upon a motion by Chair Harding, seconded by Commissioner Murray. 6 Commissioners approved the minutes of September 10, 2018.

**INFORMATION ITEMS**

1. Senior Expo

Action: None

Discussion:

Commissioner Murray gave updates about the upcoming Senior Expo that will be taking place March 22<sup>nd</sup> at LAYC (Los Altos Youth Center). The topic is "Let's Get Engaged". Here is a list of some of the groups that are going to be invited to participate in the upcoming expo: Faith Based Organizations in Los Altos, Club 55, Rotary Club, Roadrunners, etc. Regular updates will be reported out at each upcoming Senior Commission Meeting.

2. Workplan

Public Comment: None

Action: Upon a motion by Commissioner Basiji, it was suggested to move the Workplan Item to number 2 and the Sub-Committee Role and Responsibilities to Item 3. This motion was seconded by Commissioner Harding. The motion was approved by all 6 Commissioners.

Discussion:

During this time the Commissioners discussed what should be changed and updated on their current Workplan. This is an ongoing document that can be updated and changed. The next time this workplan would need to be finalized would be right before the Senior Commission goes before the City Council during their joint meeting. This usually will take place in May. An updated copy of the workplan will be sent to the Commissioners after this meeting.

2. Sub-Committee Roles and Responsibilities

Public Comment: None

Action: None

Discussion:

The Senior Commission discussed the Sub-Committee Roles and Responsibilities. The following is who is currently on each Subcommittee that has become re-established:

- Community Center Subcommittee- Murray, O'Reilly, Vincent
- Outreach Subcommittee- Basiji, Harding, Yu
- Transportation Subcommittee- Basiji, O'Reilly, Yu
- Health and Safety Subcommittee- Harding, Torbeck
- Online Resource Library Subcommittee- Murray, O'Reilly, Yu
- Age Friendly-Subcommittee-Murray?

3. Update on Grant Community Center Projects

Public Comment: None

Action: None

Discussion:

Staff Liaison, Bridget Matheson did not have new items to report pertaining to Grant.

4. Update on Hillview Community Center Projects

Public Comment: None

Action: None

Discussion:

Staff Liaison, Bridget Matheson let the Senior Commission know that the design for the Hillview Community Center Project, was approved at the Council Meeting that took place on September 11<sup>th</sup>. Now the design team will be able to send out construction documents to bid for the 2019 time frame.

5. Receive information and announcements from City and Town Staff

Staff Liaison, Bridget Matheson reported upcoming activities for both Los Altos Hills and The City of Los Altos.

Updates

Programs & Events

Los Altos Hills:

Stay Active, Stay Safe, Stay for Lunch will be happening October 2<sup>nd</sup> from 10-12:30 pm at Town Hall, 26379 Fremont Road, Los Altos Hills. Stay Active: 2 mile walk starting from Town Hall from 10:00 – 11:00 am

Stay Safe: Home Fire Safety & Crime Prevention Program presented by Santa Clara County Fire and the Sheriff's Office 11:00 am- Noon

Stay for Lunch: Lunch will be served from Noon – 12:30 pm. A Santa Clara County Fire Truck will be available to Tour.

Registration is required: [www.losaltoshills.ca.gov](http://www.losaltoshills.ca.gov).

Teaching Seniors Technology this free service is hosted by Los Altos Hills Student Volunteers. It will be happening on Thursday, October 4<sup>th</sup> from 4-5 pm at Town Hall. This will also be happening on 11/1, 12/6, 1/10, 2/7, 3/7. To book your appointment visit: <http://seniortech.cf/?i=1>.

Club 55 and up! will be hosting the final Pop Up Night Club on Friday, October 5<sup>th</sup> from 6-8:30 pm at the Costume Bank Patio, 169 State Street, Los Altos.

Technology for Seniors Seminar on Ride Sharing Apps: Uber, Lyft, etc. will happen on Sunday, October 21<sup>st</sup> from 9-10 at Town Hall. To register or volunteer contact 650-947-2506, [cknopf@losaltoshills.ca.gov](mailto:cknopf@losaltoshills.ca.gov).

Advanced Care Planning Workshop on Wednesdays 10/25 and 11/1 from 1-3:30pm will be held at Little House 800 Middle Avenue, Menlo Park, CA 94025. RSVP at 650-326-2025 or [littlehouse@penvol.org](mailto:littlehouse@penvol.org)

Bring your grandkids to Trick or Treat and Tour Town Hall on Friday, October 26<sup>th</sup> from 2-4 pm. Tours & Trick or Treating Starting on the Half-Hour: 2:00, 2:30, 3:00, 3:30. Free and open to all ages.

City of Los Altos:

The Los Altos Parks & Recreation Commission Presents “Twas A Week Before Halloween Movie Night”. This event will be taking place on Saturday, October 20, 2018 at Grant Park, 1575 Holt Avenue, Los Altos, Ca 94024. The following movies will be shown.

- Curious George: A Halloween Boo Fest at 6:30pm
- Ghostbusters (1984) at 8:00pm

Bring a chair, blanket, or jacket and join us for this family friendly Halloween double feature.

Thursday, October 4<sup>th</sup>

10:30 a.m. - CSA Tabling

The CSA, (Community Services Agency) will have a table available, in room 10 at the Hillview Community Center Senior Program.

Friday, October 5<sup>th</sup>

1:00 p.m. - AARP Class

A two-part AARP driving class to renew your driver's license on October 5th and 12th, 2018, Room 2. At the Hillview Community Center Senior Program.

1:00 p.m. - Movie: Last Holiday

Super- Size Screen in Room 12 At the Hillview Community Center Senior Program. Members: Free, All others: \$1.00.

### Grant

Wednesday, October 3<sup>rd</sup>

Alex Imbesi-CSA (Community Service Agency) will be coming to speak about benefits: SSI/Medical/CalFresh at 12:30pm in Room 4.

Wednesday, October 17<sup>th</sup>

Sydnee Journal from Waymo will be coming to speak in the Main Hall at 12:30pm.

Wednesday, October 24<sup>th</sup>

Tom Winant from Moffett Museum will be coming to speak in Room 4 at 12:30pm.

## **COMMISSIONERS' REPORTS AND COMENTS**

### Outreach

Action -None

No report

### Community Center Sub-Committee

Action- None

No report

### Transportation

Action- None

No report

### Health and Safety Committee

Action- None

No report

### Public Comment

None

**POTENTIAL FUTURE AGENDA ITEMS**

Discuss Nutrition/Food as a Subcommittee, Outreach used to be Outreach & Social Participation

**ADJOURNMENT – 5:00pm**

Chair Harding adjourned the meeting.