



DATE: July 02, 2018

AGENDA ITEM # 5

**TO:** Senior Commission

**FROM:** Bridget Matheson, Recreation & Community Services Supervisor  
Sarah Robustelli, Community Services Supervisor

**SUBJECT:** Monthly Staff Update

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### Updates

### Programs & Events

#### Los Altos Hills:

**Monthly Senior Walk:** will be held on 7/11 due to the Independence Day from 10:00-11:00am at Town Hall, 26379 Fremont Road.

**Stay Active, Stay Safe and Stay for Lunch** will be held on Tuesday, July 10<sup>th</sup> from 10:00-12:30 am at Town Hall. Registration is required: [www.losaltoshills.ca.gov](http://www.losaltoshills.ca.gov).

**Stay Active:** 2 mile walk starting from Town Hall from 10:00 – 11:00 am.

**Stay Safe:** Preparing Residents for Home Emergencies 11:00- Noon

**Stay for Lunch:** LeBoulangier Lunch will be served from Noon – 12:30 pm

**Free Orientation: Purissima Park Fitness Equipment:** Sign up for an orientation for the newly installed fitness equipment. A personal trainer will help participants gain comfort and familiarity with the equipment. Dates: 7/14, 8/11 Saturdays 9:00-10:00 am at Purissima Park. To book your appointment and for more information contact 650-947-2506 or [cknopf@losaltoshills.ca.gov](mailto:cknopf@losaltoshills.ca.gov).

#### **4<sup>th</sup> of July Parade**

Come join us for the tenth annual Los Altos Hills 4<sup>th</sup> of July Parade. We will gather at Town Hall beginning at 9:30 am. Our red, white and blue march will start at 10:00 am. We will parade down Fremont Road and conclude at Gardner Bullis School where you can meet your friends and neighbors for a refreshing beverage and a juicy watermelon treat! Please, no fossil fueled vehicles or horses. For more information contact Sarah Robustelli 650-947-2518 or [srobustelli@losaltoshills.ca.gov](mailto:srobustelli@losaltoshills.ca.gov). Date: 7/4 Day: Wednesday Time: 9:30 – 11:00 am Location: Town Hall

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### **Los Altos Hills vs. Los Altos Softball Game**

Cheer on your Town at the 1<sup>st</sup> Annual Los Altos Hills vs. Los Altos Adult Softball Game!

- Date: August 18, 2018
- Day: Saturday
- Time: 1:00-3:00 pm
- Location: Purissima Park, 27400 Purissima Road, Los Altos Hills, CA 94022

Want to join the Team? Contact Sarah at [srobustelli@losaltoshills.ca.gov](mailto:srobustelli@losaltoshills.ca.gov) or 650-947-2518 and she will put in you touch with your Team Captain.

### **City of Los Altos:**

The Summer Concert Series has started, this is a great opportunity for the entire family to come join us for an evening of fun. Below is the lineup for this year's concerts:

#### **Thursdays from 6:30pm to 8:00pm**

- July 12<sup>th</sup> -**Big City Swing Committee/Swing-Grant Park**
- July 19<sup>th</sup> -**Phil 'n the Blanks/Rock- Hillview Soccer Field**
- July 26<sup>th</sup> -**The Groove Doctors/Dance Party-Grant Park**
- August 2<sup>nd</sup> -**West Grand Boulevard/Motown/R&B/Soul-Hillview Soccer Field**
- August 9<sup>th</sup> -**Rick Torres as Elvis/Tribute Band-Grant Park**

### **Glorious 4th**

The City of Los Altos Recreation and Community Services would like to invite you to the annual Glorious 4<sup>TH</sup> event that will be taking place on Wednesday, July 04, 2018 at 10:30am. This event will be taking place at Shoup Park. There will be plenty of food, music, kid's games and more!

**Intergenerational Game Days:** Looking for ways to exercise and stimulate your mind? Join us for the intergenerational workshop this summer, where we will be learning and enjoying, strategic, engaging, and fun board games. Come and sign-up with your friends and have some brain stimulating fun. This workshop will be held every Wednesday, starting June 20<sup>th</sup> till August 1<sup>st</sup> from 2:00-3:30pm, in RM 10. Cost: \$1/members; \$3/non-members.

Wednesday, July 4<sup>th</sup> Senior Programs taking place at Hillview Community Center and Grant Park are closed due to the holiday.

On Friday, July 6<sup>th</sup> Coffee on the Patio will be taking place at the Hillview Community Center Senior Program at 9:00am. In addition, the movie – TRUMBO will be taking place at 1:00pm. Please check in with Senior Center Staff for more details.



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Trip To The San Francisco Museum of Modern Art will be taking place on Thursday, July 26<sup>th</sup>. Please arrive at the Hillview Community Center Senior Program in Room 10 by 8:45am. Bus will be leaving at 9:00am and returning at 3:00pm. Cost is \$67.00 Members and \$72.00 Non-Members. Price includes: Entrance Fee, Transportation and gratuity. Seats are limited make your reservation today.

**Transportation For Seniors**-This class will be offered Monday, July 30<sup>th</sup> at Grant Park at 1:00pm. A second class will be offered Wednesday, August 1<sup>st</sup> at the Hillview Community Center Senior Program in Room 12 at 1:00pm.

**Grant Park Location:**

Mondays: (July 9<sup>th</sup>, July 16<sup>th</sup> & July 23<sup>rd</sup>)

Advanced Care Planning Workshop: A three-day workshop that includes videos, discussions and help with completion of a legally binding directive, 12:00pm-2:00pm in Room 4. Led by Commissioner Doris Hawks Torbeck, MA, JD and William Bucholz, MD along with El Camino Hospital.

**New Yoga Class**- Starting in July on Wednesdays in Room 3 at 1:15pm.