

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON
MONDAY, March 05, 2018 BEGINNING AT 3:30 P.M. AT
Los Altos Hills
26379 Fremont Road, Los Altos Hill, California**

ESTABLISH QUORUM

PRESENT: Commissioners Murray, O'Reilly, Torbeck, Vincent, Basiji

ABSENT: Harding

PLEDGE OF ALLEGIANCE

Chair Murray led the Pledge of Allegiance.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

ITEMS FOR CONSIDERATION/ACTION

1. Approval of Minutes – February 05, 2018

Upon a motion by Chair Murry, seconded by Commissioner Basiji. 5 Commissioners approved the minutes of February 05, 2018.

2. Los Altos Hills Commission Member

Action: None taken.

Zee Yu is a resident of Los Altos Hills that is interested in joining the Senior Commission. She found out about the opening from the Town Crier. The City of Los Altos Hills Council will interview interested candidates for the vacant commission spot.

3. Transportation Symposium.

Action: None taken.

No new update at this time. More information to come in the present future.

4. Vaishali Sirkay-Lyft Project (CAFÉ)

Action: None taken. Vaishali Sirkay from the Lyft Project (CAFÉ?) gave a report about the Lyft Project that is in conjunction with CAFÉ?. Vaishali Sirkay is very interested in partnering with the City of Los Altos Senior Program to provide workshops. Staff Liaison Matheson let the Lyft speaker know that she would connect her with Cheryl Anderson, who is the Recreation Coordinator for Senior Programs with the City of Los Altos.

5. Chocolate Survey Results

Action: None taken.

Staff Liaison Matheson provided a report on the Chocolate Survey Results. This survey process took place in January at senior programs housed at Hillview Community Center and Grant Park. The information that was shared was regarding the interests and needs that the participants have, regarding future programs that could take place at both locations.

INFORMATION ITEMS

6. Update on Grant Community Center Projects

Public Comment

Action: None Taken.

Staff Liaison Matheson provided an update on the progress of Grant Community Center projects. The completion of the Multi-Purpose Room Kitchen has still not officially been determined. Currently working on RFP for the kitchen, there have been no bids for this project. Room 4 is now open for the Senior Program and is starting to be used. Still in the process of ordering items to put in Room 4 and also working with the Senior Commission pertaining to different items needed for the room. Commissioner Torbeck mentioned the idea of checking into Community Colleges or the Veterans Administration for potential people who would be available to do the design for the kitchen.

7. Recommendation to Hillview Community Center Project

Public Comment

Action: None Taken.

The Senior Commission received the update on the Hillview Community Center Project by Staff Liaison Matheson. Finishing up the Neighborhood meetings for the Hillview Community Center Project. Senior Center groups took place on Friday, February 23rd, Wednesday, February 28th and the Neighborhood Group on Thursday, March 1st. There is another meeting taking place on Wednesday, March 7th at 9:00am for the senior program.

8. Update on Information and announcements from City and Town Staff

Updates

Programs & Events

Los Altos Hills:

The Los Altos Hills 2018 Spring Summer Activity Guide is now available online and in hard copy. Senior Programming can be found on pages 7-9.

<http://www.losaltoshills.ca.gov/202/Activity-Guide>

Monthly Senior 2-mile Walk will be held Tuesday, March 6th at 10:00 am leaving from Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022

Recycling Processing Tour will be held on Friday, March 9th at GreenWaste Recovery 575 Charles Street in San Jose, CA 95112. To register contact 650-947-2518 or srobustelli@losaltoshills.ca.gov.

Stay Active, Stay Safe and Stay for Lunch, a new program partnering with Santa Clara County Fire will happen on Tuesday, April 3rd from 10:00 am -12:30 pm. This is a free event open to the public for a 2 mile walk, Senior Fire & Fall Prevention workshop, then lunch. Registration is required: <http://www.losaltoshills.ca.gov/201/Parks-and-Recreation>

Heartfulness Meditation held at the Los Altos Library begins 3/5 – 3/26 Mondays from 10:30 – 11:30 am. No registration required.

Looking for a Tech Appointment? The Los Altos Hills Youth Commission will be hosting appointments on Tuesday, April 17th from 7:00-8:00 pm at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

15th Annual Hoppin' Hounds Easter Biscuit Hunt will be held on Saturday, March 31st from 9:00-10:30 am in Byrne Preserve, 27210 Altamont Road, Los Altos Hills, CA 94022. This event is on-leash and free with there is a suggested donation of \$5 that goes directly to Palo Alto Animal Services.

History Walk will be led by a community member on Monday, March 26th 9:30 am Parks and Recreation Building. Free with no rsvp required.

Earth Day Celebration will be happening on Sunday, April 15th from 1:00-4:00 pm at Westwind Community Barn, 27210 A

City of Los Altos:

Tax Preparation Program will be starting on February 1st through April, every Monday from 9:00am to 12:00pm. This activity will be taking place at the Hillview Community Center in Room 8.

Want to learn a specific topic on the computer, phone or tablet? Then come join us for our first ever Tech Seminar. Each meeting will cover a new useful topic about your device. Held every 3rd Wednesday of the month starting March 21st until May 16th from 3:30pm to 5:00pm, in Room 8. Members \$1/ Non-members \$3. Please register in the Senior Center or call 650-2797 for more information.

Calling all seniors! Join us for a casual evening to welcome Spring. Mix & mingle with old and new friends. Enjoy heavy hors d'oeuvres, beverages & an "Oldies, but Goodies" DJ. This event will be taking place at the Garden House at Shoup Park (400 University Avenue, Los Altos). Tickets cost \$10 per person. The deadline to purchase tickets is by Thursday, March 29th. Tickets can be purchased online or at the Los Altos Recreation & Community Services Front Desk. The activity code for this event is 440711-01. This event is Sponsored by the City of Los Altos/City of Los Altos Hills Senior Commission and Club 55. <https://www.losaltosca.gov/recreation/page/senior-spring-fling>

Grant Park Location

Tech Tutor is now available! Starting March 5th our wonderful volunteer Shalini will be available to help with computer, smart phone, or tablet questions. Available on Monday from 10:00am to 11:00am in Room 4. Reserve your time with Gladys. Cost: \$1/members, \$3 /non-members.

Senior Dance Exercise. Never miss a chance to DANCE!!! Join us at Grant Park for this fun and healthy class. Get a chance to learn Salsa, Cha Cha, Cumbia, Bachata, Swing, Rock 'n Roll, Line Dancing and other dancing genres. Taught by Bob & Marilu. Classes are held on the 1st and 3rd Mondays and every Wednesday from 12:45 to 1:45pm in the Multi-Purpose Room.

COMMISSIONERS' REPORTS AND COMENTS

Outreach

Action -None-

There was discussion about the progress of the Spring Fling event that will be taking place on Friday, April 6th. During this time Staff Liaison Matheson went over the sign-up process and how people needed to sign up. She said that people could either go online or come into the main office and sign up. The dead line to sign up is by March 29th. It was mentioned during this time by Chair Murray, that the Senior Commission needed to do more outreach to see if they could get more sign ups. There was also questions about the cost of the food for this event. The deadline was put in place, so that way there would be a more accurate number of who would be coming to determine the cost of the food. The caterer is charging \$10 per person. The other costs that are to be considered are for the DJ. Vice Chair Harding was absent during this meeting, but most of the discussion was focused on sign ups and the cost of the food.

Transportation

Action-None-

Safety Committee

Action- None-

Commissioner Torbeck is interested in having an advanced directive program for the City of Los Altos.

Public Comment

None

POTENTIAL FUTURE AGENDA ITEMS

Advanced Directive

ADJOURNMENT – 4:33pm

Chair Murray adjourned the meeting.