

DATE: February 05, 2018

AGENDA ITEM # 6



TO: Senior Commission

FROM: Bridget Matheson, Recreation & Community Services Supervisor
Sarah Robustelli, Community Services Supervisor

SUBJECT: Monthly Staff Update

Updates

Programs & Events

Los Altos Hills:

Monthly Senior Walk will be held on Tuesday, February 6th at 10:00 am at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

AARP Senior Smart Driver Refresher Course will be held Monday, February 5th from 9:00 am -1:00 pm at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

New Cooking classes offered through Los Altos Hills: **Table for Two** Saturday, February 10th from Noon – 2:00 pm \$54 class, \$50 Los Altos Hills resident discount. To register visit the www.losaltoshills.ca.gov.

Free **Compost Basics** course will be held Saturday, February 24th from 10:00 am – Noon at Town Hall Parks and Recreation Building, 26379 Fremont Road, Los Altos Hills, CA 94022. To register visit:

http://cesantaclara.ucanr.edu/Home_Composting_Education/Composting_Workshops/

Resource:

Santa Clara County Bookmobile will be stopping in front of the Los Altos Hills Town Hall to provide service every other Monday. Upcoming dates include: 1/8, 1/22, 2/5 from 1:00-2:00 pm.

City of Los Altos:

Free activity! Hand massage has an updated schedule of Tuesday mornings at 10:00am- 12:00pm on a first come first serve basis in Room 10 of the Hillview Community Center, located at 97 Hillview Ave., Los Altos CA 94022.

Line Dancing – Classes take place on Tuesdays from 1:00pm to 2:00pm in the Hillview Social Hall. Monthly fees: \$24.00/members \$32.00/non-members. Drop in fees: \$6.00/members and

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\$8.00/non-members.

Pickleball Court-There are now two courts available for Pickleball Wednesday's at 11:00am-1:00pm. One court will be at the Hillview location and the other at LAYC.

Tai Chi Thursdays has a new time and location! This class has a new start-time of 12:00pm and the new location will be at 97 Hillview Ave, Los Altos 94022. It will be held in the Hillview Social Hall.

Tax Preparation Program will be starting on February 1st through April, every Monday from 9:00am to 12:00pm. This activity will be taking place at the Hillview Community Center in Room 8.

Need help with your laptop, tablet or cellphone devices? Come join the Inter-Generational Tech-Tutor Workshop run by local high school students, Held on February 21, 2018. For more information contact the Senior Center at 650-947-2797.

Foreign Affairs - Learn and discuss current international events. This activity meets Fridays in Room 12 at the Los Altos Senior Center.

Mini Trip: Join us on a whimsical adventure to **The Walt Disney Family Museum** on Thursday February 22, 2018. The museum features the life and legacy of Walt Disney shown through interactive galleries that include early drawings and animation. Cost for members is \$35.00 and non-members is \$45.00. Price includes entrance fee, transportation, and gratuity. Space is limited, please sign-up early.

Grant Park Location

Fall Prevention-Christine Moore and Gina Cali from the SSC Fire Department will be advising seniors on how to prevent falls in the home. This activity will be held on February 21st at 12:45pm at Grant Park (1575 Holt Ave, Los Altos, CA 94024).