

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON
MONDAY, SEPTEMBER 18, 2017 BEGINNING AT 3:30 P.M. AT
THE CITY OF LOS ALTOS HILLVIEW COMMUNITY CENTER ROOM 11,
97 HILLVIEW AVENUE, LOS ALTOS, CALIFORNIA**

ESTABLISH QUORUM

PRESENT: Commissioners Basiji, Harding, Lemes, Murray, O'Reilly, Torbeck, Vincent

ABSENT: None

PLEDGE OF ALLEGIANCE

Chair Murray led the Pledge of Allegiance.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Jack who is a moderator for the Senior Conversation Group thanked the Commission for everything that they have done for the seniors.

ITEMS FOR CONSIDERATION/ACTION

1. Approval of Minutes – September 18, 2017

Upon a motion by Chair Murray, seconded by Commissioner Torbeck the Commission unanimously approved 7 – 0 the minutes of the September 18, 2017 meeting with one change. Staff Liaison, Jaime Chew stated that Karen was not at the meeting and there will be an adjustment made to the minutes.

2. Adult Playground Presentation – PARC Subcommittee

Action: Commissioner Harding reported that Commissioners O' Reilly, Harding and Vincent visited Mitchell Park. The Commissioners were impressed by this park because it was multi-generational and able to be used by all.

Upon a motion by Commissioner Murray, seconded by Commissioner O'Reilly the Commission unanimously approved 7 - 0 a plan for the Parks & Recreation Commission to bring a Multi-Generational/Multi-Use park to Los Altos.

3. Update of Resource Binder

Action: None taken. Staff Liaison, Chew reported that in May there was discussion regarding the update of the Resource Binder. Each Commissioner was responsible for a section of the resource binder.

- Commissioner Torbeck- Education
- Commissioner Vincent- Food & Meals
- Chair Murray-Health Services
- Vice Chair Harding-Housing
- Vice Chair Harding and Commissioner Basiji – Social Participation
- Commissioner Lemes had Transportation. Currently vacant, Commissioner O'Reilly will take over the transportation section.

Staff Liaison, Chew reported that the resource binders are located at Los Altos Hills, The Hillview Senior Center, Library and the Chamber of Commerce. The information can also be obtained online. When updated information is gathered, Staff Liaison Chew said to send it to her electronically. If the information is a hard copy, make sure to make 5 copies of each item. This way the binders will be able to be updated at once. Chair Murray asked the Commission to bring items to be put into the resource binder at the next Commission Meeting.

INFORMATION ITEMS

4. Update on Grant Community Center Projects

Action: None Taken. Staff Liaison Chew provided an update on the progress of Grant Community Center projects. It was brought up by Commissioner Vincent that there may not be enough electrical outlets in the classrooms. Staff Liaison Chew mentioned that this type of upgrade can be worked on with Public Works. Vice Chair Harding asked if the bathroom that is in the Multi-Purpose room will be upgraded? Staff Liaison Chew said this may be considered for an upgrade once the kitchen is remodeled.

5. Recommendation to Hillview Community Center Project

Action: None Taken. The Senior Commission received the update on the Hillview Community Center Project.

6. Update on Information and announcements from City and Town Staff

Updates

Staff Liaison, Chew announced the release of the September/October Spotlight and the City of Los Altos Fall Activity Guide.

Staff Liaison, Robustelli from The Town of Los Altos Hills announced that she has a new Recreation Specialist, Chris Knopf. As the Recreation Specialist, Chris will be the staff liaison to the Los Altos Hills Youth Commission, point of contact for activity guide independent

contractors, managing social media and assisting with Town events.

Los Altos Hills Fall/Winter Activity Guide

The Fall/Winter Activity Guide been released and the senior section has increased significantly. Offerings are located on pages 6-8. Per the Senior Commission's recommendation, Club 55 and up! was showcased.

Programs & Events

Senior Trip

Come join us for a wonderful excursion to Savannah Channele Winery located in the beautiful Santa Cruz Mountains! On Thursday, October 12, 2017. Please register by October 9. Cost is \$45 for Senior Members and \$55 for All Others.

First Street Green Project

Joanne Price of the First Street Green Project will share information about their program, Wednesday, October 25, 2017 at 12:15pm, in the Multi-Purpose Room at Grant.

Monthly Senior Walk

The next one will be held on Tuesday, October 3 at 10am starting at Town Hall located at 26379 Fremont Road, Los Altos Hills, CA

AARP Senior Smart Driver Course

This class will be held Tuesday, October 3 and October 10 from 9am – 1pm at Town Hall, Parks and Recreation Building, 26379 Fremont Road, Los Altos Hills.

The Hidden Epidemic: Opioids

This educational forum will be held on Thursday, October 5 from 2:30pm – 3:30pm in the Town Hall Council Chambers, 26379 Fremont Road, Los Altos Hills.

COMMISSIONERS' REPORTS AND COMENTS

Sub-committee: Chair Murry mentioned there has not been too much done regarding the Hillview Community Center Sub-committee other than going to the task force meetings. Commissioner Vincent commented on the space and that the philosophy has changed. He wanted to know if the Senior Center programs would get priority space over programs that are not run by the Parks and Recreation Department. Staff Liaison Chew stated that the goal is for programs that are offered by the City would indeed have priority over outside groups. The current set up at the Hillview Community Center, is that there are many other groups that are not City programs who have been utilizing space. Moving forward, the focus would be on programs that are run by the Parks and Recreation Department. Commissioner Basiji said that if the current administration changes in the next two to three years, priorities may change pertaining to space for seniors. Commissioner Basiji asked if the space for seniors can be locked in. This way if the administration changes the space promised would still be given. The area for seniors has increased, but not sure what the specific size will be. Commissioner Torbeck mentioned that she has heard from other Task Force members that are on the Hillview Community Center project, are not clear on what the seniors find most important. Commissioner Torbeck mentioned that the most popular activity is Bocce Ball and no

one has mentioned this to the Task Force. She said that the Task Force members she spoke with found this to be frustrating. Commissioner Torbeck wanted to know who to talk to. Jaime informed the Commission that the Task Force has this information. Currently the Task Force is focusing on the interior plans for the new community center. Bocce Ball would be considered for the exterior part of the building. This is going to be next on the Task Forces agenda. All areas pertaining to space have increased, specific numbers will come out at the October 18th meeting. Staff Liaison Chew also mentioned that all feedback from the various commissions has been given to the Task Force. The next step is to work on the exterior part of the building and will be discussed at the next Task Force meeting on October 18th.

Vice Chair Harding and Commissioner Torbeck attended a Safety Community Block Action Team event on September 19th at LAYC. This event focused on the topic of isolation pertaining to seniors. Vice Chair Harding mentioned that it would be important to identify seniors in the Los Altos neighborhoods that are isolated. It was suggested by Vice Chair, Harding to have a speaker come and discuss the topic of senior isolation.

Chair Murray asked the commission if they want to sponsor an event regarding awareness to prevent isolation. Commissioner Torbeck mentioned that she has many contacts from El Camino Hospital that may be able to help with this event idea. Commissioner Torbeck and Vice Chair Harding will start to plan this event. Staff Liaison Chew mentioned that if the Commission wants to put on an event that does require resources or a budget that a motion would need to be made. It was decided that there is no motion needed because basic planning needed to begin.

Commissioner Basiji suggests hosting a party in early December. Commissioner Torbeck would love to see a cultural potluck. Staff Liaison Chew let the commission know that once a month the senior program does a cultural pot luck on the 3rd Friday of the month. There is also a Holiday Luncheon during the month of December. Chair Murray suggests that a space be picked along with deciding the type of music to be played at this event. The event could be sponsored by the Senior Commission in conjunction with Club 55 and Rotary. This type of event can get the entire community together. It was suggested to put a sub-committee together to plan this party.

Public Comment:

Adela mentioned the idea of a Spring Forward party. Martin Schwartz suggested to put hooks on the wall to hang coats or a portable coat rack to put coats on. Chair Murray let the speaker know that the suggestion was made by the sub-committee already regarding this topic.

POTENTIAL FUTURE AGENDA ITEMS

Prioritize outside space of Hillview Community Center
SIP Meeting
Celebration Party

ADJOURNMENT – 4:43pm

Chair Murray adjourned the meeting.