

DATE: April 3, 2017

AGENDA ITEM # 4



**TO:** Senior Commission

**FROM:** Jaime Chew, Recreation & Community Services Manager  
Sarah Robustelli, Community Services Supervisor

**SUBJECT:** Monthly Staff Update

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### Updates

#### **Commission Resignation**

Senior Commissioner Gary Anderson has resigned from the Commission.

#### **Safety at Home for Seniors**

The Spring forum was held Thursday, March 30 from 2pm – 3:30pm at the Los Altos Hills Town Hall. The panel speakers included Santa Clara County Sheriff, Santa Clara County Fire, Town of Los Altos Hills Planning Departments and Sourcewise. There were 17 people in attendance. Staff plans to upload the video and PowerPoints on the Senior Commission page of the Town's website.

#### **Bookmobile**

The Santa Clara County Library Bookmobile stops by the Los Altos Hills Town Hall (26379 Fremont Road) every other Monday. For the month of April, the bookmobile will be there on April 3 and April 17 from 12:30pm – 1:30pm. Stop by for a visit and checkout magazines, ebooks, movies, music and more.

### Marketing

#### **Next Door**

The City of Los Altos is now utilizing Next Door to post information regarding Senior Programs in Los Altos. We will be providing weekly posts to update the residents on upcoming program highlights.

### Programs & Events

#### **Monthly Senior Walk**

The second monthly senior hike will happen April 4 at 10am at Westwind Community Barn, 27210 Altamont Road. This hike is free, and will be roughly 2 miles in length. Maps will be provided and all ages are welcome. The route will be tailored to the needs of the participants in attendance. Inclement weather may cancel the hike. For more information or to RSVP

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contact 650-947-2506 or [lahseniorprogram@gmail.com](mailto:lahseniorprogram@gmail.com). In March, we had a total of 7 hikers.

### **Speaker Series**

Dr. Usha Welaratna will discuss the importance of minimizing memory loss which is associated with getting older by getting your brain fit, fast and focused. She will discuss different ways to train your memory. Join us on Friday, April 7 from 10am – 11:30am in Hillview Room 12.

### **Super Size Screen**

The Hillview Senior Center will be showing West Side Story as their Super Size Screen movie. Join us on Friday, April 7 at 1pm to enjoy this classic! Senior members are free while All Others are \$1.

### **Spring Egg Hunt**

The City of Los Altos will be hosting their annual Spring Egg Hunt on Saturday, April 15 at the Hillview Soccer Field. This free event is held rain or shine and will begin at 9:30am with a visit from Fun E. Bunny. The hunt will begin at 10am sharp! Come out and enjoy the festivities!

### **Earth Day Celebration**

The Town of Los Altos Hills will be holding a green event on Sunday, April 23 from 1pm – 4pm at Westwind Community Barn, 27210 Altamont Road. The event typically attracts 600 people of all ages. The Commission is welcome to host a table at the event. Setup takes place between 11:30am – 12:30pm. No dogs are allowed at the event due to the large cat presentation at 1:30pm and 3pm.

### **Be Ready: Seniors Prepared**

On Thursday, April 27 from 2pm – 3:30pm at the Los Altos Hills Town Hall (26379 Fremont Road), Santa Clara County Fire will be providing a one hour presentation. Then, they will do small breakout groups for 30 minutes. During this program, seniors will learn how to plan for a disaster based on the risks found in their community. They will learn how to develop a Personal Support Network of family, friends and neighbors to assist them in a time of disaster. They will also assemble a disaster supplies kit and learn how to be kept informed during a disaster with lifesaving information.