

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE  
CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON  
MONDAY, NOVEMBER 6, 2017 BEGINNING AT 3:34 P.M. AT  
THE CITY OF LOS ALTOS HILLVIEW COMMUNITY CENTER ROOM 11,  
97 HILLVIEW AVENUE, LOS ALTOS, CALIFORNIA**

**ESTABLISH QUORUM**

PRESENT: Commissioners Murray, O'Reilly, Torbeck, Vincent

ABSENT: Vice Chair Harding, Commissioner Basiji

**PLEDGE OF ALLEGIANCE**

Chair Murray led the Pledge of Allegiance.

**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

Bella Shapero discussed information from the Sourcewise Advisory meeting. The topic of Pre-Diabetic Education was mentioned. The presentation was from The Silicon Valley Community Foundation. Another topic Bella mentioned was known as, "On The Table". People from all over the county met to discuss housing. Mayor Mary Prochnow mentioned that the conservatory of housing will be taking place at the Silicon Valley Community Foundation on November 15, 2017 regarding the topic of housing that Bella mentioned earlier.

**ITEMS FOR CONSIDERATION/ACTION**

1. Approval of Minutes – October 02, 2017

Upon a motion by Commissioner O'Reilly, seconded by Commissioner Torbeck the Commission unanimously approved 4 – 0 the minutes of the October 2, 2017 meeting.

2. Prioritize outside space of Hillview Community Center

Action: Chair Murry reported that the Senior Commission wanted to discuss the topic of prioritizing outside space of the Hillview Community Center. During this time Commissioner O'Reilly mentioned that close proximity of handicap parking to the Hillview Community Center should be considered.

Upon a motion by Commissioner Torbeck, seconded by Commissioner O'Reilly the Commission unanimously approved 4 - 0 the Community Center Subcommittee Recommendations for Inside and Outside Space for Senior Use at the new Hillview Community Center.

3. SIP Meeting

Action: None taken. Chair Murry asked what action does the Commission want to take pertaining to the SIP Meeting topic. Staff Liaison Chew recommended that this topic may be considered for a speaker series at the senior center, but scheduling would need to be considered before a time would be decided upon. It was also decided by Chair Murry that the SIP Meeting topic be added to next month's agenda, since Commissioner Harding was not present and brought this topic originally to the commission for discussion.

4. Celebration Party

Action: None taken. Commissioner Torbeck mentioned that the Garden House has been reserved for the Celebration for Friday, January 5, 2018. A catering company has not been picked for the event, but Commissioner Torbeck is looking for recommendations. Staff Liaison Chew mentioned that The Terraces have been used on a few occasions and a volunteer group have helped with the meals that have taken place at Hillview Community Center during the monthly lunches. Chair Murry mentioned the idea of people bringing Wine and Cheese to this event as another food option. It was decided by Chair Murry to put the Celebration Party on next month's agenda to discuss further since members of the sub-committee for this event were not present

**INFORMATION ITEMS**

5. Update on Grant Community Center Projects

Public Comment

Gary Anderson brought up the topic of communication. He wants the Parks and Recreation Department to get ahead of the curve of projects before they happen. Gary mentioned to the commission that it's important to engage the seniors. Chair Murray mentioned that the Commission has reached out to the seniors at Grant to have a round table about ideas. Gary says that the disconnect is between the seniors and the Parks and Recreation Department.

Action: None Taken. Staff Liaison Chew provided an update on the progress of Grant Community Center projects. She mentioned that all the class rooms have been completed. All activities will be moved back into the rooms starting the week of November 13, 2017. The rooms were completed ahead of schedule. One outstanding item that remains, is improvements to the kitchen. Staff Liaison Chew reported that it will be going before City Council very soon.

Chair Murray suggested to meet with Manny to find out what is being done from the list that was developed by the Seniors at Grant Park.

Staff Liaison Chew addressed the communication issue that Gary mentioned during public comment. It's a collaboration between Recreation and Community Services, along with other departments such as Public Works, Planning, Building, etc., when projects such as the ones that take place at Grant happen. Staff Liaison Chew mentioned that when CIP projects are starting, that this is not when feedback is usually taken. The scope of the project for the work, took place well before the actual work occurred. The work was supposed to be done a year and a half ago, but was delayed. Regretfully this was not communicated as well as it could have been.

Chair Murray suggested to meet with Manny to find out what is being done from the list that was developed by the Seniors at Grant Park.

6. Recommendation to Hillview Community Center Project

Action: None Taken. The Senior Commission received the update on the Hillview Community Center Project. Staff Liaison Chew mentioned that there is a survey that the Task Force has put out known as the "Community Center Architectural & Landscape Characteristic Survey", it's available online. The survey was produced to obtain feedback for what the community center will look like from the outside. The next two meetings will be held at the Council Chambers on 11/7/2017 and 11/30/2017. The commission was also curious as to how many people filled out the survey mentioned above.

7. Update on Information and announcements from City and Town Staff

Updates

FRIDAY LUNCHEONS: Upcoming changes beginning the month of November Luncheons will no longer have a set price, a donation is asked from each person to help offset the cost of the meal, however no Senior will be denied if they are unable to contribute.

Los Altos Senior Center closed Friday November 10<sup>th</sup> in observance of Veterans Day.

Los Altos Senior Center will be closed November 23<sup>rd</sup> & 24<sup>th</sup> for the Thanksgiving Holiday.

Programs & Events

Los Altos Hills:

Monthly Senior Walk - Tuesday, November 7<sup>th</sup> at 10:00 am at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

Intimacy, Sexuality and Healthy Aging Forum- Tuesday, November 28<sup>th</sup> from 2:00-3:30 pm at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022. To register please email [lahseniorprogram@gmail.com](mailto:lahseniorprogram@gmail.com) or call 650-947-2518.

Holiday Barn Lighting- Sunday, December 3<sup>rd</sup> from 2:00-5:00 pm at Westwind Community Barn, 27210 Altamont Road, Los Altos Hills, CA 94022.

New Cooking classes offered through Los Altos Hills: **Elegant and Easy Holiday Party** Saturday, December 9<sup>th</sup> from Noon – 2:00 pm \$54 class, \$50 Los Altos Hills resident discount. To register visit the [www.losaltoshills.ca.gov](http://www.losaltoshills.ca.gov).

New Resource:

**MED-Project (Medication Education & Disposal)** Los Altos Hills Town Hall, Front Desk and Westwind Community Barn, Barn Manager are now equipped with prepaid envelopes. Take advantage of this service which offers residents a free and convenient way to dispose of expired or unwanted medicines. For more information visit: [www.med-project.org](http://www.med-project.org).

City of Los Altos:

Elli Tehrani of Clear Caption will discuss their phones created for the senior population, Wednesday, November 1st at 10:00 am in the Multi-Purpose Room of the Grant Park location, 1575 Holt Ave, Los Altos, CA 94024.

Avoid Medicare scams and Frauds HiCap counselor Abe Wishnia will be at the Los Altos Senior Center to provide us with advice and updates on Medicare and inform us of current scams. Join us Thursday, November 9<sup>th</sup> at 11:30am in Room 11, Brown Bag Lunch included. It will cost \$4.00 for members. Located at 97 Hillview, Los Altos CA 94022.

The Los Altos Sunset Rotary Club

It's that time of the year again, the **annual Rotary Program** will be assisting seniors by changing the batteries in their smoke detectors. This will take place on Saturday, November 11th from 9:30am – 1:30pm. To reserve an appointment please call the Los Altos Senior Center at (650) 947-2797.

Fire Prevention: Christine Moore and Gina Cali from the SCC Fire Department will be at the Grant Park location to speak about "Fire Prevention" during the coming holidays. Please join us on Wednesday, November 15<sup>th</sup> at 12:45pm to hear this very important presentation.

Thanksgiving Lunch: Friday, November 17<sup>th</sup>, will also include a live performance from The De Anza College Jazz Band and afterwards there will be a holiday lunch. The concert starts at 10:30 am and Lunch starts at 12:00pm. Contact the Los Altos Senior Center to reserve your space. \$5.00 for the concert and a donation for the lunch.

November Mini Trip: The Senior Center is heading to the San Francisco Chronicle 60<sup>th</sup> Annual International Auto Show on Monday, November 20<sup>th</sup>. Cost: Members \$45 Others \$55.

### **COMMISSIONERS' REPORTS AND COMENTS**

Finished Age Friendly Committee projects  
Safety Committee has not met  
Outreach-Party is being planned.

Public Comment:

None

### **POTENTIAL FUTURE AGENDA ITEMS**

SIP Meeting  
Celebration Party

### **ADJOURNMENT – 4:45pm**

Chair Murray adjourned the meeting.