

DATE: November 06, 2017

AGENDA ITEM # 7



TO: Senior Commission

FROM: Jaime Chew, Recreation & Community Services Manager
Sarah Robustelli, Community Services Supervisor

SUBJECT: Monthly Staff Update

Updates

FRIDAY LUNCHEONS: Upcoming changes beginning the month of November Luncheons will no longer have a set price, a donation is asked from each person to help offset the cost of the meal, however no Senior will be denied if they are unable to contribute.

Los Altos Senior Center closed Friday November 10th in observance of Veterans Day.

Los Altos Senior Center will be closed November 23rd & 24th for the Thanksgiving Holiday.

Programs & Events

Los Altos Hills:

Monthly Senior Walk will be held on Tuesday, November 7th at 10:00 am at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022.

Intimacy, Sexuality and Healthy Aging Forum will be held Tuesday, November 28th from 2:00-3:30 pm at Town Hall, 26379 Fremont Road, Los Altos Hills, CA 94022. To register please email lahseniorprogram@gmail.com or call 650-947-2518.

Holiday Barn Lighting will happen on Sunday, December 3rd from 2:00-5:00 pm at Westwind Community Barn, 27210 Altamont Road, Los Altos Hills, CA 94022.

New Cooking classes offered through Los Altos Hills: **Elegant and Easy Holiday Party** Saturday, December 9th from Noon – 2:00 pm \$54 class, \$50 Los Altos Hills resident discount. To register visit the www.losaltoshills.ca.gov.

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New Resource:

MED-Project (Medication Education & Disposal) Los Altos Hills Town Hall, Front Desk and Westwind Community Barn, Barn Manager are now equipped with prepaid envelopes. Take advantage of this service which offers residents a free and convenient way to dispose of expired or unwanted medicines. For more information visit: www.med-project.org.

City of Los Altos:

Elli Tehrani of Clear Caption will discuss their phones created for the senior population, Wednesday, November 1st at 10:00 am in the Multi-Purpose Room of the Grant Park location, 1575 Holt Ave, Los Altos, CA 94024.

Avoid Medicare scams and Frauds HiCap counselor Abe Wishnia will be at the Los Altos Senior Center to provide us with advice and updates on Medicare and inform us of current scams. Join us Thursday, November 9th at 11:30am in Room 11, Brown Bag Lunch included. It will cost \$4.00 for members. Located at 97 Hillview, Los Altos CA 94022.

The Los Altos Sunset Rotary Club

It's that time of the year again, the **annual Rotary Program** will be assisting seniors by changing the batteries in their smoke detectors. This will take place on Saturday, November 11th from 9:30am – 1:30pm. To reserve an appointment please call the Los Altos Senior Center at (650) 947-2797.

Fire Prevention: Christine Moore and Gina Cali from the SCC Fire Department will be at the Grant Park location to speak about "Fire Prevention" during the coming holidays. Please join us on Wednesday, November 15th at 12:45pm to hear this very important presentation.

Thanksgiving Lunch: Friday, November 17th, will also include a live performance from The De Anza College Jazz Band and afterwards there will be a holiday lunch. The concert starts at 10:30 am and Lunch starts at 12:00pm. Contact the Los Altos Senior Center to reserve your space. \$5.00 for the concert and a donation for the lunch.

November Mini Trip: The Senior Center is heading to the San Francisco Chronicle 60th Annual International Auto Show on Monday, November 20th. Cost: Members \$45.00 Others \$55.00.



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