

DATE: October 3, 2016

AGENDA ITEM # 5



TO: Senior Commission
FROM: Jaime Chew, Staff Liaison
SUBJECT: Monthly Staff Update

Updates

Grant Park Anniversary Celebration

The Grant Park Senior Program will be celebrating its 2nd Anniversary in October! Their birthday celebration will take place on Wednesday, October 12, 2016.

Matter of Balance Program

The City of Los Altos Senior Program in partnership with Stanford Health Care is offering the Matter of Balance Program. This program is designed to manage falls and increase activity levels. There are currently 2 offerings: September 16 – November 4 on Fridays in Hillview Room 12 and January 18 – March 8 on Wednesdays in Grant Room 3. To register, please visit Hillview Room 10!