



**TO:** Senior Commission

**FROM:** Manny A. Hernandez, Recreation & Community Services Director

**SUBJECT:** Senior Program Recommendations

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### **BACKGROUND**

The City of Los Altos Senior Program is currently running programs at two locations in the City of Los Altos. One location is the Hillview Community Center which is located at 97 Hillview Avenue. The Senior Program at this location has been run by the City since 1983. The other location is the Grant Community Center, located at 1575 Holt Avenue. The Senior Program at this location has been running since October 2014.

### **DISCUSSION**

At the Hillview Community Center there are two dedicated activity rooms for senior programming, Room 11 and Room 12. Room 11 is the lounge area where seniors come to socialize, register for programming, play cards and relax. Room 12 is more of a breakout room that is utilized for classes, activities, events or expansion of Room 11 functions. The Senior Program has access to additional activity rooms through the Hillview Community Center as needed for more programming. The Senior Center at Hillview operates Monday – Friday from 8:30am – 3:30pm.

The Grant Senior Program is held twice a week on Mondays and Wednesdays from 10am – 2pm. The Monday program takes place in one of the activity rooms at Grant and is a passive program where seniors can socialize and play cards. The Wednesday program is held in the Multi-Purpose Room in addition to the lounge area that is adjacent to the main auditorium. The Grant Senior Program offers a variety of classes and programs that include but are not limited to: fitness classes, meeting groups and a speaker series.

The program at Grant started in 2014 and was structured as a predominantly volunteer run program. This model was adopted to help the Wednesday program function in the form it does today while using a minimal amount of paid City staff. Being that Hillview utilizes more paid staff than volunteers, there are some differences in the way programs are administered at the two locations. Staff would like the Senior Commission to look at the administration and the current program being offered by the City to provide recommendations. Please note that facilities, budget, staffing, volunteer resources and uniformity for the program as a whole must be taken into consideration.

The Senior Commission will decide the process of discussion to make a recommendation. Options for the Commission may include but are not limited to: the entire Commission working on this at regular meetings, scheduling special meetings, or creating a sub-committee.