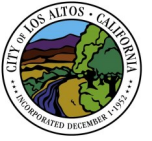


Grant

Open every Wednesday 10:00a.m.-2:00p.m.
1575 Holt Avenue, Los Altos, CA 94024
Schedule subject to change



July Happenings

July 1

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
12:00 Men's group
1:00 Zumba Gold Dance Party with Nora

July 8

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
12:00 (Bring lunch)
1:00 Book Club with Betsy

July 15

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
12:00 (Bring lunch)
12:00 Speaker– Community Services Agency
1:00 Zumba Gold Dance Party with Nora

July 22

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
12:15 Karaoke
1:00 Garden Club

July 29

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen

August Happenings

August 5

10:00a.m.—2:00 p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
12:00 Men's Group
1:00 Zumba Gold Dance Party with Nora

August 12

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
12:00 (Bring lunch)
1:00 Book Club with Betsy

August 19

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
12:00 Speaker– Dr. Donn Posner
1:00 Zumba Gold Dance Party with Nora

August 26

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
12:00 (Bring lunch)
12:15 Karaoke
1:00 Garden Club

