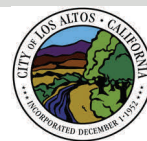


Grant Park

Open every Wednesday 10:00a.m.-2:00p.m.
1575 Holt Avenue, Los Altos, CA 94024
Schedule subject to change



May Happenings

May 6

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
12:00 Men's group
1:00 Zumba Gold Dance Party with Nora

May 13

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
12:00 (Bring lunch)
1:00 Book Club with Betsy

May 20

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
12:00 (Bring lunch)
12:00 Speaker—Cedric Novenario
1:00 Zumba Gold Dance Party with Nora

May 27

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
12:00 Karoake
1:00 Garden Club

June Happenings

June 3

10:00a.m.—2:00 p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
12:00 Men's Group
1:00 Zumba Gold Dance Party with Nora

June 10

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
12:00 (Bring lunch)
1:00 Book Club with Betsy

June 17

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
12:00 (Bring lunch)
1:00 Zumba Gold Dance Party with Nora

June 24

10:00a.m.—2:00p.m.
Intermediate Bridge, Mah-Jongg, Card Games
10:15 Stretch with Eleanor
10:45 Chair workout with Nora
12:00 Speaker: Manny Hernandez,
Recreation Director
1:00 Garden Club

