



MONDAY, MARCH 5, 2012

4:30 P.M. –REGULAR SENIOR COMMISSION MEETING

Hillview Community Center, Los Altos Senior Center Room 11
97 Hillview Avenue, Los Altos, California 94022

ROLL CALL

PLEDGE OF ALLEGIANCE

SPECIAL PRESENTATIONS

Community Center Update by Mayor Valorie Cook Carpenter.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

DISCUSSION ITEMS

1. Commission Minutes
Recommendation to approve the minutes of the February 6, 2012 regular meeting.
2. Nomination and Election of Senior Commission Chair and Vice Chair
3. Annual Joint Meeting of the Los Altos City Council and Senior Commission
Staff report on purpose of Annual Joint Meeting with Council.
 - a. Discussion of purpose of Annual Joint Los Altos City Council and Senior Commission meeting scheduled for May 1, 2012.
 - b. Senior Commission will present 2012 Accomplishments and 2012/2013 Work Plan and other agenda items.

4. Preparation of 2012 Accomplishments and Preparation of 2012/2013 Work Plan
 - a. Discuss and prepare report to Council regarding 2012 accomplishments.
 - b. Review and Update Senior Commission 2012/2013 Work Plan based upon subcommittees recommendations and Senior Commission discussion.
 - c. Discussion whether the 2012/2013 Work Plan will be submitted for approval to Council at the Joint City Council Meeting on May 1, 2012 or at a Council meeting in March or April.
 - d. Discuss any further agenda items to discuss with Council at the Joint Meeting.
5. Encore

Discussion of Senior Commission representation at the interactive event for adults 50+ featuring more than 25 non-profit exhibits, lunch and a panel discussion on encore careers on Saturday, March 24, 2012, 9:30 a.m. – 1:00 p.m. at the Los Altos Youth Center.
6. Items for Information
 - a. Senior Commission Publicity
Articles to be written and received pertinent to senior issues.
 - b. Santa Clara Council on Aging Advisory Board Report
Written report by Commissioner Tiemann.
 - c. Town of Los Altos Hills Parks and Recreation Committee
Verbal report by Commissioner Popell.
 - d. City of Los Altos Volunteer Recognition
The Annual City of Los Altos Volunteer Recognition Event will be held on Thursday, April 19, 2012 at 5:30 p.m. at the Los Altos Youth Center.

COMMISSION REPORTS AND DIRECTIONS ON FUTURE AGENDA ITEMS

ADJOURNMENT

SPECIAL NOTICES TO PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the Recreation Department 72 hours prior to the meeting at (650) 947-2894.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at <http://www.ci.los-altos.ca.us/committees-commissions/senior/meetings.html>.

On occasion the Senior Commission may consider agenda items out of order.

All public records relating to an open session item on this agenda, which are not exempt from disclosure pursuant to the California Public Records Act, and that are distributed to a majority of the legislative body, will be available for public inspection at the Los Altos Senior Center Coordinator's Office, City of Los Altos, located at 97 Hillview Avenue, Los Altos, California at the same time that the public records are distributed or made available to the legislative body. Any draft contracts, ordinances and resolutions posted on the Internet site or distributed in advance of the Council meeting may not be the final documents approved by the City Council. Contact the Senior Commission Liaison for the final document.

If you wish to provide written materials, please provide the Senior Commission Liaison with **10 copies** of any document that you would like to submit to the Senior Commission for the public record.

For other questions regarding the meeting proceedings, please contact the Senior Commission Liaison at 650-947-2894.

**MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE
CITY OF LOS ALTOS/ TOWN OF LOS ALTOS HILLS, HELD ON
MONDAY, FEBRUARY 6, 2012 AT 4:30 P.M. AT HILLVIEW COMMUNITY CENTER,
97 HILLVIEW AVENUE, LOS ALTOS, CALIFORNIA, 94022**

ROLL CALL

PRESENT: Commission Members Jenney, Popell, Tiemann, Pelham, Palmer, Seddiqui, Traficant,
De Mare

ABSENT: Brauch

PLEDGE OF ALLEGIANCE

Chair Jenney led the pledge of allegiance to the flag.

SPECIAL PRESENTATIONS

Julia Zarcone, Los Altos Hills Parks and Recreation Committee Member discussed the unanimous vote of the Los Altos Hills Parks and Recreation Committee to support the development of facilities, transportation, and other resources for the Los Altos and Los Altos Hills senior population.

PUBLIC COMMENT

None.

CONSENT CALENDAR

1. Committee Minutes
Motion by Tiemann seconded by DeMare to approve the January 9, 2012 minutes as written. Motion passed unanimously.

DISCUSSION ITEMS

2. Subcommittee Reports
Revision of Senior Commission subcommittee 2012/2013 Work Plan items. Work Plan to be finalized at the March 5, 2012 meeting with report to Council on March 27, 2012.
3. Reports to Council
2012 Community Expo Funding
Town of Los Altos funded the 2012 Community Expo (newly named Encore).

ITEMS FOR INFORMATION

- a. Senior Commission Publicity
Tiemann reported on Articles to be written and received pertinent to senior issues
- b. Santa Clara Council on Aging Advisory Board Report
Verbal report by Commissioner Tiemann.
- c. Town of Los Altos Hills, Community Relations Committee
Verbal report by Commissioner Popell.

COMMITTEE REPORTS AND FUTURE AGENDA ITEMS

- a. Encore (formerly named 2012 Community Expo)
- b. Civic Center Master Plan update
- c. Election of Chair and Vice Chair

ADJOURNMENT

Chair Jenney adjourned the meeting at 6:21p.m.

Candace Bates
Senior Center Recreation Coordinator
Liaison to the Senior Commission

Los Altos Senior Commission - Work Plan

2012-2013 Council Approved Goals and Projects– (date approved by Council)

| Goals Approved on __, 2012 by City Council for 2012-2013 | Projects Approved on __, 2012 by City Council for 2012-2013 | |
|--|---|---|
| <p>1</p> <p>GOAL 1. Transportation – Study issues involving bus transportation for seniors. (Tanya DeMare and K. Gabrielle Tiemann)</p> | <p>a. Benches at Bus Stops (DeMare/Tiemann to follow up with Staff)</p> | <p>By July 1, 2012:</p> <ol style="list-style-type: none"> 1) Validate the need for benches for seniors. 2) Identify the location of Los Altos/Los Altos Hills bus stops and which ones have (and don't have) benches. 3) Research the Feasibility/Cost/Process of installing benches and use of grant funds. <p>(Staff)</p> |
| | <p>2</p> <p>GOAL 2. Encourage age-friendly home/condo construction (Tanya DeMare and K. Gabrielle Tiemann)</p> | <p>a. Compile a listing of resources identifying age-friendly design elements. (DeMare/Tiemann)</p> |

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| 3 | Goal 3. Refresh/modernize Senior Center (Dianne Brauch and Kathy Seddiqui) | |
| | a. Contact local designers for possible donation of design plans for center b. Contact furniture stores for possible donations of new furniture and/or accessories (Brauch/Seddiqui) | By June 2012 By December 2012 |
| 4 | GOAL 4. Collaborate with the Senior Center on a variety of educational programs. (Anabel Pelham and Catherine Popell) | |
| | a. Explore the no-cost Stanford University Falls Prevention Program. (Pelham) b. Explore a Senior lecture series (Pelham/Popell) | By May 2012: Invite a representative of the Stanford University Falls Prevention Program to make a presentation to the Commission in order to review its feasibility as an educational program for the Senior Center. (Pelham/Popell) By June 2012: Contact local speakers with topic expertise, about presenting a lecture in the series. (Example: reverse mortgages, health issues, etc...) (Pelham/Popell) |

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| 5. | GOAL 5. Determine if there are gaps in the Emergency Preparedness Programs as they relate to seniors; for example Red Cross, first responders etc. (Anabel Pelham and Catherine Popell) | |
| | a. Explore how LA/LAH presently encourage seniors to participate in Emergency Preparedness classes b. Investigate the Intergenerational Emergency Preparedness Project developed by SFSU Gerontology Graduate students (Pelham/Popell) | By June 2012: Contact Mike Sanders for a presentation to the Senior Commission for Emergency Preparedness status report and recommendations Contact the SFSU Gerontology Program Graduate Student team that developed the Intergenerational Emergency Preparedness Project for Los Altos and invite them for a presentation to the Senior Commission. (Pelham/Popell) |
| 6. | GOAL 6. Continue to update Senior Resource Manual (Dianne Brauch and Kathy Seddiqui) | |
| | a. Update senior resource manual annually or as needed b. Solicit feedback from users about accuracy (Brauch/Seddiqui) | By December 2012 |
| 7. | GOAL 7. Explore research and program development grants and contracts aimed at helping older individuals. (Anabel Pelham) | |
| | a. Research grants opportunities. (Pelham) | By June 2012: Study the Foundation Center's offerings of potential grants and contracts that would serve older persons. Place the emphasis on the eight Age-Friendly Cities criteria. (Pelham) |

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| 8. | GOAL 8 Share with appropriate city officials the results of our after-dark downtown grid lighting surveys. (Karen Jenney and Anabel Pelham) | |
| | a. Walking Survey project (Jenney, Pelham) | By May 1, 2012 and November 1, 2012 Share with city staff any after-dark lighting safety issues found during next walking surveys in the downtown grid. December 5, 2011: Senior Commission meeting Jim Gustafson reported on the follow-up progress being made on the Walking Survey results. Oct. 29, 2011: Walking Survey done and given to Jim Gustafson, Engineering Building Manager for the City of Los Altos. |
| 9. | GOAL 9 Identify and/or coordinate common senior initiatives with other agencies that involve senior initiatives (that come within the scope of duties or purposes of our Senior Commission). (Senior Commissioners) | |
| | a. Senior Commissioners will attend any meeting of organizations/ commissions/ committees as invited and/or appropriate and bring that information back to the Senior Commission. (Traficanti) | By May 1, 2012: Review the Agendas and Minutes of those organizations that meet Goal 9. If a Senior issue is on the Agenda or Minutes; the Commissioner(s) assigned will go and listen to the conversation and report back to the Commission. Review organizations that support Seniors in the City of Los Altos/Town of Los Altos Hills and assign Commissioners to other organizations that may have come up. Annually review and assign or reassign commissioners to various groups as deemed necessary. |



ENCORE!

INVESTIGATE YOUR PASSION AND GET INVOLVED



Presented by



Los Altos Rotary Partners for
Elder Generation (PEG)



City of Los Altos
Recreation Department

SATURDAY, MARCH 24

9:30 a.m. to 1:00 p.m. ■ LAYC, One North San Antonio Rd, Los Altos

An interactive event for adults 50+ featuring more than 25 non-profit exhibits, lunch and a panel discussion on encore careers

LUNCHTIME PANEL DISCUSSION

Encore Careers — Making an Impact

Featuring Purpose Prize Fellowship Recipients

Julie Cates, Alearn

Patrick Guerra, Second Harvest Food Bank

Susan Weeks Coulter, Global Film Initiative

PLEASE JOIN US!

- Explore new possibilities to enrich your life and benefit your community
- Meet and talk with representatives from community organizations who need volunteers
- Find out how you can start an encore career

RESERVATIONS AND INFORMATION

Space is limited so make a reservation online today!
There is no cost for this event, but registration is required to reserve a lunch.

www.RotaryPEG.org or Call (650) 947-2797

SPONSORS



**Advisory Council Minutes
Outreach
January 9, 2012**

Call to Order

The meeting was called to order by Chairperson Bob Lindley at 12:30 PM. A quorum was present.

Approval of Agenda and Minutes

Veronika Phillips was incorrectly marked as absent on the December minutes; she was present. With that change, the minutes and agenda were approved.

Legislative Committee

No report.

Health Committee

No report.

Planning Committee

No report.

Transportation Committee

No report.

Program – Outreach

Outreach hosted the Advisory Meeting and gave a presentation on their services. The core senior service provided is Senior Case Management, which has been in existence since 1974. The program serves over 1200 seniors annually, mostly in helping them apply for government benefits.

Outreach has been providing transportation for 30 years as the designated Consolidated Transportation Services Agency for the county, which means they are the consolidated transportation provider for at-risk individuals. The agency offers paratransit service, which offers shared rides, however it can only go where and when VTA offers transportation. Another service is Employment transportation for CalWorks clients in good standing. The program provides Bike-to-Work, a Guaranteed Ride program, and Jump Start to help repair cars. Outreach is also beginning to offer programs for the homeless and veterans.

STAR, Outreach's senior transportation program, has been in existence since 2005. The program provides rides county-wide to seniors age 65 and older, of any income level. The program provides subsidized taxi rides, 40 one-way trips per person per year, as well as public transit subsidies. STAR has provided 326,000 rides since 2006.

Outreach is starting a friendly rides program. In this program, seniors can give rides to fellow seniors going to the same location. By providing rides, drivers can earn gas cards. Outreach is also interested in increasing senior bike use and in reaching out to other agencies with which to coordinate.

CSL Legislative Session

The CSL Joint Rules Committee is meeting with legislators in California to push their top 10 state and top 4 federal proposals. Hopefully a legislator will sponsor the bills. The top federal proposal was authored by Austin Lucero at the urging of Lessie James, to cover dental work in Medi-Cal.

New Business

The San Jose City Council is holding a meeting on January 10th on the use of CDBG funds. The initial recommendations called for drastic cuts in senior services. All Advisory members are encouraged to attend and support senior services.

Old Business

Lessie gave an update on foreclosures. Many laws are still being broken in pursuit of illegal foreclosures. The California Association of Realtors may be able to assist in securing a real estate attorney.

Wes noted that the Older Adults Mental Health report was presented to the Board of Supervisors Children, Family, and Seniors committee. The Committee accepted the recommendations, including creating a steering committee to oversee the use of older adult funds.

Member's Report

Rosemary Bacy spoke about the Older Women's League, or OWL. OWL Was formed in 1980, for women standing up for themselves. OWL is a nationwide non-profit, with an office in Washington D.C. and a regional network. Priorities for the group include access to health insurance and maintaining social security. The organization preferred national health care for all, but supported the Affordable Care Act. OWL is also concerned about finding affordable housing and preventing elder abuse. OWL produces a number of national studies and survey. Locally, the branch of OWL meets monthly and usually features a speaker on health or other topics.

Chair's Report

None

Advisory Council Liaison to the Board

None

Staff Report

Work continues on the Area Plan Needs Assessment. Mike will distribute some of the preliminary information to Advisory members in order to solicit feedback.

Announcements

- Skip will be making a presentation on Health Care Reform at the United Methodist Church
- Alert SCC is a confidential way to have emergency notices reach your phone or e-mail in a disaster. www.alertscc.org
- SCC Government 101 is a 10 week class starting in late January, for participants to learn more about their county government. Visit sccgov.org for more information.
- Aimee informed the group of a Public Health report just released on Vietnamese residents. The report is available here: <http://www.sccgov.org/sites/sccphd/en-us/Partners/Data/Documents/VHA%20Full%20Report,%202011.pdf>

For next meeting – February 6th, 2012:

Refreshments – Rosemary Bacy, Angelica Causor, Wes Mukoyama

Board of Directors Date & Time – January 23, 2012, 4 pm

Member's Report – Wes Mukoyama

If you are interest in attending a 1 hour training on the Advisory Council, please contact Mike Torres at mtorres@coasiliconvalley.com or 408-350-3271.