



DATE: 5 May 2014

AGENDA ITEM # 4

TO: Senior Commission

FROM: Candace Avina, Staff Liaison

SUBJECT: Staff Report

RECOMMENDATION:

Receive information and announcements from City and Town Staff

BACKGROUND

Page 5 and 6 of the City of Los Altos Commission handbook describes the role of the Staff Liaison.

DISCUSSION

Older Americans Month 2014

Since 1963, communities across the country have shown their gratitude by celebrating Older Americans Month each May. This celebration recognizes Older Americans for their contributions and demonstrates our nations commitment to help them stay healthy and active.

This year's theme is Safe Today. Healthy Tomorrow. The theme focuses on injury prevention and safety to encourage older adults to protect themselves and remain active and independent for as long as possible.

Los Altos Commission Recruitment

- a. Applications are being accepted for three Los Altos Commissions: Public Arts, Senior and Youth Commission.
- b. Applications are due Friday, May 16, 2014. Interviews are tentatively scheduled for the week of May 19, 2014.
- c. Submit an application online at losaltosca.gov. Return applications to the City Clerk's Office at City Hall located at 1 N. San Antonio Road, Los Altos, CA 94022. For more information call (650) 947-2720.



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Joint Commission Meeting

A Joint Commission Meeting is scheduled for Thursday, May 8, 2014 at 6:00 p.m. at the Los Altos Youth Center, located at 1 N. San Antonio Road.

Members of the Youth, Senior, Public Arts and Parks and Recreation Commissions will be meeting to develop the mission statement for the new Los Altos Community Center. The agenda and supporting documents may be found online at <http://www.losaltosca.gov/community/page/joint-commission-meeting-civic-center-master-plan-update-1>

Preferred Senior Program

On April 7, 2014 the Senior Commission unanimously approved components of the preferred Senior Program in a Power Point format for review by Council. The Senior Commission will present the Power Point presentation at a May or June Los Altos City Council meeting.

Stepping On

Stanford Hospital and Clinics *Stepping On* class will begin May 14 – June 25, 2014 from 1:30 p.m. – 3:30 p.m. For more information on eligibility and to register go to Room 10 of the Hillview Community Center. For more information call (650) 947-2797.

Online Safety for Silver Surfers

Presentation on how to protect yourself and surf on the web with more confidence. Thursday, May 15, 2014 at 1:00pm in Room 12. Cost is free. RSVP appreciated to the volunteer desk at (650) 947-2797 by Monday, May 5, 2014; walk ins welcome.

Tech Day for Older Adults

Bring your questions along with a laptop, tablet or device for a one-hour technology tutoring session with a skilled volunteer.

Contact LinkAges staff member, Christina Araiza by phone at (650) 934-3556 or email eraizac@pamf.org to reserve your one hour slot and make your lunch reservation. Walk-ins welcome although reservations will be given priority. The event will be held Saturday, May 17, 2014, 9:30 – 3:00pm in the Hillview Social Hall.



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Forum Health and Resource Fair

Senior Commissioners will volunteer at a table representing the City of Los Altos Senior Center and Town of Los Altos Hills at the Forum Health Fair on Saturday, June 7, 2014, 10:00 – 2:00. The Resource Fair is free and participants may register by contacting the Forum at (650) 944-0100.

Attachments:

- A. Stepping On Flyer
- B. Online Safety for Silver Surfers Flyer
- C. Tech Day for Older Adults Flyer