# MINUTES OF A REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS/TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, JUNE 3, 2013 AT 4:30 P.M. AT HILLVIEW COMMUNITY CENTER, 97 HILLVIEW AVENUE, LOS ALTOS, CALIFORNIA, 94022

#### ROLL CALL

PRESENT: Commission Members Jenney, Pelham, Seddiqui, Smith, Summit, Tiemann.

ABSENT: Mathur

#### PLEDGE OF ALLEGIANCE

Chair Pelham led the Pledge of Allegiance.

#### PUBLIC COMMENTS

Roberta Bell, Los Altos Arts Club gave an overview of the club and mentioned that 75-85% of their club is over 55 years old.

#### ITEMS FOR CONSIDERATION/ACTION

## 1. <u>Commission Minutes</u>

Approved the minutes of the May 6, 2013 regular meeting.

2. City of Los Altos Council review of Senior Commission Work Plan

Updated Work Plan.

#### 3. <u>Stanford University Stepping On Fall prevention program</u>

Katrin Richter, San Francisco State University Graduate of Gerontology confirmed Stanford University's *Stepping On* Fall Prevention Program for Tuesday, September 10<sup>th</sup> – October 22, 2013 from 10:00 – 12:00 at the City of Los Altos Senior Center. Participants may register at the Senior Center.

## 4. Los Altos Rotary Partners In Elder Generation Committee USB Project

Update given on PEG Emergency Preparedness USB Project.

#### 5. Emergency Preparedness intergenerational backpack project

Discussed scheduling the Emergency Preparedness intergenerational backpack project in the spring.

## 6. <u>Model Programs</u>

Discussed a plan to develop checklist criteria to evaluate programs and visit other Senior Centers around the Bay Area.

## **INFORMATIONAL ITEMS**

# 7. <u>Staff Report</u>

Received information and announcements from Town staff.

# COMMISSIONERS' REPORTS AND COMMENTS

8. <u>Santa Clara Council on Aging Advisory Board Report</u>

No report.

# POTENTIAL FUTURE AGENDA ITEMS

# <u>ADJOURNMENT</u>

Chair Pelham adjourned the meeting at 5:54 p.m.