Revised: December 8, 2020

<u>Module Goal:</u> To provide knowledge, tactics, and techniques that will assist sworn personnel in safely apprehending suspects and overcoming resistance. This will deal with proper application of use of force techniques. The student will recognize physical resistance and be able describe appropriate applications of use of force. Classes will be a mix of lecture, current laws regarding the use of force and hands on activities, designed to provide the student with current tactics and techniques. The student will be required to demonstrate appropriate application of techniques learned throughout the classes.

This Course complies with the legislative content and mandates of AB 392, SB 230, - PC835a

Module Total Time: 8 hours

Minimum Topics/Exercises:

- a) Safety Orientation and warm-ups
- b) Class Exercises/Student Evaluation/Testing
- c) Search- in exercises
- d) Control/Takedowns-in exercises
- e) Equipment/Restraint device use-in exercises
- f) Verbal Commands-in exercises
- g) Use of Force Considerations
- h) Body Physics and Dynamics
- i) Body Balance/Stance/Movement Patterns-in exercises
- i) Policies and legal issues
- k) Recovery/First Aid

<u>Student Learning Outcome</u>: The student will be able to provide knowledge, tactics, and techniques that will assist sworn personnel in safely apprehending suspects and overcoming resistance.

Resources Needed:

- *Duty Belt w/ baton, handcuffs, handcuff key
- *BDU uniform
- *Handouts
- *Wrestling Mats
- *Pen

Content	Instructor Notes
I. Classroom Introduction/Safety Briefing	Overview and safety brief.
A. Overview of Material Being Covered/Evaluation/Exercises	III(a)(b)
B. Safety Rules	
	Review department policy,
	definitions and cases involving

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	Review Department Policy & Case Law	the use of force
	. Review of agency Use of Force policy	III(f)(g)(j)(k)
	1. "Totality of the circumstances" means all facts known to	
	the peace officer at the time, including the conduct of the	
	officer and the subject leading up to the use of deadly force.	
	2. Discuss how your agency's policy may have changed	
	relative to AB 392.	
	3. SB 230, a related Bill to AB 392, addresses agency Use of	
	Force policies and includes specific mandated criteria for	
	policies no later than January 1, 2021. Discuss how your	
	agency's policy has changed relative to SB 230.	
E	3. Use of Force Policy/Verbal Commands	
	First Aid/Recovery after Use of Force	
	D. Define Force	
E	. Define Consensual Contact	
	Legal Requirement	
	2. Individuals Role	
	3. Force Options Available	
	4. Officer Safety	
E	. Define Detention	
	Legal Requirement to Detain	
	2. Specific Factors	
	3. Suspects Role	
	4. Force Options Available	
	5. Officer Safety	Demonstrate proper stances
_	Sody Movements/Stances	and body movement and how
F	Stances (including hand/arm positions)1. Interview	to fall minimizing injury.
	2. Self Defense	to fair fillinining frigury.
	3. Foot Movements	III(h)(i)
'	1. Shuffle Forward/Back	()(.)
	2. Shuffle Right/Left	
	3. Step Off-Line, Quarter Turn	
	4. Quick Step Back	
	5. Step Through Half Turn	
	6. Switch Stance	
	7. Turn in Place	
(E. Falls and Rolls	
	1. Back Fall	
	2. Front Roll	
	3. Back Roll	
	4. Front Roll	

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IV. Personal Body Weapons	Demonstrate how to use our
A. Hand/Elbow	hands, legs, and feet to strike
1. Palm Strike	someone.
2. Two Handed Palm Strike	someone.
3. Elbow Strike	
4. Hammer Fist	
5. Palm Strike & Hammer Fist	
B. Feet/Knees	
 Thigh Kick Knee Strike 	
3. Shin Kick	Barra and and a first and a second
V. Body Mechanics and Control Holds	Demonstrate how to apply
A. Control Holds with Transitions	control hold techniques and
1. Side Wrist Lock	safely search a subject.
2. Rear Wrist Lock	III(d)
3. Two Handed Twist Lock	
4. Inverted Rear Wrist Lock	
5. Elongated Rear Wrist Lock	
6. Palm Up Twist Lock	
B. Searching	III(c)
Palms Together Search	
2. Twist Lock Search	
VI. Take Downs	Demonstrate techniques on
A. Peace Officer Responsibilities	how to take a subject down to
1. Verbal Commands	the ground.
2. Arm Bar Take Down	III(f)
2. Elbow Push Over	
3. Twist Lock Take Down	
4. Figure Four	
5. Team Take Down (Double Leg Trip)	
VII. Handcuffing	How to safely and quickly
A. Standing	apply handcuffs on a subject.
1. Top Hand	III(e)
2. Quick Cuff	
3. Inverted	
B. Kneeling	
1. Top Hand	
C. Prone	
1. Finger Whip	
2. Top Hand	
VIII. Weapon Retention/Disarming	How to defend yourself from
A. Front Attack	someone trying to take your
1. Gun Control Arm Bar	firearm
2. Holster	
B. Rear Attack	
1. Gun Control Arm Bar	

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		2. Holster	
	C	Handgun Take Away	How to disarm a subject that is
	C.	1. Front	pointing a firearm at an
		2. Rear	officer.
		3. Head	
Х.	Bat		
		Nomenclature	Review the nomenclature of a
		1. Tip	baton.
		2. End	
		3. Long Portion	
		4. Short Portion	
		5. Grommet	
	В.	Stances	Review proper
		1. Defensive	stances/draws/carries and
		2. Port Arms	strikes using a baton.
	C.	Baton Draws	
		1. Cross Draw	
		2. Same Side Draw	
	D.	Baton Carries	
		1. One Hand Ready	
		2. Two Hand Ready	
	E.	Strikes	
		1. One Handed Forward and Reverse Strike	
		2. Two Handed Forward and Reverse Strike	
		3. One Handed Snap Strike	
		4. Two Handed Snap Strike	
		5. Rack Up / Rack Down	
		6. Front Jab	
		7. Rear Jab	
	_	8. Two Handed Push	
	F.	Retention	Retention techniques and
		1. Figure Eight	blocks when using a baton
	_	2. Circle In and Out	
	G.	Parries / Blocks	
		 Inside Parry – High Outside Parry – High 	
		3. Inside Parry – Low	
		4. Outside Parry – Low	
	н	Non-Primary Target Areas	Show non-target areas when
	11.	1. Heart, Groin, Spine, Neck, Kidney, Head, Throat, Face,	striking a subject with a baton.
		Xiphoid Process	Striking a subject with a baton.
		Apriloid Frocess	
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