



Research confirms immediate bystander 'compressions only' CPR increases cardiac arrest survival rates.

In this FREE 90-minute class, you will learn:



Chest Compressions



Automated External Defibrillator (AED)



Help someone who is choking

Participants <u>do not</u> receive a 2-year CPR/AED certification card. To find a certification course, visit:

www.sccfd.org www.redcross.org www.heart.org

DATE	TIME	SPONSORING CITY/TOWN
January 20 Thursday	6:00 - 7:30 p.m.	Campbell
February 16 Wednesday	6:00 - 7:30 p.m.	Los Altos Hills
March 16 Wednesday	6:00 - 7:30 p.m.	Los Gatos / Monte Sereno
April 20 Wednesday	6:00 - 7:30 p.m.	Los Altos
May 11 Wednesday	6:00 - 7:30 p.m.	Saratoga
June 29 Wednesday	6:00 - 7:30 p.m.	Cupertino
July 20 Wednesday	6:00 - 7:30 p.m.	Campbell
August 17 Wednesday	6:00 - 7:30 p.m.	Los Altos Hills
September 14 Wednesday	6:00 - 7:30 p.m.	Los Gatos / Monte Sereno
October 12 Wednesday	6:00 - 7:30 p.m.	Los Altos
November 9 Wednesday	6:00 - 7:30 p.m.	Saratoga
December 7 Wednesday	6:00 - 7:30 p.m.	Cupertino

For More Information & To REGISTER: www.sccfd.eventbrite.com



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