- Food & water (minimum 3 days—better, 5 to 7 days)
- Communications
- Tools, Supplies, Equipment
- Camping
- Sanitation
- First Aid



Communication

Food and Water (minimum 3 days worth)	Communication	
Non-perishable food such as:	☐ Battery powered radio, able to receive National Weather Service station, plus extra batteries	
Ready to eat canned meats, fruits, vegs	Cell phone and charger	
Boxed juices, milk, soup	Local map covering possible evacuation routes	
Easy to eat foods – energy bars, nuts, trail mix	Camera	
Comfort food – cookies, cereal, coffee, tea	Notebook and pen, sharpies	
Manual can opener	Whistle	
☐ Water – one gallon per person per day	Sanitation	
Baby food and formula	☐ Toilet paper	
Food, water, medication for pets	Plastic garbage bags and ties	
Bleach or iodine for water purification	5 gal bucket + kitty litter + foam insulation	
Aluminum foil	Handi wipes or Baby wipes	
Water purification kit, purification pills, purification	Hand sanitizer	
containers and/or straws.	Paper Towels	Does your family
☐ Tooth paste and toothbrush	Clorox	need diapers? Tampons/pads?
	Plastic Bags	Adult dianers?

## Tools, Supplies, Equipment

- Flashlights or headlamps with extra batteries
- Multi-tool or pocket knife
- Disposable utensils, plates, cups, bowls
- Pet carrier, leash, photo of you and pet
- Emergency "space" blankets
- Duct tape, cable ties
- Fire extinguisher
- Gloves (leather palm)
- Dust mask (N95) and goggles
- Cane, walker, wheelchair, walking stick
- Storage boxes (water proof)
- Rope
- Bungee cords

### **Pet Supplies**

### Camping

- Camp stove and fuel
- (5 gal with adapter hoses or small canisters)
- Lantern (propane or battery)
- Solar Lamps
- Detergent for washing dishes and clothes
- Matches in waterproof container
- Sleeping pads, sleeping bags and blankets
- Tent
- Propane Tank (5 gal / Small canister)
- Pans
- Coffee pot, filter holder, filters

#### First Aid Kit

- ☐ Bandages, gauze pads, sterile dressings, tape
- Scissors, tweezers, cold packs
- Antiseptic wipes, hand sanitizer
- Non-latex gloves, CPR barrier, OTC medications

(pain, stomach, cold)