



## May is Bike Month! Join Us in Los Altos!

May is Bike Month and the City of Los Altos, GreenTown Los Altos, Safe Routes to Downtown Los Altos, The Bicycle Outfitter and many other community members are teaming up to plan activities and events to roll our way through May!

### April 29, 11am - 2pm | **City Wide Bike Rodeo**

Los Altos Police Department, Police Station, 1 N San Antonio Road

*Hands-on bike practice for students, provided by [Safe Moves](#) during the Los Altos Police Department Open House. Bring your bicycle (or scooter) and helmet! Or sign up for a bike rodeo at your school.*

### May 3 | **National Bike to School Day 2023**

Register your event [here](#) and join the movement.

*National Bike to School Day invites participants to celebrate the joy of active commuting while building a sense of community and school spirit. Whether addressing the need to make routes to school safer for active trips or encouraging children and teens to be more active, these events can be powerful tools to inspire lasting change. Of course, they are also fun! (While May 3 is this year's official date, school communities are welcome to celebrate any day in May that best fits their schedules.) Check the [Los Altos Walk or Wheel Champion Toolkit](#) for ideas!*

### May 13, 9am - 2pm | **Los Altos Family Bike Day**

North and South Los Altos starting points. [Register here!](#)

*The second annual Los Altos Family Bike Day includes guided bike rides in Los Altos and energizer stations with the ever-popular blender bike, snacks, and swag. Bike rides starting in both North and South Los Altos will be between 4 and 6 miles and will show participants how to navigate their neighborhood streets, including safe street crossing and some secret cut-throughs. You'll also review the rules of the road and practice some bike skills. Don't miss this family friendly event!*

### May 18-20 | **Take the Pledge to Ride**

Bike to Wherever Days 2023 – Give Los Altos a boost. [Pledge to Ride!](#)

*Whether you bike every day or once every couple of months - to work, to school, to the farmer's market, to the library - you're invited to join thousands in celebration of the humble bicycle. May is Bike Month, and you, your friends, and your family are welcome to ride with us on May 18, 19 and 20 for Bike to Wherever Days. **Will you pledge to ride?***



## May 18 | Bay Area Bike to Work Day

Energizer Station hosted by [The Bicycle Outfitter](#).

*Live in one of the nine counties of the Bay Area? Then make the pledge to pedal with us [here](#) during Bike to Wherever Days the entire month of May or on Bike to Work Day May 18, 2023. Sponsored by Silicon Valley Bicycle Coalition, the annual Bike to Work Day is host to energizer stations to keep you going on your commute. The Bicycle Outfitter at 963 Fremont Ave, Los Altos will host an Energizer Station in Los Altos!*

## May 19, 4 pm - 8 pm | Downtown Los Altos Bike n' Dine

Energizer Station hosted by [Safe Routes to Downtown](#). Register [here](#).

*Team up with family, friends, and neighbors to experience the joy and freedom of biking to Downtown Los Altos while exploring its wonderful dining opportunities. Once you arrive Downtown, visit our event hub at Veterans Community Plaza (junction of Main and State Streets). We'll have music, activities for children, and can safely park your bike at our "bike valet" while you explore the vibrant downtown area on foot. We'll also share event swag including exclusive dining discounts and offers from downtown restaurants. It's the perfect opportunity to enjoy Los Altos dining while doing your part to help reduce traffic congestion and carbon emissions. **Bring your bike, friends, and family, and join us for a fun-filled evening of biking, dining, and community-building at the Downtown Los Altos Bike n' Dine!***

*This event is a collaboration between Safe Routes to Downtown Los Altos, the Los Altos Village Association, GreenTown Los Altos, and the Silicon Valley Bicycle Coalition.*

### **For more information on Los Altos Bike Month contact:**

Andre-Anne Cadieux, [andre-annecadieux@altago.com](mailto:andre-annecadieux@altago.com), Los Altos Safe Routes to School Program  
GreenTown Los Altos, [info@greentownlosaltos.org](mailto:info@greentownlosaltos.org), GreenTown Los Altos

Or visit: [losaltosca.gov/saferoutes](https://losaltosca.gov/saferoutes)

