

SUMMER 2016



CITY OF LOS ALTOS

RECREATION & COMMUNITY SERVICES

ACTIVITY GUIDE

S U M M E R C A M P S A N D C L A S S E S

**Parks
Make
Life
Better!**



SPECIAL EVENTS

Special Events At-A-Glance



SUMMER CONCERT SERIES

THURSDAYS AT 6:30-8PM

Grant Park

June 16, June 30, July 14, July 28

Hillview Soccer Field

June 25*

(special Saturday date & 6pm start time)

July 7, July 21, August 4

SENIOR PROGRAM SUMMER BARBECUES

FRIDAYS AT 12PM

Senior Center Patio

June 24, July 22, August 26

Info? Page 54

ACTERRA'S SPRING WORK DAYS AT REDWOOD GROVE

Weekend work days are held
1-2 times each month.

Info? Acterra.org/stewardship

YE OLD TOWN BAND SUMMER CONCERT DATES

SUNDAYS AT 1:30-3:30PM

Shoup Park

May 29, June 26, July 31

August 28, September 25

Info? Windband.org/oldtowne

 Like us on Facebook

Los Altos Recreation
& Community Services

LosAltosRecreation.org
947-2790



**The Underground is the drop-in place
this summer for teens 11-17 years!**
Whack-Tivities! Movies! And More! For more info, check out page 57!

FRIDAYS AT NOON
JUNE 24, JULY 22, AUGUST 26
SENIOR CENTER PATIO
(INFO ON PAGE 54)

**SENIOR
PROGRAM
SUMMER
BBQS**

SEE PAGE 4 FOR DETAILS

**MORE CAMP'S-
MORE SAVINGS!**



CITY OF LOS ALTOS
Summer
CONCERT SERIES

ANOTHER
SUMMER
OF FUN!



2016 Summer Schedule

06 **June 16** House Rockers
June 25 Peninsula Symphony
June 30 Big Band Beat

07 **July 07** Fleetwood Mask
July 14 Phil 'n The Blanks
July 21 Sun Kings
July 28 The Peelers

08 **August 04** Foreverland

COME ON OUT!

WELCOME



Los Altos Recreation & Community Services

97 Hillview Avenue
 Los Altos, California 94022
 Tel: 947-2790 Fax: 947-2738
 LosAltosRecreation.org

Office hours: Monday-Friday, 8am-5pm

Recreation & Community Services Commissions

Commissions serve as advisory bodies to the Los Altos City Council. Find more information about all of the City's commissions, including the Recreation & Community Services commissions listed below, at losaltosca.gov/cc

Parks & Recreation

William James
Chair

Neysa Fligor
Vice Chair

Larry Baron

Elizabeth Engle

Neysa Fligor

Pradeep Parmar

Jack Tooley

Jonathan D. Weinberg

Library

Cindy Hill
Chair

Mukesh Agarwal

Richard Liu

Cathie Perga

Judie Suelzle

Youth

Ryan Chandra
Chair

Devika Kumar
Vice Chair

Vikram Bharati

Cole Brinsfield

Diego Ibarra

Annie Iverson

Drishaan Jain

Anooshkha Shetty

Rahul Shukla

Elizabeth Small

Vignesh Suresh

Senior

Look Inside For...

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ABOUT THE COVER...

Summertime, summertime! Whether it is a super fun camp, an interesting class or a laid-back evening concert, it is that much sweeter in the summertime. Join us for some good times!

Unless otherwise stated, all telephone numbers herein are area code (650).
 Cover photo: maltphoto@comcast.net

TINY TOTS PRESCHOOL & KINDER PREP PROGRAMS

NOW ENROLLING FOR THE 2016-2017 SCHOOL YEAR

For more information, please visit LosAltosRecreation.org
or call 947-2890 to schedule your tour today!



TERRIFIC 3s*

9:30am-12pm
Tuesday/Thursday
@San Antonio Club

FABULOUS 4s*

9:30am-12pm
Monday/Wednesday/Friday
@San Antonio Club

KINDER PREP

8:45-11:45am
Monday-Friday
@Hillview Room 14

Need before or aftercare? It's available! Please inquire when contacting us!

**Child must be of age by September 1.*

CAMP jelly bean

CAMP jelly bean

Camp jelly bean is a camp for our younger campers, an "introductory" camp, if you will. Set at the San Antonio Club, which is home to our Tiny Tot Program's Terrific 3s and Fabulous 4s classes, it is a natural setting for these tiny participants. Camps are, in fact, run by some of our Tiny Tot staff so the campers are in a safe, fun and age appropriate environment.

Required for all Camp jelly bean sessions:

- All participants should wear their camp T-shirt (handed out Monday), play clothes, and closed-toe shoes every day.
- Please send your camper with a water bottle and a snack daily.
- Calendars detailing each week's activities will be given out the start of each week.
- Parents must fill out a City of Los Altos medical release form prior to the beginning of camp. Please go to LosAltosRecreation.org to download a form. Email completed form to info@losaltosrecreation.org or fax to (650) 947-2738.

Superheroes & Tutus

What's your super power? We are calling all superheroes-in-training for a week of super duper fun! Join us in saving our planet one mission at a time. Grab your capes, masks and tutus, and wait for our special quest to begin.

San Antonio Club
LA Recreation & Community Svcs Staff
 161302-01 3-5yrs
 M-F 6/20-6/24 9am-12pm
 Residents \$179 All Others \$212

Welcome to Whoville

Oh no! Thing One and Thing Two are on the loose. There's a fox that's wearing socks, but has no shoes. There's a cat in the hat with Horton and the Whos. We get wacky at Camp jelly bean with Dr. Seuss!

San Antonio Club
LA Recreation & Community Svcs Staff
 161308-01 3-5yrs
 M-F 6/27-7/1 9am-12pm
 Residents \$179 All Others \$212

ABC Dinosaur

Roar! Dinosaurs are coming to town! Triceratops, Brontosaurus and the ever popular T-Rex! We will dig for dinosaur bones, play with dinosaur eggs, and go on a wild dinosaur hunt! There will be endless activities and adventures to have this week at camp as we step into the dinosaur world.

San Antonio Club
LA Recreation & Community Svcs Staff
 161309-01 3-5yrs
 M-F 7/25-7/29 9am-12pm
 Residents \$179 All Others \$212

Pirates & Princesses

Grab your tiaras and eye patches! Camp jelly bean welcomes all pirates and princesses to join in on a week of wands, swords, ships, and castles. Children are encouraged to explore, create, play, sing, and read together in a swashbuckling, royal environment.

San Antonio Club
LA Recreation & Community Svcs Staff
 161310-01 3-5yrs
 M-F 8/1-8/5 9am-12pm
 Residents \$179 All Others \$212

Astronauts & Rockettes

3...2...1...Blast off out of this world into an intergalactic exploration. What's more exciting than exploring outer space! Join us as we venture out into our galaxy. Keep an eye out for those aliens as we play in our solar system.

San Antonio Club
LA Recreation & Community Svcs Staff
 161311-01 3-5yrs
 M-F 8/8-8/12 9am-12pm
 Residents \$179 All Others \$212



COMBO CAMPS



BY POPULAR DEMAND! COMBO CAMPS

Combine our Camp Shoup with one of our eligible Redwood Grove camps and, presto, you have an all day camp!

Here's how it works: Your child will attend one of our classic camps, Camp Shoup or Redwood Grove, from 9am-12pm. Then, at 12pm, we will take all campers signed up for Combo Camp to the Underground for lunch and games. At 1pm, staff will walk campers to the appropriate afternoon camp. Simple.

Descriptions of Camp Shoup and all our Redwood Grove camps are listed over the following pages. Take a look and see what your camper might enjoy. If you are looking for half-day camps, just use the class codes listed under your desired camp; if you want to register for our combo camps, use the class code listed below. Combo Camps are only available for Adventurer, Naturalist and Survivor age groups.

Required for ALL Combo Camp participants:

- All participants should wear their camp T-shirt (handed out on Monday), play clothes and closed-toe shoes every day.
- Please send your camper with a water bottle, a "no-trash" snack and a lunch using reusable containers, and sunscreen every day.
- Parents must fill out a City of Los Altos medical release form prior to the beginning of camp. Please go to losaltosrecreation.org to download a form. Email completed form to info@losaltosrecreation.org or fax to 947-2738.

Note: Calendars detailing each week's activities will be given out the start of each week.



Adventurers Morning + Camp Shoup Afternoon

Drop off: Redwood Grove
Pick up: Shoup Park

LA Recreation & Community Svcs Staff

111306-01		5-6yrs
M-F	6/20-6/24	9am-4pm
111306-04		5-6yrs
M-F	6/27-7/1	9am-4pm
111306-10		5-6yrs
M-F	7/11-7/15	9am-4pm
111306-13		5-6yrs
M-F	7/18-7/22	9am-4pm
111306-16		5-6yrs
M-F	7/25-7/29	9am-4pm
111306-19		5-6yrs
M-F	8/1-8/5	9am-4pm
111306-22		5-6yrs
M-F	8/8-8/12	9am-4pm
111306-25		5-6yrs
M-F	8/15-8/19	9am-4pm
<i>Residents \$279</i>		<i>All Others \$332</i>

HOLIDAY WEEK CAMP

111306-07		5-6yrs
Tu-F	7/5-7/8	9am-4pm
No camp 7/4		
<i>Residents \$224</i>		<i>All Others \$266</i>

Camp Shoup Morning + Naturalists Afternoon

Drop off: Shoup Park
Pick up: Redwood Grove

LA Recreation & Community Svcs Staff

111306-02		7-8yrs
M-F	6/20-6/24	9am-4pm
111306-05		7-8yrs
M-F	6/27-7/1	9am-4pm
111306-11		7-8yrs
M-F	7/11-7/15	9am-4pm
111306-14		7-8yrs
M-F	7/18-7/22	9am-4pm
111306-17		7-8yrs
M-F	7/25-7/29	9am-4pm
111306-20		7-8yrs
M-F	8/1-8/5	9am-4pm
111306-23		7-8yrs
M-F	8/8-8/12	9am-4pm
111306-26		7-8yrs
M-F	8/15-8/19	9am-4pm
<i>Residents \$294</i>		<i>All Others \$350</i>

HOLIDAY WEEK CAMP

111306-08		7-8yrs
Tu-F	7/5-7/8	9am-4pm
No camp 7/4		
<i>Residents \$236</i>		<i>All Others \$281</i>

Camp Shoup Morning + Survivors Afternoon

Drop off: Shoup Park
Pick up: Redwood Grove

LA Recreation & Community Svcs Staff

111306-03		9-11yrs
M-F	6/20-6/24	9am-4pm
111306-06		9-11yrs
M-F	6/27-7/1	9am-4pm
111306-12		9-11yrs
M-F	7/11-7/15	9am-4pm
111306-15		9-11yrs
M-F	7/18-7/22	9am-4pm
111306-18		9-11yrs
M-F	7/25-7/29	9am-4pm
111306-21		9-11yrs
M-F	8/1-8/5	9am-4pm
111306-24		9-11yrs
M-F	8/8-8/12	9am-4pm
111306-27		9-11yrs
M-F	8/15-8/19	9am-4pm
<i>Residents \$294</i>		<i>All Others \$350</i>

HOLIDAY WEEK CAMP

111306-09		9-11yrs
Tu-F	7/5-7/8	9am-4pm
No camp 7/4		
<i>Residents \$236</i>		<i>All Others \$281</i>

REDWOOD GROVE Camps

REDWOOD GROVE CAMPS

Set in Los Altos' backyard, Redwood Grove Nature Preserve is the perfect setting for an introduction to and/or enhancement of a love of nature, ecology and stewardship concepts. Redwood Grove summer campers explore our natural environment through hands-on activities such as games, songs, hikes, arts and crafts, and an enthusiastic staff in this nature-based camp. Activities and lessons for each camp are age-appropriate.

Required for ALL Redwood Grove Camp sessions:

- All participants should wear their camp T-shirt (handed out Monday), play clothes and closed-toe shoes every day.
- Please send your camper with a water bottle, a "no-trash" snack using reusable containers, and sunscreen every day.
- Parents must fill out a City of Los Altos medical release form prior to the beginning of camp. Please go to LosAltosRecreation.org to download a form. Email completed form to info@losaltosrecreation.org or fax to 947-2738.

Note: Calendars detailing the week's activities will be given out at the start of each week.



RWG Preschool Explorers: 3-5-4yrs

Let's play outside! Discover nature through all five senses and find the wonders in our own backyard. Engaging their curiosity, campers will explore the redwoods through multi-sensory experiences of games, arts and crafts, songs, and storytelling. Leader-to-camper ration is 1:6.

Bonus: Every Friday, parents are invited to a sing-a-long with their campers at 11:45am.

Required: Campers must be potty-trained in order to attend this camp.

RWG Nature Preserve LA Recreation & Community Svcs Staff

161401-01		3.5-4yrs
M-F	6/20-6/24	9am-12pm
161401-02		3.5-4yrs
M-F	6/27-7/1	9am-12pm
161401-04		3.5-4yrs
M-F	7/11-7/15	9am-12pm
161401-05		3.5-4yrs
M-F	7/18-7/22	9am-12pm
161401-06		3.5-4yrs
M-F	7/25-7/29	9am-12pm
161401-07		3.5-4yrs
M-F	8/1-8/5	9am-12pm
161401-08		3.5-4yrs
M-F	8/8-8/12	9am-12pm
161401-09		3.5-4yrs
M-F	8/15-8/19	9am-12pm
Residents \$181		All Others \$215

HOLIDAY WEEK CAMP RWG Nature Preserve LA Recreation & Community Svcs Staff

161401-03		3.5-4yrs
Tu-F	7/5-7/8	9am-12pm
No camp 7/4		
Residents \$140		All Others \$166

RWG Adventurers: 5-6yrs

What's happening under that rock? Let's find out together! Campers will develop observation skills using their five senses while discovering the great outdoors! Each week will bring new themes to teach nature concepts. The program is designed to foster the love of the outdoors through gardening, hiking, animal presentations, crafts, and hands-on activities. Leader-to-camper ratio is 1:6.

Bonus: Every Friday, parents are invited to a sing-a-long with their campers at 11:45am.

RWG Nature Preserve LA Recreation & Community Svcs Staff

111402-01		5-6yrs
M-F	6/20-6/24	9am-12pm
111402-02		5-6yrs
M-F	6/27-7/1	9am-12pm
111402-04		5-6yrs
M-F	7/11-7/15	9am-12pm
111402-05		5-6yrs
M-F	7/18-7/22	9am-12pm
111402-06		5-6yrs
M-F	7/25-7/29	9am-12pm
111402-07		5-6yrs
M-F	8/1-8/5	9am-12pm
111402-08		5-6yrs
M-F	8/8-8/12	9am-12pm
111402-09		5-6yrs
M-F	8/15-8/19	9am-12pm
Residents \$181		All Others \$215

HOLIDAY WEEK CAMP RWG Nature Preserve LA Recreation & Community Svcs Staff

111402-03		5-6yrs
Tu-F	7/5-7/8	9am-12pm
No camp 7/4		
Residents \$140		All Others \$166





RWG Naturalists: 7-8yrs

Unplug and explore Redwood Grove through hands-on activities, experiments, and discover what it has in store for you! Campers will develop a love of the outdoors, awareness of sustainability, live animal presentations, and lessons in archery. Concepts such as ecology, conservation and biology take on new meaning when sitting under 100-foot redwood trees! Leader-to-camper ratio is 1:8.

RWG Nature Preserve LA Recreation & Community Svcs Staff

111403-01		7-8yrs
M-F	6/20-6/24	1-4pm
111403-02		7-8yrs
M-F	6/27-7/1	1-4pm
111403-04		7-8yrs
M-F	7/11-7/15	1-4pm
111403-05		7-8yrs
M-F	7/18-7/22	1-4pm
111403-06		7-8yrs
M-F	7/25-7/29	1-4pm
111403-07		7-8yrs
M-F	8/1-8/5	1-4pm
111403-08		7-8yrs
M-F	8/8-8/12	1-4pm
111403-09		7-8yrs
M-F	8/15-8/19	1-4pm
Residents \$194		All Others \$230

HOLIDAY WEEK CAMP RWG Nature Preserve LA Recreation & Community Svcs Staff

111403-03		7-8yrs
Tu-F	7/5-7/8	1-4pm
No camp 7/4		
Residents \$156		All Others \$185

RWG Survivors: 9-11yrs

Reconnect with the outdoors this summer at Redwood Grove. Campers will challenge their understanding of ecology and science through activities under the big trees. All campers will have a chance to learn archery, develop a passion and understanding for our environment through wildlife presentations, arts and crafts, team building, and games. Leader-to-camper ratio is 1:8.

RWG Nature Preserve LA Recreation & Community Svcs Staff

111404-01		9-11yrs
M-F	6/20-6/24	1-4pm
111404-02		9-11yrs
M-F	6/27-7/1	1-4pm
111404-04		9-11yrs
M-F	7/11-7/15	1-4pm
111404-05		9-11yrs
M-F	7/18-7/22	1-4pm
111404-06		9-11yrs
M-F	7/25-7/29	1-4pm
111404-07		9-11yrs
M-F	8/1-8/5	1-4pm
111404-08		9-11yrs
M-F	8/8-8/12	1-4pm
111404-09		9-11yrs
M-F	8/15-8/19	1-4pm
Residents \$194		All Others \$230

HOLIDAY WEEK CAMP RWG Nature Preserve LA Recreation & Community Svcs Staff

111404-03		9-11yrs
Tu-F	7/5-7/8	1-4pm
No camp 7/4		
Residents \$156		All Others \$185

Redwood Grove/Camp Shoup/Combo Camp Participant BONUS!

Family Overnight Camp

Family Overnight Camp at Redwood Grove is a great experience for the whole clan! Parents and kids can enjoy camping fun together under the redwoods and starry sky! During the camp out, family fun awaits you along with dinner and breakfast. Don't miss this local family camping experience for you and your kids!

Equipment Notes: Campers are asked to bring a sleeping bag for each individual and additional overnight items to make them feel at home. Please contact the Recreation & Community Services Office at 947-2790 should you have any questions. An overnight packing list will be emailed prior to camp.

Prerequisite: Must have a child signed up in any one of our Redwood Grove Summer Camps (Explorers, Adventurers, Naturalists, or Survivors), Camp Shoup or Combo Camp in order to attend Family Overnight Camp.

RWG Nature Preserve LA Recreation & Comm Svcs Staff

151407-01		3.5+yrs
Fr/Sa	7/8-7/9	6pm-8:30am
151407-02		3.5+yrs
Fr/Sa	8/5-8/6	6pm-8:30am
Residents \$75*		All Others \$88*
*Price is for up to 4 family members.		

Additional family members?

Register them with these activity codes:

151407-03		3.5+yrs
Fr/Sa	7/8-7/9	6pm-8:30am
151407-04		3.5+yrs
Fr/Sa	8/5-8/6	6pm-8:30am
Residents & All Others \$10		

CAMP SHOUP

Camp Shoup is the fun-filled week of camp we remember from our youth: where we learned to play well together, made friends, whiled away the hours just enjoying summer, and had fun the old fashioned way--through PLAY! Participants will partake in games and activities much loved by kids: Steal the Bacon, Sharks and Minnows and Capture the Flag. We've added some new ones, too. We'll even join in craft projects that are sure to be a hit! Themed days plus a lot more round out this enjoyable and rambunctious traditional day camp. Activities and crafts vary by age. Come join in the fun!

Required for Camp Shoup sessions:

- All participants should wear their camp T-shirt (handed out Monday), play clothes, and closed-toe shoes every day.
- Please send your camper with a water bottle, a "no trash" snack using reusable containers, and sunscreen every day.
- Calendars detailing each week's activities will be given out the start of each week.
- Parents must fill out a City of Los Altos medical release form prior to the beginning of camp. Please go to LosAltosRecreation.org to download a form. Email completed form to info@losaltosrecreation.org or fax to (650) 947-2738.



Shoup Park Field

LA Recreation & Community Svcs Staff

111301-01		5-6yrs
M-F	6/20-6/24	1-4pm
111301-02		5-6yrs
M-F	6/27-7/1	1-4pm
111301-03		5-6yrs
M-F	7/11-7/15	1-4pm
111301-04		5-6yrs
M-F	7/18-7/22	1-4pm
111301-05		5-6yrs
M-F	7/25-7/29	1-4pm
111301-06		5-6yrs
M-F	8/1-8/5	1-4pm
111301-07		5-6yrs
M-F	8/8-8/12	1-4pm
111301-08		5-6yrs
M-F	8/15-8/26	1-4pm
Residents \$129		All Others \$152

Shoup Park Field

LA Recreation & Community Svcs Staff

111301-09		7-8yrs
M-F	6/20-6/24	9am-12pm
111301-10		7-8yrs
M-F	6/27-7/1	9am-12pm
111301-11		7-8yrs
M-F	7/11-7/15	9am-12pm
111301-12		7-8yrs
M-F	7/18-7/22	9am-12pm
111301-13		7-8yrs
M-F	7/25-7/29	9am-12pm
111301-14		7-8yrs
M-F	8/1-8/5	9am-12pm
111301-15		9-11yrs
M-F	8/8-8/12	9am-12pm
111301-16		9-11yrs
M-F	8/15-8/19	9am-12pm
Residents \$129		All Others \$152

Shoup Park Field

LA Recreation & Community Svcs Staff

111301-17		9-11yrs
M-F	6/20-6/24	9am-12pm
111301-18		9-11yrs
M-F	6/27-7/1	9am-12pm
111301-19		9-11yrs
M-F	7/11-7/15	9am-12pm
111301-20		9-11yrs
M-F	7/18-7/22	9am-12pm
111301-21		9-11yrs
M-F	7/25-7/29	9am-12pm
111301-22		9-11yrs
M-F	8/1-8/5	9am-12pm
111301-23		9-11yrs
M-F	8/8-8/12	9am-12pm
111301-24		9-11yrs
M-F	8/15-8/19	9am-12pm
Residents \$129		All Others \$152

HOLIDAY WEEK CAMPS

Shoup Park Field

LA Recreation & Community Svcs Staff

111301-25		5-6yrs
Tu-F	7/5-7/8	1-4pm
No camp 7/4		
111301-26		7-8yrs
Tu-F	7/5-7/8	9am-12pm
No camp 7/4		
111301-27		9-11yrs
Tu-F	7/5-7/8	9am-12pm
No camp 7/4		
Residents \$103		All Others \$121

Counselors-in-Training

Counselors-in-Training: 12-15yrs

Teens learn leadership skills, how to work with young children, the natural history of the redwoods, and California habitats in a one-day workshop. Then they will gain work experience firsthand as Counselors to our Explorers and Adventurers campers.

No experience with children is needed. Each one-week session includes an introduction to training in leading camp activities and participant safety.

All participants are highly encouraged to attend the one-day training workshop on Friday, June 17, from 9:30am to 12pm, at The Underground. Training for Redwood Grove and Camp Shoup will be provided on this day. No make-up day is available.

Required for ALL Counselor-in-Training participants:

- All participants should wear their camp T-shirt (handed out on Monday), play clothes and closed-toe shoes every day.
- Please send your camper with a water bottle and a "no-trash" snack using reusable containers, and sunscreen every day.
- Parents must fill out a City of Los Altos medical release form prior to the beginning of camp. Please go to LosAltosRecreation.org to download a form. Email completed form to info@losaltosrecreation.org or fax to 947-2738.

Note: Calendars detailing each week's activities will be given out the start of each week.



FOR REDWOOD GROVE CAMPS

Redwood Grove Nature Preserve

LA Recreation & Community Svcs Staff

121405-01		12-15yrs
M-F	6/20-6/24	9am-12pm
121405-02		12-15yrs
M-F	6/27-7/1	9am-12pm
121405-03		12-15yrs
M-F	7/11-7/15	9am-12pm
121405-04		12-15yrs
M-F	7/18-7/22	9am-12pm
121405-05		12-15yrs
M-F	7/25-7/29	9am-12pm
121405-06		12-15yrs
M-F	8/1-8/5	9am-12pm
121405-07		12-15yrs
M-F	8/8-8/12	9am-12pm
121405-08		12-15yrs
M-F	8/15-8/19	9am-12pm
Residents \$109		All Others \$128

HOLIDAY WEEK CAMP

Redwood Grove Nature Preserve

LA Recreation & Community Svcs Staff

121405-09		12-15yrs
Tu-F	7/5-7/8	9am-12pm
No camp 7/4		
Residents \$88		All Others \$103

FOR SHOUP PARK CAMPS

Shoup Park

LA Recreation & Community Svcs Staff

121405-10		12-15yrs
M-F	6/20-6/24	1-4pm
121405-11		12-15yrs
M-F	6/27-7/1	1-4pm
121405-12		12-15yrs
M-F	7/11-7/15	1-4pm
121405-13		12-15yrs
M-F	7/18-7/22	1-4pm
121405-14		12-15yrs
M-F	7/25-7/29	1-4pm
121405-15		12-15yrs
M-F	8/1-8/5	1-4pm
121405-16		12-15yrs
M-F	8/8-8/12	1-4pm
121405-17		12-15yrs
M-F	8/15-8/19	1-4pm
Residents \$100		All Others \$118

HOLIDAY WEEK CAMP

Shoup Park

LA Recreation & Community Svcs Staff

121405-18		12-15yrs
Tu-F	7/5-7/8	1-4pm
No camp 7/4		
Residents \$82		All Others \$96



Counselors-in-Training Advanced: 14-16yrs

Expanding on the Counselors-In-Training program, this advanced camp will fine tune their leadership skills working with young children while focusing on areas of program planning, safety, song and game leadership, concept creation, and behavior management. They will gain work experience firsthand as Assistant Counselors to Naturalists and Survivors. Each 2-week session includes in-depth training in leading camp activities and participant safety. We recommend that all participants attend the one-day training workshop on Friday, June 17, from 9:30am to 12pm, at the Underground. Training for Redwood Grove and Camp Shoup will be provided on this day. No makeup day is available.

Prerequisite: Participants MUST have previous experience working with children either in personal experiences or as a Counselor-In-Training.

FOR REDWOOD GROVE CAMPS

Redwood Grove Nature Preserve

LA Recreation & Community Svcs Staff

121406-01		14-16yrs
M-F	6/20-7/1	12:30-4:15pm
121406-02		14-16yrs
M-F	7/11-7/22	12:30-4:15pm
121406-03		14-16yrs
M-F	7/25-8/5	12:30-4:15pm
121406-04		14-16yrs
M-F	8/8-8/19	12:30-4:15pm
Residents \$189		All Others \$224

FOR SHOUP PARK CAMPS

Shoup Park

LA Recreation & Community Svcs Staff

121406-05		14-16yrs
M-F	6/20-7/1	8:30am-12:30pm
121406-06		14-16yrs
M-F	7/11-7/22	8:30am-12:30pm
121406-07		14-16yrs
M-F	7/25-8/5	8:30am-12:30pm
121406-08		14-16yrs
M-F	8/8-8/19	8:30am-12:30pm
Residents \$180		All Others \$214



ACADEMIC FUN CAMPS

GURUS EDUCATION

guruseducation.com

NEW!

Money Management

The goal of this camp is to build financially responsible and smart youth. The financial decisions that we take make great impact in shaping our lives. This camp is ideal to sow seeds early on in raising financially responsible and smart youth.

Hillview Rm 17	Gurus Staff
111828-01	10-16yrs
M-F	7/25-7/29
Residents \$211	All Others \$251

Building Public Speaking Confidence

This class is a combo course of Public Speaking with Confidence and Essentials of Debating. We focus on teaching delivery and presentation skills and provide the foundation of critical thinking and the essentials of debating. Students learn how to manage public speaking anxiety.

Hillview Rm 13	Gurus Staff
111827-01	6-9yrs
M-F	6/20-6/24
Residents \$211	All Others \$251

Little Masters of Public Speaking

This is our second course in the Public Speaking series for students in 1st-3rd grade. Little masters begin to understand and demonstrate the oomph and expressions in their speeches. They memorize and recite poems and learn how to tell funny stories and scary stories.

Grant Rm 3	Gurus Staff
111824-01	6-9yrs
M-F	7/25-7/29
Residents \$211	All Others \$251

Intro to Speech Writing

Young students learn how to write speeches in six easy steps. They learn the importance of writing like they talk: making it personal and creating interesting openings and memorable finishes. Using props, stories, jokes, and pictures, we make learning all of this easy and fun!

Hillview Rm 17	Gurus Staff
111818-01	6-9yrs
M-F	8/8-8/12
Residents \$211	All Others \$251

Debate & Public Speaking: Level 1

This camp is a combo course of Public Speaking with Confidence and Essentials of Debating. It focuses on teaching delivery and presentation skills, but also provides foundation of critical thinking and essentials of debating. It improves students' confidence, communication and general knowledge.

Grant MPR	Gurus Staff
111819-01	10-14yrs
M-F	6/20-6/24
Residents \$211	All Others \$251

Debate & Public Speaking: Level 2

This camp is a combination of our Advanced Public Speaking and Speech Writing & Debate classes. Our aim is to have each participant write a well-structured and engaging speech. The participants debate on a variety of their age appropriate topics in various formats.

Grant Rm 3	Gurus Staff
111820-01	10-14yrs
M-F	8/1-8/5
Residents \$211	All Others \$251

Essentials of Debate

The students learn how to make strong arguments, use tools like flow, and practice note taking. This course instills critical thinking in students by providing reasoning and evidence and introduces various formats of the debates popular in high school.

Hillview Rm 17 **Gurus Staff**
 111825-01 10-14yrs
 M-F 8/8-8/12 9am-12pm
 Residents \$211 All Others \$251

Personal Finance

This course teaches the different types of vehicles in which campers can put their money to grow. They learn the risks and returns involved in each of the types of investments. They understand the strategies to use before selecting any method.

Grant Rm 3 **Gurus Staff**
 111826-01 10-16yrs
 M-F 8/1-8/5 9am-12pm
 Residents \$211 All Others \$251

STARTUPK12

Equipment Note for ALL StartupK12 camps: Students need an email account and are given computers to share or can bring their own dedicated computer. (Any Wi-Fi enabled laptop is OK.)

Note for ALL StartupK12 camps: All camps offer outdoor breaks.

StartupK12: Junior Python

Python is a powerful but easy language to learn. Students learn basic computer programming logic, have daily Python assignments to finish in camp, and have a final game assignment.

Hillview Rm 8 **StartupK12 Staff**
 112706-01 7-10yrs
 M-F 6/13-6/17 9am-12pm
 Residents \$259 All Others \$308

StartupK12: App Design

Learn basic design and programming to create simple apps. Students learn JavaScript syntax and embed code in the app. They will have daily camp assignments. Final assignment is to invent an app. Previous inventions: fortune teller, travel apps.

Hillview Rm 8 **StartupK12 Staff**
 112701-01 10-15yrs
 M-F 6/27-7/1 9am-12pm
 Residents \$259 All Others \$308

StartupK12: Idea Generation

A fun Maker-Camp that introduces innovation. While working in teams, students learn basics of brainstorming, tradeoffs and intellectual property. Teams compete in best designs for multiple challenge projects using material from class and home. Last hour of last day is demo day for parents.

Hillview Rm 8 **StartupK12 Staff**
 112703-01 10-15yrs
 M-F 6/20-6/24 1-4pm
 Residents \$259 All Others \$308

StartupK12: Idea Presentation

Students will work in teams to learn basics of communication, marketing and power/pitfall of ads. Teams get marketplace challenges, then compete for best presentation, write a brochure, create ads, and build a website. Last hour of last day is a demo day for parents.

Hillview Rm 8 **StartupK12 Staff**
 112704-01 10-15yrs
 M-F 6/27-7/1 1-4pm
 Residents \$259 All Others \$308

StartupK12: Python

Python is a powerful but easy language to learn. Students learn basic computer programming logic, have daily Python assignments to finish in camp and have a final game assignment.

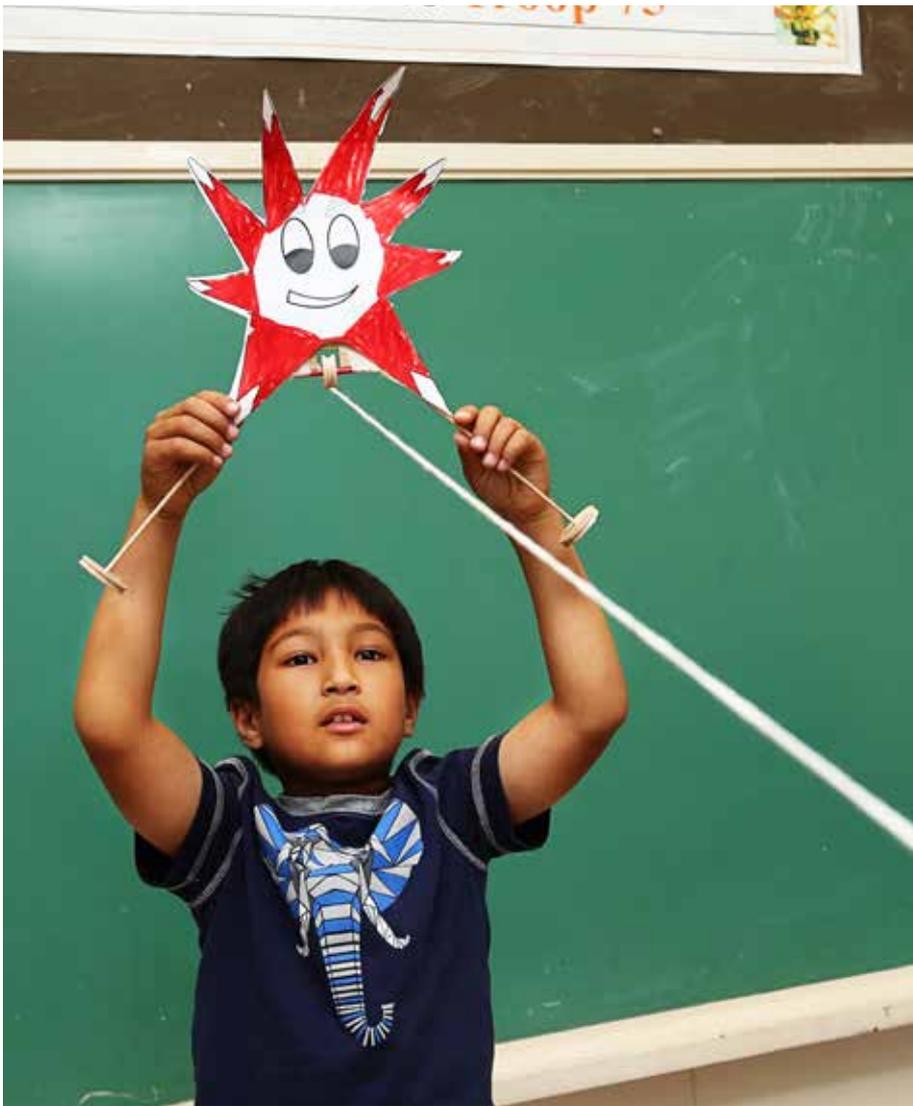
Hillview Rm 8 **StartupK12 Staff**
 112705-01 10-15yrs
 M-F 6/20-6/24 9am-12pm
 Residents \$259 All Others \$308

StartupK12: JavaScript

Students learn basic JavaScript syntax and programming logic applicable to any language. They will have daily assignments and a final fun assignment.

Hillview Rm 8 **StartupK12 Staff**
 112708-01 10-15yrs
 M-F 6/13-6/17 1-4pm
 Residents \$259 All Others \$308





LITTLE MEDICAL SCHOOL CAMP

Little Medical School, designed and developed by board certified physicians, engages students with medical based hands-on demonstrations, crafts, songs, and games. The interactive activities and games will grasp every student's curiosity as they explore the human body. Come join us!

Hillview Rm 2	LMS Staff
111823-01	6-12yrs
M-F 7/11-7/15	1-4pm
111823-03	6-12yrs
M-F 6/20-6/24	1-4pm
111823-04	6-12yrs
M-F 7/25-7/29	1-4pm
111823-05	6-12yrs
M-F 8/8-8/12	1-4pm
Residents \$282	All Others \$336

MAD SCIENCE

Required for ALL Mad Science camps:
 1. Half day campers please bring a peanut free snack; full-day campers, bring a lunch also!
 2. Campers must wear closed-toe shoes.

NEW! Mad Science: Checkmate Chess

We make chess fun for 3 hours daily! We bring pieces to life using creative personalities. Our imaginative characters accelerate the learning process and fascinate children. We cover all rules, strategies and tactics. Appropriate for beginners through intermediate players.

Grant Rm 2	Mad Science
111805-01	5*-12yrs
M-F 8/15-8/19	9am-12pm
Residents \$239	All Others \$284

*Five year olds must have completed Kindergarten.

NEW! Mad Science: STEM-ulating Science

Find out just how much fun Science, Technology, Engineering and Math (STEM) can be with our unique and exciting hands on activities! We put our engineering and technology skills to use and build structures, explore space and discover magnetic levitation!

Note: Participants MUST be potty-trained.

Grant Rm 1	Mad Science Staff
111217-01	4-6yrs
M-F 6/27-7/1	9am-12pm
Residents \$239	All Others \$284

Mad Science: Eco-Explorers

Have fun finding and magnifying nature's smallest creatures, engineer animal habitats, pour plaster casts of animal tracks, make recycled paper, and build a water filter! Create your own blob of "Mad Mucus" and learn about cilia, cells and circulation!

FULL DAY	Grant Rm 1	Mad Science Staff
	111257-01	5-12yrs
	M-F 6/13-6/17	9am-3pm
	Residents \$319	All Others \$380

HALF DAY	Grant Rm 1	Mad Science Staff
	111257-02	5-12yrs
	M-F 6/13-6/17	9am-12pm
	Residents \$239	All Others \$284

Mad Science: Fizzical Phenomena & Che-Mystery

Have a ton of fun as we whip up potions and experiment with all kinds of chemical reactions, including growing our own crystals, making sidewalk chalk and learning the science of chromatography in a Mad Science Lab Coat we get to keep!

FULL DAY	Grant Rm 1	Mad Science Staff
	111256-01	5-12yrs
	M-F 6/20-6/24	9am-3pm
	Residents \$319	All Others \$380

HALF DAY	Grant Rm 1	Mad Science Staff
	111256-02	5-12yrs
	M-F 6/20-6/24	9am-12pm
	Residents \$239	All Others \$284

Mad Science: Spy Academy

Check out spy tech equipment and take home lots of gadgets like a UV Fingerprint Finder! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Become a super spy!

FULL DAY

Grant Rm 1	Mad Science Staff
111203-01	5-12yrs
M-F 7/18-7/22	9am-3pm
Residents \$319	All Others \$380

HALF DAY

Grant Rm 1	Mad Science Staff
111203-02	5-12yrs
M-F 7/18-7/22	9am-12pm
Residents \$239	All Others \$284

Mad Science: Reactions in Action!

Junior Mad Scientists dive into the realms of the chemical and physical world in this crazy week of non-stop action - and Reaction! Our young chemists perform spectacular hands-on experiments and continue the fun at home with the gadgets they've designed in the lab!

FULL DAY

Grant Rm 1	Mad Science Staff
111259-01	5-12yrs
M-F 7/25-7/29	9am-3pm
Residents \$319	All Others \$380

HALF DAY

Grant Rm 1	Mad Science Staff
111259-02	5-12yrs
M-F 7/25-7/29	9am-12pm
Residents \$239	All Others \$284

Mad Science: Jet Cadets

Learn all about aerodynamics and the world above us! Explore the basic principles of flight, build airplanes, ride a hovercraft, and construct balloon copters. Discover the mysteries of the galaxy, learn about celestial navigation, and take home a rocket that you have built yourself!

FULL DAY

Grant Rm 1	Mad Science Staff
111254-01	5-12yrs
M-F 8/1-8/5	9am-3pm
Residents \$319	All Others \$380

HALF DAY

Grant Rm 1	Mad Science Staff
111254-02	5-12yrs
M-F 8/1-8/5	9am-12pm
Residents \$239	All Others \$284





Mad Science: NASA Outer Space

Mad Science and NASA have teamed up to bring you the wonder of space! See the principles of thrust and propulsion at work in a real rocket launch. Explore the atmosphere, watch star dust burn and investigate the life cycle of stars.

Grant Rm 1	Mad Science Staff
111258-01	5-12yrs
M-F 8/15-8/19	1-4pm
Residents \$239	All Others \$284

NEW! Mad Science: Brixology

Build a different LEGO® project, inspired by an engineering theme, each day! Explore engineering fields including mechanical, structural, aerospace, nautical, and bioengineering. Use critical thinking, cooperation and creative problem-solving to test and improve creations. Experience extended learning with take home toys to reinforce each concept!

Grant Rm 1	Mad Science Staff
111218-01	6-12yrs
M-F 6/27-7/1	1-4pm
Residents \$239	All Others \$284

Mad Science: Young Inventors

This camp is designed by you - the Inventor! Each day you'll be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors, and the most important thing of all - your mind.

FULL DAY	
Grant Rm 1	Mad Science Staff
111296-01	7-12yrs
M-F 7/11-7/15	9am-3pm
Residents \$319	All Others \$380

HALF DAY	
Grant Rm 1	Mad Science Staff
111296-02	7-12yrs
M-F 7/11-7/15	9am-12pm
Residents \$239	All Others \$284

Mad Science: Wacky Robots/Widgets

Whether your child loves to build things or destroy them, this camp includes lots of both! Kids design simple machines using pulleys, wedges, screws, and levers, as well as have fun learning how catapults work! We'll build a robot that we can keep, while learning the science of robotics!

FULL DAY	
Grant Rm 1	Mad Science Staff
111255-01	7-12yrs
M-F 8/8-8/12	9am-3pm
Residents \$319	All Others \$380

HALF DAY	
Grant Rm 1	Mad Science Staff
111255-02	7-12yrs
M-F 8/8-8/12	9am-12pm
Residents \$239	All Others \$284

PLAY-WELL TEKNOLOGIES

Required for ALL Play-Well TEK camps: Please bring a nut-free snack daily.

NEW!

Jedi Craft Advanced Game with LEGO®

Mine, craft, and build the Star Wars universe using LEGO AE. Roll the dice to gather Jedi resources. Then build a Pod Racer, craft a Droid, or create the Treehouse Village of Endor! Inspired by the Minecraft tablet game and the Star Wars fantasy setting.

HOLIDAY WEEK CAMP

Hillview MPR	Play-Well TEK Staff
111294-01	5-7yrs
Tu-F	7/5-7/8 9am-12pm
<u>No camp 7/4</u>	
Residents \$154	All Others \$182

Pre-Engineering with LEGO®

Have your child become a Play-Well Engineer! Build cities, bridges, motorized cars, and planes. With access to over 100,000 pieces of LEGO, students build what they have dreamed of with the support of an experienced Play-Well Engineering instructor.

Hillview MPR	Play-Well TEK Staff
111208-01	5-7yrs
M-F	7/18-7/22 9am-12pm
Residents \$190	All Others \$226

JEDI Engineering with LEGO®

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining X-Wings, R2-units and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create fun motorized and architectural projects!

Hillview MPR	Play-Well TEK Staff
112615-01	5-7yrs
M-F	7/18-7/22 1-4pm
Residents \$190	All Others \$226

Robotics with LEGO® WeDo

Build and program robots in this introductory robotics class using the LEGO WeDo system. Learn basic programming skills, simple engineering concepts and the names of robotic components. Work in small groups to complete several projects using tilt and motion sensors.

Hillview MPR	Play-Well TEK Staff
111276-01	6-8yrs
M-F	6/13-6/17 9am-12pm
Residents \$232	All Others \$276



JediCraft Survival Game with LEGO®

Mine, craft and build the Star Wars universe using LEGO! Roll the dice to gather Jedi resources. Then build a starship, craft light sabers, and use the Force to survive Empire attacks. Inspired by the Minecraft tablet game and the Star Wars fantasy setting.

HOLIDAY WEEK CAMP

Hillview MPR	Play-Well TEK Staff
111246-01	7-12yrs
Tu-F	7/5-7/8 1-4pm
<u>No camp 7/4</u>	
Residents \$154	All Others \$182

Robotics with LEGO® EV3

Build and program robots using the new LEGO Mindstorm EV3 system! Learn about mechanical and software design, problem solving and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge.

Hillview MPR	Play-Well TEK Staff
111288-01	9-12yrs
M-F	6/13-6/17 1-4pm
Residents \$232	All Others \$276



STEM CAMP

Electronics with Minecraft®

Greeting Minecraft engineers and Redstone Enthusiasts. Over the coming week, we will learn basic electronics skills using both Minecraft and a real-world manipulative. Students will learn how to make logic gates, timers, sensors, memory devices, and use these skills to build fantastic machines!

Note: Minecraft and Redstone are trademarks of Mojang AB; this camp is not affiliated with or endorsed by Mojang AB.

Grant Rm 3	Stem Camp Staff
110825-01	6-10yrs
M-F	6/13-6/17
Residents \$261	All Others \$311

STEM Engineering

In Engineering Camp, students build projects while having fun. Projects students build include rockets, catapults, crossbows, and a rideable hovercraft! Curriculum for this camp is based around teaching the simple machines of engineering, and the basics of Newton's forces.

Grant Rm 3	Stem Camp Staff
112614-01	6-10yrs
M-F	6/13-6/17
Residents \$261	All Others \$311

NEW!

STEM Coding

In STEM Coding, students learn how to use operators, if/then statements, loops, and more before using this knowledge to build working games inside Scratch. Then students learn how to control real electronic circuits using Scratch.

Hillview Rm 2	Stem Camp Staff
112613-01	6-10yrs
M-F	7/18-7/22
Residents \$261	All Others \$311

NEW!

STEM Robotics

In this camp children build small robots. They learn about robotic components, building robots and basic problem solving skills. Robots built include drawing robots, robotic claws, line-following robots, searching robots, and a robot programmed to bring its programmer a soda!

Hillview Rm 2	Stem Camp Staff
112612-01	6-10yrs
M-F	7/18-7/22
Residents \$261	All Others \$311



ARTS & CRAFTS CAMPS

FREESTYLE ART WITH PAMELA

A fun and unique art day camp run by an experienced art and science teacher. Featured artists every week and fun projects every day, with lots of time for kids to play outside and do what they like.

Required: Bring a lunch, water bottle and snack each day.

Grant Rm 2	Langford
111291-01	9-15yrs
M-F	6/13-6/17
111291-02	9-15yrs
M-F	6/20-6/24
111291-03	9-15yrs
M-F	6/27-7/1
111291-04	9-15yrs
M-F	7/11-7/15
111291-05	9-14yrs
M-F	7/18-7/22
111291-06	9-15yrs
M-F	7/25-7/29
111291-07	9-14yrs
M-F	8/1-8/5
Residents \$299*	All Others \$356*

**Materials fee of \$40 due first day.*

iPAD ART

An exciting new art camp that empowers students to use their iPads creatively by teaching them to use apps to create art, books and even 3D sculptures!

Notes: 1. Student must bring own iPad and download Paper by 53, Procreate, BookCreator, and 123D Sculpt. 2. Pricing costs of any 3D printing as arranged by parent.

Hillview Rm 13	Mustard
120528-01	9-14yrs
M-F	6/13-6/17
120528-02	9-14yrs
M-F	7/11-7/15
Residents \$212*	All Others \$252*

**Materials fee of \$20 due first day.*

KIDS' CARPENTRY

Kids learn to safely use hand woodworking tools to build an ever-increasing range of projects as their skills increase. Instructor will show kids how to build an age appropriate project, then let them do it, helping as necessary.

The Underground at Shoup Park Tust

111293-01	5-12yrs
M-F	7/11-7/15
111293-02	5-12yrs
M-F	7/11-7/15
111293-03	5-12yrs
M-F	7/11-7/15
Residents \$162*	All Others \$192*

**Materials fee of \$40 due first day.*

BEAUTIFUL PATTERNS IN NATURE & MATH

Fibonacci numbers in nature and polygonal numbers and their sequences are some of the most beautiful math children can discover in this hands-on camp. We will explore math in flowers, pine cones, the Nautilus shell and the sand dollar, making 2-D arrangements and building 3-D pyramid-like structures.

Peter Koehler has a Ph.D. in theoretical physics and has taught creative math enrichment and art for over 20 years in schools and community centers. Most of those academic years have been spent at the Nueva School in Hillsborough where he brings out the mathematical creativity in his students.

Required: 1. Bring an apron or smock...we get grubby! 2. Please bring a light peanut-free snack and something to drink each day.

Hillview Rm 14	Koehler
111239-01	5-9yrs
M-F	6/20-6/24 9am-12pm
Residents \$190*	All Others \$226*
*Materials fee of \$20 due first day.	

COOKING

YOUNG CHEFS ACADEMY

Note for ALL Young Chefs Academy Camps: Vegetarian and special diets are welcome. Please inform Young Chefs' staff before first day of camp.

Bakery Favorites

This camp adventure brings you the baking basics of cookies, pies, breads, and cakes, while mixing in regional specialties and trendy twists on classic favorites.

Young Chefs Academy	YCA Staff
111267-01	5-9yrs
M-F	6/6-6/10 9am-12pm
111267-02	5-9yrs
M-F	6/27-7/1 9am-12pm
111267-03	5-9yrs
M-F	7/18-7/22 9am-12pm
111267-04	9-12yrs
M-F	6/6-6/10 1:30-4:30pm
111267-05	9-12yrs
M-F	6/27-7/1 1:30-4:30pm
111267-06	9-12yrs
M-F	7/18-7/22 1:30-4:30pm
Residents \$162*	All Others \$192*
*Materials fee of \$125 due first day.	

Cooking & Baking Around the World

There's no better way to travel the world than to taste the food of different cultures.

Young Chefs Academy	YCA Staff
111279-01	5-9yrs
M-F	6/20-6/24 9am-12pm
111279-02	5-9yrs
M-F	7/11-7/15 9am-12pm
111279-03	5-9yrs
M-F	8/1-8/5 9am-12pm
111279-04	9-12yrs
M-F	6/20-6/24 1:30-4:30pm
111279-05	9-12yrs
M-F	7/11-7/15 1:30-4:30pm
111279-06	9-12yrs
M-F	8/1-8/5 1:30-4:30pm
Residents \$162*	All Others \$192*
*Materials fee of \$125 due first day.	

Best of Summer Cooking

Students' favorite recipes from baking, celebrity, and around the world cooking camps.

Young Chefs Academy	YCA Staff
111280-01	5-9yrs
M-F	8/8-8/12 9am-12pm
111280-02	9-12yrs
M-F	8/8-8/12 1:30-4:30pm
Residents \$162*	All Others \$192*
*Materials fee of \$125 due first day.	

Copy Cat Celeb Recipes

Come explore restaurant favorites and celebrity chef's recipes.

Young Chefs Academy	YCA Staff
111278-01	5-9yrs
M-F	6/13-6/17 9am-12pm
111278-03	5-9yrs
M-F	7/25-7/29 9am-12pm
111278-04	9-12yrs
M-F	6/13-6/17 1:30-4:30pm
111278-06	9-12yrs
M-F	7/25-7/29 1:30-4:30pm
Residents \$162*	All Others \$192*
*Materials fee of \$125 due first day.	

HOLIDAY WEEK CAMP

Young Chefs Academy	YCA Staff
111278-02	5-9yrs
Tu-F	7/5-7/8 9am-12pm
No camp 7/4	
111278-05	9-12yrs
M-F	7/5-7/8 1:30-4:30pm
No camp 7/4	
Residents \$132*	All Others \$156*
*Materials fee of \$100 due first day.	





SPECIAL INTEREST

INCREDIFLIX

Note for ALL IncrediFlix camps: Flix downloadable one month after camp ends.

NEW! IncrediBooks

IncrediFlix has teamed up with WRite BRAIN BOOKS! Students work in groups to create original stories using illustrations created by amazing artists, igniting self-expression and inventive storytelling. They won't even mind because we make this fun! Plus, their story will be published for a keepsake.

Grant Rm 3	IncrediFlix Staff
112610-01	7-13yrs
M-F	6/20-6/24 9am-12pm
Residents \$182*	All Others \$216*
*Materials fee of \$30 due first day.	

Animation Flix

Each day you'll use a new style of stop motion for a total of five flix! It's the ultimate arts and crafts camp where campers create, direct and film their movies in age-appropriate groups.

Grant Rm 3	IncrediFlix Staff
112608-01	7-13yrs
M-F	6/20-6/24 1-4pm
Residents \$182*	All Others \$216*
*Materials fee of \$30 due first day	

NEW! IncrediBooks & Animation Combo Flix

A combination of IncrediBooks and Animation Flix camps. Registration discount (reflected in fee below) and lunch supervision provided to those who register for a full day of IncrediFlix camps!

Required: Bring a sack lunch.

Grant Rm 3	IncrediFlix Staff
112611-01	7-13yrs
M-F	6/20-6/24 9am-4pm
Residents \$318*	All Others \$379*
*Materials fee of \$60 due first day.	

Action Flix

POW! BANG! BOOM! Kids will use a green screen, camera tricks and special effects to create their own live-action, action flix. Students will collaborate to write, act and direct in this action-packed camp.

Grant Rm 3	IncrediFlix Staff
112607-01	7-13yrs
M-F	7/11-7/15 9am-12pm
Residents \$182*	All Others \$216*
*Materials fee of \$30 due first day.	

LEGO® Flix

Bring LEGO to life! We provide the LEGO pieces and you provide your imagination. Students will create a stop-motion animation movie that they storyboard, write, shoot, and add voice-over in age-appropriate groups.

Grant Rm 3	IncrediFlix Staff
112601-01	7-13yrs
M-F	7/11-7/15 1-4pm
Residents \$182*	All Others \$216*
*Materials fee of \$30 due first day.	

NEW! Action & LEGO® Combo Flix

A combination of Action and LEGO Flix camps. Registration discount (reflected in fee below) and lunch supervision provided to those who register for a full day of IncrediFlix camps!

Required: Bring your own sack lunch.

Grant Rm 3	IncrediFlix Staff
112606-01	7-13yrs
M-F	7/11-7/15 9am-4pm
Residents \$318*	All Others \$379*
*Materials fee of \$60 due first day.	



CANTABILE YOUTH SINGERS

Cantabile Youth Singers Summer Camp features singing, acting, crafts, and outdoor activities. Children engage in fun and creative music, education through singing, dancing, and playing instruments. Each week features a different theme:

Week of 7/11: Far Away Kingdoms

Week of 7/18: The Magic of Opera

Week of 7/25: Carnival of Animals

Los Altos Hills Town Hall Gerber

110238-01 6-10yrs

M-F 7/11-7/15 8:30am-12pm

110238-02 6-10yrs

M-F 7/18-7/22 8:30am-12pm

110238-03 6-10yrs

M-F 7/25-7/29 8:30am-12pm

Residents \$295* All Others \$352*

*Materials fee of \$35 due first day.

SPORTS

EQUESTRIAN

SPRINGDOWN EQUESTRIAN CENTER

springdown.com

Horseback Riding Camp

Camp activities include safety around horses, grooming and tacking up, exercising horses, horse psychology and, of course, RIDING! Riding ability will be evaluated the first day and continue to be re-evaluated to keep your camper learning at just the right level.

Note: Aftercare is available. Please call 851-1114.

Required: 1. Must download the liability form at springdown.com prior to camp. Forms must be filled out and turned in two weeks prior to start of the camp session. 2. Due to the physical limitations of our horses, riders' weight should not exceed 225 pounds.

Spring Down Eques Center SDEC Staff

151248-01 6+yrs

M-F 6/13-6/24 9am-1pm

151248-02 6+yrs

M-F 7/4-7/15 9am-1pm

151248-03 6+yrs

M-F 7/18-7/29 9am-1pm

151248-04 6+yrs

M-F 8/1-8/12 9am-1pm

151248-05 6+yrs

M-F 8/15-8/26 9am-1pm

Residents \$850 All Others \$1018



GOLF

DEEP CLIFF GOLF

Equipment Note for ALL Deep Cliff Golf camps: Equipment is provided, but bring your own clubs if you have them. Please wear flat-soled athletic shoes. Golf shoes are not required.

Required for ALL Deep Cliff Golf camps: Please bring a bottle of water every day.

Weather Policy: We make every effort to hold a class with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff directly at (408) 253-5357 within one hour of class start time for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Junior Golf Camp

Golf is a challenging game and waaay fun! This camp teaches you the basic skills of the game including the proper etiquette and the most common rules. You will learn and strengthen your abilities and knowledge of golf to prepare yourself for the next level.

Note: Lunch is included each day.

Deep Cliff Golf Course Deep Cliff Staff

111210-01 7-17yrs

M-F 6/13-6/17 9am-12pm

111210-02 7-17yrs

M-F 6/20-6/24 9am-12pm

111210-03 7-17yrs

M-F 6/27-7/1 9am-12pm

111210-04 7-17yrs

M-F 7/4-7/8 9am-12pm

111210-05 7-17yrs

M-F 7/11-7/15 9am-12pm

111210-06 7-17yrs

M-F 7/18-7/22 9am-12pm

111210-07 7-17yrs

M-F 7/25-7/29 9am-12pm

111210-08 7-17yrs

M-F 8/1-8/5 9am-12pm

111210-09 7-17yrs

M-F 8/8-8/12 9am-12pm

111210-10 7-17yrs

M-F 8/15-8/19 9am-12pm

Residents \$207 All Others \$246

The Player's Camp

Let's head to the course! This is the place to advance your game to the next level.

Equipment Note: It is suggested that you have your own clubs.

Prerequisite: Junior Golf or Intermediate Junior Golf, with instructor's approval to advance.

Deep Cliff Golf Course		Deep Cliff Staff
111211-01		7-17yrs
M-F	6/13-6/17	2-4:30pm
111211-02		7-17yrs
M-F	6/20-6/24	2-4:30pm
111211-03		7-17yrs
M-F	6/27-7/1	2-4:30pm
111211-04		7-17yrs
M-F	7/4-7/8	2-4:30pm
111211-05		7-17yrs
M-F	7/11-7/15	2-4:30pm
111211-06		7-17yrs
M-F	7/18-7/22	2-4:30pm
111211-07		7-17yrs
M-F	7/25-7/29	2-4:30pm
111211-08		7-17yrs
M-F	8/1-8/5	2-4:30pm
111211-09		7-17yrs
M-F	8/8-8/12	2-4:30pm
111211-10		7-17yrs
M-F	8/15-8/19	2-4:30pm
<i>Residents \$222</i>		<i>All Others \$264</i>



GYMNASTICS

GOLD STAR GYMNASTICS

NEW! Gold Star Pre-School Camp

Week long Summer Camps are fun-filled days of gymnastics, music and movement, daily art projects, plus healthy snacks. Students show off their skills in a performance for friends and family at the end of the week.

Gold Star Gym		Gold Star Staff
162107-01		3-6yrs
M-F	6/27-7/1	8:45-11:45am
162107-02		3-6yrs
M-F	6/27-7/1	12:15-3:15pm
162107-05		3-6yrs
M-F	7/11-7/15	8:45-11:45am
162107-06		3-6yrs
M-F	7/11-7/15	12:15-3:15pm
162107-07		3-6yrs
M-F	7/18-7/22	8:45-11:45am
162107-08		3-6yrs
M-F	7/18-7/22	12:15-3:15pm
162107-09		3-6yrs
M-F	7/25-7/29	8:45-11:45am
162107-10		3-6yrs
M-F	7/25-7/29	12:15-3:15pm
<i>Residents \$219</i>		<i>All Others \$260</i>

HOLIDAY WEEK CAMP		
Gold Star Gym		Gold Star Staff
162107-03		3-6yrs
Tu-F	7/5-7/8	8:45-11:45am
No camp 7/4		
162107-04		3-6yrs
Tu-F	7/5-7/8	12:15-3:15pm
No camp 7/4		
<i>Residents \$179</i>		<i>All Others \$212</i>

NEW!

Gold Star School Age Camp

Week long summer camps are fun-filled days of gymnastics, rhythmic gymnastics, cheer stunts, daily art projects, plus healthy snacks. Students show off their skills in a performance for friends and family at the end of the week.

Gold Star Gym		Gold Star Staff
112108-01		6-10yrs
M-F	6/27-7/1	9am-3pm
112108-03		6-10yrs
M-F	7/11-7/15	9am-3pm
112108-04		6-10yrs
M-F	7/18-7/22	9am-3pm
112108-05		6-10yrs
M-F	7/25-7/29	9am-3pm
<i>Residents \$389</i>		<i>All Others \$464</i>

HOLIDAY WEEK CAMP		
Gold Star Gym		Gold Star Staff
112108-02		6-10yrs
Tu-F	7/5-7/8	9am-3pm
No camp 7/4		
<i>Residents \$314</i>		<i>All Others \$374</i>



TWISTERS SPORTS

New location:
1165 N Fair Oaks Ave, Sunnyvale

Preschool Gym Camp

Children can come and enjoy a fun-filled camp that will include gymnastics, arts and crafts, music, stories, games, and more!

Required: Please bring a snack!

MORNING SESSIONS

Twisters Sports	Twisters Staff
161215-01 M-F 6/13-6/17	3-5yrs 9am-12pm
161215-02 M-F 6/20-6/24	3-5yrs 9am-12pm
161215-03 M-F 6/27-7/1	3-5yrs 9am-12pm
161215-05 M-F 7/11-7/15	3-5yrs 9am-12pm
161215-06 M-F 7/18-7/22	3-5yrs 9am-12pm
161215-07 M-F 7/25-7/29	3-5yrs 9am-12pm
161215-08 M-F 8/1-8/5	3-5yrs 9am-12pm
161215-09 M-F 8/8-8/12	3-5yrs 9am-12pm
Residents \$167 All Others \$198	

HOLIDAY WEEK CAMP

Twisters Sports	Twisters Staff
161215-04 Tu-F 7/5-7/8	3-5yrs 9am-12pm
No camp 7/4	
Residents \$157 All Others \$186	

AFTERNOON SESSIONS

Twisters Sports	Twisters Staff
161215-10 M-F 6/13-6/17	3-5yrs 1-4pm
161215-11 M-F 6/20-6/24	3-5yrs 1-4pm
161215-12 M-F 6/27-7/1	3-5yrs 1-4pm
161215-14 M-F 7/11-7/15	3-5yrs 1-4pm
161215-15 M-F 7/18-7/22	3-5yrs 1-4pm
161215-16 M-F 7/25-7/29	3-5yrs 1-4pm
161215-17 M-F 8/1-8/5	3-5yrs 1-4pm
161215-18 M-F 8/8-8/12	3-5yrs 1-4pm
Residents \$167 All Others \$198	

HOLIDAY WEEK CAMP

Twisters Sports	Twisters Staff
161215-13 Tu-F 7/5-7/8	3-5yrs 1-4pm
No camp 7/4	
Residents \$157 All Others \$186	

Gymnastics Camp

Boys and girls are introduced to progressive skills on all Olympic events and trampolines. They'll have fun bouncing, swinging, flipping, and tumbling on all our equipment.

Required: Please bring a snack and lunch!

Twisters Sports	Twisters Staff
111216-01 M-F 6/13-6/17	6-12yrs 9am-2pm
111216-02 M-F 6/20-6/24	6-12yrs 9am-2pm
111216-03 M-F 6/27-7/1	6-12yrs 9am-2pm
111216-05 M-F 7/11-7/15	6-12yrs 9am-2pm
111216-06 M-F 7/18-7/22	6-12yrs 9am-2pm
111216-07 M-F 7/25-7/29	6-12yrs 9am-2pm
111216-08 M-F 8/1-8/5	6-12yrs 9am-2pm
111216-09 M-F 8/8-8/12	6-12yrs 9am-2pm
Residents \$257 All Others \$306	

HOLIDAY WEEK CAMP

Twisters Sports	Twisters Staff
111216-04 Tu-F 7/5-7/8	6-12yrs 9am-2pm
No camp 7/4	
Residents \$247 All Others \$294	



NEW!

Combo Camp Gym & Tae Kwon Do

Combo camp offering half day of gymnastics and the other half Tae Kwon Do. Boys and girls will be introduced to progressive skills in both sports culminating in a show at the end of the week

Required: Please bring a snack and a lunch.

Twisters Sports		Twisters Staff	
111284-01			7-14yrs
M-F	6/13-6/17		9am-4pm
111284-02			7-14yrs
M-F	6/20-6/24		9am-4pm
111284-03			7-14yrs
M-F	6/27-7/1		9am-4pm
111284-05			7-14yrs
M-F	7/11-7/15		9am-4pm
111284-06			7-14yrs
M-F	7/18-7/22		9am-4pm
111284-07			7-14yrs
M-F	7/25-7/29		9am-4pm
111284-08			7-14yrs
M-F	8/1-8/5		9am-4pm
111284-09			7-14yrs
M-F	8/8-8/12		9am-4pm
<i>Residents \$282</i>		<i>All Others \$336</i>	

HOLIDAY WEEK CAMP

Twisters Sports		Twisters Staff	
111284-04			7-14yrs
Tu-F	7/5-7/8		9am-4pm
<i>No camp 7/4</i>			
<i>Residents \$262</i>		<i>All Others \$312</i>	

ICE SKATING

NAZARETH ICE OASIS (NIO)

Beg Ice Skating Mini Camp

Stay cool this summer with Beginning Ice Skating Camps. This Mini Session provides you the equivalent of a 5-week session in one week. Students will be introduced to basic ice skating skills, including skating forward, backward and stopping. There is a 30-minute lesson followed by 50 minutes of practice time each day.

Note: Skate rental and 30-minute practice time immediately following lesson included in fee.

Required: 1. Please arrive 15 minutes before class begins. 2. Warm clothing, mittens/gloves.

Nazareth Ice Oasis		NIO Staff	
111238-01			5-12yrs
M-F	7/11-7/15		10:30-11am
111238-02			5-12yrs
M-F	8/1-8/5		10:30-11am
<i>Residents \$120</i>		<i>All Others \$142</i>	

MULTI-SPORT

SKYHAWKS

Note for ALL Skyhawks camps: T-shirt and merit award included with purchase. Shirt will be distributed Monday at end of camp.

Required for ALL Skyhawks camps: 1. Appropriate clothing, running or gym shoes, and sunscreen. 2. For programs over 4 hours: lunch, snack, water bottle, and 3. For programs 4 hours or less: two snacks and water bottle.

Skyhawks Mini-Hawk Camps

This multi-sport program was developed to give children a positive first step into athletics. Soccer, basketball and baseball are taught in a safe, structured environment with lots of encouragement and a big focus on fun, allowing campers to develop at their own pace.

Note: Shin guards required.

Grant Basketball Courts

Skyhawks Staff			
161222-01			4-7yrs
M-F	6/13-6/17		9am-12pm
161222-03			4-7yrs
M-F	7/18-7/22		9am-12pm
161222-04			4-7yrs
M-F	8/1-8/5		9am-12pm
<i>Residents \$179</i>		<i>All Others \$212</i>	

HOLIDAY WEEK CAMP

Grant Basketball Courts

Skyhawks Staff			
161222-02			4-7yrs
Tu-F	7/5-7/8		9am-12pm
<i>No camp 7/4</i>			
<i>Residents \$154</i>		<i>All Others \$182</i>	





Skyhawks Cheerleading

Learn the essential skills (like proper hand and body movements and jumping techniques) to lead crowds and support the home team! Focus is on fun while each cheerleader learns important life skills such as teambuilding and leadership. Week concludes with a choreographed performance.

Grant Soccer Field	Skyhawks Staff
111229-01	6-12yrs
M-F	6/27-7/1 9am-12pm
Residents \$179	All Others \$212

Hillview Soccer Field	Skyhawks Staff
111229-02	6-12yrs
M-F	7/18-7/22 9am-12pm
Residents \$179	All Others \$212

Skyhawks Flag Football

Flag football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching and defense--all presented in a fun and positive environment. The week ends with the Skyhawks Sports Bowl!

Grant Soccer Field	Skyhawks Staff
111224-01	6-12yrs
M-F	6/27-7/1 9am-12pm
Residents \$179	All Others \$212

Hillview Soccer Field	Skyhawks Staff
111224-02	6-12yrs
M-F	7/18-7/22 9am-12pm
Residents \$179	All Others \$212

Skyhawks Volleyball

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed program is designed for the beginning and intermediate player, developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

Blach Gym	Skyhawks Staff
111273-01	8-14yrs
M-F	6/13-6/17 9am-12pm
111273-02	8-14yrs
M-F	7/25-7/29 9am-12pm
111273-03	8-14yrs
M-F	8/8-8/12 9am-12pm
Residents \$179	All Others \$212

Skyhawks Baseball

Skyhawks baseball progressional curriculum teaches the fundamentals of fielding, catching, throwing, hitting, and base running, all in a fun, positive environment coached by local Skyhawks staff.

Equipment Note: Bring a glove.

Hillview Baseball Field	Skyhawks Staff
111223-01	6-12yrs
M-F	7/11-7/15 9am-12pm
111223-02	6-12yrs
M-F	8/1-8/5 9am-12pm
Residents \$179	All Others \$212

Skyhawks Multi-Sport Extravaganza Camp

This action-packed program allows your child to play all of their favorite games in one setting. For this program we combine soccer, basketball and playground games such as dodgeball into one fun-filled session. Fundamentals of teamwork and sportsmanship are emphasized.

Grant Soccer Field	Skyhawks Staff
111227-01	6-12yrs
M-F	8/8-8/12 9am-3pm
111227-02	6-12yrs
M-F	7/25-7/29 9am-3pm
Residents \$239	All Others \$284

Skyhawks Basketball

This fun, skill-intensive program is designed for the beginner to intermediate player. Using our progression curriculum, staff focuses on the whole player, teaching respect, teamwork, and responsibility. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

Blach Gym	Skyhawks Staff
111225-01	6-12yrs
M-F	6/20-6/24 9am-3pm
111225-03	6-12yrs
M-F	7/18-7/22 9am-3pm
111225-04	6-12yrs
M-F	8/1-8/5 9am-3pm
Residents \$239	All Others \$284

HOLIDAY WEEK CAMP

Blach Gym	Skyhawks Staff
111225-02	6-12yrs
Tu-F	7/5-7/8 9am-3pm
No camp 7/4	
Residents \$199	All Others \$236

RUGBY

LET'S PLAY RUGBY

Let's Play Rugby provides a safe and fun introductory class to rugby, the world's fastest growing Olympic sport. Sessions begin with warming up, lead into age-appropriate skills and movements, and build into games. Let's Play Rugby is non-competitive, non-contact flag rugby.

Bonus: Participants will receive a T-shirt.

Equipment Notes: Rugby/soccer cleats are recommended but not required. Balls and flags are provided.

Hillview Baseball Field	LPR Staff
111241-01	8-10yrs
Mon-Wed 6/27-6/29	9am-5pm
111241-02	11-13yrs
Thu-Sat 6/30-7/2	9am-5pm
Residents \$172	All Others \$204

SKATEBOARDING

SKATEWORKS

Skateboarding Camp

This camp will focus on skateboarding basics like: balance, safety, technique, and etiquette. We will have both street and transition type obstacles appropriate for all levels of skaters. We will also facilitate snack time, games, and free play.

Equipment Note for ALL Skateworks classes: skateboard, knee, elbow and wrist guards, helmet, and water bottle required.

Grant Courtyard	Skateworks Staff
150815-01	6-12yrs
M-F 6/27-7/1	10am-1pm
150815-02	6-12yrs
M-F 7/11-7/15	10am-1pm
150815-03	6-12yrs
M-F 7/25-7/29	10am-1pm
150815-04	6-12yrs
M-F 8/8-8/12	10am-1pm
Residents \$199	All Others \$236

SOCCER

COACH KEN'S SOCCER ACADEMY

Bonus for ALL Coach Ken's Soccer Academy camps: All kids get a Coach Ken Soccer Academy jersey!

Equipment Note for ALL Coach Ken's Soccer Academy camps: Shin guards mandatory.

Required for ALL Coach Ken's Soccer Academy camps: Bring lots of water, a snack and lunch; sunscreen recommended.

Coach Ken's All Day Camp

All day camps are an extension of half day camps. Campers play in their age-group until 1pm. Lunch is until 2. The afternoon program offers extra training: polishing skills learned in half day camp and new skills such as bonus moves, goal keeping and juggling.

Heritage Oaks Park	Coach Ken's Staff
111268-01	6-12yrs
M-F 6/20-6/24	9am-4pm
111268-02	6-12yrs
M-F 7/11-7/15	9am-4pm
111268-03	6-12yrs
M-F 8/1-8/5	9am-4pm
111268-04	6-12yrs
M-F 8/8-8/12	9am-4pm
Residents \$312	All Others \$372

Coach Ken's Half Day Camp

Kids are divided by age into small groups: 4-5, 6-7, 8-9 and 10-12 years. Age appropriate ball skills and agility taught by professional coaches in a fun, positive environment. Kids get a 30-minute snack break. Kids 4-5 years play soccer 'til 11:30am, followed by supervised fun activities 'til 1pm.

Heritage Oaks Park	Coach Ken's Staff
111263-01	4-12yrs
M-F 6/20-6/24	9am-1pm
111263-02	4-12yrs
M-F 6/27-7/1	9am-1pm
111263-03	4-12yrs
M-F 7/11-7/15	9am-1pm
111263-05	4-12yrs
M-F 8/1-8/5	9am-1pm
111263-06	4-12yrs
M-F 8/8-8/12	9am-1pm
Residents \$187	All Others \$222





KLS SUMMER SOCCER CAMPS

Learn and practice soccer skills including: dribbling, passing, receiving, and shooting. More experienced players will work on developing advanced dribbling moves and team tactics such as possession and combination play. The week's fun culminates in an age appropriate "World Cup" tournament.

Bonus for ALL KLS camps: Each child will receive a KLS jersey and soccer ball!

Equipment Note for ALL KLS camps: All participants must wear shin guards; soccer shoes and sunscreen are recommended.

Required for ALL KLS camps: Bring a full water bottle and a healthy snack.

Hillview Baseball Field		KLS Staff	
111212-01		4.5-6yrs	
M-F	8/8-8/12	9am-12pm	
111212-02		7-8yrs	
M-F	8/8-8/12	9am-12pm	
111212-03		9-10yrs	
M-F	8/8-8/12	9am-12pm	
Residents \$139		All Others \$164	

WATER SPORTS

SHORELINE AQUATIC CENTER (SAC)

shorelinelake.com
965-7474

Equipment Notes for ALL Shoreline Aquatic Center camps: 1. Comfortable clothes, a bathingsuit, a jacket or fleece, a towel, lots of sun protection, a lanyard to secure glasses, a bottle of water, and non-skid/non-marking shoes to wear while on the boats and boards. (We will get WET – tennis shoes, aqua socks, or Teva sandals are ideal!) No flip-flops allowed.

Notes for ALL Shoreline Aquatic Center camps: 1. Students should be at ease swimming and treading water. 2. Please bring a snack or extra money daily. Daily lunch pass available for purchase first day of camp (\$40 per week.) Exception: Lunch is provided daily for Paddle Sports Day Camp. 3. Extended care available. Call 965-7474 for details. (Before and after-care: \$150 per week.)

Camp Shoreline

Spend the morning learning to kayak, canoe, row, and pedal boat on the 50-acre Shoreline Lake, amidst a wildlife sanctuary nestled in the heart of Silicon Valley. Afternoons will be spent playing games, hiking, birdwatching, or participating in craft activities.

Shoreline Aquatic Center		SAC Staff	
111240-01		5-11yrs	
M-F	6/13-6/17	10am-3pm	
111240-02		5-11yrs	
M-F	6/20-6/24	10am-3pm	
111240-03		5-11yrs	
M-F	6/27-7/1	10am-3pm	
111240-04		5-11yrs	
M-F	7/4-7/8	10am-3pm	
111240-05		5-11yrs	
M-F	7/11-7/15	10am-3pm	
111240-06		5-11yrs	
M-F	7/18-7/22	10am-3pm	
111240-07		5-11yrs	
M-F	7/25-7/29	10am-3pm	
111240-08		5-11yrs	
M-F	8/1-8/5	10am-3pm	
111240-09		5-11yrs	
M-F	8/8-8/12	10am-3pm	
111240-10		5-11yrs	
M-F	8/15-8/19	10am-3pm	
Residents \$387		All Others \$462	



NEW!

Paddle Sports Day Camp

Campers will learn paddle and boating skills required to master a wide range of paddle sports. Throughout this week-long camp, campers will work with kayaks, canoes and stand up paddleboards. The Olympic sport of kayak polo will also be introduced.

Equipment Note: Students should bring comfortable clothes, a bathing suit, a jacket or fleece, a towel, lots of sun protection, shoes and/or sandals. No flip-flops.

Note: Lunch provided by Shoreline Aquatic Center with this camp.

Shoreline Aquatic Center	SAC Staff
111290-01	8-14yrs
M-F 6/13-6/17	9am-12:30pm
111290-02	8-14yrs
M-F 6/20-6/24	9am-12:30pm
111290-03	8-14yrs
M-F 6/27-7/1	9am-12:30pm
111290-04	8-14yrs
M-F 7/4-7/8	9am-12:30pm
111290-05	8-14yrs
M-F 7/11-7/15	9am-12:30pm
111290-06	8-14yrs
M-F 7/18-7/22	9am-12:30pm
111290-08	8-14yrs
M-F 7/25-7/29	9am-12:30pm
111290-09	8-14yrs
M-F 8/1-8/5	9am-12:30pm
111290-10	8-14yrs
M-F 8/8-8/12	9am-12:30pm
111290-11	8-14yrs
M-F 8/15-8/19	9am-12:30pm
Residents \$362	All Others \$432

Windsurfing & Sailing Camp: Level 1

Hands-on course to introduce students to the fundamentals of both windsurfing and sailing, two fulfilling and rewarding lifetime sports. Daily exercises conducted in a supportive learning environment by our talented and well-qualified instructors will progressively develop each essential skill.

Shoreline Aquatic Center	SAC Staff
111201-01	9-15yrs
M-F 6/13-6/17	9am-2pm
111201-02	9-15yrs
M-F 6/20-6/24	9am-2pm
111201-03	9-15yrs
M-F 6/27-7/1	9am-2pm
111201-04	9-15yrs
M-F 7/4-7/8	9am-2pm
111201-05	9-15yrs
M-F 7/11-7/15	9am-2pm
111201-06	9-15yrs
M-F 7/18-7/22	9am-2pm
111201-07	9-15yrs
M-F 7/25-7/29	9am-2pm
111201-08	9-15yrs
M-F 8/1-8/5	9am-2pm
111201-09	9-15yrs
M-F 8/8-8/12	9am-2pm
111201-10	9-15yrs
M-F 8/15-8/19	9am-2pm
Residents \$427	All Others \$510

Windsurfing & Sailing Camp: Level 2

Step up the performance during a week of refining your windsurfing and sailing skills! Challenge yourself – wind conditions will be stronger for this level. Hone your skills with our team of certified advanced instructors and start racing.

Prerequisite: Windsurfing and Sailing: Level 1 or equivalent.

Shoreline Aquatic Center	SAC Staff
111220-01	9-15yrs
M-F 6/13-6/17	11:30am-4:30pm
111220-02	9-15yrs
M-F 6/20-6/24	11:30am-4:30pm
111220-03	9-15yrs
M-F 6/27-7/1	11:30am-4:30pm
111220-04	9-15yrs
M-F 7/4-7/8	11:30am-4:30pm
111220-05	9-15yrs
M-F 7/11-7/15	11:30am-4:30pm
111220-06	9-15yrs
M-F 7/18-7/22	11:30am-4:30pm
111220-07	9-15yrs
M-F 7/25-7/29	11:30am-4:30pm
111220-08	9-15yrs
M-F 8/1-8/5	11:30am-4:30pm
111220-09	9-15yrs
M-F 8/8-8/12	11:30am-4:30pm
111220-10	9-15yrs
M-F 8/15-8/19	11:30am-4:30pm
Residents \$442	All Others \$528





TENNIS

WHITLINGER/SARFIELD TENNIS

whitlingersarsfieldtennis.com

Equipment Note for ALL Whitlinger/Sarsfield Tennis classes: Bring a racquet to all classes!

Rain Policy for ALL Whitlinger/Sarsfield Tennis classes: In case of rain, contact Recreation & Community Services at 947-2790 Monday-Friday, 8am-5pm, within an hour before scheduled starting time for class status. If at any time the instructor is absent, report to the next scheduled lesson for make-up date. No postponement announcement will be initiated by the instructor or by Recreation & Community Services.

Tennis Youth Camps

Our popular tennis camps emphasize stroke FUNDamentals with dynamic games and exciting drills. Each camp will have the appropriate court size and tennis balls for their age group. Two courts grouped by ability, novice to low intermediate. Please sign up early!

Marymeade Courts 2/3 Whitlinger/Sarsfield Tennis Staff

111213-01		4.5-5yrs
M-Th	8/8-8/11	8:30-9:30am
111213-02		6-7yrs
M-Th	8/8-8/11	9:30-10:30am
111213-03		8-10yrs
M-Th	8/8-8/11	10:30am-12pm
111213-04		11-14yrs
M-Th	8/8-8/11	1:30-3pm
Residents \$83		All Others \$97

Junior League Team Tennis

This camp provides excellent instruction, extensive practice and exciting match play for intermediate and high intermediate juniors, ages 10-15. Juniors, who will be 16yrs or older by August 1st of this year and/or achieved a top 50 USTA 14/16 division rating, are ineligible. Match play will be Fridays vs. other local teams.

Bonus: Fee includes team tennis shirt.

Equipment Note: Please bring one unopened can of tennis balls to the first day of practice.

Quarterfinals: Fri, 8/5, 1:30-3:30pm
Location: TBA

Championship: Fri, 8/6, 8:30am-12pm
Location: Stanford University

Los Altos High School Courts 9-12 Whitlinger/Sarsfield Tennis Staff

111214-01		10-15yrs
M/W/F	6/13-8/5	1:30-3pm
No camp 7/4		
Residents \$239		All Others \$284

MORE SUMMER FUN

SWIMMING

Covington Critters
covingtonswimteam.com

“Advancing Swimming One Stroke at a Time”

Check out all the upcoming programs of the Los Altos Covington Critters Swim Team, swimming this year at Mountain View High School.

Their official website, covingtonswimteam.com, has all of their latest information!

READING



Join the Summer Reading Program

@ Los Altos Library!

June 1 – July 31

All ages!

Sign up online at www.sccl.org or visit the Los Altos Library.

How it works:

- Receive a prize when you sign up!
- Read 5 books to receive your prizes!
- Prizes include a free book and a Baskin Robbins certificate.

YOUTH SUMMER CLASSES

ACADEMIC FUN

INSTITUTE OF READING DEVELOPMENT (IRD)

Summer Reading Program

A special series of very effective reading programs for preschoolers, school-age children and adults will be offered this summer. These popular classes are taught by professional instructors from the Institute of Reading Development, which has been teaching these classes for the past 35 years.

To register or for more information for ALL Institute of Reading Development programs, call (800) 979-8980.

Level R

(4yrs & Entering Kindergarten)
In this program your child will develop the reading readiness skills required to make learning to read easy, enjoyable and successful. Our students are captivated by the beautiful instructional materials and musical CDs we use to teach alphabet skills and beginning phonics.

Hillview Rm 18 IRD Staff

No code required	Level R	4-5yrs
Sat	7/23-8/20	9:30-10:45am

Residents & All Others \$269*

*Materials fee of \$39 due at registration.

Levels 1-4

(6-11yrs & Entering Grades 1-5)
In these programs your child will learn the essential phonics and comprehension skills required to become a fluent reader, as well as the word-attack skills needed for multisyllable words. Our students also learn advanced comprehension skills required for textbooks and literature.

Hillview Rm 18 IRD Staff

No code required	Level 1	6yrs
Sat	7/23-8/20	11:45am-1:45pm
No code required	Level 2	7yrs
Sat	7/23-8/20	2:45-4:45pm
No code required	Level 3	8yrs
Sun	7/24-8/21	9:30-11:30am
No code required	Level 4	9-11yrs
Sun	7/24-8/21	12:30-2:45pm

Residents & All Others \$329*

*Materials fee of \$39 due at registration.

Levels 5 & 6

(12-15yrs & Entering Grades 6-11)
In these programs our average student improves reading comprehension one-to-two whole grade levels, while more than doubling reading speed. We'll teach your son or daughter the best way to improve vocabulary, study textbooks, take notes, and prepare for tests.

Hillview Rm 18 IRD Staff

No code required	Level 5	12-13yrs
Sun	7/24-8/21	3:45-6:15pm
No code required	Level 6	14-15yrs
Thu	7/21-8/18	3:30-6pm

Residents & All Others \$329*

*Materials fee of \$39 due at registration.

Level 7

(16+yrs, Entering Grade 12, College Students & Adults)
Read 3-to-4 times faster in novels, newspapers, and most business and school materials. In addition, the comprehension, concentration and retention techniques you will learn will enable you to remember more. Participants in our adult speedreading program receive free lifetime repeat privileges.

Hillview Rm 18 IRD Staff

No code required	Level 7	16+yrs
Thu	7/21-8/18	7-9:30pm

Residents & All Others \$329*

*Materials fee of \$39 due at registration.



GREEN BEAN KIDZ

Green Bean Kidz is an outdoor education program for children. Participants experience nature in many fun ways including hiking and observing their surroundings. The program incorporates music, art, science, games, and movement -- all focused on ecology and environmental awareness.

Note: Program takes place at various local parks in and around Los Altos. First class meets at Redwood Grove. (Must park on University Ave and walk into park.)

Local Parks & Open Spaces Green Bean Kidz Staff

861808-01		2-6yrs*
Tue	6/14-7/26	9:30-11am
No class 7/5		
861808-02		2-6yrs*
Wed	6/15-7/27	9:30-11am
No class 7/6		
861808-03		2-6yrs*
Tue	6/14-7/26	3:30-5pm
No class 7/5		
861808-04		2-6yrs*
Wed	6/15-7/27	3:30-5pm
No class 7/6		
Residents \$152**		All Others \$180**
*Parent must accompany child.		
**Materials fee of \$15 due first day.		

ECONOMIC DRIVING SCHOOL

Driver's Education

This course meets the State of California requirement to obtain a driver's instruction permit. Upon completion, each student will receive a Certificate of Completion of Classroom Driver Education. Students must attend all sessions in order to receive the DMV certificate.

Required: Please bring a lunch!

Sunnyvale Community Center Economic Driving School Staff

851802-02		15+yrs
M-Th	7/25-7/28	8:30am-3:30pm
Residents \$162		All Others \$192

Online Driver's Ed Class

This online class is approved by the DMV. Reading, flash graphics, videos, and quizzes prepare the reader to pass the DMV test.

To register, visit economicdrivingschool.com/ online. Complete the question "How did you hear about us?" by choosing activity code 2790.

Residents & All Others \$68.50



ARTS & CRAFTS

MY FIRST ART CLASS

Spend quality time with your young child. Each week features a new theme with five art stations. Art projects continue to change all year long! Process rather than product is emphasized. Each class ends on a musical note with singing and dancing.

Required: 1. Parent/caregiver must attend class with child. 2. Wear your grubbies! 3. Aprons provided.

Hillview Rm 15	My First Art Staff	
850501-01		1.5-3yrs
Wed	6/22-8/17	9:30-10:30am
No class 7/6		
850501-02		2-4yrs
Wed	6/22-8/17	10:45-11:45am
No class 7/6		
Residents \$117*		All Others \$138*
*Materials fee of \$15 due first day.		

SEWING BY MACHINE

Learn machine sewing techniques, create new projects each session, and make a sample notebook to keep. Lots of individual instruction. Computerized machines are available. Contact certified sewing instructor Debbie Nelson for specifics at dnelson6@gmail.com.

Hillview Rm 2	Nelson	
850605-01		8+yrs
Wed	6/22-8/17	4:30-6:30pm
No class 7/6		
850605-02		8+yrs
Wed	6/22-8/17	6:45-8:45pm
No class 7/6		
Residents \$211*		All Others \$229*
*Materials fee of \$25 due first day.		

COMMUNITY SCHOOL OF MUSIC AND ARTS (CSMA)

230 San Antonio Cir, MV

Little Artists 1

This fun family program is designed as a first classroom experience in a nurturing and creative environment. The class will explore colors, shapes and textures while using paint, glitter and other fun, messy materials. Students will explore at their own pace.

Required: Parent/caregiver attendance is required.

CSMA	CSMA Staff
860531-01	1.5-3yrs
Sat	7/9-8/13 9-9:45am
Residents \$122	All Others \$144

Little Artists 2

This interactive art program is designed for children who enjoy exploring and can follow directions. This class will explore mixing colors, geometric/natural shapes, line, value, form, space, and texture while using colored pencils, watercolors, clay/glaze, etc.

Required: Parent/caregiver attendance is required.

CSMA	CSMA Staff
850532-01	3-4yrs
Tue	7/5-8/9 9-9:45am
Residents \$122	All Others \$144

Little Artists 3

This fun class will focus on drawing and painting skills while incorporating art history into weekly lessons. Students will be introduced to watercolors, oil pastels, tempera paints, pen, clay/glaze, etc.

Note: If you feel your child is ready, this is a drop-off program.

CSMA	CSMA Staff
860549-01	4-5yrs
Tue	7/5-8/9 11-11:45am
Residents \$122	All Others \$144

DANCE & PERFORMING ARTS

JEAN LEE BALLET CLASSES

Equipment Note for ALL of Jean Lee's classes: Leotards and soft ballet shoes required.

Note: ALL of Jean Lee's students will be eligible to participate in the spring 2017 dance program!

Pre-Ballet Beginners

A joyful introduction to ballet. This class is specifically geared toward the young dancer. Students will learn simple ballet positions, steps, combinations, movements, and activities.

Hillview Rm 4	Lee
810213-01	5-7yrs
Thu	6/16-7/28 3:45-4:30pm
Residents \$122	All Others \$144



Classical Ballet: Intermediate/Advanced

This is a basic technique class emphasizing barre work and proper techniques for turns and leaps - serious work - but also fun for the student!

Hillview Rm 4	Lee
810215-01	6-12yrs
Thu	6/16-7/28 4:30-5:30pm
Residents \$122	All Others \$144

FIVE & UNDER DANCE

Tiny Tutus

This class is an introduction to ballet and creative movement using many props and activities aimed toward your child's development. Parents are welcome to observe their little dancers from the back of the classroom.

Required: Leotards and soft ballet shoes.

Hillview Rm 4	Tipton
860209-01	2.5-3yrs
Wed	6/15-8/10 10-10:30am
No class 7/6	
860209-02	2.5-3yrs
Thu	6/16-8/11 10-10:30am
No class 7/7	
Residents \$98	All Others \$115

Ballet

A beginning dance class designed for your little dancer. This is an introduction to positions, barre work, across-the-floor fundamentals, and dance routines. A fun and creative environment to help nourish your child's love of dancing.

Required: Ballet shoes and attire.

Hillview Rm 4	Tipton
860203-01	3.5-5yrs
Wed 6/15-8/10	10:45-11:15am
No class 7/6	
860203-02	3.5-5yrs
Thu 6/16-8/11	10:45-11:15am
No class 7/7	
Residents \$98	All Others \$115

Tap/Ballet

A great introduction to both tap and ballet. Students will stretch and learn the basics of tap and ballet that will develop their dancing skills. A fun and creative environment to help nourish your child's love of dancing.

Required: Ballet and tap shoes.

Hillview Rm 4	Tipton
860205-01	3.5-5yrs
Wed 6/15-8/10	11:30am-12:15pm
No class 7/6	
860205-02	3.5-5yrs
Thu 6/16-8/11	11:30am-12:15pm
No class 7/7	
Residents \$112	All Others \$132



MARTIAL ARTS

JUJITSU

For beginning students. Through a unique and supportive teaching style, students will learn punching, kicking, throwing, falling, grappling, and real world practical self defense techniques. Join this exciting class and improve your self-confidence, condition your physical self and develop a positive self-image.

Grant MPR	Gearhart
811101-01	7-16yrs
Mon/Thu 6/23-8/25	6-7pm
No class 7/4	
Residents \$158	All Others \$187

CHANG TAI DO KARATE & FITNESS

changtaido.com

Equipment Note/Materials Fee for ALL Chang Tai Do classes: Participants must contact instructor (changtaido@yahoo.com) to determine mandatory materials fee due first day. Fees based on specific materials needed by participant.

Note for ALL Chang Tai Do classes: Hitting or striking another student is not permitted. Testing and private lessons available for additional fees.

Chang Tai Do Karate: Tots

Introduction to proper stretching, basic blocks, kicks, punches, strikes, body part awareness, and what to do to fend off an attacker. Children's natural curiosity and playfulness, combined with basic karate drills, help develop coordination, mental focus and alertness.

Hillview Social Hall	Chang/Huey/Do
811104-01	4-7yrs
Thu 7/14-9/22	5-6pm
Residents \$160*	All Others \$189*

**Participants must contact instructor (changtaido@yahoo.com) to determine mandatory materials fee due first day.*

Chang Tai Do Karate: Youth

Introduction to the history, culture, terminology and etiquette of Chang Tai Do Karate. Learn proper stretching, basic blocks, punches, kicks and strikes, self-defense, forms (kata), and sparring (kumite). Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance, and skills to defend oneself.

Hillview Social Hall	Chang/Huey/Do
811102-01	8+yrs*
Tue/Thu 7/12-9/22	6-7pm
811102-02	10-17yrs
Tue/Thu 7/12-9/22	8-9pm
Residents \$179**	All Others \$212**

**Returning students younger than 8 yrs old can register with instructor approval.
**Participants must contact instructor (changtaido@yahoo.com) to determine mandatory materials fee due first day.*

MUSIC

COMMUNITY SCHOOL OF MUSIC AND ARTS (CSMA)

230 San Antonio Cir, MV

Little Musicians 1

This engaging, interactive family music program is designed as a first musical experience in a nurturing and creative environment. This class will explore musical contrasts, steady beat, rhythm, and melody using finger-plays, actions songs, basic instruments, and movement.

Required: Parent/caregiver attendance is required.

CSMA	CSMA Staff
860240-01	1.5-3yrs
Sat 7/9-8/13	9-9:45am
Residents \$122	All Others \$144

MELODY ACADEMY OF MUSIC (MAM)

4000 Middlefield Rd, Rm V, Palo Alto (inside the Cubberley Community Center)

Required for ALL MAM classes: During classes, only registered student with their parent permitted in classroom.

Melody's Piano: Toddler

A new approach to lead toddlers into the musical world. A pre-piano/keyboard lesson with introduction to music terminology, keyboard playing and rhythm training using a fun storytelling method. The class prepares students for future piano lessons by helping students develop musical character.

Note: Parent participation is required.

Melody Academy of Music	MAM Staff
860114-01	3-4yrs
Mon 7/11-8/15	10:30-11:15am
860114-02	3-4yrs
Wed 7/27-8/31	10:30-11:15am
860114-03	3-4yrs
Thu 8/11-9/15	10:30-11:15am
Residents \$168*	All Others \$199*
<i>*Materials fee of \$45 due first day.</i>	

Melody's Piano Beginners: 4-5yrs

This course will enrich children who have never studied music through a variety of fun activities. It provides students with the opportunity to learn various music skills, such as singing, ear-training, keyboard playing, rhythm ensemble, and reading music.

Equipment Note: MAM provides full-sized digital keyboard for each family to use in class.

Required: Parents must attend with their children.

Melody Academy of Music	MAM Staff
810104-01	4-5yrs
Sun 7/10-8/14	2:30-3:15pm
810104-02	4-5yrs
Thu 8/11-9/15	4-4:45pm
810104-03	4-5yrs
Mon 8/15-9/19	5-5:45pm
Residents \$168*	All Others \$199*
<i>*Materials fee of \$45 due first day.</i>	

Melody's Piano Beginners: 5-7yrs

Music theory, keyboard skills and techniques are included in this class. Ear-training and sight-singing skills will be emphasized. Children will also receive instruction in performing keyboard and rhythm instruments.

Equipment Note: MAM provides full-sized digital keyboard for each family to use in class.

Required: Parents must attend with their children.

Melody Academy of Music	MAM Staff
810115-01	5-7yrs
Sun 7/10-8/14	3:30-4:15pm
810115-02	5-7yrs
Thu 8/11-9/15	5-5:45pm
810115-03	5-7yrs
Mon 8/15-9/19	6-6:45pm
Residents \$168*	All Others \$199*
<i>*Materials fee of \$45 due first day.</i>	



Group Flute Lessons

This class is a group flute class for beginner students. The students will learn music fundamentals such as note reading, rhythm, music theory, and basic flute playing.

Equipment Note: Must bring own flute.

Melody Academy of Music MAM Staff

810110-01 7-12yrs
Thu 8/11-9/15 3-3:45pm

Residents \$168* All Others \$199*

*Materials fee of \$25 due first day and does not include flute rental.

Group Violin Lessons

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory.

Melody Academy of Music MAM Staff

810105-01 6-10yrs
Sun 7/10-8/14 4:30-5:15pm

Residents \$168* All Others \$199*

*Materials fee of \$45 due first day and includes 6-week violin rental; materials fee is \$25 if student has own violin.

Group Guitar Beginners: 7-10yrs

This is a beginner's class for kids. Focus will be on learning basic skills and techniques for the instrument. No former musical knowledge required.

Equipment Note: Please bring your own guitar.

Melody Academy of Music MAM Staff

810112-01 7-10yrs
Sun 8/14-9/18 11-11:45am

Residents \$168* All Others \$199*

*Materials fee of \$25 due first day and does not include guitar rental.



Group Guitar: 10-13yrs

This class is designed to facilitate self-discovery through the instrument. Group setting helps create environment for expression and communication through music.

Equipment Note: Please bring your own guitar.

Melody Academy of Music MAM Staff

820112-01 10-13yrs
Sun 8/14-9/18 12-12:45pm

Residents \$168* All Others \$199*

*Materials fee of \$25 due first day and does not include guitar rental.

Group Ukulele

Try the ukulele! This group class is designed for young beginners to help them learn basic ukulele skills which include, but is not limited to, chords, strum patterns, scales, and music reading.

Equipment Note: Please bring own ukulele or contact us to purchase one.

Melody Academy of Music MAM Staff

820113-01 8-12yrs
Sun 8/14-9/18 10-11:45am

Residents \$168* All Others \$199*

*Materials fee of \$25 due first day and does not include ukulele rental.

SPECIAL INTERESTS

SAFESITTER

For students who are interested in becoming childcare providers. We provide hands-on training in preventing and responding to emergencies, with an emphasis on first aid skills. We also cover infant care, planning age-appropriate activities, how to manage discipline issues, plus how to recognize child abuse and inappropriate adult behavior.

Note: Bring a sack lunch.

Hillview Rm 17 Santa Clara County Fire Dept Staff

820814-01 13-17yrs
Tue 6/14 9am-4:30pm

Residents \$35 All Others \$35

SPORTS

ARCHERY

THE ART & ENJOYMENT OF ARCHERY

The archery classes in this program are designed to help students learn and develop their archery skills. Instructor Ray Roan has practiced archery for over 30 years and has been teaching for more than 25 years.

Equipment Note for ALL archery classes: Basic archery equipment will be provided for students of all archery classes.

Archery 1

Participants will learn the technique of shooting a bow, as well as the names for each of the parts of the bow and arrow. This safe and fun class allows each individual to focus on their accomplishments.

RWG Field		Roan
810918-01		7+yrs
Thu	6/23-7/14	4-5pm
810918-02		7+yrs
Fri	6/24-7/15	4-5pm
Residents \$126		All Others \$149

Archery 2

This class is a continuation for those who are ready to move on to the next level (contact Ray Roan via the Recreation & Community Services office to see if you qualify), or for those who have been shooting archery for at least one year. The focus of this class will be to refine shooting form.

RWG Field		Roan
810938-01		8+yrs
Thu	6/23-7/14	5-6pm
Residents \$126		All Others \$149

Archery 3

This class is for those who have been taking archery classes for at least four years and want to further refine their shooting skills.

RWG Field		Roan
810939-01		9+yrs
Fri	6/24-7/15	5-6pm
Residents \$126		All Others \$149

EQUESTRIAN

ZURAEK STABLES

(408) 460-7226
11854 Page Mill Rd, Los Altos Hills

Western Horseback Riding Lessons

Passionate about horses? Come fulfill your dreams! Scheduled visit includes grooming, tacking and riding lesson. Trail rides and arena work available. All level riders are welcome. Lessons are private and average 1.5 hours; group lessons can be arranged.

Equipment Notes: Boots and long pants required. Helmets provided. (Boots may possibly be supplied depending on size: inquire at registration.)

Registration Note: To set up your session, call instructor Kristen Zuraek at (408) 460-7226.

Zuraek Stables	Zuraek
No code required	10-99yrs
<u>By appointment only: call to set up.</u>	
Residents \$81	All Others \$95



GOLF

DEEP CLIFF GOLF

Equipment Note for ALL Deep Cliff Golf classes: Golf clubs provided; however, if you have your own clubs, please bring them.

Weather Policy for ALL Deep Cliff Golf classes: We make every effort to hold our classes with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff Golf Course directly at (408)253-5357 within one hour of class for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Parent/Child Golf

Parents and children, come spend quality time together learning the game that may be enjoyed for a lifetime! You will receive instruction in skills, etiquette and some rules.

Deep Cliff Golf Course	Deep Cliff Staff
850914-01	7+yrs
Sat 6/4-6/25	8:30-10am
850914-02	7+yrs
Sat 7/9-7/30	8:30-10am
850914-03	7+yrs
Sat 8/6-8/27	8:30-10am
Residents \$137*	All Others \$162*

*Fee is per person.

Junior Golf

Young golfers, come learn and develop the basic skills of golf, including the proper etiquette and the most common rules of golf. You will learn and strengthen your abilities and knowledge of the game to prepare yourself for the next level, Intermediate Junior Golf.

Deep Cliff Golf Course	Deep Cliff Staff
810936-01	7-17yrs
Sat 6/4-6/25	10:30am-12pm
810936-02	7-17yrs
Sat 7/9-7/30	10:30am-12pm
810936-03	7-17yrs
Sat 8/6-8/27	10:30am-12pm
Residents \$157	All Others \$186

GYMNASTICS

TWISTERS SPORTS

*New location:
1165 N. Fair Oaks Ave, Sunnyvale*

Leaping Lions

(formerly Walking Wonders)
This class is designed to enhance motor development and encourage a love of physical fitness. Students and parents will be introduced to gymnastics concepts and equipment. We'll help your child develop muscle coordination, body control and social interaction in an educational environment.

Required: Parent participation is required.

Twisters Sports	Twisters Staff
852101-01	1.5-3yrs
Tue 6/14-8/9	10-10:45am
852101-02	1.5-3yrs
Sat 6/18-8/13	9-9:45am
Residents \$172	All Others \$204



Jumping Giraffes

(formerly Preschool Players)
In this class, students will experience class structure in a safe and fun environment that further enhances motor skills, coordination and self-confidence. Your child will learn the most fundamental gymnastics skills from Twisters' trained instructors.

Twisters Sports	Twisters Staff
862102-01	3-4yrs
Mon 6/13-8/8	10:30-11:15am
No class 7/4	
Residents \$162	All Others \$192

Cartwheel Kangeroos

(formerly Cartwheel Kinders)
Our Cartwheel Kangeroos class further expands physical, mental and social development. Students will learn basic gymnastics terminology, positions and skills. They will be carefully spotted by a trained instructor until they can complete the skills successfully.

Required: Parent participation is required.

Twisters Sports	Twisters Staff
862103-01	4-5yrs
Mon 6/13-8/8	11:15am-12pm
No class 7/4	
Residents \$162	All Others \$192

Bouncing Bears

(formerly Dyno Tumblers)
This class prepares students to transition to our recreational gymnastics classes. Students will develop coordination, strength, balance, and flexibility as they learn new gymnastics skills. Class also focuses on the development of self-confidence and social skills, with an emphasis on safety and fun.

Twisters Sports	Twisters Staff
812104-01	5-6yrs
Mon 6/13-8/8	3:30-4:15pm
No class 7/4	
Residents \$162	All Others \$192

Gymnastics for Girls

Students build strength and flexibility as they learn fundamental gymnastics skills in a structured and fun class. Students will be introduced to gymnastics concepts, terminology, and equipment through dynamic exercises and drills. Combined with the Character Counts Program, this class will help students develop positive life skills and encourage a healthy lifestyle.

Twisters Sports	Twisters Staff
812105-01	6-12yrs
Mon 6/13-8/8	4:45-5:40pm
No class 7/4	
Residents \$192	All Others \$228

ICE SKATING

NAZARETH ICE OASIS (NIO)

Note for ALL Nazareth Ice Oasis classes: Skate rental and 30-minute practice time immediately following lesson included in fee.

Required for ALL Nazareth Ice Oasis classes:
1. Please arrive 15 minutes before class begins.
2. Warm clothing, mittens/gloves.

Ice Skating: Parent & Me

This ice skating class is designed for a child and one parent/guardian, and is geared toward development of independence in the child so they may progress to a tot ice skating class without the adult.

Nazareth Ice Oasis		NIO Staff
850903-01		2.5-5yrs
Sat	7/9-8/13	12-12:30pm
Residents \$99*		All Others \$116*

*Fee includes both parent and child.

Ice Skating: Tot & Youth

Ice skating is a confidence-building sport that is challenging and rewarding. These classes will give you a fun introduction to basic ice skating skills, including skating forward, backward and stopping.

Nazareth Ice Oasis		NIO Staff
860903-01		3-5yrs
Tue	7/12-8/16	3:30-4pm
860903-02		3-5yrs
Wed	7/6-8/10	5:20-5:50pm
860903-03		3-5yrs
Sat	7/9-8/13	12-12:30pm
810903-01		6-12yrs
Tue	7/12-8/16	4-4:30pm
810903-02		6-12yrs
Wed	7/6-8/10	5:20-5:50pm
810903-03		6-12yrs
Sat	7/9-8/13	12-12:30pm
Residents \$99		All Others \$116



RUGBY

LET'S PLAY RUGBY (LPR)

Let's Play Rugby provides a safe and fun introductory class to rugby, the world's fastest growing Olympic sport. Sessions begin with warming up, lead into age-appropriate skills and movements, and build into games. Let's Play Rugby is non-competitive, non-contact flag rugby.

Bonus: Participants will receive a T-shirt.

Equipment Notes: Rugby/soccer cleats are recommended but not required. Balls and flags are provided.

McKenzie Park		LPR Staff
810971-01		5-7yrs
Wed	6/15-8/3	4-4:45pm
810971-02		8-10yrs
Wed	6/15-8/3	4:45-5:45pm
820971-01		11-13yrs
Sun	6/19-8/7	4-5pm
Residents \$136		All Others \$161

SOCCER

KIDZ LOVE SOCCER (KLS)

This soccer "school" is a non-competitive, recreational environment for children to learn and play the world's most popular sport. A session experience includes age-specific warm up, demonstration, thematic progressions (drills), and recreation games.

Bonus for ALL KLS classes: Each participant receives a KLS jersey!

Equipment Note for ALL KLS classes: No equipment required for Mommy/Daddy & Me classes. For ALL other KLS classes, shin guards required for all levels after the first meeting. NO EXCEPTIONS!

KLS Rain-out Hotline: (888)372-5803

KLS: Mommy/Daddy & Me

As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines!

Required: Parent participation is required.

Hillview Soccer Field		KLS Staff
850916-01		2-3.5yrs
Wed	6/22-8/10	9:30-10am
Residents \$108		All Others \$127

McKenzie Park		KLS Staff
850916-02		2-3.5yrs
Sat	7/9-8/27	11-11:30am
850916-03		2-3.5yrs
Sat	7/9-8/27	11:35am-12:05pm
Residents \$108		All Others \$127

KLS: Tot Soccer

Encourages large motor development through soccer skills and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Hillview Soccer Field		KLS Staff
860904-01		3.5-4yrs
Tue	6/21-8/9	5:50-6:20pm
860904-02		3.5-4yrs
Wed	6/22-8/10	10:10-10:40am
860904-03		3.5-4yrs
Thu	6/23-8/11	4:15-4:45pm
Residents \$108		All Others \$127

McKenzie Park		KLS Staff
860904-04		3.5-4yrs
Sat	7/9-8/27	10:20-10:50am
Residents \$108		All Others \$127

KLS: Pre Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activity. Children learn to follow instructions in a nurturing, teaching environment.

Hillview Soccer Field		KLS Staff
810904-01		4-5yrs
Tue	6/21-8/9	5:15-5:50pm
810904-02		4-5yrs
Wed	6/22-8/10	10:40-11:15am
810904-03		4-5yrs
Thu	6/23-8/11	4:45-5:20pm
Residents \$108		All Others \$127

McKenzie Park		KLS Staff
810904-04		4-5yrs
Sat	7/9-8/27	9:45-10:20am
Residents \$108		All Others \$127

KLS: Techniques & Teamwork

Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, age-specific defense, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session.

Hillview Soccer Field		KLS Staff
810967-01		5-6yrs
Tue	6/21-8/9	4:30-5:15pm
810967-02		5-6yrs
Wed	6/22-8/10	11:15am-12pm
810967-03		5-6yrs
Thu	6/23-8/11	5:20-6:05pm
Residents \$108		All Others \$127

McKenzie Park		KLS Staff
810967-04		5-6yrs
Sat	7/9-8/27	9-9:45am
Residents \$108		All Others \$127

KLS: Skillz & Scrimmages

In each class, we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Techniques & Teamwork classes for those who are aspiring to the next level.

Hillview Soccer Field		KLS Staff
810968-01		7-10yrs
Thu	6/23-8/11	6:05-6:50pm
Residents \$108		All Others \$127

COACH KEN'S SOCCER ACADEMY

Learn new and exciting soccer skills with Coach Ken. We have a proven record of helping kids achieve their full potential as soccer players. Our coaches are knowledgeable and passionate about the game. All lessons are age-appropriate, challenging and fun. All levels are welcome.

Equipment Note for ALL Coach Ken's classes: Shin guards and water are mandatory; sunscreen recommended.

Coach Ken's Soccer: 4-5yrs

Young players are introduced to soccer in a positive environment and they eventually play the real game. They learn FUNdamental touches and moves. They enjoy running through "the obstacle course" of speed ladders, hurdles and flags, which builds their coordination, speed and stamina.

Heritage Oaks Park		Coach Ken's Staff
810923-01		4-5yrs
Wed	6/15-8/10	5:15-6:15pm
810923-02		4-5yrs
Fri	6/17-8/12	5:15-6:15pm
Residents \$147		All Others \$174

Coach Ken's Soccer: 6-7yrs

We emphasize ball control and acquiring movement on and off the ball. Kids learn to use all foot surfaces, plus basic fakes and moves to get around opponents. We use 1 versus 1 matches, and conclude daily with a scrimmage. Kids separated into smaller groups by age and ability.

Heritage Oaks Park		Coach Ken's Staff
810942-01		6-7yrs
Wed	6/15-8/10	4-5:15pm
810942-02		6-7yrs
Fri	6/17-8/12	4-5:15pm
Residents \$147		All Others \$174

Coach Ken's Soccer: 8-11yrs

In addition to learning to control the ball and execute moves at speed, players learn to control high balls and juggling. We introduce them to tactical thinking and game strategies. Each session ends with a free-flowing scrimmage.

Heritage Oaks Park		Coach Ken's Staff
810943-01		8-11yrs
Wed	6/15-8/10	4-5:15pm
810943-02		8-11yrs
Fri	6/17-8/12	4-5:15pm
Residents \$147		All Others \$174





TENNIS

WHITLINGER/SARSFIELD TENNIS

whitlingersarsfieldtennis.com

Enjoy top-flight instruction from the staff of Stanford University Hall of Famer John Whitlinger and Stanford/USPTA Professional Tom Sarsfield. Youth classes of 3-8 students will consist of six-to-eight hours of instruction. Classes of two students will be converted into four one-hour lessons. Terrific Tiny Tennis classes will consist of six 40-minute lessons.

Equipment Note for ALL Whitlinger/Sarsfield Tennis classes: Bring a racquet to all classes!

Make-up Policy for ALL Whitlinger/Sarsfield Tennis classes: Make-ups will only be given on those occasions when inclement weather or an instructor's absence requires that a class be canceled. Unless notified to the contrary, make up lessons will be forwarded to the next normal meeting day and time. However, Fridays (for weekday lessons) or Sundays (for Saturday lessons) may be used at the instructor's discretion.

Rain Policy for ALL Whitlinger/Sarsfield Tennis classes: In case of rain, contact Recreation & Community Services at 947-2790, Monday - Friday, 8am-5pm, within an hour before scheduled starting time for class status. For evening or weekend classes, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for makeup date. No postponement announcement will be initiated by the instructor or Recreation & Community Services.

Terrific Tiny Tennis

Children, 4-7 years of age, play FUN activities and games with low-compression tennis balls on the "42-foot court" that will enhance their skill development in a success-oriented environment. Small group lessons: 4 students maximum for 30 minute lessons, 6 for 40 minute lessons! We recommend the 23" to 25" rackets.

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

810902-05		4.5-5yrs
Sat	6/18-7/30	3:10-3:50pm
No class 7/2		
810902-06		5-6yrs
Sat	6/18-7/30	8:20-9am
No class 7/2		
810902-07		6-7yrs
Sat	6/18-7/30	2:30-3:10pm
No class 7/2		
Residents	\$83	All Others \$97

Marymeade Tennis Courts 2/3 Whitlinger/Sarsfield Tennis Staff

810902-01		4.5-5yrs
Tue/Thu	6/14-6/30	5:30-6pm
810902-02		4.5-5yrs
Tue/Thu	7/5-7/21	5:30-6pm
810902-03		6-7yrs
Tue/Thu	6/14-6/30	5-5:30pm
810902-04		6-7yrs
Tue/Thu	7/5-7/21	5-5:30pm
Residents	\$83	All Others \$97

Junior Novice Tennis

Develop the essential techniques with emphasis on control, depth, and direction on the "78-foot court" with regulation tennis balls. Lessons will also incorporate rules, etiquette and basic doubles play.

Marymeade Tennis Courts 2/3 Whitlinger/Sarsfield Tennis Staff

820946-01		11-14yrs
Tue/Thu	6/14-6/30	3-4pm
820946-02		11-14yrs
Tue/Thu	7/5-7/21	3-4pm
Residents	\$83	All Others \$97

Quickstart Tennis

Kids, 8-10 years old, will enhance their skill development with low-compression tennis balls on the "60-foot court." Play to learn!

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

820902-01		8-10yrs
Sat	6/18-7/30	1:30-2:30pm
No class 7/2		
Residents	\$83	All Others \$97

Marymeade Tennis Courts 2/3 Whitlinger/Sarsfield Tennis Staff

820902-02		8-10yrs
Tue/Thu	6/14-6/30	4-5pm
820902-03		8-10yrs
Tue/Thu	7/5-7/21	4-5pm
820902-04		8-10yrs
Tue/Thu	7/26-8/4	4:30-6pm
Residents	\$83	All Others \$97

Junior Low Intermediate Tennis

For players who are consistent on a slow-paced rally but need to develop depth and directional control when pace is added. Review and strengthen stroke techniques with emphasis on basic strategy and tactics.

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

820947-01		11-14yrs
Sat	6/18-7/30	11am-12pm
No class 7/2		
Residents	\$83	All Others \$97

Marymeade Tennis Courts 2/3 Whitlinger/Sarsfield Tennis Staff

820947-02		11-14yrs
Tue/Thu	7/26-8/4	3-4:30pm
Residents	\$83	All Others \$97

ADULT SUMMMER CLASSES

ARTS & CRAFTS

ARTVENTURES

Visual artists of all genres and levels are welcome! Bring your current project to work amongst others in a supportive environment.

Required Materials: Pick up an ArtVentures flyer found at the Los Altos Senior Center, or call us at 947-2797 for the details and materials required for each week's class.

Registration Note: Register for the quarter (outlined below) or drop ins also accepted: \$1 for Senior Program members; \$3 for all others.

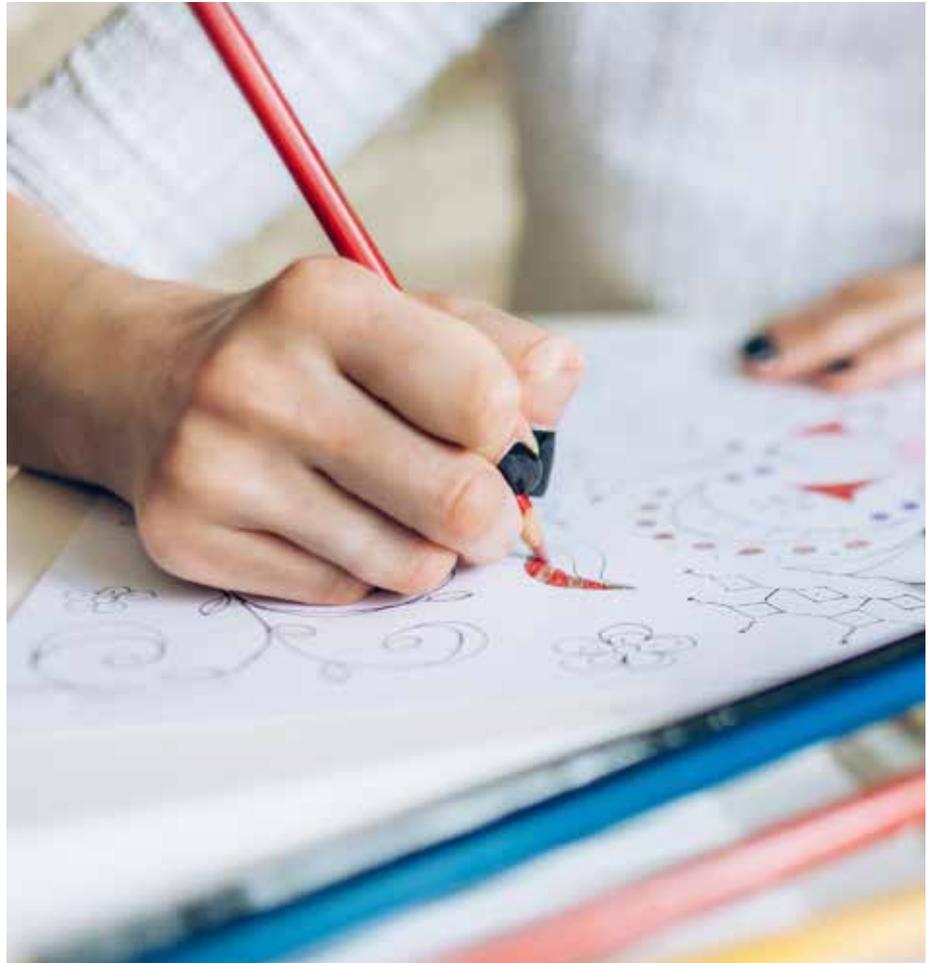
Hillview Rm 12	Various
645514-03	50+yrs
Wed 6/15-8/24	9:30am-12pm
<i>Senior Program Members \$12</i>	
<i>All Others \$36*</i>	
<i>*For Senior Program membership info, plus all our Senior Program offerings, please see pg 54.</i>	

iPAD ART

An exciting class that empowers students to use their iPads creatively by teaching them to use apps to create art, books and even 3D sculptures!

Note: Must bring own iPad with IOS 7 or higher and download Paper by 53, BookCreator, and 123D Sculpt.

Hillview Rm 16	Mustard
830525-01	18+yrs
Fri 6/17-8/5	9:30-11am
830525-02	18+yrs
Fri 6/17-8/5	11am-12:30pm
<i>Residents \$142*</i>	<i>All Others \$168*</i>
<i>*Materials fee of \$20 due first day. Plus, fees required for 3D printing as prearranged with instructor.</i>	



SEWING BY MACHINE

Learn machine sewing techniques, create new projects each session, and make a sample notebook to keep. Lots of individual instruction. Computerized machines are available. Contact certified sewing instructor Debbie Nelson for specifics at dnelson6@gmail.com.

Hillview Rm 2	Nelson
850605-01	8+yrs
Wed 6/22-8/17	4:30-6:30pm
<i>No class 7/6</i>	
850605-02	8+yrs
Wed 6/22-8/17	6:45-8:45pm
<i>No class 7/6</i>	
<i>Residents \$211*</i>	<i>All Others \$229*</i>
<i>*Materials fee of \$25 due first day.</i>	

ZENTANGLE with JANN

Intro to Zentangle®

The Zentangle Method is easy-to-learn, relaxing and fun. It's also yoga for your brain! Create beautiful images by drawing structured paper design that you've created "one stroke at a time"! This class invites all levels. No artistic talent required for success!

Hillview Rm 12	Griffiths
830539-01	18+yrs
Sun 6/19	1-4pm
<i>Residents \$69*</i>	<i>All Others \$80*</i>
<i>*Materials fee of \$10 due first day.</i>	

Stand Up Paddle Boarding Yoga

Take your yoga practice outside and on the water. Your mat is a stand up paddleboard; the world is your studio and all the elements have been invited: sun, wind, water, and earth.

Equipment Notes: Dress in layers as you would come to any yoga class. No cotton. Sunglasses recommended. Swimsuit if you don't want to get clothes wet.

Shoreline Aquatic Center	SAC Staff
820945-01	14+yrs
Sun 6/19	9-10:15am
820945-02	14+yrs
Sun 6/26	9-10:15am
820945-03	14+yrs
Sun 7/3	9-10:15am
820945-04	14+yrs
Sun 7/10	9-10:15am
820945-05	14+yrs
Sun 7/17	9-10:15am
820945-06	14+yrs
Sun 7/24	9-10:15am
Residents \$37	All Others \$42

Kayaking: Level 1

Our knowledgeable and experienced staff of instructors will introduce you to this lifetime sport in a matter of hours! Learn stroke techniques, launching and landing, nomenclature, self-rescue, water safety, and equipment tuning.

Equipment Notes: Bring bathing suit, towel, sun protection, water, and shoes that can be worn in the water.

Shoreline Aquatic Center	SAC Staff
820943-01	13+yrs
Sun 6/26	9am-12pm
820943-02	13+yrs
Sat 7/9	9am-12pm
820943-03	13+yrs
Sun 7/24	9am-12pm
820943-04	13+yrs
Sat 8/6	9am-12pm
820943-05	13+yrs
Sun 8/21	9am-12pm
Residents \$107	All Others \$126



Sailing: Level 1

Learn to harness the calm morning breeze in protected water - perfect for learning the ropes. Includes a one hour private lesson you can schedule within two weeks after the class.

Shoreline Aquatic Center	SAC Staff
820944-01	14+yrs
Sat/Sun 6/25-6/26	9am-1pm
820944-02	14+yrs
Sat/Sun 7/2-7/3	9am-1pm
820944-03	14+yrs
Sat/Sun 7/9-7/10	9am-1pm
820944-04	14+yrs
Sat/Sun 7/16-7/17	9am-1pm
820944-05	14+yrs
Sat/Sun 7/23-7/24	9am-1pm
820944-06	14+yrs
Sat/Sun 7/30-7/31	9am-1pm
Residents \$287	All Others \$307

Windsurfing: Level 1

Learn to windsurf in a weekend with our certified instructing staff! With an outstanding curriculum and the use of land simulators, students will be up and sailing in a matter of hours regardless of age, strength and size!

Requirements: Students must be comfortable swimming and treading water.

Shoreline Aquatic Center	SAC Staff
820821-01	14+yrs
Sat/Sun 6/25-6/26	9am-1pm
820821-02	14+yrs
Sat/Sun 7/2-7/3	9am-1pm
820821-03	14+yrs
Sat/Sun 7/9-7/10	9am-1pm
820821-04	14+yrs
Sat/Sun 7/16-7/17	9am-1pm
820821-05	14+yrs
Sat/Sun 7/23-7/24	9am-1pm
820821-06	14+yrs
Sat/Sun 7/30-7/31	9am-1pm
Residents \$207	All Others \$246



ADULT SUMMMER CLASSES

ARTS & CRAFTS

ARTVENTURES

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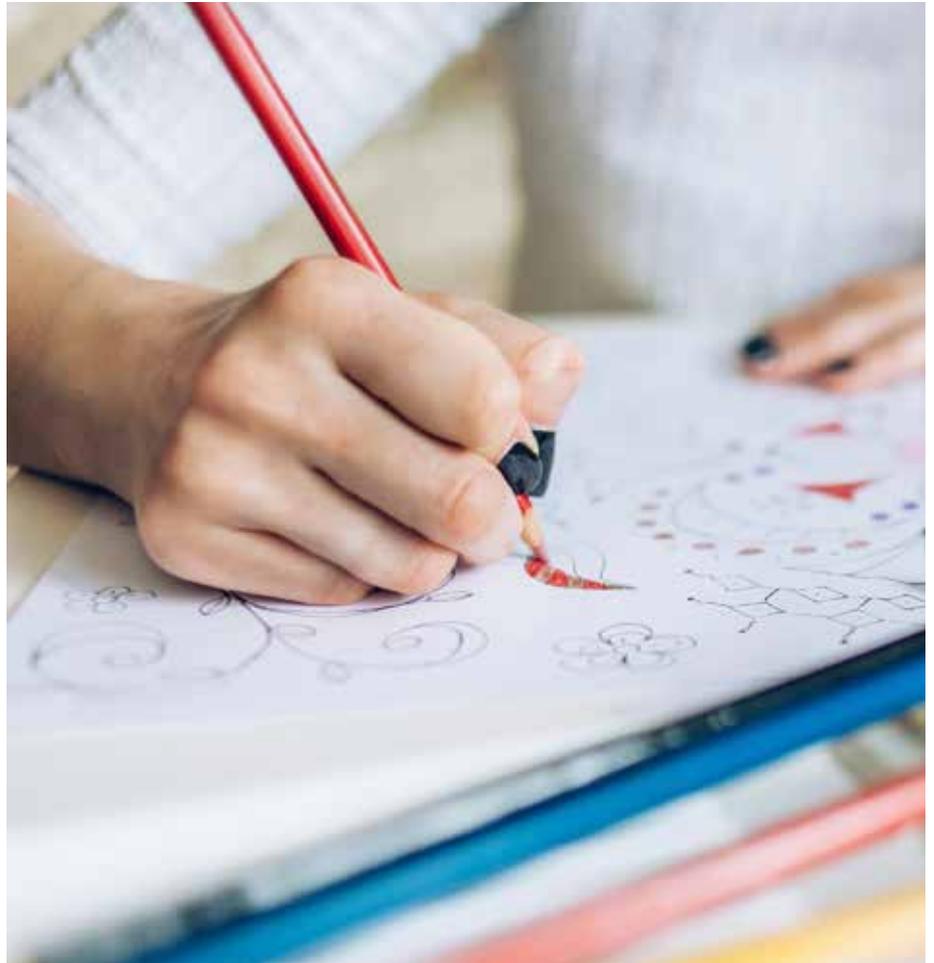
Hillview Rm 12	Various
645514-03	50+yrs
Wed 6/15-8/24	9:30am-12pm
<i>Senior Program Members \$12</i>	
<i>All Others \$36*</i>	
<i>*For Senior Program membership info, plus all our Senior Program offerings, please see pg 54.</i>	

iPAD ART

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Note: Must bring own iPad with IOS 7 or higher and download Paper by 53, BookCreator, and 123D Sculpt.

Hillview Rm 16	Mustard
830525-01	18+yrs
Fri 6/17-8/5	9:30-11am
830525-02	18+yrs
Fri 6/17-8/5	11am-12:30pm
<i>Residents \$142*</i>	<i>All Others \$168*</i>
<i>*Materials fee of \$20 due first day. Plus, fees required for 3D printing as prearranged with instructor.</i>	



SEWING BY MACHINE

Learn machine sewing techniques, create new projects each session, and make a sample notebook to keep. Lots of individual instruction. Computerized machines are available. Contact certified sewing instructor Debbie Nelson for specifics at dnelson6@gmail.com.

Hillview Rm 2	Nelson
850605-01	8+yrs
Wed 6/22-8/17	4:30-6:30pm
<i>No class 7/6</i>	
850605-02	8+yrs
Wed 6/22-8/17	6:45-8:45pm
<i>No class 7/6</i>	
<i>Residents \$211*</i>	<i>All Others \$229*</i>
<i>*Materials fee of \$25 due first day.</i>	

ZENTANGLE with JANN

Intro to Zentangle®

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Hillview Rm 12	Griffiths
830539-01	18+yrs
Sat 6/18	1-4pm
<i>Residents \$69*</i>	<i>All Others \$80*</i>
<i>*Materials fee of \$10 due first day.</i>	

Zentangle: Learn from the Masters

Make your Zentangle art come alive with shading! Then expand your knowledge with the Renaissance technology black and white pens on beige backgrounds, along with graphite and charcoal to shade and highlight.

Prerequisite: Some Zentangle experience required.

Hillview Rm 12		Griffiths
830540-01		18+yrs
Thu	6/30	6-9pm
830540-02		18+yrs
Wed	7/20	1-4pm
Residents \$69*		All Others \$80*
*Materials fee of \$10 due first day.		

DANCE & FITNESS

BABY BOOT CAMP

Baby Boot Camp is a 75-minute stroller fitness class. Get an all-body workout including cardiovascular drills, strength training and exercises designed to restore your core...all while being with your baby! For moms and caretakers.

BABY BOOT CAMP IS AN ON-GOING PROGRAM. REGISTER AT CLASS OR BY CONTACTING THE INSTRUCTOR ANYTIME!

Equipment Note: Exercise kits are required for first-time participants and can be purchased from the instructor for \$49. Make sure to bring a yoga mat or towel, water, toys, and snacks for your baby and a stroller (a jogging type stroller is recommended.)

New Student Note: Try Baby Boot Camp on us! Contact the instructor at samantha.bartholomew@babybootcamp.com to set up your first class free.

Registration Note: Register at class. Classes range from \$10-\$13 depending on number of classes purchased. In case of rain, please contact the instructor at (408)412-1080.

Required: Prenatal women must have a doctor's note and postpartum women (6-8 weeks) must have their doctor's verbal consent to participate.

Rancho San Antonio Open Space Preserve* Bartholomew

No code required		18+yrs
M/W/F	on-going	9:30-10:45am
No class 7/4		

*Meet at the information booth near restrooms.

BALLROOM DANCE

Equipment Note for ALL Ballroom Dance classes: Please wear non-stick shoes.

Ballroom & Latin Dance: Beginner

Ballroom dancing produces significant mental and physical health benefits: it relieves stress, stimulates the brain, builds confidence, all while toning the whole body! For this session, we'll concentrate on the waltz, tango, rumba, cha cha, East coast swing, and Latin dances.

LAYC		Minev
830202-01		18+yrs
Thu	6/16-8/25	7-7:45pm
No class 7/7		
Residents \$162		All Others \$192

Ballroom & Latin Dance: Intermediate

This class is for people who already know how to dance the ballroom and Latin dances! Class focuses on technique, proper footwork, posture, and learning new intermediate level dance steps.

LAYC		Minev
830239-01		18+yrs
Thu	6/16-8/18	7:45-8:30pm
No class 7/7		
Residents \$162		All Others \$192

BELLY DANCE WITH RAWIYAH

Belly Dance: Beginning

An introduction of classic movements, music and rhythms of the Middle East. Have fun dancing while learning to identify and isolate muscle groups and use finger cymbals (zills). This low-impact workout welcomes all abilities and body types.

Required: 1. Wear comfortable clothing, a hip wrap and dance slippers. 2. Finger cymbals (zills) required; information regarding purchase given at first class.

Hillview Rm 4		Rawiyah
830208-01		12+yrs
Wed	6/15-7/27	7-8pm
No class 7/6		
Residents \$57		All Others \$66

Belly Dance: Intermediate/Advanced

This class prepares dancers to perform for an audience, focusing on precision, musicality, and expression, as well as performer etiquette. The last class serves as a recital where students demonstrate their new skills. It's a hafla - a belly dance party!

Prerequisite: Beginning Belly Dance or teacher approval.

Hillview Rm 4		Rawiyah
830236-01		12+yrs
Wed	6/15-7/27	8-9pm
No class 7/6		
Residents \$57		All Others \$66





HALPER'S FITNESS

fitnesshalpers.com
479-5955

Bodyweight Boot Camp

If you are ready to shed some pounds, increase lean muscle mass and improve overall fitness, then gather up some friends: our Bodyweight Boot Camps are perfect for you. For more info, contact instructor as noted above.

Equipment Note: Please bring yoga mat.

Hillview MPR		Halper	
845105-04		18+yrs	
Mon/Wed	6/27-7/20	8:45-9:45am	
845105-05		18+yrs	
Mon/Wed	7/25-8/17	8:45-9:45am	
845105-06		18+yrs	
Mon/Wed	8/22-9/7	8:45-9:45am	
Residents \$160		All Others \$190	

Los Altos Hills Council Chambers

Halper		
845105-01		18+yrs
Mon/Wed	6/27-7/20	6-7am
845105-02		18+yrs
Mon/Wed	7/25-8/17	6-7am
845105-03		18+yrs
Mon/Wed	8/22-9/7	6-7am
Residents \$160		All Others \$190

Fun + Fitness

(formerly Fitness for Seniors)

Having balance issues? Afraid of falling? Feeling weak and lacking energy? Come on down and have some fun listening to music and getting fit with friends. This is a class that involves basic everyday movements to improve range of motion, flexibility, muscle strength, and balance. For more info, contact instructor as noted above.

Equipment Note: Resistance band, Pilates ball, and your choice of dumb bell weight between 1-10lbs required.

Los Altos Hills Council Chambers

Halper		
845106-01		50+yrs
Mon/Wed	6/27-7/20	11:45am-12:45pm
845106-02		50+yrs
Mon/Wed	7/25-8/17	11:45am-12:45pm
845106-03		50+yrs
Mon/Wed	8/22-9/7	11:45am-12:45pm
Residents \$160		All Others \$190

JACKI SORENSEN'S FITNESS CLASSES

StrongStep

Jacki's StrongStep is an easy-to-follow, low impact workout to motivating music that incorporates aerobics, strength training, ab work, and stretching. Participate at your own level. Arrive early for your first class to meet the instructor and set your personal fitness goals. Call 961-5411 for more info.

Equipment Note: Bring mat or towel for floor work. Steps provided.

Hillview Social Hall		Franich	
No code required		18+yrs	
Mon/Wed	on-going	8:30-9:30am	
<i>Register at class; 10 classes for \$60. First week FREE!</i>			

YMCA LOW-IMPACT AEROBICS

Condition your heart and burn calories without excessive jumping, jogging or bouncing. This class consists of a warm-up, then low-impact aerobic movement and muscular endurance work, followed by a cool down.

Required: Participants must sign a YMCA waiver prior to start of first class.

Hillview Social Hall		Phillips	
Mon/Wed	on-going	5:30-6:30pm	
<i>No class on observed holidays.</i>			
<i>Register at class; 10 classes for \$50</i>			

JAZZERCISE®

Jazzercise

JAZZERCISE is a 60-minute class incorporating cardio, strength and stretch moves for a total body workout.

We've taken moves from hip-hop, yoga, Pilates, kickboxing, and resistance training and bundled them into one hour. All ages, levels and sizes welcome.

JAZZERCISE IS AN ON-GOING PROGRAM. REGISTER AT CLASS, ANYTIME!

New Student Note: Try Jazzercise on us! Come in and receive a free week pass!

Georgi Shea 941-3141
 Jerome Flowers (408) 279-5277
 Nicole Brekke (408) 773-8660
 Nisa Leone (408) 505-2048

LAYC No code required 18+yrs
 M/W/F on-going 9:15-10:15am

LAYC No code required 18+yrs
 Tue/Thu on-going 9:15-10:15am
 No code required 18+yrs
 Sat on-going 9-10am

Blach Gym No code required 18+yrs
 Mon/Wed on-going 6-7pm
 No code required 18+yrs
 Tue/Thu on-going 6:30-7:30pm
 No code required 18+yrs
 Sat on-going 8:30-9:30am

Grant MPR No code required 18+yrs
 M/Tu/Th on-going 9-10am
 No code required 18+yrs
 Sun on-going 8:30-9:30am

Brekke

18+yrs
 9:15-10:15am

Flowers

18+yrs
 9:15-10:15am

18+yrs
 9-10am

Shea

18+yrs
 6-7pm

18+yrs
 6:30-7:30pm

18+yrs
 8:30-9:30am

Leone

18+yrs
 9-10am

18+yrs
 8:30-9:30am

NEW!

Jazzercise: Body Sculpting

Tone your muscles and strengthen your body with this class. Although there are no fast moving dance steps, you will still increase your heart rate in this class. For beginners and advanced participants. Workouts modified to each ability level.

BODY SCULPTING IS AN ON-GOING CLASS. REGISTER AT CLASS, ANYTIME!

Equipment Note: Please bring a mat and water bottle.

Grant MPR **Leone**

No code required 18+yrs
 Tue/Thu on-going 10:15-11:15am

\$45 per class - for one or two participants
 \$25 per class - for 3 or more participants



LINE DANCING

Step right up! An easy way to get some healthy exercise and have fun keeping fit. The warm camaraderie, great music and good workout will keep you high stepping all week. Call Richard Campbell at (408)377-6978 with questions.

Registration Note: Register for the month or drop ins welcome: \$6 for Senior Program members; \$8 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 4 **Campbell**
 645511-06 50+yrs
 Tue 6/7-6/28 1-2pm
 Senior Program Members \$24
 All Others \$30*

Hillview Rm 4 **Campbell**
 645511-07 50+yrs
 Tue 7/5-7/26 1-2pm
 Senior Program Members \$24
 All Others \$30*

Hillview Rm 4 **Campbell**
 645511-08 50+yrs
 Tue 8/2-8/30 1-2pm
 Senior Program Members \$30
 All Others \$40*
 *For Senior Program membership info, plus all our Senior Program offerings, please see pg 54.

NORA'S EXERCISE CLASSES

Stretch & Flex

Lengthen and strengthen in this class. Tone your muscles and improve range of motion in your joints.

Equipment Note: Bring a mat to each class.

Hillview Social Hall **Beltran**
 645108-08 50+yrs
 Tue/Thu 7/12-8/25 8:50-9:50am
 645108-09 50+yrs
 Tue/Thu 7/12-8/25 10-11am
 Senior Program Members \$45
 All Others \$55*
 *For Senior Program membership info, plus all our Senior Program offerings, please see pg 54.

Strength & Balance

Join group leader Nora Beltran and enjoy gentle exercises that strengthen the body and improve balance.

Equipment Note: Bring your own dumb bells (optional).

Hillview MPR **Beltran**
 645107-04 50+yrs
 Tue/Thu 7/12-8/25 11:30am-12:15pm
 Senior Program Members \$16
 All Others \$48*
 *For Senior Program membership info, plus all our Senior Program offerings, please see pg 54.

TEAM FITNESS

teamfitness.com

Cross Training with Team Fitness

Geared for beginner to well-conditioned athletes, each one-hour class varies training elements for complete fitness. Indoors and outdoors, we integrate weights, agilities, sprints, power walking, flexibility, ropes, sports, and lots of fun. Join us for a free trial week.

New Student Note: For new members, June through August: get your first two months at 50% off.

Registration Note: To set up your first visit, call or email Team Fitness staff at (877) 751-5100, x3 or tomgordon@teamfitness.com.

Blach Gym		Team Fit Staff
No code required	coed class	18+yrs
M/W/F	on-going	6-7am
No code required	coed class	18+yrs
Tue/Thu	on-going	6-7am
No code required	men's basketball	18+yrs
Sat	on-going	6-7am
No code required	coed class	18+yrs
Sat	on-going	7-8am

Egan Gym		Team Fit Staff
No code required	coed class	18+yrs
M/W/F	on-going	6-7am

Personal Training by Team Fitness

With over 40 years of collective coaching, our two Los Altos coaches will work with you whether you're just getting started or have been working out for some time. Can also form a small personal training group of two to three friends.

Registration Note: By appointment only. To register, email or call Tom Gordon at tomgordon@teamfitness.com or call (877)751-5100, x3.

By appointment only	Team Fit Staff
\$35 per hour – 3 people	
\$45 per hour – 2 people	
\$75 per hour – Individual	





YOGA

YOGA FOR ADULTS

Hatha yoga encourages healing of the body by releasing physical, mental and emotional tension. It also promotes strength and flexibility. These beginning and intermediate classes offer instruction based on the teaching of BKS Iyengar in asana practice, breathing techniques and end with deep relaxation.

Equipment Note: Yoga sticky mat, thick towel or blanket required. Wear comfortable clothes.

Hillview Rm 4		Graul
831702-01	Beginning	18+yrs
Thu	6/16-8/25	6-7:15pm
831702-02	Continuing	18+yrs
Mon	6/13-8/22	6-7:30pm
<u>No class 7/4</u>		
Residents \$132		All Others \$156

YOGA WITH MIKI

*Certified Yoga Therapist
yogawithmiki.ca.nf*

Nia Dance-Yoga-Pilates

Enjoy this fun workout: 25 minutes low-impact dance based on yoga, tai-chi, tae kwon do, jazz, and world dance. (No dance experience necessary.) Then to the mat for yoga-Pilates to strengthen the abs, build core stability and improve posture.

Equipment Note: Please bring yoga mat and towel.

Shoup Park Garden House		Bouso
831715-01		18+yrs
Fri	6/24-8/26	9:15-10:40am
<u>No class 7/1, 7/8</u>		
Residents \$130		All Others \$154

Yoga-Pilates Combo Class

Through a series of Pilates and yoga exercises, students will strengthen their abdominals, build core stability, improve posture and alignment, increase flexibility, mobilize the spine, stretch, and release tension throughout the body.

Equipment Note: Yoga mat, towel, loose clothing.

Shoup Park Garden House		Bouso
831706-01		18+yrs
Wed	6/22-8/24	10:45-11:50am
<u>No class 6/29, 7/6</u>		
Residents \$100		All Others \$118

Shoup Park Garden House		Bouso
831706-02		18+yrs
Fri	6/24-8/26	9:40-10:40am
<u>No class 7/1, 7/8</u>		
Residents \$100		All Others \$118

Gentle Yoga for a Healthy Spine

This class focuses on increasing flexibility, mobilizing and strengthening the spine, releasing tension, toning the core, and achieving a sense of well-being. You will leave class feeling relaxed and energized. Suitable for beginners.

Equipment Note: Yoga mat, towel and loose clothing.

Shoup Park Garden House		Bouso
831707-01		18+yrs
Wed	6/22-8/24	9:30-10:30am
<u>No class 6/29, 7/6</u>		
831707-02		18+yrs
Mon	6/20-8/22	9:15-10:15am
<u>No class 6/27, 7/4</u>		
Residents \$100		All Others \$118

MARTIAL ARTS

CHANG TAI DO KARATE & FITNESS

changtaido.com

Chang Tai Do Karate

Introduction to the history, culture, terminology and etiquette of Chang Tai Do Karate. Learn proper stretching, basic blocks, punches, kicks and strikes, self-defense, forms (kata), and sparring (kumite). Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance, and skills to defend oneself.

Equipment Note: Participants must contact instructor (changtaido@yahoo.com) to determine mandatory materials fee due first day. Fees based on specific materials needed by participant.

Notes: 1. Hitting or striking another student is not permitted. 2. Testing and private lessons available for additional fees.

Hillview Social Hall		Chang/Huey/Do
831102-01		18+yrs
Tue/Thu	7/12-9/22	7-8pm
Residents \$179*		All Others \$212*
<i>*Participants must contact instructor (changtaido@yahoo.com) to determine mandatory materials fee due first day.</i>		

JUJITSU

For beginning and advanced students. Through a unique and supportive teaching style, students will learn punching, kicking, throwing, falling, grappling, and real world, practical self-defense techniques. Join this exciting class and improve your self-confidence, condition your physical self and develop a positive self-image.

Grant MPR		Gearhart
831101-01		16+yrs
Mon/Thu	6/23-8/25	7:30-9pm
<u>No class 7/4</u>		
Residents \$158		All Others \$187

TAI CHI FOR LIFE!

Learn new ways to RELAX, REVITALIZE and HAVE FUN. Tai chi is a mindful, internal martial art that flows in gentle and slow whole body movements. It promotes health, balance, flexibility, strength, and clarity.

Registration Note: Register for the quarter or drop ins welcome: \$10 for Senior Program members; \$12 for all others. Register for drop ins before each class at the Senior Center.

Hillview Social Hall		Scheer
645534-03		50+yrs
Tue	6/14-8/30	12:45-1:45pm
<u>No class 7/5, 8/16</u>		
Senior Program Members \$85		
All Others \$94*		

**For Senior Program membership info, plus all our Senior Program offerings, please see pg 54.*



SPECIAL INTEREST

FAMILY FRIENDS

PET FIRST AID & CPR

Learn how to save a pet's life during an emergency, minimize trauma after injury and safely transport an injured pet to the vet. This program covers wounds, fractures, choking, cardiac emergencies, and more. Booklet and certificate included in fee.

Registration Note: Youth participants (12-17yrs) must be accompanied by a registered adult participant.

Hillview Rm 13		Pay
850835-01		12+yrs
Sat	7/16	9am-1pm
Residents \$47		All Others \$65

ADOBE DOG TRAINING

Dog Obedience

For dogs five months of age or older. Introduces basic and intermediate dog-training skills. Content includes discussions on responsible dog ownership in today's society. All work will be done on lead unless prior approval is received from instructor.

Equipment Notes: 1. Flat buckle collar. (Other collar choices may be approved by instructor.) 2. Six-foot lead/leash of fabric or leather. No retractable leashes. 3. Do not feed dog on morning of class; bring lots of small, tasty treats (or a favorite toy) to reward your dog at class.

Prerequisite for advanced class: Must have successfully completed the beginner class.

BEGINNER CLASS

Hillview Baseball Field			
Adobe Dog Training Staff			18+yrs
830837-01			18+yrs
Wed	6/1-7/6	10:15-11:15am	
830837-02			18+yrs
Wed	7/13-8/17	10:15-11:15am	
830837-03			18+yrs
Wed	8/24-9/28	10:15-11:15am	
Residents \$70			All Others \$82

ADVANCED CLASS

Hillview Baseball Field			
Adobe Dog Training Staff			18+yrs
830801-01			18+yrs
Wed	6/1-7/6	9-10am	
830801-02			18+yrs
Wed	7/13-8/17	9-10am	
830801-03			18+yrs
Wed	8/24-9/28	9-10am	
Residents \$70			All Others \$82

GAMES WE PLAY!

INTERMEDIATE BRIDGE

This year-round class teaches only intermediate social (party) bridge. It helps players to advance their skills at both bidding and playing. Lessons assume basic bridge knowledge including evaluation of hands and ordinary hand bidding. Classes include a one-hour lecture, followed by student play.

Registration Note: Register for the quarter or drop ins are welcome: \$5 for Senior Program members; \$7 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 12 **Plutynski**
645530-03 50+yrs
Thu 6/16-9/8 9:15am-12pm
Senior Program Members \$78
All Others \$104*

*For Senior Program membership info, plus all our Senior Program offerings, please see pg 54.

HEALTH

NEW!

SUGAR BLUES

Are you the type of person who craves sweets? We've designed this class to permanently change your relationship with sugar! Leave this class understanding the causes of your sugar cravings and receive practical tools for dealing with them.

Hillview Rm 18 **Tanz**
832901-01 18+yrs
Tue 6/14 6-7:30pm
Residents & All Others FREE!



MEDITATION WITH USHA

Mindfulness Meditation: Beginners

As proven by neuroscientists, Mindfulness Meditation rewires our neural pathways so we relate to ourselves and others calmly, non-judgmentally, compassionately. Result? A life of balance, peace, happiness, contentment. Increased concentration and productivity. Greater stress resilience, empathy, sense of well-being. Come and see!

Notes: 1. Chairs are available but if you feel comfortable sitting on the floor, please bring a cushion. 2. Wear comfortable clothing.

Hillview Rm 2 **Welaratna, PhD**
830822-01 18+yrs
Mon 6/13-8/1 9-11am
No class 7/4
830822-02 18+yrs
Mon 6/13-8/1 6-8pm
No class 7/4

Residents \$186* All Others \$220*
*Materials fee of \$30 due first class.

NEW!

Neuro Power

Want to increase mental fitness? Decrease memory loss? Keep your brain young, strong, creative? Quickly recall names and numbers? This class shows how, with fun strategies that stimulate the production of nutrients that grow brain cells - even in our senior years.

Hillview Rm 2 **Welaratna, PhD**
833001-01 21+yrs
Sat 6/18-7/23 10-11:30am
Residents \$212 All Others \$252

VARIOUS

PERSONAL EMERGENCY PREPAREDNESS

Personal Emergency Preparedness is a 3-hour class designed to prepare citizens to cope in the event of a disaster and to be self-sufficient during the first 72 hours or until emergency relief is available.

Note: You may want to bring a light snack to class.

Hillview Rm 17 **Hurst**
830813-01 18+yrs
Sat 7/23 12-3pm
Residents and All Others FREE!



SPORTS

ARCHERY

THE ART & ENJOYMENT OF ARCHERY

The archery classes in this program are designed to help students of all ages learn and develop their archery skills. Instructor Ray Roan has practiced archery for over 30 years and has been teaching for more than 25 years.

Equipment Note for ALL archery classes: Basic archery equipment will be provided for students of all archery classes.

Archery 1

Participants will learn the technique of shooting a bow, as well as the names for each of the parts of the bow and arrow. This safe and fun class allows each individual to focus on their accomplishments.

RWG Field		Roan
810918-01		7+yrs
Thu	6/23-7/14	4-5pm
810918-02		7+yrs
Fri	6/24-7/15	4-5pm
Residents \$126		All Others \$149

Archery 2

This class is a continuation for those who are ready to move on to the next level (contact Ray Roan via the Recreation & Community Services office to see if you qualify), or for those who have been shooting archery for at least one year. The focus of this class will be to refine shooting form.

RWG Field		Roan
810938-01		8+yrs
Thu	6/23-7/14	5-6pm
Residents \$126		All Others \$149

Archery 3

This class is for those who have been taking archery classes for at least four years and want to further refine their shooting skills.

RWG Field		Roan
810939-01		9+yrs
Fri	6/24-7/15	5-6pm
Residents \$126		All Others \$149

BADMINTON

Adult Badminton Drop In

Let's play badminton! It's a fun workout. Bring a friend or come alone. See you there!

Equipment Note: Bring your racquet and birdies.

Egan Middle School Gym LA Recreation & Community Svcs Staff

No code required 18+yrs
Wed 6/1-8/24 6-8pm
Residents & All Others \$5 at the door



BASKETBALL

Adult Basketball Drop In

Looking for some hoop action? Whether you like pick-up games or simply to shoot around, this is the time and place to do it! Bring a friend or come alone. See you there!

Equipment Note: All equipment provided.

Egan Middle School Gym LA Recreation & Community Svcs Staff

No code required 18+yrs
Wed 6/1-8/24 8-10pm
Residents & All Others \$3 at the door

EQUESTRIAN

ZURAEK STABLES

(408) 460-7226
11854 Page Mill Rd, Los Altos Hills

Western Horseback Riding Lessons

Passionate about horses? Come fulfill your dreams! Scheduled visit includes grooming, tacking and riding lesson. Trail rides and arena work available. All level riders are welcome. Lessons are private and average 1.5 hours; group lessons can be arranged.

Equipment Notes: Boots and long pants required. Helmets provided. (Boots may possibly be supplied depending on size; inquire at registration.)

Registration Note: To set up your session, call instructor Kristen Zuraek at (408) 460-7226.

Zuraek Stables **Zuraek**
No code required 10-99yrs
By appointment only: call to set up.
Residents \$81 All Others \$95

GOLF

DEEP CLIFF GOLF

Equipment Note for ALL Deep Cliff golf classes: Golf clubs provided; however, if you have your own clubs, please bring them.

Weather Policy for ALL Deep Cliff golf classes: We make every effort to hold our classes with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff Golf Course directly at (408)253-5357 within one hour of class for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Adult Golf

This class emphasizes building good fundamentals. Focus is on the four basic swings of golf. Beginner to intermediate, we invite you to come jump-start your golf career or move your golf game forward.

Deep Cliff Golf Course	Deep Cliff Staff
830914-01	18+yrs
Sat 6/4-6/25	1-2:30pm
830914-02	18+yrs
Sat 7/9-7/30	1-2:30pm
830914-03	18+yrs
Sat 8/6-8/27	1-2:30pm
Residents \$157	All Others \$186

Golf for Women

Ladies, come join a class of all women to learn the skills of putting, chipping, pitching, and full swing. This is a really fun class for new golfers, as well as for those who want to improve their skills. Meet new friends as you play. Rules and etiquette are also covered.

Deep Cliff Golf Course	Deep Cliff Staff
830915-02	18+yrs
Tue/Thu 6/14-6/23	6:30-8pm
830915-03	18+yrs
Tue/Thu 7/12-7/21	6:30-8pm
830915-04	18+yrs
Sat 7/16-8/13	10-11:30am
No class 8/6	
830915-05	18+yrs
Sat 6/11-7/2	10-11:30am
830915-06	18+yrs
Mon/Wed 8/15-8/24	6-7:30pm
Residents \$157	All Others \$186

ICE SKATING

NAZARETH ICE OASIS (NIO)

Ice Skating: Adult

Ice skating is a confidence-building sport that is challenging and rewarding. These classes will give you a fun introduction to basic ice skating skills, including skating forward, backward and stopping.

Note: Skate rental and 30-minute practice time immediately following lesson included in fee.

Required: 1. Please arrive 15 minutes before class begins. 2. Warm clothing, mittens/gloves.

Nazareth Ice Oasis	NIO Staff
830903-01	15+yrs
Wed 7/6-8/10	6:20-6:50pm
830903-02	15+yrs
Sat 7/9-8/13	11-11:30am
Residents \$99	All Others \$116



TENNIS

WHITLINGER/SARFIELD TENNIS

whitlingersarsfield.com

Enjoy group lessons with top-flight instruction from the staff of Stanford University Hall of Famer John Whitlinger and USPTA Pro Tom Sarsfield. Adult classes of three to eight students will consist of six hours of instruction. Classes of two students will be converted into four lessons.

Equipment Note for ALL Whitlinger/Sarsfield Tennis classes: Bring a racquet to all classes!

Make-up Policy for ALL Whitlinger/Sarsfield Tennis classes: Make ups will only be given on those occasions when inclement weather or an instructor's absence requires that a class be canceled. Unless notified to the contrary, make-up lessons will be forwarded to the next normal meeting day and time. However, Fridays (for weekday lessons) or Sundays (for Saturday lessons) may be used at the instructor's discretion.

Rain Policy for ALL Whitlinger/Sarsfield Tennis classes: In case of rain, contact Recreation & Community Services at 947-2790, Monday-Friday, 8am-5pm, within an hour before scheduled starting time for class status. For evening or weekend classes, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for make-up date. No postponement announcement will be initiated by the instructor or by Recreation & Community Services.

Adult Novice Tennis

Develop the essential techniques with emphasis on control, depth and direction. Lessons will also incorporate rules, etiquette and basic doubles play.

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

830948-01		15+yrs
Sat	6/18-7/30	9-10am
<u>No class 7/2</u>		
Residents \$83		All Others \$97

Adult Intermediate Tennis

For players (National Tennis Rating Program/ NTRP 2.5-3.0) who are consistent on slow-to-medium paced shots but need to develop more spin, power and/or variety. Basic to advanced shots, strategy, and tactics will be introduced and reinforced by performance-enhancing drills.

Marymeade Tennis Courts 2/3 Whitlinger/Sarsfield Tennis Staff

830949-01		15+yrs
Tue/Thu	6/14-6/30	7-8pm
830949-02		15+yrs
Tue/Thu	7/5-7/21	7-8pm
830949-03		15+yrs
Tue/Thu	7/26-8/4	7-8:30pm
Residents \$83		All Others \$97



Adult Low Intermediate Tennis

For players who are consistent on a slow paced rally but need to develop depth and directional control when pace is added. Review and strengthen stroke techniques with emphasis on basic strategy and tactics.

Los Altos High School Courts 11/12 Whitlinger/Sarsfield Tennis Staff

830963-01		15+yrs
Sat	6/18-7/30	10-11am
<u>No class 7/2</u>		
Residents \$83		All Others \$97

Adult High Intermediate Tennis

For NTRP 3.0-3.5 players. Refine techniques and shot selection with competitive drills. Class will cover intermediate-to-advanced strategy and tactics.

Marymeade Tennis Courts 2/3 Whitlinger/Sarsfield Tennis Staff

830902-01		15+yrs
Tue/Thu	6/14-6/30	8-9pm
830902-02		15+yrs
Tue/Thu	7/5-7/21	8-9pm
Residents \$83		All Others \$97

Individual Tennis Lessons

Personal and semi-private lessons (1-4 players) taught by the staff of Stanford University Hall of Famer John Whitlinger and Stanford/USPTA Professional Tom Sarsfield.

For lessons at Marymeade Park, Courts 2/3:

Francois Chan 345-8768
James Knofler (408) 410-0434

For lessons at Rosita & McKenzie Parks, Court 1:

David Panconi (408) 893-1405
Sharon Lamond (408) 712-7361
James Knofler (408) 410-0434

For lessons at Montclair Park, Court 1:

Joe Bassi 576-0988

Hourly Rate & Payment

for one player: \$75 per hour
for two players: \$40 per hour each
for three players: \$30 per hour each
for four players: \$25 per hour each*

*Discounts may be offered for four or more lessons paid in advance.

Payment by check only; payable to Tom Sarsfield. Payment due first day.

Visit whitlingersarsfieldtennis.com for more information.

TRIPS

ADVENTURE TRIPS WITH GREG MEYER

gregmeyernaturalist@gmail.com
(831)345-1973

Greg Meyer has been a professional naturalist since 1985 and has visited all seven continents! He has a Master's degree in Environmental Studies and teaches Outdoor Education courses at California State University, Monterey Bay. His expertise and humor will ensure that you have an interesting and informative day outside!

Notes: 1. Youth ages 12-17 are welcome to register for trips when accompanied by a paying adult. 2. Greg will contact all participants prior to trip regarding location to meet on day of trip.



NEW!

Maple Falls Hike

The forest of Nisene Marks State Park is an excellent summer location for a cool adventure in the deep shade of a primal forest. We will walk about 8 miles roundtrip with part of the hike off trail in the creek bed. The hike is moderate with not many hills. Fossils, salamanders, wildflowers, and beautiful scenery make this trek a worthwhile summer walk.

Meeting Place: We will meet at the corner of Aptos Creek Road and Soquel Drive. From there we will carpool to the entrance of Nisene Marks State Park. There is an \$8 parking fee.

What to bring: Sturdy, comfortable shoes for walking (please don't wear court or walking shoes with a smooth sole); hat, sunglasses and sunscreen, lunch and waterbottle, binoculars or camera, light clothes in layers with a wind-breaker. Rain will not cancel our hike.

Entrance of Nisene Marks State Park (see above)		Meyer
830856-01		18+yrs
Sun	6/12	9:30am-3:30pm
Residents \$39		All Others \$44

Marine Mammals of Monterey Bay

The Monterey Bay National Marine Sanctuary is a year-round location to watch marine mammals. Summer is the best season to see the greatest variety of whales and other mammals with less chance of rough seas. We will be looking for sea otters, seals, sea lions, whales, dolphins and thousands of seabirds! Leaving from Monterey, our four-to-five hour trip will start along Cannery Row where we watch otters and sea lions. From there we will head 5-15 miles offshore to look for feeding humpback and blue whales, which are regular visitors to the central coast during summer. We will also search the deep waters of the Monterey Bay Submarine Canyon for smaller cetaceans such as dolphins, porpoise and even killer whales.

Informational Meeting: Thursday, September 8, 7-9pm, Los Gatos Recreation Center (208 E Main St, Los Gatos)

TBA at Info Meeting		Meyer
830857-01		18+yrs
Sun	9/11	10am-4pm
Residents \$39*		All Others \$44*

*Materials fee of \$45 per person is due at the evening meeting.



SENIOR Program

TWO LOCATIONS!

@ Hillview

97 Hillview Ave, Rooms 10-12 947-2797
Hours*: Monday-Friday, 8:30am-3:30pm

@ Grant

1575 Holt Ave, Multi-Purpose Room 947-2797
Hours*: Wednesday, 10am-2pm

***The Senior Program will be closed the week of Aug 29-Sept 2, and will reopen on Tuesday, Sept 6.**

Adults 50+ are welcome and encouraged to join any and all of our programs! Many senior activities are listed here but please consult The Spotlight (the Los Altos Senior Program's bi-monthly newsletter), drop in or give us a call for more info and specific dates.

MEMBERSHIP

Everyone is welcome to enjoy our Senior Program. By becoming a Los Altos Senior Program member, you are entitled to reduced program fees for most of our activities and access to member-only services. Plus, as a member, you contribute to one of the best little senior centers on the planet!

BECOME A MEMBER

Fill out the membership form (available on the Recreation & Community Services website, LosAltosRecreation.org). Mail the form, together with a check, payable to "City of Los Altos," to:

Los Altos Senior Program
97 Hillview Ave
Los Altos, CA 94022

*Residents \$26**

*All Others \$40**

*If desired, add \$6 for a one-year home delivery subscription to The Spotlight newsletter. The Spotlight gives you all the information about the many activities and services we offer. The Spotlight is also available free at the Senior Center and online at LosAltosRecreation.org.

TRAVEL

The Los Altos Senior Program offers day and extended trips throughout the year. For a synopsis of our current trips, pick up a copy of The Spotlight newsletter or stop by the Senior Center for detailed flyers. For more information, contact Senior Program staff at 947-2797.

Did someone say...

SUMMER BBQS!

A summer-time favorite! These lunches are always great fun: good food and enjoyable entertainment... and the company isn't bad, either!

- June 24
 - July 22
 - August 26
- BBQs start at 12pm

Registrations begin the first part of May at the Senior Center volunteer desk. Make a point to sign up and join us this summer!



Or would you rather...

DINNER ON THE PATIO!

Dinner on the patio, a program new to us last summer, was very well received. If you joined us, you know what a nice evening it proved to be. If you did not make it out last year, this is your chance!

Dates are being confirmed now. Check your copy of The Spotlight or inquire at the Senior Center after May 1. Come check us out for an evening of entertainment and fine dining al fresco!

WEDNESDAY ACTIVITIES @ GRANT

10am-2pm: Intermediate Bridge, Mah-Jongg, Card Games
 10:15am: Stretch with Eleanor 10:45am: Chair Workout with Nora
 12pm: Bring Lunch + Interesting Speaker Provided! (3rd Weds)
 1pm: Zumba Dance Party with Nora (1st & 3rd Weds); Betsy's Book Club (2nd Weds); Garden Club (4th Weds)

ON-GOING ACTIVITIES @ HILLVIEW

- **Wii Nintendo** *drop-in play or lessons by appointment*
- **Jigsaw Puzzle**
- **Desktop Computer**
- **Ping Pong** *reservations required*
- **YouTube** *discussions on current events*
- **Chess**



DAILY ACTIVITIES @ HILLVIEW

<p>Monday</p> <p>Technology Tutoring 2-3pm / Rm 10 <i>By appointment</i></p> <p>Monkey Toy Project 9:30-11:30am / Rm 11</p> <p>Poker 12-3:30pm / Rm 11</p> <p>Yoga 1:30-2:30pm / Rm 12</p> <p>Advanced Bocce Ball 10am-12pm Bocce Courts</p>	<p>Tuesday</p> <p>Bridge 8:30am-3:30pm Rm 11</p> <p>Ping Pong 2pm / Rm 12</p> <p>Beginning Bocce Ball 10-11:30am Bocce Courts</p>	<p>Wednesday</p> <p>Bridge 8:30am-12pm / Rm 11</p> <p>Mah-Jongg <i>Intermediate</i> 1-3:30pm / Rm 11 <i>Free Play</i></p> <p>ArtVentures 9:30am-12pm / Rm 12</p> <p>Advanced Bocce Ball 10am-12pm Bocce Courts</p>	<p>Thursday</p> <p>Pinochle 12-3:30pm / Rm 11</p> <p>Beginning Mah Jongg 1-3:30pm / Rm 12 <i>Fee: Members FREE!</i> <i>All Others \$3</i></p> <p>Beginning Bocce Ball 10-11:30am Bocce Courts</p>	<p>FUN Friday <i>Holiday dates may vary.</i></p> <p>1st Friday Movie Day 1pm / Rm 12 <i>Fee: Members FREE!</i> <i>All Others \$1</i></p> <p>2nd Friday Friday Lunch 12pm / Rm 11 <i>Fee: Members \$4</i> <i>All Others \$6</i></p> <p>3rd Friday Birthday Party 12pm / Rm 11 <i>Fee: Members \$4*</i> <i>All Others \$6</i> <i>*Birthday month? FREE!</i> <i>lunch during your birth</i> <i>month if you are a</i> <i>Senior Program Member!</i></p> <p>4th Friday Friday Lunch 12pm / Rm 11 <i>Fee: Members \$6</i> <i>All Others \$8</i></p> <p>5th Friday Bingo 1pm / Rm 11 <i>Fee: Members FREE!</i> <i>All Others \$3</i></p> <p><i>Various Fridays</i> Smart Driver Safety Class 1-5:30pm / Rm 12 <i>Fee: AARP Members \$15</i> <i>All Others \$20</i></p>
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MONTHLY ACTIVITIES @ HILLVIEW

<p>Monday</p> <p>Senior Commission Meeting <i>Call for details</i></p> <p>NOTE: All activities are FREE with Senior Program membership, unless otherwise noted.</p> <p>Actual dates may vary; call to verify schedule.</p>	<p>Tuesday</p> <p>2nd Tuesday Fuschia Society 7:30pm / Rm 17</p> <p>3rd Tuesday HICAP 10am-1pm / Conf Rm 3 <i>By appointment</i></p> <p>4th Tuesday Real Estate Corner 9am / Conf Rm 3 <i>By appointment</i></p>	<p>Wednesday</p> <p>2nd Wednesday Legacies Board Meeting 10am / Neutra House <i>(Meets quarterly; call Senior Center for date.)</i></p> <p>3rd Wednesday Women's Group 11am / Rm 10</p> <p>Rhododendron Society 7:30pm / Rm 12</p>	<p>Thursday</p> <p>1st Thursday Men's Group 10-11:30am / Rm 10</p> <p>2nd Thursday Book Club 1-2pm / Rm 18</p> <p>3rd Thursday Camera Club 7pm / Rm 12</p>
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TEEN Program

SUMMER VOLUNTEERING

Summer in Los Altos is FULL of opportunities for volunteerism for everyone in the community, but especially our teens who have a bit more flexibility in their schedule than during the regular school year. We have volunteer options available throughout the City. Or, if you have a specific interest, let us know ... we might have a volunteer opportunity for that! Call Volunteer Coordinator Barbara Smith at 947-2897 or email her at bsmith@losaltosca.gov to find out how to volunteer this summer!



LAYC DANCES

Junior high LAYC Dances have been a 7th and 8th grade tradition in Los Altos for eons! They will return in the fall with all the fun, excitement and energy that they have always generated. LAYC Dances are held monthly in the Los Altos Youth Center for 7th and 8th graders who live in Los Altos or attend a Los Altos school. LAYC Dance memberships will be available at the beginning of the 2016-2017 school year. Check our fall 2016 Activity Guide for all the info.

LOS ALTOS YOUTH COMMISSION

The 11-member Youth Commission is comprised of 7th-12th graders who live in Los Altos. Representing the needs of youth and teens in Los Altos, the Youth Commission meets the first Monday of every month at 6:30pm at Hillview Community Center, Room 2. All teens are welcome to attend meetings and provide feedback on issues and programming.

For more information about The Underground, Teen Programs, and/or Youth Commission, call Zack Silva at 947-2727 or email him at zsilva@losaltosca.gov.

WHAT'S A TEEN TO DO THIS SUMMER IN LOS ALTOS?

MAY WE SUGGEST:

- The Underground Teen Center (drop in)
- App Design
- Archery (all levels)
- Chang Tai Do Karate
- Counselors-in-Training (2 levels)
 - Redwood Grove or Shoup camps
- Debate
- Driver's Ed
- Freestyle Art
- Golf (all levels)
- Guitar (up to 13yrs)
- Horseback Riding Instruction
- Idea Generation & Presentation
- iPad Art
- JavaScript
- Jujitsu
- Kayaking (Level 1)
- Money Management
- Personal Finance
- Python
- Rugby (up to 13yrs)
- Storytelling/Animation/Video (up to 13yrs)
- Gymnastics/Tae Kwon Do
- Safesitter (babysitter class)
- Sailing (Level 1)
- Sewing by Machine
- Stand Up Paddle Boarding
- Stand Up Paddle Boarding Yoga
- Summer Reading Program
- Tennis (all levels)
- Windsurfing (Level 1)

WOW! That's a lot! Details about summer at The Underground Youth Center are on the opposite page; information on camps and classes for teens can be found on pages 4-41. Also, some of our adult classes start at age 15. Those classes are on pages 42-53. Check them out (the classes and camps), then sign them up (the teens)!

UNDERGROUND ↓

SUMMERTIME @
The Underground
TEEN CENTER



**The Underground is the drop-in place
this summer for teens 11-17 years!**
June 22-August 13 // Wednesday-Saturday // 1-4pm

**WHACK-TIVITY
WEDNESDAYS**

FREE!

- June 22 Table Tournament – Ping Pong and Air Hockey
 - July 6 Tie-Dye!
 - July 20 Board Game Bonanza
 - August 3 Wii Tournament
- Drop-in program is still open and FREE on these dates.

FILM FRIDAYS

FREE!

- July 1 Guardians of the Galaxy
- July 15 Pitch Perfect
- July 29 Divergent
- August 12 The Avengers

Film Fridays are FREE! Popcorn provided!
(Movies subject to change.)

Priority for the above activities and films—usually available on a drop-in basis—will be given to our group participants on Whack-tivity Wednesdays and Film Fridays.

400 University Ave, Los Altos

VOLUNTEER Program

City of Los Altos
Municipal Volunteer Program



City of Los Altos
2016 Volunteer of the Year
Phyllis Semple Award Winner

Stacey Chaney



Los Altos resident Stacey Chaney was awarded the Phyllis Semple Award as the 2016 City of Los Altos Volunteer of the Year during our annual Volunteer Appreciation Reception!

We extend our heartfelt thanks and gratitude to Stacey, as we do to all of our 231 volunteers. You will find our residents giving of their time and talent throughout the City on a daily basis. We are a better and stronger city for it. Thank you, volunteers, for all that you do.

Thinking of joining the volunteer ranks?
Contact Barbara Smith for volunteer info!
947-2897 or bsmith@losaltosca.gov

LosAltosRecreation.org,
then click on the volunteer tab.

REDWOOD GROVE Happenings

Redwood Grove Restoration Workdays

Come Volunteer!

See the difference you can make by removing ivy and other invasives, planting native plants, and helping to improve habitat for native plants and wildlife.

Weekend workdays are held 1-2 times per month. For dates and to register, visit our website at: acterra.org/stewardship



Love to work outdoors? Join **Grove Guardians**, a weekly volunteer group dedicated to the stewardship of Redwood Grove over the summer. Open to 7th-12th grades.

Redwood Grove Nature Preserve
482 University Ave., Los Altos

For more information or to arrange a separate workday for your group, please contact Kristen Williams:
kristen.williams@acterra.org



ACTION FOR A
HEALTHY PLANET

www.acterra.org

PARTY Packages

Booking your next party is as easy as...

Cupcake!

- 1 Choose your party package
- 2 Pick a date (and a few alternates)
- 3 Call or drop by our office to book it!

Murphy Magic

For Kids 4-7 Years

Party guests will be enchanted by a 45-minute magic and juggling show by children's favorite performer, Michael Murphy.

4 hrs/30 guest max

Balloon Art available for additional fee

At the San Antonio Club*

Residents: **\$285**

All Others: **\$340**

Archery Party

For 7+ Years

(with kids under 18 accompanied by an adult)

You'll definitely hit a bull's-eye with this party! Archery instructor Ray Roan provides 1.5 hours of instruction (and all equipment) for this fun experience.

2.5 hrs/15 guest max

At Redwood Grove

Residents: **\$200**

All Others: **\$238**

Teen Center @The Underground

For Kids 11-18 Years

The entirety of the teen center will be open to your party goers. Pool table? Yes. Video games? Sure. 47" flat screen TV? You bet. Ping pong, foosball and more? Absolutely!

4 hrs/30 guest max

At The Underground Teen Center in Shoup Park*

Residents: **\$225**

All Others: **\$268**

Bocce Ball & Barbecue

All Ages

(with kids under 18 accompanied by an adult)

Celebrate your special occasion while enjoying a spirited game of bocce ball and a barbecue!

We supply the equipment; you supply the food and good times!

4 hrs/30 guest max

At the Hillview Community Ctr Bocce Ball Courts + Classroom*

Residents: **\$200**

All Others: **\$238**

Book Now!

To book your party, please complete the Party Application Form, which can be found online at LosAltosRecreation.org or picked up at the Recreation & Community Services office.

Return the completed application to our office in person or via mail (97 Hillview Ave, Los Altos, CA 94022). Questions? Call us at 947-2790 or email us at info@losaltosrecreation.org!

* Friendly facility attendant included

SERVICES & Organizations

YOUTH Theatre

Sports

- A.Y.S.O. Region 43 ayso43.org
- A.Y.S.O. Region 45 ayso45.org
- C.Y.S.A. District II www.cysadistrict2.org
- Futsal Kingz (indoor soccer) futsalkingz.com / (408) 440-7878
- Los Altos/Los Altos Hills
- American Little League info@losaltoslittleleague.com
- Los Altos Mountain View Aquatic Club (LAMVAC) lamvac.org
- Los Altos Pony Baseball info@lamvpb.org
- Los Altos Tennis Club (Adult) losaltostennisclub.com
- Mountain View Los Altos Soccer Club mvlasc.org
- Mountain View Los Altos Girls Softball mvlags.org / 964-6489
- Mountain View Masters Swim & Social Club (Adult) mvm.org
336-8603
- Pop Warner Football mvmarauders.com
- Red Star Soccer redstarsoccer.com / 380-0099
- Tomahawks Lacrosse tomahawkslacrosse.org / (888)599-5096
- YMCA Youth Sports 969-9622

Adults

- Acterra acterra.org / 962.9876
- Community Health Awareness Council (CHAC) chacmv.org
965-2020
- Federated Woman's Club of Los Altos 948-3553
- Fit4Mom midpeninsula@fit4mom.com / 395-7558
- Foothill College foothill.edu / 949-7777
- Garden Club of Los Altos gardencluboflosaltos.org
- Greentown Los Altos greentownlosaltos.org / 383-7540
- Kiwanis Club of Los Altos losaltoskiwanis.org / 735-1552
- Las Madres lasmadres.org / (877) 527-6237
- League of Women Voters lwv.org / 941-4846
- Los Altos Art Club losaltosartclub.org
- Los Altos Chamber of Commerce losaltoschamber.org/948-1455
- Los Altos Community Foundation losaltoscf.org / 949-5908
BAT, CERT, LEAD
- Los Altos/Los Altos Hills Newcomers Club losaltosnewcomers.com
- Los Altos Mediation Program (LAMP) 949-LAMP(5267)
- Los Altos Mountain View Aquatic Club (LAMVAC) lamvac.org
(408) 732-3432
- Los Altos Stage Company losaltosstage.org / 941-0551
- Mountain View/Los Altos Adult Ed Office adulted@mvla.net
940-1333
- Midpeninsula Regional Open Space District info@openspace.org
691-1200
- Midpeninsula Widows & Widowers Assn 940-1096 / (408) 246-4642
- Ye Olde Town Band windband.org/oldtowne

Youth

- American Red Cross Babysitter Training 1(800) 733-2767
- Boy Scouts of America Pacific Skyline Council 327-5900
- Children's Corner Inc. lamvchildrenscorner.org / 948-8950
- Music for Minors 237-9130

Los Altos Recreation & Community Services



Upcoming Performances

DISNEY'S "PETER PAN JR"

Based on the play by J.M. Barrie and the 1953 Disney film



PERFORMANCES

JULY 15-JULY 24

PURCHASE TICKETS

Tickets: \$20 and \$15 each

1. Order online at losaltosca.gov/recreation/page/purchase-tickets
2. Order from the LASC Box Office: call 941-0551 for hours
3. Drop off completed ticket order form at the Los Altos Recreation & Community Services front office Monday-Friday, 8am-5pm. (Form available online or at the Recreation & Community Services office.)

Upcoming Auditions

SNOW WHITE AND THE PRINCE

Book, Music and Lyrics by

Janet Yates Vogt and Mark Friedman

Directed by Jillian Cummings

Vocal Direction by Deborah Rosengaus

This romantic and funny adventure has all your beloved characters and a few more beside: the raven-haired and resourceful Snow White, her Nursemaid, the very charming Prince Philippe, his kind and shrewd butler Rupert, the evil and devious Queen, a witty singing Magical Mirror - and of course, there are the Dwarves.

ACTOR INFO

Casting ages: 9-20 years

Auditions: August 22, 4-6:30pm, by appt. For audition guidelines, forms and to sign up for audition appointments, see the LAYT website (listed below) at the beginning of August.

Callbacks: August 24, 4-7pm

Parent Meeting: August 29 at 7pm

Rehearsals: August 29-October 13, M-Th, 4-6:30pm (with possible additional hours in October).

Location: Hillview Community Center MPR
97 Hillview Avenue, Los Altos

Performances: October 14-30

Fees*: Residents \$289 All Others \$344
*Scholarships available



www.losaltosca.gov/recreation/page/los-altos-youth-theatre



LIBRARY

Los Altos Library

13 S. San Antonio Road
Mon-Thu 10am-9pm
Fri/Sat. 10am-6pm
Sun. 12-6pm

Library telephone numbers

Main. . .948-7683 Woodland. . .969-6030 TeleCirc. . .877-471-0991

Santa Clara County Library website: sccl.org

KIDDIE PROGRAMS (partial listing)

at the Main Library

Toddler Storytime (1-2yrs)
Tue, Wed, Thu at 10:15am

Baby Lapsit

(0-18 mos & adults)
Wed at 1pm
(including a baby sign language series 1st and 3rd Wed of each month)

Reading Buddies

(grades K-5)
2nd Sat of each month at 11am
4th Sat of each month at 2:30pm

at Woodland Library

Baby Lapsit (0-18 mos & adults)
Mon at 1:15pm

Family Storytime (all ages)
Mon at 7pm

TEEN PROGRAMS

Youth Game Afternoon at Los Altos Main Library Teen Study Room
Every Wed from 3-4:30pm

ADULT PROGRAMS

English Conversation Club at Los Altos Main Library Program Room
Meet with other English learners (18+ yrs) for weekly discussions, in a friendly and supportive setting. Some English knowledge is recommended to participate, and no registration is required.
Every Thurs at 2-3:30pm

BOOK GROUPS FOR ADULTS

The Whodunit? Mystery Readers Group at Los Altos Main Library
First Wed of each month at 10:15-11:30am

The Los Altos Senior Book Club at the Los Altos Senior Center
(Come at 12:30pm for an optional brown bag lunch and social time before the book discussion.)
Second Thu of each month at 1pm

The Great Books Club at the Los Altos Main Library Program Room
Third Tue of each month at 7pm

The Woodland Library Book Club at the Woodland Library
Second Tue of each month at 2pm

Summer Reading Program info on page 28!

HISTORY Museum



Now on Exhibit through October 2

Many Communities, Many Voices: Personal Narratives from the Oral History Collection

What does it mean to be part of a community? This original exhibit explores the diverse communities which bring us together, drawing on more than 150 interviews with people who contribute to our shared history. Through these narratives, we can collectively look to our future.



PROFESSIONAL WOMEN LEAN IN CIRCLE

Join us on second Wednesdays for the Lean In Circle, 6-8pm, featuring helpful speakers and networking for emerging professional women. Free; registration required.

Visit your museum all year 'round!

Ohlone, rancho days, people of note, railroad history—free audio tour. Gardens, picnic tables, tractors, 1915 tank house, and more! Enjoy docent-led tours of the Smith House every Sunday at 2pm.

Rental Events: Make your own history!
Rent the museum for your special event: 948-9427, x12.

51 S. San Antonio Rd, Los Altos
losaltoshistory.org 948-9427

Open Thurs-Sun
Hours 12-4pm
Free Admission

REGISTRATION Form

City of Los Altos Recreation & Community Services • 97 Hillview Avenue, Los Altos, CA 94022

Head of Household Information *(Please Print)*

	Home Phone
Last Name	First Name
E-mail Address	Cell Phone
Home Address	City Zip
Emergency Contact	Emergency Contact Phone

READ & SIGN BELOW: Through this registration form, I hereby absolve the City of Los Altos, its employees & officers from all liability which may arise as the result of my participation in the activities listed below, and in the event that the below-named participant is a minor.

I hereby give my permission for his/her participation as indicated & in so doing absolve the City of Los Altos, its employees & officers from such liability. In addition, I agree to allow use of my/our photograph for program publicity. I have read & understand the City of Los Altos Recreation & Community Services Department refund policy. Furthermore, reservation of a place in a class or program does not constitute any form of guarantee by the City of Los Altos that the class or program will take place. The City of Los Altos reserves the right to cancel any program or class at any time for any reason, at its sole discretion. Money paid in advance for any class or program that is canceled by the City of Los Altos will be refunded in full.

REFUNDS & TRANSFERS Refund and transfer requests must be submitted in writing up to five working days prior to the first day of class. All refunds will be charged a \$20 service fee. Email your refund and transfer request to info@losaltosrecreation.org. No refunds or transfers will be given after class begins.

PARTICIPANT SIGNATURE (Parent or Guardian if under 18)	Date
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If you have any special needs requiring specific accommodations for you to fully enjoy a class or facility, please contact us at info@losaltosrecreation.org

PARTICIPANT NAME (First & Last)	BIRTHDATE	M/F	CLASS CODE	CLASS TITLE	T-SHIRT SIZE*	FEE

**T-shirts for Camp jelly bean, Camp Shoup, Redwood Grove Camps and Combo Camps only.
 Sizes available: Youth Small, Medium or Large; Adult Small*

TOTAL DUE:

CREDIT CARD PAYMENT (check one)



Visa MasterCard Discover American Express

Cardholder Name: _____

Card Number: _____

Exp. Date: _____

Signature: _____

PAYMENT OPTIONS:

- Checks made payable to City of Los Altos
- Visa, MasterCard, Discover or American Express credit cards
- Cash payments must be made in person; please do not mail cash

REGISTRATION FORM RETURN OPTIONS:

- Email form to info@losaltosrecreation.org
- Mail form to 97 Hillview Ave, Los Altos, CA 94022
- Fax form to 947-2738
- Walk in to the Recreation Office at 97 Hillview Ave, Los Altos

REGISTRATION Info

Summer 2016 Registration Date

Registration begins Tuesday, May 17

4 Easy Ways To Register

ONLINE

LosAltosRecreation.org

FAX

947-2738

MAIL IN

Los Altos Recreation &
Community Services
97 Hillview Ave
Los Altos, CA 94022

WALK IN

Hillview Community Center
97 Hillview Ave, Los Altos

Registration Details

- Any class canceled by Recreation & Community Services will be refunded in full.
- Returned checks will be charged a \$25 service fee.
- A resident is anyone living within the city of Los Altos. All others living outside the city limits (including unincorporated areas, Los Altos Hills and Mountain View, etc.) are nonresidents.

Refunds & Transfers

- Refund and transfer requests must be submitted in writing up to five working days prior to the first day of class.
- All refunds will be charged a \$20 service fee.
- E-mail your refund and transfer requests to info@losaltosrecreation.org.
- No refunds or transfers will be given after class begins.

City of Los Altos Recreation & Community Services Office 97 Hillview Ave, Los Altos, CA 94022

Office Hours

Monday – Friday
8am – 5pm

Contact Info

Phone: 947-2790 Fax: 947-2738
info@losaltosrecreation.org



Become a fan of
Los Altos Recreation

Recreation & Community Services Department Mission Statement

The Los Altos Recreation & Community Services Department strives to enrich community members through active participation in life-long learning, health and wellness, community involvement, and recreational activities.



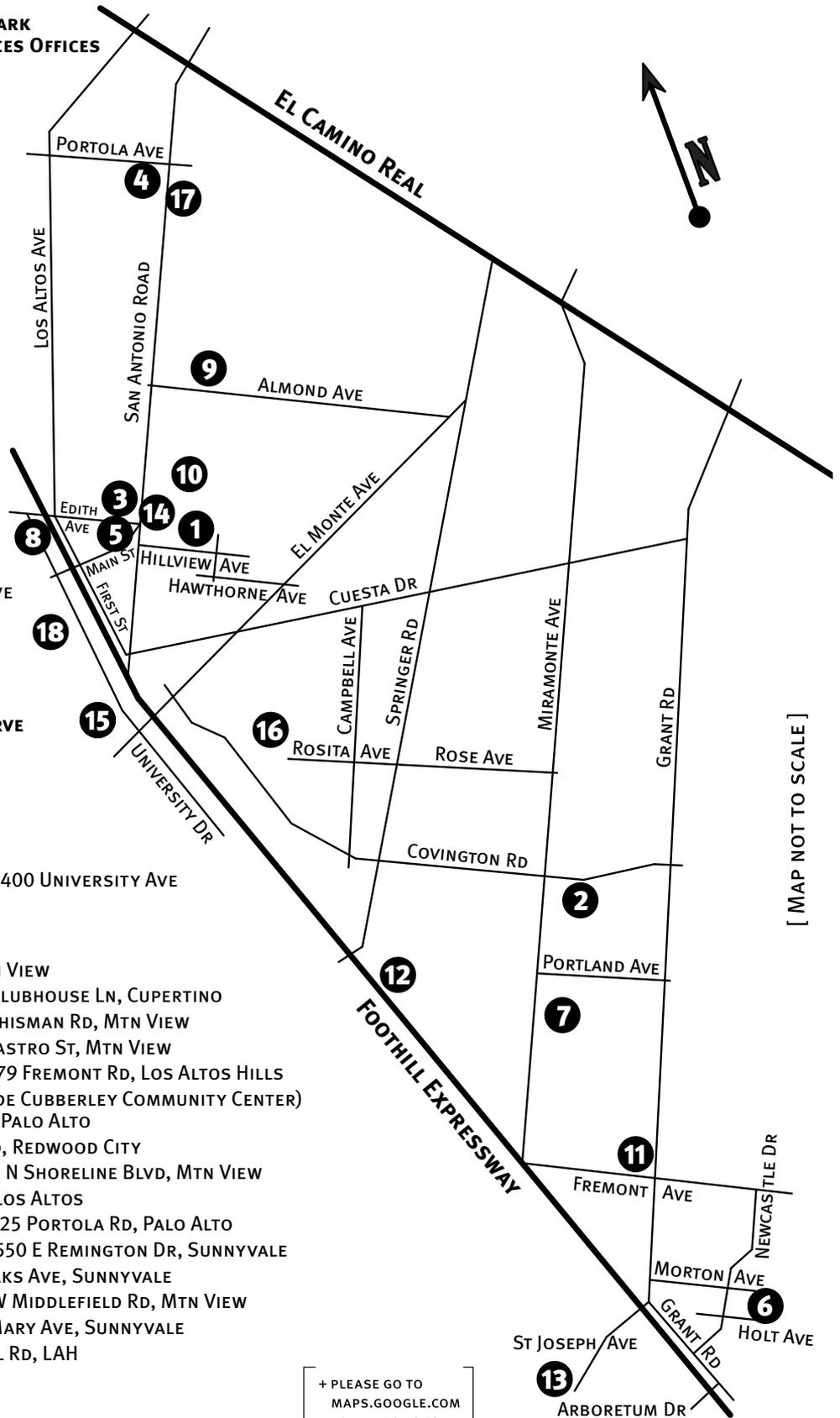
RECREATION & COMMUNITY SERVICES LOCATIONS

Parks, Indoor Facilities & Schools

1. **HILLVIEW COMMUNITY CENTER & PARK
RECREATION & COMMUNITY SERVICES OFFICES**
97 HILLVIEW AVE
2. **BLACH MIDDLE SCHOOL**
1120 COVINGTON RD
3. **VILLAGE PARK**
EDITH AVE/SAN ANTONIO RD
4. **EGAN MIDDLE SCHOOL**
100 W PORTOLA AVE
5. **COMMUNITY PLAZA**
CORNER OF MAIN & STATE STS
6. **GRANT PARK**, 1575 HOLT AVE
7. **HERITAGE OAKS PARK**
PORTLAND/MIRAMONTE AVE
8. **LINCOLN PARK**
UNIVERSITY/LINCOLN AVE
9. **LOS ALTOS HIGH SCHOOL**
201 ALMOND AVE
10. **LOS ALTOS YOUTH CENTER - LAYC**
1 N SAN ANTONIO RD
11. **MARYMEADE PARK**
FREMONT/GRANT RD
12. **MCKENZIE PARK**, 707 FREMONT AVE
13. **MONTCLAIRE PARK**
2068 STONEHAVEN DR
14. **BUS BARN THEATER**
161 S SAN ANTONIO RD
15. **REDWOOD GROVE NATURE PRESERVE**
482 UNIVERSITY AVE
16. **ROSITA PARK**, 401 ROSITA AVE
17. **SAN ANTONIO CLUB - TINY TOTS**
647 N SAN ANTONIO RD
18. **SHOUP PARK / GARDEN HOUSE /
THE UNDERGROUND - Teen Center**, 400 UNIVERSITY AVE

ADDITIONAL LOCATIONS

- + **CSMA**, 230 SAN ANTONIO CIR, MTN VIEW
- + **DEEP CLIFF GOLF COURSE**, 10700 CLUBHOUSE LN, CUPERTINO
- + **GOLD STAR GYMNASTICS**, 240 S WHISMAN RD, MTN VIEW
- + **GRAHAM MIDDLE SCHOOL**, 1175 CASTRO ST, MTN VIEW
- + **LOS ALTOS HILLS TOWN HALL**, 26379 FREMONT RD, LOS ALTOS HILLS
- + **MELODY ACADEMY OF MUSIC (INSIDE CUBBERLEY COMMUNITY CENTER)**
4000 MIDDLEFIELD ROAD, ROOM V, PALO ALTO
- + **NAZARETH ICE OASIS**, 3140 BAY RD, REDWOOD CITY
- + **SHORELINE AQUATIC CENTER**, 3160 N SHORELINE BLVD, MTN VIEW
- + **SKATEWORKS**, 379 STATE STREET, LOS ALTOS
- + **SPRING DOWN EQUESTRIAN CTR**, 725 PORTOLA RD, PALO ALTO
- + **SUNNYVALE COMMUNITY CENTER**, 550 E REMINGTON DR, SUNNYVALE
- + **TWISTERS SPORTS**, 1165 N FAIR OAKS AVE, SUNNYVALE
- + **WHISMAN SPORTS CENTER**, 1500 W MIDDLEFIELD RD, MTN VIEW
- + **YOUNG CHEF'S ACADEMY**, 1336 S MARY AVE, SUNNYVALE
- + **ZURAEK STABLES**, 11854 PAGE MILL RD, LAH



+ PLEASE GO TO
MAPS.GOOGLE.COM
FOR DIRECTIONS

FACILITY & PARK RENTALS



Los Altos Youth Center: Perhaps the site of your next large-group meeting?

**FOR FACILITY & GROUP
PICNIC RESERVATIONS,
PLEASE CALL**

947-2790

or email

info@losaltosrecreation.org

PARK FACILITIES

All park facilities are available on a first-come, first-served basis. Only the Patriot Corner Group Picnic Area at Shoup Park may be reserved in advance.

GYMNASIUMS & FIELDS

Blach & Egan Middle Schools (map locations 2 & 4).
For gym reservations
Zack Silva at 947-2727 or zsilva@losaltosca.gov
For field reservations
Manuel Hernandez at 947-2889 or mhernandez@losaltosca.gov

INDOOR RENTAL FACILITIES

Meeting rooms, classrooms & multi-purpose rooms with kitchens are all available for rent.

WALK-IN RESERVATIONS

We welcome reservations Monday through Friday at the Hillview Community Center, 97 Hillview Ave, Los Altos. Detailed information and reservation forms are available online at LosAltosRecreation.org or can be requested by phone or via email.

PARK/FACILITY	Map Location	Acres	Ballfield	Multi-Use Fields	Basketball	Tennis Courts	Playground	Picnic Tables	BBQ Pits	Restrooms	Rental	Kitchen
Blach Gym	2				✓					✓	✓	
Community Plaza (corner of Main & State Sts)	5	.16						✓			✓	
Egan Gym	4				✓					✓	✓	
Garden House & The Underground at Shoup	18									✓	✓	✓
Grant Classrooms & Multi-Purpose Room	6	4.5		✓	✓		✓	✓	✓	✓	✓	✓
Heritage Oaks	7	5.3		✓			✓	✓	✓	✓		
Hillview Classrooms, Meeting Room, Computer Lab, Multi-Purpose Room & Bocce Ball Courts	1	8.3	✓	✓			✓		✓	✓	✓	✓
Lincoln	8	4.4		✓								
Los Altos Youth Center (LAYC)	10							✓	✓	✓	✓	✓
Marymeade	11	2.5				✓	✓	✓	✓	✓		
McKenzie	12	4.3		✓		✓	✓	✓	✓	✓		
Montclair	13	1.1				✓	✓	✓	✓			
Redwood Grove	15	5.9	Features include a creekside and redwood trail, as well as picnic tables. Not reservable.									
Rosita plus Snack Shack	16	6.4	✓	✓		✓	✓	✓		✓	✓	
San Antonio Club	17						✓			✓	✓	✓
Shoup	18	3.9		✓			✓	✓	✓	✓	✓	
Village	3	.78	Features grassy area for picnicking & gardens to enjoy at the entrance to downtown Los Altos. Not reservable.									



CITY OF LOS ALTOS
RECREATION & COMMUNITY SERVICES
97 HILLVIEW AVENUE, LOS ALTOS, CA 94022

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LINE UP FOR SUMMER FUN!



**Join us this summer
for camps & classes
for ALL ages!**

Sign up today at **LosAltosRecreation.org**
More info? 650.947.2790