



DATE: October 5, 2015

AGENDA ITEM # 4

TO: Senior Commission
FROM: Candace Avina, Staff Liaison
SUBJECT: Staff Report
RECOMMENDATION:

Receive Staff Report

BACKGROUND

Page 5 and 6 of the City of Los Altos Commission handbook describes the role of the Staff Liaison.

DISCUSSION

Grant Park and Community Center Senior Program

The Grant Park and Community Center Senior Program will celebrate their one year anniversary on Wednesday, October 21, 2015.

World Health Organization

The World Health Organization has launched the first ever World report on ageing and health.

The report highlights the importance of environments in determining *Healthy Ageing* through the new concept of functional ability. You may read the report at <http://www.who.int/ageing/events/world-report-2015-launch/en/>

Senior Programming

Smoke Detector Program

The Sunset Rotary of Los Altos will be changing out batteries or install new smoke protectors free of charge to those who sign-up for this service at the Senior Program on Saturday, November 14, 2015.

Fleet Week

The Senior Program is hosting a day trip to Fleet Week on Sunday, October 11, 2015. Participants will enjoy a Champagne Bruch aboard the SF Belle and watch the Fleet Week air show while sailing around the SF bay. Members: \$157.00 All Others: \$172.00. Space is still available. Please help to distribute flyers to those who you think may be interested.

S.A.S.H (Shopping Assistance for Seniors who are Homebound)

Local volunteers are available to pick-up cooked rotisserie chickens from Costco and deliver them to homebound Los Altos seniors. This is a trial program that has 10 (ten) available deliveries per week on a first-come, first-served basis. **Place your order on Mondays, for a Wednesday**



AGENDA REPORT

delivery between 10:30am and 1:30pm. Pay using charge or debit card by calling the Hillview Community Center Main Office at (650)947-2790 between 8:30 a.m. – 3:30 p.m. on Mondays only, or, exact change Cash or Check may be given to the volunteers at time of delivery. Donations to Senior Program are welcomed but not required.

This program is available to all Los Altos homebound seniors only. The program will be expanded to other foods (e.g., take-and-bake pizza) in the future based on member feedback and participation. For more information contact the Recreation & Community Services Department at (650)947-2790 or Barbara Smith at (650)947-2897.

