



AGENDA REPORT

MEETING DATE: March 27, 2012

TO: City Council

FROM: Senior Commission

SUBJECT: Revised 2012-2013 Senior Commission Work Plan

RECOMMENDATION: Approve the Revised 2012-2013 Senior Commission Work Plan.

SUMMARY:

Estimated Fiscal Impact:

Amount: None

Budgeted: N/A

Public Hearing Notice None

Previous Council Consideration: December 13, 2011

CEQA Status (If Required): None

Attachments:

1. Los Altos Senior Commission 2012-2013 Work Plan
2. Original 2012-2013 Goals submitted to Council on December 13, 2011

Beverly Tucker, Recreation Director

Date

J Logan, Assistant City Manager

Date

Douglas J. Schmitz, City Manager

Date

BACKGROUND:

On December 13, 2011, the Senior Commission presented their Work Plan for 2012-2013 to the Los Altos City Council. The Council asked the Senior Commission to revise the Work Plan format and add details about the Goals.

DISCUSSION:

The Commission retained the original Work Plan goals which align with the Age-Friendly Cities concept. The Commission used the Work Plan format presently being used by several other Commissions and added details about each goal, timelines and persons responsible for the completion of the goals.

The revised Senior Commission 2012-2013 Work Plan is submitted to Council for approval.

The Senior Commission will commence work according to the Work Plan once it is approved. The Commission looks forward to discussion with Council about the progress on the 2012-2013 Work Plan at the Commission and Council Joint Meeting on May 1, 2012.

FISCAL IMPACT:

None.

ALTERNATIVES:

Provide Senior Commission with further comments and/or direction.

Los Altos Senior Commission – 2012-2013 Work Plan
2012-2013 Council Approved Goals and Projects

Goals	Projects
1	<p>GOAL 1. Transportation – Study issues involving bus transportation for seniors. (Tanya DeMare and K. Gabrielle Tiemann)</p>
a.	<p>Benches at Bus Stops (DeMare/Tiemann to follow up with staff)</p> <p>By July 1, 2012 - work with staff to:</p> <ol style="list-style-type: none"> 1) Validate the need for benches for seniors – Pelham created research binder 2) Identify the location of Los Altos/Los Altos Hills bus stops and which ones have (and don't have) benches 3) Research the Feasibility/Cost/Process of installing benches and use of grant funds <p>(DeMare/Tiemann)</p>
2	<p>GOAL 2. Provide resources for age-friendly home/condo construction. (Tanya DeMare and K. Gabrielle Tiemann)</p>
a.	<p>Compile a listing of resources identifying age-friendly design elements (DeMare/Tiemann)</p> <p>By July 1, 2012: Discuss with staff to determine how and to whom to disseminate list of resources (DeMare/Tiemann)</p>

3	GOAL 3. Refresh/modernize Senior Center. (Dianne Brauch and Kathy Seddiqui)	
	a. Meet with staff to assess needs of Senior Center b. Contact local designers for possible donation of design plans for center c. Contact furniture stores for possible donations of new furniture and/or accessories (Brauch/Seddiqui)	By June 2012: 1) Create a list of possible local designers to ask for design plans for the Senior Center 2) Contact designers for design plans for the Senior Center By December 2012: 1) Create a list of furniture stores that may donate furniture to implement design plans for the Senior Center 2) Contact furniture stores for the donations of furniture (Brauch/Seddiqui)
4	GOAL 4. Collaborate with the Senior Center on a variety of educational programs. (Anabel Pelham and Catherine Popell)	
	a. Meet with Senior Center staff to assess the needs and scheduling for a senior lecture series b. Explore the no-cost Stanford University Falls Prevention Program (Pelham) c. Explore a Senior lecture series (Pelham/Popell)	By June 2012: Explore options for cost recovery venues for senior lecture series (Library, Town of Los Altos Hills, Main Street Café, State Street Bike Shop, etc.) Invite a representative of the Stanford University Falls Prevention Program to make a presentation to the Commission in order to review its feasibility as an educational program for the Senior Center (Pelham/Popell) By August 2012: Contact local speakers with topic expertise, about presenting a lecture in the series (Example: reverse mortgages, health issues, etc.) (Pelham/Popell/staff)

5	GOAL 5. Determine if there are gaps in the Emergency Preparedness Programs as they relate to seniors; for example Red Cross, first responders, etc. (Anabel Pelham and Catherine Popell)	
	a. Explore how LA/LAH presently encourage seniors to participate in Emergency Preparedness classes b. Investigate the Intergenerational Emergency Preparedness Project developed by SFSU Gerontology Graduate students (Pelham/Popell)	By June 2012: Contact Mike Sanders and George Hurst for a presentation to the Senior Commission for Emergency Preparedness status report and recommendations Contact the SFSU Gerontology Program Graduate Student team that developed the Intergenerational Emergency Preparedness Project for Los Altos and invite them for a presentation to the Senior Commission (Pelham/Popell/staff)
6	GOAL 6. Continue to update Senior Resource Manual. (Dianne Brauch and Kathy Seddiqui)	
	a. Update senior resource manual annually or as needed b. Solicit feedback from users c. Update the Chamber of Commerce annual brochure (Brauch/Seddiqui)	By December 2012: 1) Review and update all service provider information 2) Add or subtract service providers as necessary 3) Print any updates to the Senior Resource Manuals 4) Update resource books in all locations (Senior Center, Los Altos City Hall, Town of Los Altos Hills Recreation and Chamber of Commerce) 5) Review and add or subtract Senior Resource Manual locations 6) Insert a feedback page in Senior Resource Manuals and City and Town websites 7) Update City and Town websites to reflect updates (Brauch/Seddiqui/staff)

7	GOAL 7. Explore research and program development grants and contracts aimed at helping older individuals. (Anabel Pelham)	
	a. Research grant opportunities (Pelham)	By August 2012: 1) Study the Foundation Center’s offerings of potential grants and contracts that would serve older persons. Place the emphasis on the eight Age-Friendly Cities criteria 2) Share findings with the Commission and staff (Pelham/staff)
8	GOAL 8. Share with appropriate city officials the results of our after-dark downtown grid lighting surveys. (Karen Jenney and Anabel Pelham)	
	a. Walking Survey project (Jenney, Pelham)	By May 1, 2012 and November 1, 2012: Share with staff any after-dark lighting safety issues found during next walking surveys in the downtown grid December 5, 2011: Senior Commission meeting with Jim Gustafson and reported on the follow-up progress being made on the Walking Survey results Oct. 29, 2011: Walking Survey done and given to Jim Gustafson, Engineering Services Manager for the City of Los Altos
9	GOAL 9. Identify and/or coordinate common senior initiatives with other agencies that involve senior initiatives (that come within the scope of duties or purposes of Senior Commission). (Senior Commissioners)	
	a. Senior Commissioners will attend any meeting of organizations/commissions/committees as invited and/or appropriate and bring that information back to the Senior Commission (Traficanti)	By June 1, 2012: Review Agendas and Minutes of those organizations that meet Goal 9. If a Senior issue is on the Agenda or Minutes, the assigned Commissioner(s) will attend relevant meetings and report back to the Commission Review organizations that support Seniors in the City of Los Altos/Town of Los Altos Hills and assign Commissioners to other organizations that may have come up Annually review and assign or reassign commissioners to various groups as deemed necessary (Traficanti)

Original 2012-2013 Goals submitted to Council on December 13, 2011

1. Contact Santa Clara Valley Transit Authority to inquire about the possibility of installing benches at bus stops in Los Altos/Los Altos Hills.
2. Educate and encourage local housing developers to construct universally designed housing.
3. Investigate the possibility of updating the Senior Center using complimentary services from local decorators and merchants.
4. Collaborate with the Senior Center on a variety of educational sessions including the no-cost Stanford University Falls Prevention Program.
5. Investigate the Inter-generational Emergency Preparedness Project developed by the San Francisco State University gerontology graduate students and encourage seniors to participate in Los Altos/Los Altos Hills Emergency Preparedness classes.
6. Update the Senior Resource Manual. Check current websites and add or subtract service providers as appropriate.
7. Research the possibilities of the National Institute of Aging and the U.S. Administration on Aging research and program development grant to help older individuals remain healthy, independent and in their own homes and communities (Translational Community Research).
8. Share with appropriate city officials the results of our after-dark downtown grid lighting survey with the possibility that it be incorporated into the budgeting process.
9. Investigate possible Senior Commission liaison representation with other committees and commissions when appropriate.