



DATE: 6 April 2015

AGENDA ITEM # 2

TO: Senior Commission
FROM: Candace Avina, Staff Liaison
SUBJECT: Senior Programming at Grant Park and Hillview Community Center

RECOMMENDATION:

Receive an update on senior programming at Grant Park and Community Center

BACKGROUND

At the March 2, 2015 Senior Commission Meeting, Commissioners ask for an update on the programming that takes place at the Grant Park Senior program and the Hillview Community Center.

DISCUSSION

In the attachments provided, are listings of activities that both Senior Programs provide on a daily, weekly and monthly basis.

Hillview Senior Program

At the Hillview Community Center Senior Program, programs are planned on a daily, weekly and monthly basis. Programs include: luncheons, extended and local trips, bocce ball, line dancing, Tai Chi, bridge classes and play, mah jongg, computer tutor assistance, Monkey Toy volunteer project, ping pong, Pickle Ball and various seasonal special events such as barbecues, guest speaker series and movie presentations, just to name a few. In addition, the Senior Program at Hillview also works to provide information and help seniors in the community regarding tax assistance, referrals for home assistance, and maintains a loan closet for wheel chairs, walkers and canes. Hillview Senior Programs are planned by City staff with input from participants and volunteers.

Over the years, the Senior Program at Hillview has gathered more information that seniors need or look for and in doing so, has become a clearing house of sorts for those in search of material related to senior needs. The Senior Program provides health information through pamphlets or local hospital guest speakers encouraging seniors to take advantage of programs within the community that can assist them.

Grant Park Senior Program

The Grant Park Senior Program is a relatively new program that was established in October of 2014 at Grant Park. The program utilizes the multipurpose room in Grant Park and is open on Wednesday, from 10am to 2pm each week.



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AGENDA REPORT

Programs include: card or table games, exercise classes such as stretching and chair work out, book club, guest speakers, luncheons, garden club, and various other seasonal activities and events. Grant Park Senior Program activities and events are planned by volunteers with some input by City staff.

Attachments:

- A. Hillview Senior Program "Spot Light"
- B. Grant Park Senior Program April Calendar