City of Los Altos
Recreation Department

Creating Community Through People, Parks, And Programs!

RECREATION GUIDE

2014

SPRING CAMPS

SPRING CLASSES

SUMMER CAMPS

SPECIAL EVENTS

Special Events At-A-Glance

Acterra's Work Days @ Redwood Grove

at Redwood Grove
Apr 11 & 26
May 10 & 24
9:30am – 12:30pm

Info/registration: acterra.org

Egg Hunt & Teen Egg Launch

April 19
Activities: 9:30am
Hunt: 10am SHARP
Egg Launch: 10:45am
Hillview Soccer Field
Info? 947-2790

Spring Plant Exchange

April 26
10am – 12pm
Hillview Community Center Parking Lot
Must bring plants to exchange!
Info? 947-2790

Los Altos Recreation Dept
LosAltosRecreation.org
947-2790

FREE! *Sat, Apr 19 9:30am Activities commence!*

Egg Hunt & Teen Egg Launch

10am SHARP Egg Hunt
Walking to 10 years
10:15am Post-hunt concert
featuring Oklin Bloodworth*

10:45am Teen Egg Launch
11-17 years
We supply the eggs…you supply the home-built egg launchers.
LosAltosRecreation.org for sign-up and guidelines…must register by April 17 (so we can secure enough eggs)!

Hillview Soccer Field, 97 Hillview Ave
We hunt rain or shine!

*Co-sponsored by the Los Altos Library

Summer Employment!

If you are energetic, enthusiastic and love kids (and would even literally jump through hoops for them), you could be our next awesome SUMMER CAMP LEADER! You'll lead our campers in games, sports, crafts…even some education…and more! Application info at calopps.org beginning March 1. Check it out!

DISCOUNT ON CAMPS!

Two ways to save 10% on

Redwood Grove
Camp Shoup
Camp jelly bean

See page 3 for info on this dandy deal!

SPRING BREAK CAMPS

SKYHAWKS

Skyhawks Basketball Camp

This fun, skill-intensive program is designed for the beginning to intermediate player. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular camps. Our basketball staff will also focus on respect, teamwork and responsibility.

Required: 1. Appropriate clothing, running or gym shoes and sunscreen. 2. Lunch, snack and water bottle.

Whisman Sports Center, Mtn View
Skyhawks Staff

410910-01		6-12yrs
M-F	4/7-4/11	9am-3pm
Residents $209		*All Others $227*

NAZARETH ICE OASIS

Beginning Ice Skating Mini Session Camp

This beginning Ice Skating Mini Session gives you the equivalent of a 5-week session in one week. Students will be introduced to basic ice skating skills including skating forward, backward and stopping.

Note: Skate rental and 30-minute practice time available on the lesson day included in fee.

Required: 1. Please arrive 15 minutes before class begins. 2. Warm clothing, mittens/ gloves.

Nazareth Ice Oasis **NIO Staff**

411238-01		5-12yrs
M-F	4/14-4/18	10:30-11am
Residents $82		*All Others $100*

ALBERT LOVES FRIDA

The Art & Science of Leonardo da Vinci Camp

Explore the inventions of Leonardo, history's greatest artist/scientist. Many of his renderings/inventions (such as the helicopter, parachute and military tank) were realized centuries after he created the concepts. Can we create models from his drawings? How did his scientific analysis influence his paintings and sculpture?

Note: Please bring a nutritious lunch to camp everyday.

Hillview Rm 14
Albert Loves Frida Staff

410519-01		8-12yrs
M-F	4/7-4/11	9:15am-2:30pm
*Residents $362**		*All Others $380**

**Materials fee of $30 due first day.*

YOUNG CHEFS ACADEMY

NEW!

Spring Cooking 'n Art Camp

Join us for this special camp full of cooking and baking spring's farm fresh fruits and vegetables! Plus, we'll do creative art projects including drawing, acrylic painting, watercolor painting, clay, arts and crafts, and much more! Extended care is available.

Young Chefs Academy **YCA Staff**

410706-11		5-11yrs
M-F	4/7-4/11	9am-3pm
*Residents $212**		*All Others $230**

**Materials fee of $150 due first day.*

WELCOME

Los Altos Recreation Department

97 Hillview Avenue
Los Altos, California 94022
Tel: 947-2790 Fax: 947-2738
losaltosrecreation.org

Office hours: Monday-Friday, 8am-5pm

Recreation Commissions

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Commissions serve as advisory bodies to the Los Altos City Council. Find more information about these commissions at losaltosca.gov/cc

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ABOUT THE COVER...

This sweet picture, of camper and camp leader, is a reminder that summer camps will be here sooner than we know!

Summer fun? We have a camp for that!

It all starts on page 27.

Unless otherwise stated, all telephone numbers herein are area code (650).
Cover photo: maltphoto@comcast.net

SPRING YOUTH CLASSES

ACADEMIC FUN

GREEN BEAN KIDZ

Green Bean Kidz is an outdoor education program for children. Participants experience nature in many fun ways including hiking and observing their surroundings. The program incorporates music, art, science, games, and movement -- all focused on ecology and environmental awareness.

Note: Program takes place at various local parks in Los Altos. First class meets at Redwood Grove. (Must park on University Ave and walk into park.)

Various Los Altos Parks
Green Bean Kids Staff

461808-01		2-5yrs
Tue	3/25-4/29	9:30-11am
461808-02		2-5yrs
Wed	3/26-4/30	9:30-11am
461808-03		2-5yrs
Tue	5/6-6/10	9:30-11am
461808-04		2-5yrs
Wed	5/7-6/11	9:30-11am
411808-01		5-10yrs
Tue	3/25-4/29	3:30-5pm
411808-02		5-10yrs
Wed	3/26-4/30	3:30-5pm
411808-03		5-10yrs
Tue	5/6-6/10	3:30-5pm
411808-04		5-10yrs
Wed	5/7-6/11	3:30-5pm

Residents $135 *All Others $153*

ECONOMIC DRIVING SCHOOL

Online Driver's Ed Class

This online class is approved by the DMV. Reading, flash graphics, videos, and quizzes prepare the reader to pass the DMV test. To register, visit economicdrivingschool.com online. To complete the question "How did you hear about us?" choose activity code 2790.

Residents & All Others $68.50

ARTS & CRAFTS

MY FIRST ART CLASS

Spend quality time with your young child. Each week features a new theme with five art stations. Art projects continue to change all year long! Process rather than product is emphasized. Each class ends on a musical note with singing and dancing.

Required: 1. Parent/caregiver must attend class with child. 2. Wear your grubbies! 3. Aprons provided.

Hillview Rm 15 **My First Art Staff**

450501-01		1.5-3yrs
Wed	4/16-6/4	9:30-10:30am
450501-03		1.5-3yrs
Thu	4/17-6/5	9:30-10:30am
450501-02		2-5yrs
Wed	4/16-6/4	10:45-11:45am
450501-04		2-5yrs
Thu	4/17-6/5	10:45-11:45am

*Residents $117** *All Others $135**
**Materials fee of $15 due first day.*

Instrument Building

Children build different instruments and experiment with sound. This fun class also includes additional exploratory art activities.

CSMA		**Walker**
460518-01		3-5yrs
Mon	3/31-6/2	2-2:45pm
No class 5/26		
Residents $177		*All Others $195*

Young Masterpieces

Meet the masters! Each week a different artist is featured and children are introduced to a variety of inspiring materials. Have fun learning how to paint like Van Gogh and sculpt like Rodin.

CSMA		**Marin**
460518-07		2-5yrs
Thu	4/3-6/5	11-11:45am
No class 4/10		
Residents $177		*All Others $195*

COMMUNITY SCHOOL OF MUSIC & ARTS (CSMA)

Required: Parent/caregiver must attend class with child.

Sticky & Squishy

Little ones: Here is your chance to get down and dirty with all sorts of gooey, foamy, puffy, squishy, and sticky materials! Have fun building, creating, pushing and pulling while creating beautiful works of art.

CSMA		**Lugo**
460518-11		1.5-3yrs
Mon	3/31-6/2	9:15-10am
No class 5/26		
Residents $177		*All Others $195*

Animals & Nature Art

Have fun making animal masks, building with clay and experimenting with materials from nature to create unique works of art. Children will be inspired to create using the beauty of nature!

CSMA		**Lugo**
460518-10		2-5yrs
Tue	4/1-6/3	10-10:45am
Residents $192		*All Others $210*

Color Exploration

Watch color come to life! Learn how to mix and make a spectrum of vivid colors using paint, bubbles, play dough, and pastels.

CSMA		**Couch**
460518-02		2-5yrs
Wed	4/2-6/4	11-11:45am
Residents $192		*All Others $210*

Tiny Tots Programs
Where we play with a purpose!

Terrific Threes, Fabulous Fours and Kinder Prep
See ad on pg 26
or call 947-2890 for more info and/or to schedule a tour.

COOKING

YOUNG CHEFS ACADEMY

Note: Vegetarians and special diets are welcome. Please inform Young Chefs' staff before first day of class.

Big Chef Lil Chef

Learn to cook delicious and simple recipes with Mom, Dad, Grandpa, or Grandma! This class incorporates monthly themed recipes, age-appropriate culinary skills, basic nutrition, story time, and circle time. At the end of each class, everyone gets to eat what they cook!

Young Chefs Academy		YCA Staff
460706-01		2.5-4.5yrs
Sat	3/29-6/7	9-10am
No class 5/24		
460706-02		2.5-4.5yrs
Sun	3/30-6/8	9:30-10:30am
No class 5/25		
460706-03		2.5-4.5yrs
Tue	4/1-6/3	10:30-11:30am
460706-04		2.5-4.5yrs
Wed	4/2-6/4	6-7pm
460706-05		2.5-4.5yrs
Thu	4/3-6/5	9:30-10:30am
460706-06		2.5-4.5yrs
Fri	4/4-6/6	10:30-11:30am

Residents $132 All Others $150**
**Materials fee of $80 due first day.*

Kinder Chef

In this class, your little Kinder Chef will cook up their very own kind of fun, with curriculum and recipes geared for Pre-K and K students. Participants will make two recipes, eat what they've made, read a story, and play a cooking-related game.

Young Chefs Academy		YCA Staff
410706-01		4.5-6.5yrs
Tue	4/1-6/3	4-5:30pm
410706-02		4.5-6.5yrs
Wed	4/2-6/4	4-5:30pm
410706-03		4.5-6.5yrs
Thu	4/3-6/5	4-5:30pm
410706-04		4.5-6.5yrs
Fri	4/4-6/6	4-5:30pm

Residents $162 All Others $180**
**Materials fee of $100 due first day.*

Tween Chef

Calling all budding tween chefs! Our experienced chef instructors will inspire our tween chefs to master the fundamentals and key techniques of cooking and baking skills.

Young Chefs Academy		YCA Staff
410706-10		10-14yrs
Thu	4/3-6/5	6-7:30pm

Residents $162 All Others $180**
**Materials fee of $100 due first day.*

Young Chefs

Calling all budding chefs! Learn to cook recipes based on a different theme each week. Principles of kitchen safety, proper food handling, basic cooking and baking techniques, food presentation, table setting, and table manners will be included.

Young Chefs Academy		YCA Staff
410706-05		7-10yrs
Sun	3/30-6/8	9-10:30am
410706-06		7-10yrs
Tue	4/1-6/3	4-5:30pm
410706-07		7-10yrs
Wed	4/2-6/4	4-5:30pm
410706-08		7-10yrs
Thu	4/3-6/5	4-5:30pm
410706-09		7-10yrs
Fri	4/4-6/6	4-5:30pm

Residents $162 All Others $180**
**Materials fee of $100 due first day.*

DANCE & PERFORMING ARTS

SOCIAL BALLROOM DANCE

Now's the time to start learning to dance like the stars! Learn the basics of ballroom dancing. Don't miss out on the fun of being on the dance floor.

Equipment Note: Please wear non-stick shoes.

Shoup Park Garden House		**Minev**
410202-01		6-12yrs
Thu	4/17-6/5	5:30-6:30pm
Residents $104		*All Others $122*

FIVE AND UNDER DANCE

Tiny Tutu

This class is an introduction to ballet and creative movement using many props and activities aimed toward your child's development. Parents are welcome to observe their little dancers from the back of the classroom.

Equipment Note: Leotards and soft ballet shoes required.

Hillview Rm 4		**Vaillancourt**
460209-01		2.5-3.5yrs
Wed	4/16-6/4	10-10:30am
460209-02		2.5-3.5yrs
Thu	4/17-6/5	10-10:30am
Residents $124		*All Others $142*

Ballet

A beginning dance class designed for your little dancer. This is an introduction to positions, barre work, across-the -floor fundamentals, and dance routines. A fun and creative environment to help nourish your child's love of dancing.

Equipment Note: Ballet shoes and attire required.

Hillview Rm 4		**Vaillancourt**
460203-01		3.5-5yrs
Wed	4/16-6/4	10:35-11:05am
460203-02		3.5-5yrs
Thu	4/17-6/5	10:35-11:05am
Residents $124		*All Others $142*

Tap/Ballet

A great introduction to both tap and ballet. Students will stretch and learn the basics of tap and ballet that will develop their dancing skills. A fun and creative environment to help nourish your child's love of dancing.

Equipment Note: Ballet shoes and tap shoes required.

Hillview Rm 4		**Vaillancourt**
460205-01		3.5-5yrs
Wed	4/16-6/4	12:30-1:15pm
460205-02		3.5-5yrs
Thu	4/17-6/5	12:30-1:15pm
Residents $138		*All Others $156*

JEAN LEE'S BALLET CLASSES

Equipment Note for ALL of Jean Lee's classes: Leotards and soft ballet shoes required.

Note: ALL of Jean Lee's students will be eligible to participate in the spring 2014 dance program!

Pre-Ballet Beginners

A joyful introduction to ballet. This class is specifically geared toward the young dancer. Students will learn simple ballet positions, steps, combinations, movements, and activities.

Hillview Rm 4		**Lee**
410213-01		4.5-7yrs
Thu	4/3-6/5	3:45-4:30pm
Residents $158		*All Others $176*

Ballet Beginners

Basic ballet emphasizing correct technique in barre work and center work. Technique will be taught enabling the student to perform on stage for the annual dance recital.

Hillview Rm 4		**Lee**
410214-01		6-8yrs
Wed	4/2-6/4	3:45-4:30pm
Residents $158		*All Others $176*

Classical Ballet

This is a basic technique class emphasizing barre work and proper techniques for turns and leaps - serious work - but also fun for the student!

Hillview Rm 4		**Lee**
410215-01		6-8yrs
Wed	4/2-6/4	4:30-5:30pm
410215-02		6-12yrs
Thu	4/3-6/5	4:30-5:30pm
Residents $158		*All Others $176*

Ballet/Musical Theater

In this class, the student will learn the dance steps and body positioning of Broadway stage dance.

Hillview Rm 4		**Lee**
410204-01		8-16yrs
Wed	4/2-6/4	5:30-6:30pm
Residents $158		*All Others $176*

MARTIAL ARTS

CHANG TAI DO KARATE & FITNESS

changtaido.com

Equipment Note for ALL Chang Tai Do classes: Materials fee stated below cover uniform and target pad. These items are mandatory and must be purchased directly from the instructor at first class by all first time participants.

Notes: 1. Hitting or striking another student is not permitted. 2. Testing and private lessons available for additional fees.

Chang Tai Do Karate for Tots

Introduction to proper stretching, basic blocks, kicks, punches, strikes, body part awareness, and what to do to fend off an attacker. Children's natural curiosity and playfulness, combined with basic karate drills, help develop coordination, mental focus and alertness.

Hillview Social Hall **Chang/Huey**

411104-01 4-7yrs
Thu 4/10-6/19 5-6pm
Residents $160 All Others $178**
**Materials fee of $75 due first day for first time participants.*

Chang Tai Do Karate Beg/Int

Introduction to the history, culture, terminology and etiquette of Chang Tai Do Karate. Learn proper stretching, basic blocks, punches, kicks and strikes, self-defense, forms (kata), and sparring (kumite). Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance, and skills to defend oneself.

Hillview Social Hall **Chang/Huey**

411102-01 8+yrs**
Tue/Thu 4/8-6/19 6-7pm
Residents $179 All Others $197**
**Materials fee of $75 due first day for first time participants.*
***Note: Returning students younger than 8 can register with instructor approval.*

JUDO JUJITSU

For beginning students. Through a unique and supportive teaching style, students will learn punching, kicking, throwing, falling, grappling, and real world practical self-defense techniques. Join this exciting class and improve your self-confidence, condition your physical self and develop a positive self-image.

Grant Park MPR **Gearhart**

411101-01 7-16yrs
Mon/Thu 4/14-6/5 6-7pm
No class 5/26
Residents $126 All Others $144

TAEKWONDO BY ROH

Taekwondo For Tots

This class gives 2- and 3-year olds early athletic, listening and learning skills through a wide variety of activities, games, and movement experiences. Tots will tumble, jump, stretch, kick, run, throw, and have fun as they learn taekwondo skills.

Required: A parent/caregiver must be in classroom during each session.

Hillview MPR **Roh**

461105-01 2-3yrs
Tue 4/15-5/20 10-11am
Residents $152 All Others $170

Taekwondo for Kids

This martial art and competitive Olympic sport is a great way for kids to motivate themselves toward exceptional overall athleticism. Kids will get highly attentive and motivating instruction from a former Korean National Taekwondo Team competitor.

LAYC **Roh**

411105-01 4-6yrs
Wed 4/16-5/21 3:45-4:45pm
411105-02 7-11yrs
Wed 4/16-5/21 4:50-5:50pm
Residents $152 All Others $170

MUSIC

MELODY'S ACADEMY OF MUSIC

4151 Middlefield Rd, Ste 105, Palo Alto (in the Global Fluency Building)

Required for ALL MAM classes: During classes, only registered student with their parent permitted in classroom.

Melody's Piano Beginners: 4-5yrs

This course will enrich children who have never studied music through a variety of fun activities. It provides students with the opportunity to learn various music skills, such as singing, ear-training, keyboard playing, rhythm ensemble, and reading music.

Equipment Note: MAM provides full-sized digital keyboard for each family to use in class.

Required: Parents must attend with their children.

Melody Academy of Music		MAM Staff
410104-01		4-5yrs
Sat	4/19-5/24	4-4:45pm
410104-02		4-5yrs
Sun	5/11-6/15	2-2:45pm
410104-03		4-5yrs
Thu	5/22-6/26	4-4:45pm
410104-04		4-5yrs
Fri	6/6-7/11	4-4:45pm

Residents $168 All Others $186**
**Materials fee of $45 due first day and includes full-sized digital keyboard rental.*

Melody's Piano Beginners: 5-7 yrs

Music theory, keyboard skills and techniques are included in this class. Ear-training and sight-singing skills will be emphasized. Children will also receive instruction in performing keyboard and rhythm instruments.

Equipment Note: MAM provides full-sized digital keyboard for each family to use in class.

Required: Parents must attend with their children.

Melody Academy of Music		MAM Staff
410104-05		5-7yrs
Sat	4/19-5/24	3-3:45pm
410104-06		5-7yrs
Sun	5/11-6/15	3-3:45pm
410104-07		5-7yrs
Thu	5/22-6/26	5-5:45pm
410104-08		5-7yrs
Fri	6/6-7/11	5-5:45pm

Residents $168 All Others $186**
**Materials fee of $45 due first day and includes full-sized digital keyboard rental.*

Group Flute Lessons

This class is a group flute class for beginner flute students. The students will learn music fundamentals such as note reading, rhythm, music theory, and basic flute playing.

Equipment Note: Must bring own flute.

Melody Academy of Music		MAM Staff
410110-01		7-12yrs
Thu	4/10-5/15	6:30-7:15pm
410110-02		7-12yrs
Thu	5/22-6/26	6:30-7:15pm

Residents $168 All Others $186**
**Materials fee of $25 due first day and does not include flute rental.*

Group Violin Lessons

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory.

Required: Parents must attend with their children.

Melody Academy of Music		MAM Staff
410105-01		6-10yrs
Sat	4/19-5/24	2-2:45pm
410105-02		6-10yrs
Sun	5/11-6/15	11-11:45am

Residents $168 All Others $186**
**Materials fee of $45 due first day and includes 6-week violin rental.*

Group Guitar Beginners: 7-10yrs

This is a beginner's class for kids. Focus will be on learning basic skills and techniques for the instrument. No former musical knowledge required.

Equipment Note: Please bring own guitar.

Required: Parents must attend with their children.

Melody Academy of Music		MAM Staff
410112-01		7-10yrs
Sat	4/19-5/24	5-5:45pm
410112-02		7-10yrs
Sun	5/11-6/15	4-4:45pm

Residents $168 All Others $186**
**Materials fee of $25 due first day and does not include guitar rental.*

Group Guitar Beginners: 10-13yrs

This class is designed to facilitate self discovery through the instrument. Group setting helps create environment for expression and communication through music.

Equipment Note: Please bring own guitar.

Melody Academy of Music		MAM Staff
420112-01		10-13yrs
Sat	4/19-5/24	6-6:45pm
420112-02		10-13yrs
Sun	5/11-6/15	5-5:45pm

Residents $168 All Others $186**
**Materials fee of $25 due first day and does not include guitar rental.*

Group Ukulele

Try the ukulele! This group class is designed for young beginners to help them learn basic ukulele skills which include, but not limited to, chords, strum patterns, scales, and music reading.

Equipment Note: Please bring own ukulele or contact us to purchase one.

Melody Academy of Music		**MAM Staff**
420112-03		8-12yrs
Sun	5/11-6/15	6-6:45pm
*Residents $168**		*All Others $186**

**Materials fee of $25 due first day and does not include ukulele rental.*

MUSIC AROUND THE WORLD

joyfulnoise@aya.yale.edu
(415)242-1956

Music Around the World Multicultural English

This unique 50-minute parent-child immersion language and music class is taught in English but includes songs from around the world! Rhythmic and tonal play with age appropriate instruments, physical movement and imaginative improvisation provide a wonderful foundation for musical, linguistic and intellectual growth!

Hillview Rm 4		**Wong**
460101-03		0-4yrs
Fri	3/28-6/6	9-9:50am
No class 4/11		
460101-04		0-4yrs
Fri	3/28-6/6	10-10:50am
No class 4/11		
*Residents $161**		*All Others $179**

**Materials fee of $25 due first day.*

Music Around the World Spanish

Introduce your child to another language and culture through the language of music! Taught exclusively in the target language using traditional Spanish children's songs; no previous target language experience is necessary! Take advantage of your child's amazing ability to absorb music and language!

Hillview Rm 4		**Wong**
460102-01		0-4yrs
Fri	3/28-6/6	11-11:50am
No class 4/11		
*Residents $161**		*All Others $179**

**Materials fee of $25 due first day.*

SPORTS

ARCHERY

THE ART & ENJOYMENT OF ARCHERY

The archery classes in this program are designed to help students learn and develop their archery skills. Instructor Ray Roan has practiced archery for over 30 years and has been teaching for more than 25 years.

Equipment Note for ALL archery classes: Basic archery equipment will be provided.

Archery 1

Participants will learn the technique of shooting a bow, as well as the names for each of the parts of the bow and arrow. This safe and fun class allows each individual to focus on their accomplishments.

Redwood Grove		**Roan**
410918-01		7-17yrs
Thu	4/17-6/5	3:30-4:30pm
410918-02		7-17yrs
Fri	4/18-6/6	3:30-4:30pm
Residents $251		*All Others $269*

Archery 2

This class is a continuation for those who are ready to move on to the next level (contact Ray Roan via the Recreation Office to see if you qualify), or for those who have been shooting archery for at least one year. The focus of this class will be to refine shooting form.

Redwood Grove		**Roan**
410918-03		9-17yrs
Thu	4/17-6/5	4:30-5:30pm
Residents $251		*All Others $269*

Archery 3

This class is for those who have been taking archery classes for at least four years and want to further refine their shooting skills.

Redwood Grove		**Roan**
410918-04		9-17yrs
Fri	4/18-6/6	4:30-5:30pm
Residents $251		*All Others $269*

BADMINTON

BADMINTON

Badminton applies and promotes speed, agility, and hand-eye coordination, as well as footwork, that can be applied to many other sports. Beginners learn the basic techniques to be able to play badminton effectively. Intermediate students learn effective footwork, attacking techniques, and game pace.

Egan Gymnasium **Huyhn**
451219-01 10-18yrs
Wed 4/16-5/28 6-8pm
Residents $102 All Others $120**
**Materials fee of $5 due first day.*

EQUESTRIAN

SPRING DOWN EQUESTRIAN CENTER

springdown.com

Crazy About Horses Day

Spend a day with horses, see a live demonstration, and learn to tack up your own horse and ride! You will learn safety, horse handling and care through grooming and experience on the ground and on the horse. The perfect introduction to horses!

Required: 1. Must download and fill out liability form at springdown.com prior to class. 2. Due to the physical limitations of our horses, riders' weight should not exceed 225 pounds.

Spring Down Equestrian Ctr
SDEC Staff
450403-02 6+yrs
Sat 5/17 10am-2pm
Residents $137 All Others $155

FENCING

THE CUTTING EDGE

thecuttingedge.s5.com

Basic Sabre Fencing

En garde! Learn the lightning-quick sport of sabre fencing! Train, drill and team up with professional, licensed and insured fencing instructors from The Cutting Edge. Participate in games, bouting with classmates and get a great athletic workout!

Equipment Note: All sabers provided.

Grant Park MPR **Cutting Edge Staff**
452001-01 7+yrs
Sat 4/19-6/7 12:30-1:15pm
No class 5/3
Residents $162 All Others $180**
**Materials fee of $10 due first day.*

Advanced Sabre Fencing

Tactics, timing, traps via footwork, and blade work invitations abound in this higher-level fencing class. Assessing opponents' strengths and weaknesses along with in-house tournaments are part of the goals of this class, focusing on refining technique and developing "personal style"!

Equipment Note: All sabers provided.

Prerequisite: Basic Saber Fencing or instructor approval.

Grant Park MP **Cutting Edge Staff**
452004-01 7+yrs
Sat 4/19-6/7 11am-12:15pm
No class 5/3
Residents $162 All Others $180**
**Materials fee of $10 due first day.*

LED Light Saber

Learn the ways of the Jedi, become a saber hero and create your own saber fight with a friend! Choose your destiny and learn about attacks, defenses, saber spins, kicks, choreography, drama and story in this awesome class!

Equipment note: All sabers provided.

Note: All Star Wars concepts property of Lucasfilm/Lucasarts. The Cutting Edge is not affiliated with Lucasfilm. LED sabre props built and designed by The Cutting Edge.

Grant Park MPR **Cutting Edge Staff**
452003-01 7+yrs
Sat 4/19-6/7 1:30-2:30pm
No class 5/3
Residents $162 All Others $180**
**Materials fee of $10 due first day.*

ICE SKATING

NAZARETH ICE OASIS

Note for ALL Nazareth Ice Oasis classes: Skate rental and 30-minute practice time available on the lesson day included in fee.

Required for ALL Nazareth Ice Oasis classes: 1. Please arrive 15 minutes before class begins. 2. Warm clothing, mittens/gloves.

Ice Skating - Parent & Me

This ice skating class is designed for a child and one parent/guardian, and is geared toward development of independence in the child so they may progress to a tot ice skating class without the adult.

Nazareth Ice Oasis		**NIO Staff**
450903-01		2.5-5yrs
Sat	4/26-6/7	11:45am -12:15pm
No class 5/24		
Residents $96		*All Others $114*

Ice Skating - Tot and Youth

Ice skating is a confidence-building sport that is challenging and rewarding. These classes will give you a fun introduction to basic ice skating skills, including skating forward, backward and stopping.

Nazareth Ice Oasis		**NIO Staff**
460903-01		3-5yrs
Tue	4/22-5/27	3:30-4pm
460903-02		3-5yrs
Sat	4/26-6/7	11:45am-12:15pm
No class 5/24		
410903-01		6-12yrs
Tue	4/22-5/27	4-4:30pm
410903-02		6-12yrs
Sat	4/26-6/7	11:45am-12:15pm
No class 5/24		
Residents $96		*All Others $114*

GOLF

DEEP CLIFF GOLF

Equipment Note for ALL golf classes: Golf clubs provided; however, if you have your own clubs, please bring them.

Weather Policy: We make every effort to hold our classes with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff Golf Course directly at (408)253-5357 within one hour of class for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Parent/Child Golf

Parents and children, come spend quality time together learning the game that may be enjoyed for a lifetime! You will receive instruction in skills, etiquette and some rules.

Deep Cliff Golf Course		**Deep Cliff Staff**
450914-01		7+yrs
Sat	3/22-4/12	8:30-10am
450914-02		7+yrs
Sat	4/26-5/17	8:30-10am
*Residents $141**		*All Others $159**

**Fee is per person.*

TEEN PROGRAMS

Turn to Pages 48-49 for the latest info on all our activities for local teens including LAYC dances, The Underground Teen Center and the Los Altos Youth Commision.

Junior Golf

Young golfers, come learn and develop the basic skills of golf, including the proper etiquette and the most common rules of golf. You will learn and strengthen your abilities and knowledge of the game to prepare yourself for the next level, Intermediate Junior Golf.

Deep Cliff Golf Course		Deep Cliff Staff
410914-01		7-17yrs
Sat	3/22-4/12	10:30am-12pm
410914-02		7-17yrs
Sat	4/26-5/17	10:30am-12pm
Residents $141		*All Others $159*

Intermediate Junior Golf

For players who have fully acquired the basic skills and knowledge of the game. It is designed in a "practice and play" format, to give you a place to build your skills; then we take it all onto the course to play!

Prerequisite: Junior Golf or Golf Camp 1

Deep Cliff Golf Course		Deep Cliff Staff
410914-05		7-17yrs
Sat	3/29-4/19	3-6pm
410914-06		7-17yrs
Sat	4/26-5/17	3-6pm
410914-07		7-17yrs
Sat	5/31-6/21	3-6pm
Residents $207		*All Others $225*

The Player's Academy

If you have completed Intermediate Junior Golf and have gained instructor approval to advance to the next level, this class is for YOU. We'll emphasize playing skills, helping you to develop a more complete game (and shoot lower scores.)

Prerequisite: Previous experience is required. If you haven't been in the class before, you must have instructor approval to enter. Call (408)253-5357, x36.

Deep Cliff Golf Course		Deep Cliff Staff
410914-08		10-17yrs
Thu/Sat	3/20-4/5	4:30-6:30pm
410914-09		10-17yrs
Thu/Sat	4/10-4/26	4:30-6:30pm
410914-10		10-17yrs
Thu/Sat	5/1-5/17	4:30-6:30pm
Residents $207		*All Others $225*

GYMNASTICS

TWISTERS SPORTS

Walking Wonders

Children are assisted by their parents and a certified Twisters instructor. Help your child develop muscle coordination, body control, and social interaction in an educational environment.

Twisters Sports		Twisters Staff
452101-01		1.5-3yrs
Mon	4/14-6/9	10-10:45am
No class 5/26		
452101-02		1.5-3yrs
Sat	4/19-6/14	8:30-9:15am
Residents $162		*All Others $180*

Preschool Players

Preschoolers improve listening skills and focus on strength and coordination. Children will safely learn to climb, jump, swing, and roll on all introductory gymnastics equipment.

Twisters Sports		Twisters Staff
462102-01		3-4yrs
Mon	4/14-6/9	12-12:45pm
No class 5/26		
Residents $162		*All Others $180*

Cartwheel Kinders

This class further enhances children's physical, mental, and social development. Kids are introduced to basic gymnastics terminology, positions and skills. Children are carefully spotted until they can complete the skill(s) successfully.

Twisters Sports		Twisters Staff
462103-01		4-5yrs
Mon	4/14-6/9	12:45-1:30pm
No class 5/26		
Residents $177		*All Others $195*

Dyno Tumblers

This class offers children a fun and safe environment where they are challenged with fundamental gymnastics skills. They will master basic terminology and skills, and develop flexibility that will enhance overall fitness for any sport.

Twisters Sports		Twisters Staff
412104-01		5-6yrs
Mon	4/14-6/9	3:30-4:15pm
No class 5/26		
Residents $177		*All Others $195*

Gymnastics for Girls

This class is designed for comprehensive body development of girls 6-12 years of age. Five core areas are covered: balance, coordination, agility, body strength, and fine and gross motor skills.

Twisters Sports		Twisters Staff
412105-01		6-12yrs
Mon	4/14-6/9	4:45-5:40pm
No class 5/26		
Residents $177		*All Others $195*

MULTI-SPORT

SKYHAWKS

Required for ALL Skyhawks classes: 1. Appropriate clothing, running or gym shoes and sunscreen. 2. Two snacks and water bottle (for programs four hours or less).

Mini-Hawk Soccer & Basketball

This multi-sport program was developed to give 4-7 year olds a positive first step into athletics. Soccer and basketball are taught in a safe, structured environment filled with encouragement and fun. Mini-hawkers explore balance, hand/eye coordination and skill development at their own pace.

Rengstorff Park Athletic Field, Mtn View Skyhawks Staff		
410907-01		4-7yrs
Sat	4/12-5/17	9-10am
Residents $149		*All Others $167*

NEW!

Skyhawks Basketball League

This instructional league emphasizes individual skill development, teamwork, character building and FUN! Participants placed in teams by age and skill level; teams have 60 minute time-slots. First week is skill evaluation; following weeks are practice and games. All participants receive a jersey.

Egan Gym		**Skyhawks Staff**
410932-01		5-6yrs
Sun	4/27-6/15	TBD 1-6pm*
No class 5/25		
410932-02		7-8yrs
Sun	4/27-6/15	TBD 1-6pm*
No class 5/25		
410932-03		9-12yrs
Sun	4/27-6/15	TBD 1-6pm*
No class 5/25		
Residents $169		*All Others $187*

**Specific game times will be decided once teams are formed, but will take place between 1-6pm.*

NEW!

Skyhawks Flag Football

Participants learn skills on both sides of the football including the core components of passing, catching and defense--all presented in a fun and positive environment. The class ends with the Skyhawks Sports Bowl, letting participants showcase their skills on the gridiron!

Rengstorff Park Athletic Field, Mtn View
Skyhawks Staff

410909-01		6-12yrs
Sat	4/12-5/17	10:30am-12pm
Residents $159		*All Others $177*

NEW!

Skyhawks Track & Field

Skyhawks Track & Field was developed to introduce young athletes to this sport rich in tradition and history. These programs combine technical development and fundamental techniques with safety and a major focus on fun while introducing young athletes to many Olympic-style events!

Graham Middle School, Mtn View
Skyhawks Staff

410933-01		6-12yrs
Fri	4/4-5/23	3:30-5pm
No class 4/11		
Residents $159		*All Others $177*

Skyhawks Volleyball

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled class. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting, and serving.

Egan Gym		**Skyhawks Staff**
410911-01		9-14yrs
Thu	4/17-5/29	6-7:30pm
Residents $169		*All Others $187*

SOCCER

KIDZ LOVE SOCCER

This soccer "school" is a non-competitive, recreational environment for children to learn and play the world's most popular sport.
A session experience includes age-specific warm up, demonstration, thematic progressions (drills), and recreation games.
Bonus: Each participant receives a KLS jersey!

KLS Rain-Out Hotline: (888) 372-5803

Equipment Note: No equipment required for Mommy/Daddy & Me classes. For ALL other KLS classes, shin guards required for all levels after the first meeting. NO EXCEPTIONS!

KLS Mommy/Daddy & Me

As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines!

Required: Parent participation is required.

Hillview Soccer Field		**KLS Staff**
450916-01		2-3.5yrs
Tue	4/15-6/3	11:40am-12:10pm
450916-02		2-3.5yrs
Wed	4/16-6/4	11:30am-12pm
Residents $106		*All Others $124*

McKenzie Park		**KLS Staff**
450916-03		2-3.5yrs
Sat	4/19-6/14	11:10-11:40am
No class 5/24		
450916-04		2-3.5yrs
Sat	4/19-6/14	11:45am-12:15pm
No class 5/24		
Residents $106		*All Others $124*

KLS Tot Soccer: 3.5-4yrs

Encourages large motor development through soccer skills and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Hillview Soccer Field		**KLS Staff**
460904-01		3.5-4yrs
Tue	4/15-6/3	10:55-11:30am
460904-02		3.5-4yrs
Tue	4/15-6/3	5:40-6:15pm
460904-03		3.5-4yrs
Wed	4/16-6/4	10:45-11:20am
460904-04		3.5-4yrs
Thu	4/17-6/5	4:10-4:45pm
Residents $106		*All Others $124*

McKenzie Park		**KLS Staff**
460904-05		3.5-4yrs
Sat	4/19-6/14	9-9:35am
No class 5/24		
Residents $106		*All Others $124*

KLS Pre-Soccer: 4-5yrs

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activity. Children learn to follow instructions in a nurturing, teaching environment.

Hillview Soccer Field		**KLS Staff**
410904-01		4-5yrs
Tue	4/15-6/3	10:15-10:55am
410904-02		4-5yrs
Tue	4/15-6/3	5-5:40pm
410904-03		4-5yrs
Wed	4/16-6/4	10:05-10:45am
410904-04		4-5yrs
Thu	4/17-6/5	3:30-4:10pm
Residents $106		*All Others $124*

McKenzie Park		**KLS Staff**
410904-05		4-5yrs
Sat	4/19-6/14	9:35-10:15am
No class 5/24		
Residents $106		*All Others $124*

KLS Soccer 1: 5-6yrs

Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, age-specific defense, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session.

Hillview Soccer Field		**KLS Staff**
410904-07		5-6yrs
Tue	4/15-6/3	9:30-10:15am
410904-08		5-6yrs
Tue	4/15-6/3	3:30-4:15pm
410904-09		5-6yrs
Thu	4/17-6/5	4:45-5:30pm
Residents $106		*All Others $124*

McKenzie Park		**KLS Staff**
410904-10		5-6yrs
Sat	4/19-6/14	10:15-11am
No class 5/24		
Residents $106		*All Others $124*

KLS Soccer Level 2: Skillz and Scrimmages

In each class, we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. This is the perfect bridge from our Soccer 1 classes for those who are aspiring to the next level.

Hillview Soccer Field		**KLS Staff**
410904-11		7-10yrs
Tue	4/15-6/3	4:15-5pm
Residents $106		*All Others $124*

COACH KEN'S SOCCER ACADEMY

Learn new and exciting soccer skills with Coach Ken. We have a proven record of helping kids achieve their full potential as soccer players. Our coaches are knowledgeable and passionate about the game. All lessons are age-appropriate, challenging and fun. All levels are welcome.

Equipment Note for ALL Coach Ken's classes: Shin guards and water bottle are mandatory; sunscreen recommended.

Coach Ken's Soccer: 4-5yrs

The youngest kids are introduced to the game of soccer in a fun, positive environment, learning the fundamentals and simple moves, and playing the real game. We introduce agility drills and fun soccer toys like speed ladders and hurdles.

Heritage Oaks Park
Coach Ken's Staff

410923-01		4-5yrs
Tue	4/15-6/3	12:45-1:30pm
410923-02		4-5yrs
Tue	4/15-6/3	4:45-5:30pm
410923-03		4-5yrs
Wed	4/16-6/4	12:45-1:30pm
410923-04		4-5yrs
Wed	4/16-6/4	4:45-5:30pm
410923-05		4-5yrs
Thu	4/17-6/5	10:30-11:15am
410923-06		4-5yrs
Thu	4/17-6/5	4:45-5:30pm
410923-07		4-5yrs
Fri	4/18-6/6	10:30-11:15am
410923-11		4-5yrs
Fri	4/18-6/6	12:45-1:30pm
Residents $122		*All Others $140*

Coach Ken's Soccer: 6-7yrs

We emphasize ball control and acquiring movement on and off the ball. Kids learn to use all foot surfaces, plus basic fakes and moves to get around opponents. We use 1 versus 1 matches, and conclude daily with a scrimmage.

Heritage Oaks Park		**Coach Ken's Staff**
410923-08		6-7yrs
Tue	4/15-6/3	3:30-4:45pm
410923-09		6-7yrs
Wed	4/16-6/4	3:30-4:45pm
410923-10		6-7yrs
Thu	4/17-6/5	3:30-4:45pm
Residents $122		*All Others $140*

Coach Ken's Intro to Team Soccer

Kids learn soccer skills, teamwork, communication, real game smarts, and the rules of the game; then they apply these skills in a game on a real team. Teams created to ensure parity. Kids experience real team soccer and prepare for club play.

Equipment Note: Must wear provided team jersey every Saturday.

Heritage Oaks Park		**Coach Ken's Staff**
410935-01		4-5yrs
Sat	4/19-6/7	9-10am
410935-02		5-6yrs
Sat	4/19-6/7	10-11am
410935-03		6-7yrs
Sat	4/19-6/7	11am-12:30pm
410935-04		8-12yrs
Sat	4/19-6/7	11am-1pm
Residents $172		*All Others $190*

SWIMMING

TENNIS

WHITLINGER/SARSFIELD TENNIS

whitlingersarsfield.com

Enjoy top-flight instruction from the staff of Stanford University Tennis Coach John Whitlinger and Stanford/USPTA Professional Tom Sarsfield. Youth classes of 3-8 students will consist of six hours of instruction. Classes of two students will be converted into four lessons. Terrific Tiny Tennis classes will consist of six 40-minute lessons.

Equipment Note for ALL Whitlinger/Sarsfield Tennis classes: Bring a racquet to all classes!

Make-up Policy: Make ups will only be given on those occasions when inclement weather or an instructor's absence requires that a class be canceled. Unless notified to the contrary, make-up lessons will be forwarded to the next normal meeting day and time. However, Fridays (for weekday lessons) or Sundays (for Saturday lessons) may be used at the instructor's discretion.

Rain Policy: In case of rain, contact the Recreation Department at 947-2790, Monday-Friday, 8am-5pm, within an hour before scheduled starting time for class status. For evening or weekend classes, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for make-up date. No postponement announcement will be initiated by the instructor or the recreation department.

Terrific Tiny Tennis

Children, 4-7 years of age, play FUN activities and games with low-compression tennis balls on the "42-foot court" that will enhance their skill development in a success-oriented environment. Small group lessons; only 2-6 students! We recommend the 23" to 25" rackets.

Los Altos High School Courts 11/12
Whitlinger/Sarsfield Tennis Staff

410902-01		4-6yrs
Sat	4/12-5/17	8:20-9am
410902-02		5-7yrs
Sat	4/12-5/17	11-11:40am
Residents $78		*All Others $96*

Marymeade Park Courts 2/3
Whitlinger/Sarsfield Tennis Staff

410902-03		5-7yrs
Mon/Wed	4/14-4/30	3:50-4:30pm
410902-04		5-7yrs
Mon/Wed	5/12-6/2	3:50-4:30pm
No class 5/26		
Residents $78		*All Others $96*

Quickstart Tennis

Kids, 8-10 years old, will enhance their skill development with low-compression tennis balls on the "60-foot court." Play to learn!

Marymeade Park Courts 2/3
Whitlinger/Sarsfield Tennis Staff

420902-01		8-10yrs
Mon/Wed	4/14-4/30	4:30-5:30pm
420902-02		8-10yrs
Mon/Wed	5/12-6/2	4:30-5:30pm
No class 5/26		
Residents $78		*All Others $96*

Los Altos High School Courts 11/12
Whitlinger/Sarsfield Tennis Staff

420902-03		8-10yrs
Sat	4/12-5/17	10-11am
Residents $78		*All Others $96*

Quickstart Advantage Tennis

For kids, 8-10 years old, who are fairly consistent on maintaining a slow-paced rally on the "60 foot court." Players should have prior Quickstart experience or instructor's approval.

Rosita Park Courts 1/2
Whitlinger/Sarsfield Tennis Staff

420902-04		8-10yrs
Sat	4/12-5/17	1:30-2:30pm
Residents $78		*All Others $96*

Novice Tennis

Develop the essential techniques with emphasis on control, depth, and direction on the "78-foot court" with regulation tennis balls. Lessons will also incorporate basic strategy and tactics.

Marymeade Park Courts 2/3
Whitlinger/Sarsfield Tennis Staff

420902-05		11-14yrs
Mon/Wed	4/14-4/30	6-7pm
420902-06		11-14yrs
Mon/Wed	5/12-6/2	6-7pm
No class 5/26		
Residents $78		*All Others $96*

Rosita Park Courts 1/2
Whitlinger/Sarsfield Tennis Staff

420902-07		11-14yrs
Sat	4/12-5/17	2:30-3:30pm
Residents $78		*All Others $96*

Intermediate Tennis

For players who are consistent on medium paced shots but need to develop more spin, power, and/or variety. Basic to advanced shots, strategy, and tactics will be introduced and reinforced by performance-enhancing drills.

Rosita Park Courts 1/2
Whitlinger/Sarsfield Tennis Staff

420902-08		11-14yrs
Sat	4/12-5/17	3:30-4:30pm
Residents $78		*All Others $96*

Individual Tennis Lessons

Learn new strokes or improve your old ones through individualized lessons based on your needs. For all ages, beginners to advanced.

For lessons at Marymeade Park, Courts 2/3:
Francois Chan 345-8768 or 288-5300
James Knofler (408)410-0434

For lessons at Rosita & McKenzie Parks, Courts 1/2:
David Panconi (408)893-1405
Sharon Lamond (408)712-7361

For lessons at Montclaire Park, Court 1:
Joe Bassi 576-0988

Visit whitlingersarsfieldtennis.com for more information. All checks payable to John Whitlinger.

SPRING ADULT CLASSES

ART

ART STUDIO

Visual artists of all genres and levels are welcome! Bring your current project to work amongst others in a supportive environment.

Registration Note: Register for the quarter (outlined below) or drop ins also accepted: $1 for Senior Center members; $3 for all others.

Required Materials: Pick up an Art Studio flyer found at the Los Altos Senior Center, or call us at 947-2797 for the details and materials required for each week's class.

Hillview Rm 12 **Various**

645514-02 50+yrs
Wed 4/9-6/11 9:30am-12pm
Senior Center Member $9 *All Others $27**
**For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.*

WATERCOLOR FOR ALL LEVELS

This class is suitable for individuals interested in furthering their skills in watercolor. Some basic watercolor experience is desirable prior to attending the class. All levels of students will be challenged to take their skills to a new level of confidence.

Hillview Rm 13 **Bieber**

430514-01 18+yrs
Fri 5/9-6/6 9am-12pm
430514-02 18+yrs
Fri 5/9-6/6 1-4pm
Residents $77 *All Others $95*

DANCE & FITNESS

NEW!

BABY BOOT CAMP

Baby Boot Camp is a 75-minute stroller fitness class. Get an all-body workout including cardiovascular drills, strength training and exercises designed to restore your core...all while being with your baby! For moms and caretakers.

Required: Prenatal women must have a doctor's note and postpartum women (6-8 weeks) must have their doctor's verbal consent to participate.

Equipment Note: Exercise kits are required for first time participants and can be purchased from the instructor for $49. Make sure to bring a yoga mat or towel, water, toys and snacks for your baby and a stroller (a jogging type stroller is recommended).

New Student Note: Try Baby Boot Camp on us! Contact the instructor at samantha.bartholomew@babybootcamp.com to set up your first class free.

BABY BOOT CAMP IS AN ON-GOING PROGRAM. REGISTER BY CONTACTING THE INSTRUCTOR, ANYTIME!

In case of rain, please contact the instructor at (408)412-1080.

Rancho San Antonio Open Space Preserve* Bartholomew

No code required 18+yrs
M/W/F on-going 9:30-10:45am
**Meet at the Information Booth near the restrooms.*

SOCIAL BALLROOM DANCE

You've watched Dancing with the Stars! Now learn the basics of ballroom dancing. Don't miss out on the fun of being on the dance floor.

Shoup Park Garden House **Minev**

430202-01 18+yrs
Thu 4/17-6/5 7-8pm
*Residents $104** *All Others $122**
**Fee is per person.*

BELLY DANCE WITH LUCEEN

Beginning Belly Dance

This is an introduction to the art of Middle Eastern belly dance. Learn basic steps, movements, rhythm, and beginning coordination of finger cymbals (zills) which is the elegant art of belly dancing.

Required: 1. Wear comfortable clothing, a hip wrap and dance slippers. 2. Finger cymbals (zills) required; information regarding purchase given at first class.

Hillview Rm 4 **Luceen**

430208-01 12+yrs
Wed 4/23-5/28 7-8pm
Residents $57 *All Others $75*

Belly Dance Intermediate/Advanced

Learn enhanced steps and combinations of this elegant art form. Concentration will be on technique and precision for dramatic effect to enhance performance skills and develop confidence. Last class is performance night - a treat for all!

Prerequisite: Beginning Belly Dance or teacher approval.

Hillview Rm 4 **Luceen**

430208-02 12+yrs
Wed 4/23-5/28 8-9pm
Residents $57 *All Others $75*

JACKI SORENSEN'S FITNESS CLASSES

Strongstep

Jacki's StrongStep is an easy-to-follow, low impact workout to motivating music that incorporates aerobics, strength training, ab work, and stretching. Participate at your own level. Arrive early for your first class to meet the instructor and set your personal fitness goals. Call 961-5411 for more info.

Equipment Note: Bring mat or towel for floor work. Steps provided.

Hillview Social Hall		**Franich**
No code required		18+yrs
Mon/Wed	on-going	8:30-9:30am

Register at class; first week free!

JAZZERCISE

JAZZERCISE is a 60-minute class incorporating cardio, strength, and stretch moves for a total body workout. We've taken moves from hip-hop, yoga, Pilates, kickboxing, and resistance training and bundled them into one hour. All ages, levels and sizes welcome.

New Student Note: Try Jazzercise on us! Come in and receive a free week pass!

Georgi Shea 941-3141
Jerome Flowers (408)279-5277
Nicole Brekke (408)773-8660
Nisa Leone (408)505-2048

JAZZERCISE IS AN ON-GOING PROGRAM. REGISTER AT CLASS, ANYTIME!

LAYC		**Brekke**
No code required		18+yrs
M/W/F	on-going	9:15-10:15am

LAYC		**Flowers**
No code required		18+yrs
Tue/Thu	on-going	9:15-10:15am
No code required		18+yrs
Sat	on-going	9-10am

Blach Gym		**Shea**
No code required		18+yrs
Mon/Wed	on-going	6-7pm
No code required		18+yrs
Tue/Thu	on-going	6:30-7:30pm
No code required		18+yrs
Sat	on-going	8:30-9:30am

Grant Park MPR		**Leone**
No code required		18+yrs
M/Tu/Th	on-going	9-10am
No code required		18+yrs
Sun	on-going	8:30-9:30am

JAZZERCISE PERSONAL TOUCH

Jazzercise Personal Touch is a training program designed by Jazzercise to improve strength training and learn proper alignment and technique. These small group sessions will focus on different muscle groups using weights, tubes and balls. Call (408)505-2048 for more information.

Grant Park MPR		**Leone**
No code required		18+yrs
Tue/Thu	on-going	10:15-11am

Register at class.

Line Dancing

Step right up! An easy way to get some healthy exercise and have fun keeping fit. The warm camaraderie, great music and good workout will keep you high stepping all week. Call Richard Campbell at (408)377-6978 with questions.

Registration Note: Register for the month (outlined below) or drop ins welcome: $6 for Senior Center members; $8 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 4		**Campbell**
645511-04		50+yrs
Tue	4/1-4/29	1-2pm
Senior Center Members $30		*All Others $40**

Hillview Rm 4		**Campbell**
645511-05		50+yrs
Tue	5/6-5/27	1-2pm
Senior Center Members $24		*All Others $32**

Hillview Rm 4		**Campbell**
645511-06		50+yrs
Tue	6/3-6/24	1-2pm
Senior Center Members $24		*All Others $32**

**For Senior Center membership info, plus all other Senior Center offerings, please see pg 46.*

TEAM FITNESS

teamfitness.com

CROSS TRAINING WITH TEAM FITNESS

Geared for beginner to well-conditioned athletes, each one-hour class varies training elements for complete fitness. Indoors and outdoors, we integrate weights, agilities, sprints, power walking, flexibility, ropes, sports, and lots of fun. Join us for a free trial week.

New Student Note: For new members, April through June: get your first two months at 50% off.

Registration Note: To set up your first visit, call or email Team Fitness staff at (877)751-5100, x3 or tomgordon@teamfitness.com.

Blach Gym		**Team Fit Staff**
No code required	coed class	18+yrs
M/W/F	on-going	6-7am
No code required	coed class	18+yrs
Tue/Thu	on-going	6-7am
No code required	men's basketball	18+yrs
Sat	on-going	6-7am
No code required	coed class	18+yrs
Sat	on-going	7-8am

EGAN GYM		**Team Fit Staff**
No code required	coed class	18+yrs
M/W/F	on-going	6-7am

Personal Training by Team Fitness

With over 40 years of collective coaching, our two Los Altos coaches will work with you whether you're just getting started or have been working out for some time. Can also form a small personal training group of two to three friends.

Registration Note: By appointment only. To register email or call Tom Gordon at tomgordon@teamfitness.com or call (877) 751-5100 x3.

By appointment only — Team Fit Staff
$35 per hour – 3 people
$45 per hour – 2 people
$75 per hour – Individual

YMCA LOW-IMPACT AEROBICS

Condition your heart and burn calories without excessive jumping, jogging or bouncing. This class consists of a warm-up, then low-impact aerobic movement and muscular endurance work, followed by a cool down.

Required: Participants must sign a YMCA waiver prior to start of first class.

Hillview Social Hall		**Phillips**
Mon/Wed	on-going	5:30-6:30pm

No class on observed holidays.
Register at class; 10 classes for $50.

YOGA

YOGA BY MIKI

yogawithmiki.co.nf

Gentle Yoga for Healthy Spine

This class focuses on increasing flexibility, mobilizing and strengthening the spine, releasing tension, toning the core, and achieving a sense of well-being. You will leave class feeling relaxed and energized. Suitable for beginners. Instructor is a Yoga Therapist.

Equipment Note: Yoga mat, towel, loose clothing.

Shoup Park Garden House		**Bousso**
431707-01		18+yrs
Mon	4/21-6/16	9:15-10:15am
431707-02		18+yrs
Wed	4/23-6/18	9:30-10:35am

Residents $107 — *All Others $125*

Yoga-Pilates Combo Class

Through a series of Pilates and yoga exercises, students will strengthen their abdominals, build core stability, improve posture and alignment, increase flexibility, mobilize the spine, stretch, and release tension throughout the body. Instructor is a Yoga Therapist.

Equipment Note: Yoga mat, towel, loose clothing.

Shoup Park Garden House		**Bousso**
431706-01		18+yrs
Wed	4/23-6/18	10:45-11:50am

Residents $107 — *All Others $125*

YOGA FOR ADULTS

Hatha yoga encourages healing of the body by releasing physical, mental and emotional tension. It also promotes strength and flexibility. These beginning and intermediate classes offer instruction based on the teaching of BKS Iyengar in asana practice, breathing techniques and end with deep relaxation.

Equipment Note: Yoga sticky mat, thick towel or blanket required. Wear comfortable clothes.

Hillview Rm 4		**Graul**
431702-01		18+yrs
Mon	4/14-6/9	6-7:30pm
No class 5/26		
431702-02		18+yrs
Thu	4/17-6/5	6-7:15pm

Residents $108 — *All Others $126*

MARTIAL ARTS

CHANG TAI DO KARATE

changtaido.com

Chang Tai Do Karate for Adults

Introduction to the history, culture, terminology and etiquette of Chang Tai Do Karate. Learn proper stretching, basic blocks, punches, kicks and strikes, self-defense, forms (kata), and sparring (kumite). Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance, and skills to defend oneself.

**Equipment Note: Materials fee stated below covers uniform and target pad. These items are mandatory and must be purchased directly from the instructor at first class by all first-time participants.*

Notes: 1. Hitting or striking another student is not permitted. 2. Testing and private lessons available for additional fees.

Hillview Social Hall		**Chang/Huey**
431102-02		18+yrs
Tue/Thu	4/8-6/19	7-8pm
431102-03		18+yrs
Tue/Thu	4/8-6/19	8-9pm
*Residents $179**		*All Others $197**

**Materials fee of $75 due first day.*

JUDO JUJITSU

For beginning and advanced students. Through a unique and supportive teaching style, students will learn punching, kicking, throwing, falling, grappling, and real world, practical self-defense techniques. Join this exciting class and improve your self-confidence, condition your physical self and develop a positive self- image.

Grant Park MPR		**Gearhart**
431101-01		16+yrs
Mon/Thu	4/14-6/5	7:30-9pm
No class 5/26		
Residents $158		*All Others $176*

TAI CHI DANCE

Come learn graceful, calming exercises combining both traditional tai chi and Chinese classical dance choreographed to tranquil music for enhancing good health. These exercises can help reduce stress, improve body coordination and circulation, balance, flexibility, muscle strength, and toning.

Equipment Note: Wear comfortable clothes and shoes.

Hillview Rm 4		**Liu/Yeh**
430310-01		18+yrs
Fri	4/4-5/30	12-1:30pm
*Residents $72**		*All Others $90**

**Materials fee of $18 due first day.*

TAI CHI FOR LIFE!

Learn new ways to RELAX, REVITALIZE, and HAVE FUN. Tai Chi is a mindful, internal martial art that flows in gentle and slow whole body movements. It promotes health, balance, flexibility, strength, and clarity.

Registration Note: Register for the session (outlined below) or drop ins welcome: $10 for Senior Center members; $12 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 12		**Scheer**
645534-02		18+yrs
Tue	4/8-6/10	12:45-1:45pm
No class 5/27		
Senior Center Members $77		*All Others $82**

**For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.*

SPECIAL INTEREST

FAMILY FRIENDS

DOG GROOMING 101

This class covers the following topics: nail clipping, dew claws, plucking and cleaning ears, types of fur, proper grooming, diet and exercise, teeth and tartar, foxtails and burrs, skin conditions, and more! Learn the simple things you can do for your beloved pet.

Hillview Rm 16		**Petersen**
430809-01		18+yrs
Thu	3/20	6:30-8:30pm
Residents $37		*All Others $55*

ROSALIE ALVAREZ'S DOG OBEDIENCE TRAINING

For dogs over five months of age. Introduces basic and intermediate obedience skills. Content will also include discussions on responsible dog ownership in today's society. All work will be done on lead unless prior approval received from the trainer to work without a leash.

Equipment Notes: 1. Choke chain collar which is 3 inches longer than the dog's neck circumference and of a medium link size. (Other collar choices are permitted with trainer's approval.) 2. Six-foot leash/lead of leather or fabric. (Leather leads are highly recommended for medium to large dogs.)

Hillview Baseball Field		**Alvarez**
430802-01		18+yrs
Wed	4/9-5/14	9-10am
430802-02		18+yrs
Wed	5/21-6/25	9-10am
430802-03		18+yrs
Thu	4/10-5/15	8-9am
430802-04		18+yrs
Thu	5/22-6/26	8-9am
Residents $60		*All Others $78**

**Note: Los Altos Hills residents please register through Los Altos Hills Parks & Recreation Department for this class only.*

FINANCIAL

PASSPORT TO RETIREMENT

Learn how to calculate how much money you'll need, make the most of your current resources, select the appropriate pension options, get a higher return on your investments, and "inflation-proof" your income. Other topics include Social Security, long term care and lifestyle issues.

Hillview Rm 16		**Evans**
431801-01		40+yrs
Thu	5/1-5/15	6:30-9pm
431801-02		40+yrs
Tue	5/6-5/20	6:30-9pm
*Residents $63**		*All Others $81**

**Spouse/guest may attend at no charge.*

REJUVENATE YOUR RETIREMENT

This unique and comprehensive course focuses on the issues and concepts important to retirees. Explained in straightforward language are financial strategies such as tax efficient income planning, lifestyle preservation, inflation protection, and providing a legacy. Includes 143-page workbook.

Hillview Rm 16		**Evans**
431801-03		60+yrs
Wed	5/28-6/4	1-3:30pm
431801-04		60+yrs
Mon	5/19-5/26	10am-12:30pm
*Residents $42**		*All Others $60**

**Spouse/guest may attend at no charge.*

GAMES WE PLAY

INTERMEDIATE BRIDGE

This class teaches only intermediate social (party) bridge. It helps players to advance their skills at both bidding and playing. Lessons assume basic bridge knowledge including evaluation of hands and ordinary hand bidding. Classes include a one-hour lecture, followed by student play.

Registration Note: Register for the month (outlined below) or drop ins welcome: $5 for Senior Center members; $7 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 12		**Plutynski**
645530-04		18+yrs
Thu	4/3-4/24	9:15am-12pm
No class 4/10		
Senior Center Member $20		*All Others $28**

Hillview Rm 12		**Plutynski**
645530-05		18+yrs
Thu	5/1-5/29	9:15am-12pm
Senior Center Member $25		*All Others $35**

Hillview Rm 12		**Plutynski**
645530-06		18+yrs
Thu	6/5-6/26	9:15am-12pm
Senior Center Member $20		*All Others $28**

**For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.*

ROY ROBINSON'S BRIDGE CLASSES

Roy's classes, *Ten Weeks to Play Better Bridge* and *Ten Weeks to Play Winning Bridge,* will return in the fall.

MAH-JONGG

If you would like to be part of a group that has fun and meets every Thursday afternoon to learn and play Mah-Jongg, please join us!

Registration Note: Register by month (outlined below) or drop ins welcome: $1 for Senior Center members; $3 for all others. Register for drop ins before each class at the Senior Center.

Hillview Rm 12		**Metz**
645515-04		50+yrs
Thu	4/3-4/24	1-3:30pm
Senior Center Member $4		*All Others $12**

Hillview Rm 12		**Metz**
645515-05		50+yrs
Thu	5/1-5/29	1-3:30pm
Senior Center Member $5		*All Others $15**

Hillview Rm 12		**Metz**
645515-06		50+yrs
Thu	6/5-6/26	1-3:30pm
Senior Center Member $4		*All Others $12**

**For Senior Center membership info, plus all our Senior Center offerings, please see pg 46.*

VARIOUS

GREEK COOKING 101

Join in the fun of learning how to work with phyllo, grape leaves and more. This hands-on class--taught by an experienced instructor--includes a feta and olive tasting as well as discussion of the rich culinary history of Greece.

Shoup Park Garden House		**Canfield**
430712-01		18+yrs
Sat	4/12	10am-12:30pm
430712-02		18+yrs
Tue	4/29	1-3:30pm
*Residents $57**		*All Others $75**

**Materials fee of $10 due first day.*

MINDFULNESS MEDITATION

A living, inherently experiential activity, Mindfulness Meditation is shown by neuroscientists to equip us with tools to relate to ourselves and others calmly, nonjudgmentally, compassionately. Result? Increased sense of well-being and happiness. Greater stress resilience. Increased productivity.
Come and see!

Equipment Note: Please wear comfortable clothing. Chairs are available, but if you feel comfortable sitting on the floor, please bring a cushion.

Hillview Rm 2		**Welaratna**
430822-01		20+yrs
Tue	4/15-6/3	10am-12pm
430822-02		20+yrs
Thu	4/17-6/5	6-8pm
*Residents $164**		*All Others $182**

**Materials fee of $25 due first day.*

HYPNOTIZE YOURSELF SLIM™

Free Preview

Surely, you've wondered what it would be like to be hypnotized, and let your unconscious mind slim you down, easily. Come experience the comfort and relaxation of hypnosis and get answers to the questions you've had for years. Skeptics welcome.

Hillview Rm 16		**Rosen**
No code required		18+yrs
Wed	4/16	7-8:15pm
Residents & All Others FREE!		

Hypnotize Yourself Slim™

Willpower is not the answer. Self-love, joy and visualizing the slender you are, so the child in you stops feeling deprived. Includes Bust Your Cravings™! (Gets you off tempting foods fast, for good).

Hillview Rm 16		**Rosen**
430118-01		18+yrs
Wed	4/30-5/21	7-8:30pm
Residents $91		*All Others $109*

PERSONAL EMERGENCY PREPAREDNESS

Personal Emergency Preparedness is a 3-hour class designed to prepare citizens to cope in the event of a disaster and to be self-sufficient during the first 72 hours or until emergency relief is available.

Hillview Rm 16		**Hurst**
430813-01		16+yrs
Thu	4/24	6-9pm
430813-02		16+yrs
Sat	5/3	9am-12pm
Residents & All Others FREE!		

TACO (Terrible Adult Chamber Orchestra)

TACO is an orchestra for the rest of us, a monthly gathering of adults who want to play music together in a relaxed, sociable setting.

LAYC		**Humphers & McNulty**
430111-01		18+yrs
Sun	4/27	2-5pm
430111-02		18+yrs
Sun	5/25	2-5pm
430111-03		18+yrs
Sun	6/29	2-5pm
Residents $10		*All Others $10*

LAYC		**Humphers & McNulty**
430111-04		18+yrs
Sun	4/27, 5/25, 6/29	2-5pm
Residents $25		*All Others $25*

NEW!

CREEKSIDE NEIGHBORHOOD SEMINAR

Steelhead trout in our creeks? Creeks running year-round? Come and learn about the historical ecology of our beautiful streams in Los Altos and Los Altos Hills, and re-imagine what they could be again! Deep-rooted native riparian plants not only help with storm water management but also provide essential habitat. All participants will receive a native riparian plant, courtesy of Acterra.

Sponsored by Acterra, Friends of Adobe Creek, Green Town Los Altos and Los Altos Hills Open Space Committee.

Speakers: Dr. Richard Lanman, Historical Ecologist and Founder, Friends of Adobe Creek, and Junko Bryant, Watershed Program Coordinator at Acterra.

Los Altos Hills Town Hall		**Gordon**
No code required		All Ages
Sun	3/2	3-5pm
Residents & All Others FREE!		

Registration Note: No registration necessary. Contact Kit Gordon at kitgordona@gmail.com for more info.

NEW!

GREYWATER SEMINAR

Save water, money and get a REBATE by reusing your water at home. Learn about laundry to landscape greywater systems, as well as more complex systems. Plant selection and irrigation hardware decisions are important for efficient use of greywater. Learn the in's and out's to make trouble-free use of this precious resource. Sign up for DIY workshops at the seminar.

Sponsored by Green Town Los Altos, Los Altos Hills Water Conservation Committee, Santa Clara Valley Water District, Bay Area Water Supply and Conservation Agency, Purissima Hills Water District, and CalWater.

Speakers: Forrest Linebarger, CEO of VOX Design Group, and Deva Luna, Horticulturist, Manager and Principle Designer at EarthCare Landscaping.

Registration Note: No registration necessary. Contact Kit Gordon at kitgordona@gmail.com for more info.

Los Altos Library		
No code required		All Ages
Wed	6/4	7-9pm
Residents & All Others FREE!		

SPORTS

FENCING

THE CUTTING EDGE

thecuttingedge.s5.com

Check out our fencing classes in the youth sports section. The Cutting Edge welcomes ages 7 through adults. Join us!

GOLF

DEEP CLIFF GOLF COURSE

Equipment Note for ALL golf classes: Golf clubs provided; however, if you have your own clubs, please bring them.

Weather Policy: We make every effort to hold our classes with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff Golf Course directly at (408)253-5357 within one hour of class for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Adult Golf

This class emphasizes building good fundamentals. Focus is on the four basic swings of golf. Beginner to intermediate, we invite you to come jump-start your golf career or move your golf game forward.

Deep Cliff Golf Course		**Deep Cliff Staff**
430914-01		18+yrs
Sat	3/22-4/12	1-2:30pm
430914-02		18+yrs
Sat	4/26-5/17	1-2:30pm
Residents $141		*All Others $159*

Golf for Women

Ladies, come join a class of all women to learn the skills of putting, chipping, pitching, and full swing. This is a really fun class for new golfers, as well as for those who want to improve their skills. Rules and etiquette also covered.

Deep Cliff Golf Course		**Deep Cliff Staff**
430915-01		18+yrs
Sat	3/22-4/12	10-11:30am
430915-02		18+yrs
Sat	4/26-5/17	10-11:30am
Residents $141		*All Others $159*

ICE SKATING

ICE SKATING AT THE NAZARETH ICE OASIS

Ice Skating

Ice skating is a confidence-building sport that is challenging and rewarding. These classes will give you a fun introduction to basic ice skating skills, including skating forward, backward and stopping.

Note: Skate rental and 30-minute practice time available on the lesson day included in fee.

Required: 1. Please arrive 15 minutes before class begins. 2. Warm clothing, mittens/ gloves.

Nazareth Ice Oasis		**NIO Staff**
430903-01		15+yrs
Sat	4/26-6/7	10:45-11:15am
No class 5/24		
Residents $96		*All Others $114*

SOCCER

COACH KEN'S WOMEN'S SOCCER

This program provides an innovative way for women to learn and play the game of soccer while achieving their fitness goals in a fun, social environment, among friends. Beginners and former players who are looking to rejoin and enjoy the game are welcome.

Equipment Note: Shin guards are mandatory; water is recommended.

Heritage Oaks Park		**Mburu**
430929-01		18+yrs
Thu	4/17-6/5	9-10:15am
430929-02		18+yrs
Fri	4/18-6/6	9-10:15am
430929-03		18+yrs
Sat	4/19-6/7	8-9:15am
Residents $122		*All Others $140*

WHITLINGER/SARSFIELD TENNIS

whitlingersarsfieldtennis.com

Enjoy group lessons with top-flight instruc tion from the staff of Stanford University Tennis Coach John Whitlinger and USPTA Professional Tom Sarsfield. Adult classes of 3-8 students will consist of six hours of instruction. Classes of two students will be converted into four lessons.

Equipment Note: Bring a racquet to all classes!

Make-up Policy: Make ups will only be given on those occasions when inclement weather or an instructor's absence requires that a class be canceled. Unless notified to the contrary, make-up lessons will be forwarded to the next normal meeting day and time. However, Fridays (for weekday lessons) or Sundays (for Saturday lessons) may be used at the instructor's discretion.

Rain Policy: In case of rain, contact the Recreation Department at 947-2790, Monday-Friday, 8am-5pm, within an hour before scheduled starting time for class status. For evening or weekend classes, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for makeup date. No postponement announcement will be initiated by the instructor or the recreation department.

Novice Tennis

Develop the essential techniques with emphasis on control, depth, and direction. Lessons will also incorporate basic strategy and tactics.

Los Altos High School Courts 11/12
Whitlinger/Sarsfield Tennis Staff

430902-01		15+yrs
Sat	4/12-5/17	9-10am
Residents $78		*All Others $96*

Intermediate Tennis

For players (National Tennis Rating Program/ NTRP 2.5-3.0) who are consistent with slow to medium paced shots but need to develop more spin, power and/or variety. Basic to advanced shots, strategy and tactics will be introduced and reinforced by performance-enhancing drills.

Marymeade Park Courts 2/3
Whitlinger/Sarsfield Tennis Staff

430902-02		15+yrs
Mon/Wed	4/14-4/30	7-8pm
430902-03		15+yrs
Mon/Wed	5/12-6/2	7-8pm
No class 5/26		
Residents $78		*All Others $96*

Individual Tennis Lessons

Learn new strokes or improve your old ones through individualized lessons based on your needs. For all ages, beginners to advanced.

For lessons at Marymeade Park, Courts 2/3:
Francois Chan 345-8768 or 288-5300
James Knofler (408)410-0434

For lessons at Rosita & McKenzie Parks, Courts 1/2:
David Panconi (408)893-1405
Sharon Lamond (408)712-7361

For lessons at Montclaire Park, Court 1:
Joe Bassi 576-0988

Visit whitlingersarsfieldtennis.com for more information. All checks payable to John Whitlinger.

TRIPS

ADVENTURE TRIPS WITH GREG MEYER

gregmeyernaturalist@gmail.com
(831)345-1973

Greg Meyer has worked as a professional naturalist since 1985. He has led expeditions to the fjords of Alaska, the rainforests of Central America and the glaciers of Antarctica. His special interests are the biology of birds, mammals and the natural history of California. Greg is also a nationally certified sea kayak instructor and is a faculty member in the Outdoor Education and Recreation Program at California State University Monterey Bay.

Notes: Youth ages 12-17 are welcome to attend trips when accompanied by a paying adult.

NEW!

Ring Mountain Wildflowers Hike

This Marin County reserve is home to endemic spring flowers, native grasslands and outcrops of the California State rock, serpentine. We will eat lunch atop the mountain with a splendid view of the Golden Gate and the city of San Francisco. After lunch we will view Native American petroglyphs and finish our loop with stunning views of the East Bay.

Note: Rain will not cancel our hike.

Ring Mountain Open Space Preserve, Marin County
Meyer

430823-01		18+yrs
Sun	4/27	10am-3pm
Residents $39		*All Others $57*

Winery Hike

The Santa Cruz Mountains have become famous for beautiful parklands and fine wines. This trip combines both into a spring outing that will exercise your body and your palate! Our hike will roll along the moderate trails of Russian Ridge Preserve for about 5 miles round trip, where we will look for great views and native plants above the meandering Stevens Creek. At noon we will stop at the picnic grounds of the Fogarty Winery where we will eat lunch and participants can pay to have a small tasting before we walk back.

Equipment Note: Bring comfortable shoes for walking, hat, sunglasses and sunscreen, lunch and water bottle, binoculars, warm outdoor clothes in layers and cash for wine tasting and purchases.

Note: Rain will not cancel our hike.

Stevens Canyon Rd Trail Head
Meyer

430819-02		18+yrs
Sun	5/18	10am-3pm
Residents $39		*All Others $57*

SENIOR CENTER TRIPS

Did you know that the Senior Center also hosts a variety of trips? Check in at the Senior Center or look in The Spotlight for information on upcoming trips.

Tiny Tots Preschool and Kinder Prep Programs

Programs Offered:

Terrific 3s
9:30 am - 12 noon
Tuesday, Thursday

Fabulous 4s
9:30 am - 12 noon
Monday, Wednesday, Friday

Kinder Prep
8:45 - 11:45 am
Monday - Friday

For more information, visit losaltostinytots.org
or call 947-2890 to schedule your tour today!

Terrific 3s & Fabulous 4s
647 N San Antonio Rd
Los Altos
949-2203

Kinder Prep Program
97 Hillview Ave Rm 14
Los Altos
947-2885

FAMILY CAMP + CAMP jelly bean

NEW!

FAMILY OVERNIGHT CAMP

Family Overnight Camp at Redwood Grove will be a great experience for the whole clan! Parents and kids can enjoy camping together under the redwoods and stars! During this overnight camp, family fun awaits you with dinner, marshmallow roasting (of course!), a night hike and story telling. Breakfast provided on Saturday morning. Don't miss this local family camping experience for you and your kids!

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve
LA Recreation Staff

151407-01		3.5-99yrs
Fri-Sat	7/18-7/19	4pm-9:30am
Residents $62		*All Others $80*

Please see requirements and notes listed on next page.

CAMP JELLY BEAN

Whoville Happenings

Oh! The places you'll go, the people you'll see! Whoville is THE happening place dreamed up by Dr. Seuss! We'll visit Whoville plus try Green Eggs and Ham, meet the Cat in the Hat, Horton, the Lorax and many more Seuss characters that are sure to bring a smile and a chuckle to your child's day. There's fun to be done in this week-long camp full of surprises!

San Antonio Club **LA Recreation Staff**

161302-01		3-5yrs
M-F	7/7-7/11	9am-12pm
Residents $179		*All Others $197*

Pirates and Princesses

Camp jelly bean welcomes all pirates and princesses/princes-in-training to join us for a week of wands and swords, ships and castles, as we create, play, sing and read together in a swashbuckling royal environment!

San Antonio Club **LA Recreation Staff**

161302-02		3-5yrs
M-F	7/14-7/18	9am-12pm
Residents $179		*All Others $197*

Please see requirements and notes listed on next page.

COMBO CAMPS + CAMP SHOUP

NEW!

By Popular Demand...Combo Camps!
LOOKING FOR AN ALL-DAY CAMP? COMBO OURS UP AND YOU ARE SET!

Combine our Camp Shoup, a morning camp, with one of our eligible afternoon Redwood Grove camps and, presto, you have an all day camp! Here's how it works: After lunch and a final game, your Camp Shoup camper will be safely escorted by one of our Camp Shoup recreation leaders over the short path to Redwood Grove. There, your camper will personally be delivered to their Redwood Grove camp leader, nicely in time for all the afternoon activities. Simple.

There is no charge for this service and, in fact, we've taken a bit off the fee to thank you for spending the whole day with us.

Descriptions of Camp Shoup and all our Redwood Grove camps follow over the next few pages. Take a look and see what your camper might enjoy. If you are looking for half-day camps, just use the class codes listed under your desired camp; if you want to register for our combo camps, use the class code listed below.

Notes: 1. Combo camp hours are Monday through Friday from 9am-4pm. 2. Combo camps available for the following combinations only. 3. Please see requirements and additional notes listed below.

Week of 6/23-6/27

Class Code	Camp Combos	FEE Residents	All Others
111306-01	Camp Shoup + Adventurers Afternoon Camp	$261	$279
111306-02	Camp Shoup + Naturalists Day Camp	$272	$290
111306-03	Camp Shoup + Survivors Day Camp	$272	$290

Week of 7/7-7/11

Class Code	Camp Combos	Residents	All Others
111306-04	Camp Shoup + Adventurers Afternoon Camp	$261	$279
111306-05	Camp Shoup + Naturalists Day Camp	$272	$290
111306-06	Camp Shoup + Survivors Day Camp	$272	$290

Week of 7/14-7/18

Class Code	Camp Combos	Residents	All Others
111306-07	Camp Shoup + Adventurers Afternoon Camp	$261	$279
111306-08	Camp Shoup + Naturalists Day Camp	$272	$290
111306-09	Camp Shoup + Survivors Day Camp	$272	$290

Week of 7/21-7/25

Class Code	Camp Combos	Residents	All Others
111306-10	Camp Shoup + Adventurers Afternoon Camp	$261	$279
111306-11	Camp Shoup + Naturalists Day Camp	$272	$290
111306-12	Camp Shoup + Survivors Day Camp	$272	$290

Week of 7/28-8/1

Class Code	Camp Combos	Residents	All Others
111306-13	Camp Shoup + Adventurers Afternoon Camp	$261	$279
111306-14	Camp Shoup + Naturalists Day Camp	$272	$290
111306-15	Camp Shoup + Survivors Day Camp	$272	$290

Week of 8/4-8/8

Class Code	Camp Combos	Residents	All Others
111306-16	Camp Shoup + Adventurers Afternoon Camp	$261	$279
111306-17	Camp Shoup + Naturalists Day Camp	$272	$290
111306-18	Camp Shoup + Survivors Day Camp	$272	$290

CAMP SHOUP

Camp Shoup is the fun-filled week of camp we remember from our youth: where we learned to play well together, made friends, whiled away the hours just enjoying summer and had fun the old fashioned way--through PLAY! Participants will partake in games and activities much loved by kids: Steal the Bacon, Sharks and Minnows, and Capture the Flag. We've added some new ones, too, like Slip n' Slide and Water Categories. We'll even sing songs and join in craft projects that are sure to be a hit! Themed days plus a lot more round out this enjoyable and rambunctious traditional day camp. Come join in the fun!

Shoup Park		LA Recreation Staff
111301-01		6-12yrs
M-F	6/23-6/27	9am-1pm
111301-02		6-12yrs
M-F	7/7-7/11	9am-1pm
111301-03		6-12yrs
M-F	7/14-7/18	9am-1pm
111301-04		6-12yrs
M-F	7/21-7/25	9am-1pm
111301-05		6-12yrs
M-F	7/28-8/1	9am-1pm
111301-06		6-12yrs
M-F	8/4-8/8	9am-1pm
Residents $129		*All Others $147*

For ALL Camp jelly bean, Camp Shoup, Redwood Grove and Combo Camp campers:

Required: All participants should wear their camp T-shirt (handed out on Monday), play clothes and closed-toe shoes every day. Please send your camper with a water bottle and a "no-trash" snack using reusable containers every day. Sunscreen recommended daily. Calendars detailing each week's activities will be given out the start of each week.

Note: Parents must fill out a City of Los Altos medical release form prior to the beginning of camp. Please go to losaltosrecreation.org to download a form. Email completed form to info@losaltosreaction.org or fax to 947-2738.

REDWOOD GROVE Camp

REDWOOD GROVE CAMP

Please see requirements and notes listed on previous page.

Preschool Explorers: 3.5-4yrs

Let's play outside! Discover nature through all five senses and find the wonders in our own backyard. Engaging their curiosity, campers will explore the redwoods through multi-sensory experiences of games, arts and crafts, songs, and storytelling. Leader-to-camper ration is 1:6.

Required: Campers must be potty trained in order to attend this camp.

Bonus: Every Friday, parents are invited to a sing-a-long with their campers at 11:45am.

Redwood Grove Nature Preserve
LA Recreation Staff

161401-01		3.5-4yrs
M-F	6/16-6/20	9am-12pm
161401-02		3.5-4yrs
M-F	6/23-6/27	9am-12pm
161401-04		3.5-4yrs
M-F	7/7-7/11	9am-12pm
161401-05		3.5-4yrs
M-F	7/14-7/18	9am-12pm
161401-06		3.5-4yrs
M-F	7/21-7/25	9am-12pm
161401-07		3.5-4yrs
M-F	7/28-8/1	9am-12pm
161401-08		3.5-4yrs
M-F	8/4-8/8	9am-12pm
161401-09		3.5-4yrs
M-F	8/11-8/15	9am-12pm
Residents $173		*All Others $191*

Redwood Grove Nature Preserve
LA Recreation Staff

161401-03	holiday week camp	3.5-4yrs
M-Th	6/30-7/3	9am-12pm
No camp 7/4		
Residents $140		*All Others $158*

Adventurers AM & PM: 5-6yrs

What's happening under that rock? Let's find out together! Campers will develop observation skills using their five senses while discovering the great outdoors! Each week will bring new themes to teach nature concepts. The program is designed to foster the love of the outdoors through gardening, hiking, animal presentations, crafts, and hands-on activities. Leader-to-camper ratio is 1:6.

ADVENTURERS MORNING CAMP

Bonus: Every Friday, parents are invited to a sing-a-long with their campers at 11:45am.

Redwood Grove Nature Preserve
LA Recreation Staff

111402-01		5-6yrs
M-F	6/16-6/20	9am-12pm
111402-02		5-6yrs
M-F	6/23-6/27	9am-12pm
111402-04		5-6yrs
M-F	7/7-7/11	9am-12pm
111402-05		5-6yrs
M-F	7/14-7/18	9am-12pm
111402-06		5-6yrs
M-F	7/21-7/25	9am-12pm
111402-07		5-6yrs
M-F	7/28-8/1	9am-12pm
111402-08		5-6yrs
M-F	8/4-8/8	9am-12pm
111402-09		5-6yrs
M-F	8/11-8/15	9am-12pm
Residents $173		*All Others $191*

Redwood Grove Nature Preserve
LA Recreation Staff

111402-03	holiday week camp	5-6yrs
M-Th	6/30-7/3	9am-12pm
No camp 7/4		
Residents $140		*All Others $158*

ADVENTURERS AFTERNOON CAMP

Bonus: On Fridays, parents are invited to a sing-a-long with their campers at 3:45pm.

Redwood Grove Nature Preserve
LA Recreation Staff

111405-01		5-6yrs
M-F	6/16-6/20	1-4pm
111405-02		5-6yrs
M-F	6/23-6/27	1-4pm
111405-04		5-6yrs
M-F	7/7-7/11	1-4pm
111405-05		5-6yrs
M-F	7/14-7/18	1-4pm
111405-06		5-6yrs
M-F	7/21-7/25	1-4pm
111405-07		5-6yrs
M-F	7/28-8/1	1-4pm
111405-08		5-6yrs
M-F	8/4-8/8	1-4pm
Residents $173		*All Others $191*

Redwood Grove Nature Preserve
LA Recreation Staff

111405-03	holiday week camp	5-8yrs
M-Th	6/30-7/3	1-4pm
No camp 7/4		
Residents $140		*All Others $158*

Naturalists Day Camp: 7-8yrs

Unplug and explore Redwood Grove through hands-on activities, experiments, and discover what it has in store for you! Campers will develop a love of the outdoors, awareness of sustainability, live animal presentations and lessons in archery. Explore concepts such as ecology conservation and biology as they take on new meaning when sitting under 100-foot redwood trees! Leader-to-camper ration is 1:8.

Redwood Grove Nature Preserve
LA Recreation Staff

111403-01		7-8yrs
M-F	6/16-6/20	1-4pm
111403-02		7-8yrs
M-F	6/23-6/27	1-4pm
111403-04		7-8yrs
M-F	7/7-7/11	1-4pm
111403-05		7-8yrs
M-F	7/14-7/18	1-4pm
111403-06		7-8yrs
M-F	7/21-7/25	1-4pm
111403-07		7-8yrs
M-F	7/28-8/1	1-4pm
111403-08		7-8yrs
M-F	8/4-8/8	1-4pm
Residents $185		*All Others $203*

Redwood Grove Nature Preserve
LA Recreation Staff

111403-03	holiday week camp	7-8yrs
M-Th	6/30-7/3	1-4pm
No camp 7/4		
Residents $150		*All Others $168*

Naturalists Day Camp & Overnight Experience: 7-8yrs

These campers will enjoy all the excitement of regular camp plus sleep under the stars! Explore Redwood Grove through hands on activities, science experiments, arts and crafts, and creative dramatics, while developing outdoor discovery skills and enjoying live animal presentations each week! Camp leaders will provide dinner on Thursday night and breakfast on Friday morning. Naturalists will attend camp Monday through Wednesday from 1-4pm, with Thursday's camp running from 1pm Thursday through 8am on Friday.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve
LA Recreation Staff

111403-12		7-8yrs
M-F	6/23-6/27	1-4pm*
111403-09		7-8yrs
M-F	8/11-8/15	1-4pm*
Residents $215		*All Others $233*

**Camp ends Friday at 8am.*

Naturalists Overnight Only Experience: 7-8yrs

These campers will enjoy all the excitement of one afternoon at Redwood Grove followed by sleeping under the stars! Campers will engage in camp activities including hiking, ecology and conservation. Camp leaders will provide dinner on Thursday night and breakfast on Friday morning. The Naturalists Overnight Only Experience campers will attend camp on Thursday from 1pm Thursday through 8am on Friday.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve
LA Recreation Staff

111403-10		7-8yrs
Th-F	6/26-6/27	1pm-8am
111403-11		7-8yrs
Th-F	8/14-8/15	1pm-8am
Residents $56		*All Others $74*

Survivors Day Camp: 9-11yrs

Reconnect with the outdoors this summer at Redwood Grove. Campers will challenge their understanding of ecology and science through activities under the big trees. All campers will have a chance to learn archery techniques, foster a love and understanding for our environment through wild animal presentations, and learn strategies to conserve our planet for future generations. Activities include arts and crafts, team building, and games. Leader-to-camper ration is 1:8.

Redwood Grove Nature Preserve
LA Recreation Staff

111404-01		9-11yrs
M-F	6/16-6/20	1-4pm
111404-04		9-11yrs
M-F	7/7-7/11	1-4pm
111404-05		9-11yrs
M-F	7/14-7/18	1-4pm
111404-06		9-11yrs
M-F	7/21-7/25	1-4pm
111404-07		9-11yrs
M-F	7/28-8/1	1-4pm
111404-08		9-11yrs
M-F	8/4-8/8	1-4pm
Residents $185		*All Others $203*

Redwood Grove Nature Preserve
LA Recreation Staff

111404-03	holiday week camp	9-11yrs
M-Th	6/30-7/3	1-4pm
No camp 7/4		
Residents $150		*All Others $168*

Survivors Day Camp & Overnight Experience: 9-11yrs

These campers will enjoy all the excitement of Redwood Grove plus sleep under the stars! Challenge yourself this summer through team-building challenges, trust activities and outdoor adventures. Live animal presentation will introduce themes of conservation and caretaking. Camp leaders will provide dinner on Thursday night and breakfast on Friday morning. Survivors will attend camp Monday through Wednesday from 1-4pm, with Thursday's camp running from 1pm on Thursday through 8am on Friday.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve
LA Recreation Staff

111404-02		9-11yrs
M-F	6/23-6/27	1-4pm*
111404-09		9-11yrs
M-F	8/11-8/15	1-4pm*
Residents $215		*All Others $233*

**Camp ends Friday at 8am.*

Survivors Overnight Only Experience: 9-11yrs

These campers will enjoy all the excitement of an afternoon at Redwood Grove *plus* sleep under the stars that night! Campers will engage in camp activities including hiking, ecology and conservation. Camp leaders will provide dinner on Thursday night and breakfast on Friday morning. The Survivors Overnight Only Experience campers will attend camp on Thursday from 1pm Thursday through 8am on Friday.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve
LA Recreation Staff

111404-10		9-11yrs
Th-F	6/26-6/27	1pm-8am
111404-11		9-11yrs
Th-F	8/14-8/15	1pm-8am
Residents $56		*All Others $74*

Trekkers Overnight Only: 12-15yrs

Enjoy an overnight at Redwood Grove with your friends! Teens learn leadership skills while working together under giant redwood trees in a one-day overnight camp. Participants will have fun doing archery, teambuilding activities and, of course, engaging with friends while roasting marshmallows under the night sky. Camp will begin at 3pm on Friday afternoon and will conclude at 9am on Saturday morning. All participants must sign behavior expectation sheets before attending camp.

Note: Wondering what to bring? An overnight packing list will be emailed to families prior to camp. Please contact the recreation department at 947-2790 should you have any questions.

Redwood Grove Nature Preserve
LA Recreation Staff

121407-01		12-15yrs
Th-F	7/3-7/4	3pm-8:30am
121407-02		12-15yrs
F-Sa	8/8-8/9	3pm-8:30am
Residents $62		*All Others $80*

Counselors-in-Training: 12-15yrs

Teens learn leadership skills, how to work with young children, the natural history of the redwoods, and California habitats in a one-day workshop. Then they will gain work experience first-hand as Counselors to our Explorers and Adventurers campers. No experience with children is needed. Each one-week session includes an introduction to training in leading camp activities, participant safety, and basic interview techniques. All participants are highly encouraged to attend the one-day training workshop on Friday, June 13 from 9:30am to 12pm at Redwood Grove. (No make-up day is available.)

Redwood Grove Nature Preserve
LA Recreation Staff

121405-01		12-15yrs
M-F	6/16-6/20	9am-12pm
121405-02		12-15yrs
M-F	6/23-6/27	9am-12pm
121405-04		12-15yrs
M-F	7/7-7/11	9am-12pm
121405-05		12-15yrs
M-F	7/14-7/18	9am-12pm
121405-06		12-15yrs
M-F	7/21-7/25	9am-12pm
121405-07		12-15yrs
M-F	7/28-8/1	9am-12pm
121405-08		12-15yrs
M-F	8/4-8/8	9am-12pm
121405-09		12-15yrs
M-F	8/11-8/15	9am-12pm
Residents $100		*All Others $118*

Redwood Grove Nature Preserve
LA Recreation Staff

121405-03	holiday week camp	12-15yrs
M-Th	6/30-7/3	9am-12pm
Residents $82		*All Others $100*

Counselors-in-Training Advanced: 14-16yrs

Expanding on the Counselors-In-Training program, this advanced camp will fine tune their leadership skills working with young children while focusing on areas of program planning, safety, song and game leadership, concept creation, and behavior management. They will gain work experience first-hand as Assistant Counselors to our Adventurers Afternoon, Naturalists, and Survivors campers.

Prerequisite: Participants MUST have previous experience working with children either in personal experiences or as a Counselor-In-Training. Each two-week session includes an in-depth training in leading camp activities, participant safety, and interview techniques. Participants will have an opportunity to also participate in the overnight with our Naturalists and Survivors camps on 6/26 and 8/14. All participants must be picked up by 8:15am on 6/27 and 8/15. We recommend that all participants attend the one-day training workshop on Friday, June 13 from 9:30am to 12pm at Redwood Grove. (No make-up day is available.)

Redwood Grove Nature Preserve
LA Recreation Staff

121406-01		14-16yrs
M-F	6/16-6/27	12:30-4:15pm
121406-03		14-16yrs
M-F	7/14-7/25	12:30-4:15pm
121406-04		14-16yrs
M-F	8/4-8/15	12:30-4:15pm
Residents $180		*All Others $198*

Redwood Grove Nature Preserve
LA Recreation Staff

121406-02	holiday week camp	14-16yrs
M-F	6/30-7/11	12:30-4:15pm
No class 7/4		
Residents $162		*All Others $180*

ACADEMIC FUN

PLAY-WELL TEKNOLOGIES

Required for all PLAY-WELL camps: Please bring a daily snack.

Pre-Engineering with Lego®

Let your imagination run wild with over 100,000 pieces of LEGO®! Build engineer designed projects such as boats, bridges, mazes, and motorized cars; use special pieces to create your own unique designs!

Hillview MPR		Play-Well Staff
111208-01		5-7yrs
M-F	7/21-7/25	9am-12pm
111208-02		5-8yrs
M-F	8/4-8/8	9am-12pm
Residents $199		*All Others $217*

Engineering FUNdamentals with Lego®

Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment.

Hillview MPR		Play-Well Staff
111209-01		8-12yrs
M-F	7/21-7/25	1-4pm
Residents $199		*All Others $217*

NEW!

Chima Engineering with Lego®

Choose a tribe and grab the CHI in Chima Engineering! Race your Spedorz to earn the Golden Orb, build the CHI Temple with a moving waterfall, and swoop your way to victory with Razcal's Glider. Imagine and build unique Chima-inspired Lego®.

Hillview MPR		Play-Well Staff
111297-01		5-7yrs
M-F	7/7-7/11	9am-12pm
Residents $199		*All Others $217*

NEW!

Chima Masters Engineering with Lego®

Choose a tribe and Master the CHI by becoming a Chima Master Engineer! Motorize the detachable Helicroctor, transform Eglor's Twin Bike into an aircraft, and trap Leonidas in the Croc Swamp Hideout. Engineer, innovate, and test your creations on the quest to earn CHI.

Hillview MPR		Play-Well Staff
111298-01		8-12yrs
M-F	7/7-7/11	1-4pm
Residents $199		*All Others $217*

NEW!

Ninjaneering Apprentice with Lego®

Enter the world of Ninjago and become an apprentice Ninjaneer! Learn the way of Spinjitzu, build the Fire Temple, race Skull Trucks, and encounter the mighty Dragon! Imagine and build unique and fun projects while exploring the fantasy world of Ninjago.

Hillview MPR		Play-Well Staff
111286-01		5-7yrs
M-F	6/16-6/20	9am-12pm
Residents $199		*All Others $217*

NEW!

Ninjaneering Masters with Lego®

Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! Learn real world concepts in physics, engineering, and architecture while exploring the fantasy world of Ninjago.

Hillview MPR		Play-Well Staff
111287-01		8-12yrs
M-F	6/16-6/20	9am-12pm
Residents $199		*All Others $217*

Lego® Robotics

Learn about building and programming robots using the LEGO® Mindstorms system and over 100,000 pieces of LEGO®! Pair up with another camper and explore the many uses of touch, light, sound, and ultrasonic sensors with a robotic project of your own unique design.

Hillview MPR		Play-Well Staff
111288-01		9-14yrs
M-F	8/4-8/8	1-4pm
Residents $207		*All Others $225*

MAD SCIENCE

Required for ALL Mad Science camps: Half day campers please bring a snack; full-day campers, bring a lunch!

Little Green Thumbs

Blossoming minds will love this week of Mad Science! Come learn all about the amazing things that happen in the garden and what plants need to grow. Please note that most or all activities are conducted indoors for the safety of the children.

Grant Park Rm 1 **Mad Science Staff**

111262-01 4-6yrs
M-F 7/7-7/11 9am-12pm
Residents $239 *All Others $257*

NASA: Journey into Outer Space

See the principles of thrust and propulsion at work in a rocket launch, watch star dust burn, and journey through a galaxy as you investigate the life cycle of stars. Explore our solar system and create a lunar eclipse in this "mad" camp.

Grant Park Rm 1 **Mad Science Staff**

111258-01 5-12yrs
M-F 7/7-7/11 1-4pm
Residents $239 *All Others $257*

"Fizz"ical Phenomena & Che-Mystery

Take a walk on the wild side in this crazy camp! Have a ton of fun as we whip up potions and experiment with all kinds of chemical reactions, including growing our own crystals, making sidewalk chalk and learning the science of chromatography.

Full Day

Grant Park Rm 1 **Mad Science Staff**

111256-01 5-12yrs
M-F 6/16-6/20 9am-3pm
111256-03 5-12yrs
M-F 7/28-8/1 9am-3pm
Residents $319 *All Others $337*

Half Day

Grant Park Rm 1 **Mad Science Staff**

111256-02 5-12yrs
M-F 6/16-6/20 9am-12pm
111256-04 5-12yrs
M-F 7/28-8/1 9am-12pm
Residents $239 *All Others $257*

Wacky Robots/Widgets

Whether your child loves to build things or destroy them, this camp includes lots of both! The junior Mad Science engineers will design and build structures, discover how different machines--simple and complex--are used in our daily lives, plus build a robot to keep.

FULL DAY

Grant Park Rm 1 **Mad Science Staff**

111255-01 7-12yrs
M-F 8/4-8/8 9am-3pm
Residents $319 *All Others $337*

HALF DAY

Grant Park Rm **Mad Science Staff**

111255-02 7-12yrs
M-F 8/4-8/8 9am-12pm
Residents $239 *All Others $257*

Spy Academy

Look out 007-the Mad Science Spy Academy is here! Step into the shoes of a detective! From decoding messages to metal detectors and night vision, campers will check out spy equipment and uncover the science involved in evidence gathering.

FULL DAY

Grant Park Rm 1 **Mad Science Staff**

111203-01 5-12yrs
M-F 8/11-8/15 9am-3pm
Residents $319 *All Others $337*

HALF DAY

Grant Park Rm 1 **Mad Science Staff**

111203-02 5-12yrs
M-F 8/11-8/15 9am-12pm
Residents $239 *All Others $257*

Nature's Anatomy Academy

Learn about insects, birds, beasts, and you from the inside out in this action-packed week of Mad Science. Whip up your very own Mad Mucus and have some creepy crawly fun building a bug house to keep.

FULL DAY

Grant Park Rm 1 **Mad Science Staff**

111257-01 5-12yrs
M-F 6/23-6/27 9am-3pm
Residents $319 *All Others $337*

HALF DAY

Grant Park Rm 1 **Mad Science Staff**

111257-02 5-12yrs
M-F 6/23-6/27 9am-12pm
Residents $239 *All Others $257*

Reactions in Action

Discover how things move with science. Experiment with inertia and gravity as you learn what football players, ballet dancers and scientists have in common. Spend some time in the lab learning the tools and techniques that real chemists use.

FULL DAY

Grant Park Rm 1		**Mad Science Staff**
111259-01	holiday week camp	5-12yrs
M-Th	6/30-7/3	9am-3pm
No class 7/4		
Residents $259		*All Others $277*

HALF DAY

Grant Park Rm 1		**Mad Science Staff**
111259-02	holiday week camp	5-12yrs
M-Th	6/30-7/3	9am-12pm
No class 7/4		
Residents $194		*All Others $212*

Jet Cadets

It's a bird! It's a plane! No, it's....everything from the earliest flying machines to the first rocket flights. Learn all about aerodynamics and the world above us while we explore the basic principles of flight, build airplanes, ride a hovercraft, and construct balloon copters.

FULL DAY

Grant Park Rm 1		**Mad Science Staff**
111254-01		5-12yrs
M-F	7/14-7/18	9am-3pm
Residents $319		*All Others $337*

HALF DAY

Grant Park Rm 1		**Mad Science Staff**
111254-02		5-12yrs
M-F	7/14-7/18	9am-12pm
Residents $239		*All Others $257*

Inventionation

You'll be using basic materials, simple machines, tips from world-famous inventors, and the most important thing of all - your mind. Construct catapults and forts, fabricate an Egg Drop design, build a dancing robot, and assemble a working light saber to take home.

FULL DAY

Grant Park Rm 1		**Mad Science Staff**
111260-01		8-12yrs
M-F	7/21-7/25	9am-3pm
Residents $319		*All Others $337*

HALF DAY

Grant Park Rm 1		**Mad Science Staff**
111260-02		8-12yrs
M-F	7/21-7/25	9am-12pm
Residents $239		*All Others $257*

ARTS & CRAFTS

ALBERT LOVES FRIDA

The Art & Science of Leonardo da Vinci

Explore the inventions of Leonardo, history's greatest artist/scientist. Many of his renderings/inventions such as the helicopter, parachute and military tank were realized centuries after he created the concepts. Can we create models from his drawings? How did his scientific analysis influence his paintings and sculpture?

Required: Students should bring a nutritious lunch to camp every day.

Hillview Rm 14 Albert Loves Frida Staff

110519-01		8-12yrs
M-F	7/7-7/11	9:15am-2:30pm
*Residents $362**		*All Others $380**

**Materials fee of $30 due first day.*

What Are You Made Of?

This class integrates art elements, nutrition and art history in hands-on, interactive exploration. Why do foods naturally contain certain colors and how are these colors in art both historically and today? Create various art forms using food. Eat your art!

Note: Natural, nutritious fruits and vegetables will be used in this class. If your child has specific food allergies please notify us at the time of registration.

Hillview Rm 14 Albert Loves Frida Staff

110519-02		8-12yrs
M-F	6/23-6/27	9:15am-2:30pm
*Residents $362**		*All Others $380**

**Materials fee of $30 due first day.*

BLENDING ART WITH MATH: Discovering Patterns in Nature

Fibonacci numbers in nature is some of the visually most beautiful math you can discover. We'll explore flowers, pine cones, sand dollars, the chambered nautilus and other shells and galaxies for their fascination with math. We'll use a great variety of arts and math materials to share the magic of math!

Peter Koehler has a Ph.D. in theoretical physics and has taught creative math enrichment and art for over 20 years in schools and community centers. Most of those school years have been spent at the Nueva School in Hillsborough where he brings out the mathematical creativity in his students.

Required: 1. Bring an apron or smock...we get grubby! 2. Please bring a light peanut free snack and something to drink each day.

Hillview Rm 14 Koehler

111239-01		5-10yrs
M-F	6/16-6/20	9am-12pm
*Residents $162**		*All Others $180**

**Materials fee of $25 due first day.*

FREESTYLE ART WITH PAMELA

freestyleartcamp.blogspot.com

A fun and unique art day camp run by an experienced art and science teacher. Featured artists every week and fun projects every day, with lots of time for kids to play outside and do what they like.

Required: Bring a lunch, water bottle and snack each day.

Grant Park Rm 2 Langford

111291-01		9-14yrs
M-F	6/16-6/20	8:45am-3pm
111291-02		9-14yrs
M-F	6/23-6/27	8:45am-3pm
111291-03		9-14yrs
M-F	7/7-7/11	8:45am-3pm
111291-04		9-14yrs
M-F	7/14-7/18	8:45am-3pm
111291-05		9-14yrs
M-F	7/21-7/25	8:45am-3pm
111291-06		9-14yrs
M-F	7/28-8/1	8:45am-3pm
111291-07		9-14yrs
M-F	8/4-8/8	8:45am-3pm
*Residents $299**		*All Others $317**

**Materials fee of $40 due first day.*

YOUNG REMBRANDTS

NEW!

Anime/Manga Drawing

All new lessons this summer! Come learn to draw Japanese anime style cartoons and create your own original Manga style comic strip. No prior drawing experience required. Students will learn using our see-touch-do method of drawing.

Hillview Rm 15
Young Rembrandts Staff

110517-01		7-12yrs
M-F	7/28-8/1	1-4pm
Residents $179		*All Others $197*

All About Animals!

Kids love to draw animals! We will imagine ourselves at the zoo, the jungle and at sea as we learn to draw a variety of different animals in realistic, cartoon and graphic styles using marker, color pencil and pastels.

Hillview Rm 15
Young Rembrandts Staff

110517-02		6-12yrs
M-F	6/23-6/27	9am-12pm
Residents $179		*All Others $197*

COOKING

YOUNG CHEFS ACADEMY

Bakery & Chocolate Camp

This camp adventure brings you the baking basics of cookies, pies, breads, and cakes while mixing in regional specialties and trendy twists on classic favorites. Plus, for chocolate lovers, it will be dipped, chipped, melted, and sprinkled as we prepare an assortment of chocolate treats.

AM CAMPS

Young Chefs Academy		YCA Staff
111267-01		5-9yrs
M-F	6/16-6/20	9am-12pm
111267-03		5-9yrs
M-F	7/7-7/11	9am-12pm
111267-05		5-9yrs
M-F	7/28-8/1	9am-12pm

Residents $150 All Others $168**
**Materials fee of $100 due first day.*

PM CAMPS

Young Chefs Academy		YCA Staff
111267-02		9-12yrs
M-F	6/16-6/20	1:30-4:30pm
111267-04		9-12yrs
M-F	7/7-7/11	1:30-4:30pm
111267-06		9-12yrs
M-F	7/28-8/1	1:30-4:30pm

Residents $150 All Others $168**
**Materials fee of $100 due first day.*

NEW!

Copy Cat & Celebrity Chefs Recipes

Come explore restaurant favorites and celebrity chef's recipes.

AM CAMPS

Young Chefs Academy		YCA Staff
111267-07		5-9yrs
M-F	6/23-6/27	9am-12pm
111267-09		5-9yrs
M-F	7/14-7/18	9am-12pm
111267-11		5-9yrs
M-F	8/4-8/8	9am-12pm

Residents $150 All Others $168**
**Materials fee of $100 due first day.*

PM CAMPS

Young Chefs Academy		YCA Staff
111267-08		9-12yrs
M-F	6/23-6/27	1:30-4:30pm
111267-10		9-12yrs
M-F	7/14-7/18	1:30-4:30pm
111267-12		9-12yrs
M-F	8/4-8/8	1:30-4:30pm

Residents $150 All Others $168**
**Materials fee of $100 due first day.*

NEW!

Street Food Around the World

Street food is often cheap and tasty, plus there's no better way to taste the food of many peoples. Join us and we will bring you the pick of street eats across the globe.

AM CAMPS

Young Chefs Academy		YCA Staff
111267-13	holiday week camp	5-9yrs
M-Th	6/30-7/3	9am-12pm
No class 7/4		

Residents $120 All Others $138**
**Materials fee of $80 due first day.*

Young Chefs Academy		YCA Staff
111267-15		5-9yrs
M-F	7/21-7/25	9am-12pm
111267-17		5-9yrs
M-F	8/11-8/15	9am-12pm

Residents $150 All Others $168**
**Materials fee of $100 due first day.*

PM CAMPS

Young Chefs Academy		YCA Staff
111267-14	holiday week camp	9-12yrs
M-Th	6/30-7/3	1:30-4:30pm
No class 7/4		

Residents $120 All Others $138**
**Materials fee of $80 due first day.*

Young Chefs Academy		YCA Staff
111267-16		9-12yrs
M-F	7/21-7/25	1:30-4:30pm
111267-18		9-12yrs
M-F	8/11-8/15	1:30-4:30pm

Residents $150 All Others $168**
**Materials fee of $100 due first day.*

SPECIAL INTEREST

INCREDIFLIX

Note for all Incrediflix camps: 1. Free DVD with all camp movies. 2. Flix created in camp downloadable one month after camp ends. 3. Free lunch supervision and discount of one materials fee if signed up for both camps for the week.

Filmmaking Flix

Do you want to make a movie? We'll guide you through the process as you brainstorm, location scout, bring in props/costumes, act, and direct in a collaborated movie that will be fun for the entire audience.

Grant Park Rm 4 **Incrediflix Staff**
111202-01 7-13yrs
M-F 7/7-7/11 9am-12pm
*Residents $182** *All Others $200**
**Materials fee of $30 due first day.*

Green Screen Flix

In this live-action moviemaking camp, kids will use a green screen to transport them almost anywhere. Students will collaborate to write, act, and direct in this FX movie camp that can take place anywhere from the ocean to space!

Grant Park Rm 4 **Incrediflix Staff**
111202-02 7-13yrs
M-F 7/7-7/11 1-4pm
*Residents $182** *All Others $200**
**Materials fee of $30 due first day.*

NEW!

Filmmaking and Green Screen Flix

Spend a full day making movies with Incredi-Flix! In the morning you'll learn the process of moviemaking. After lunch campers get to learn the functions of green screen. You'll write, act and direct!

Grant Park Rm 4 **Incrediflix Staff**
111202-03 7-13yrs
M-F 7/7-7/11 9am-4pm
*Residents $318** *All Others $336**
**Materials fee of $60 due first day.*

Lego® Flix

Bring Lego® to life with stop-motion animation! We provide the Lego® pieces. You provide your imagination. Students will create a set with characters for a movie they write, shoot, and voice over in age-appropriate groups.

Grant Park Rm 4 **Incrediflix Staff**
111202-04 7-13yrs
M-F 7/28-8/1 9am-12pm
*Residents $182** *All Others $200**
**Materials fee of $30 due first day.*

NEW!

Imagination Flix

In this stop-motion animation camp, there are no limits to where your imagination can take you. You'll brainstorm, create clay characters, film your movies using a green screen, and add voice-overs, while working in age-appropriate groups.

Grant Park Rm 4 **Incrediflix Staff**
111202-05 7-13yrs
M-F 7/28-8/1 1-4pm
*Residents $182** *All Others $200**
**Materials fee of $30 due first day.*

NEW!

Lego® Flix and Imagination Flix

Spend a full day filming with Legos® and stop animation. In the morning you'll bring your Legos® to life! Campers will spend the afternoon creating clay characters.

Grant Park Rm 4 **Incrediflix Staff**
111202-06 7-13yrs
M-F 7/28-8/1 9am-4pm
*Residents $318** *All Others $336**
**Materials fee of $60 due first day.*

Animation Flix

Each day you'll use a new style of stop-motion for a total of five flix! It's the ultimate arts and crafts camp where campers create, direct, and film their movies in age-appropriate groups.

Grant Park Rm 4 **Incrediflix Staff**
111202-08 7-13yrs
M-F 8/11-8/15 9am-12pm
*Residents $182** *All Others $200**
**Materials fee of $30 due first day.*

NEW!

Creature Flix

Make your creatures look like they're running around the room with stop-motion animation. After creating cardboard creatures, you and your group will film and add voice-overs to the movie in this one-of-a-kind camp.

Grant Park Rm 4 **Incrediflix Staff**
111202-07 7-13yrs
M-F 8/11-8/15 1-4pm
*Residents $182** *All Others $200**
**Materials fee of $30 due first day.*

NEW!

Animation and Creature Flix

Creatures and Animation Flix all in one day! In the morning create creatures with stop animation. Spend the afternoon animating a new movie every day.

Grant Park Rm 4 **Incrediflix Staff**
111202-09 7-13yrs
M-F 8/11-8/15 9am-4pm
*Residents $318** *All Others $336**
**Materials fee of $60 due first day.*

SPORTS

EQUESTRIAN

SPRING DOWN EQUESTRIAN CENTER

Required: 1. Must download the liability form at springdown.com prior to camp. Forms must be filled out and turned in two weeks prior to the start of the camp session. 2. Due to the physical limitations of our horses, riders' weight should not exceed 225 pounds.

Horseback Riding Camp

Camp activities include safety around horses, grooming and tacking up, exercising horses, horse psychology and, of course, RIDING! Riding ability will be evaluated the first day and continue to be re-evaluated to keep your camper learning at just the right level.

Note: Aftercare is available. Please call 851-1114.

Spring Down Equestrian Center
SDEC Staff

151248-01		6+yrs
M-F	6/16-6/27	9am-1pm
151248-02		6+yrs
M-F	7/7-7/18	9am-1pm
151248-03		6+yrs
M-F	7/21-8/1	9am-1pm
151248-04		6+yrs
M-F	8/4-8/15	9am-1pm
151248-05		6+yrs
M-F	8/18-8/29	9am-1pm

Residents $750 *All Others $768*

FENCING

THE CUTTING EDGE

thecuttingedge.s5.com

Note: Bring lunch daily; healthy snacks and drinks are provided.

Summer Saber Swordsman Camp

Delve into swordplay! Meet a variety of fencers, train, team up, earn prizes (including fencing gear!) and accomplish team and personal goals. Cross-train with everything from games, bouting, and footwork drills… to wielding "LED light sabers"! All gear provided—you needn't buy equipment. All levels welcome.

LAYC **Cutting Edge Staff**

111241-01		7+yrs
M-F	8/4-8/8	11am-5pm

Residents $392 *All Others $410**
**Materials fee of $10 due first day.*

Light Saber Combat Camp

Learn the ways of the force, build your skills in saber combat, martial arts kicks, and even "blaster blocking"! This action-packed saber camp is full of fun, fight scenes, and awesome skills. Create a fight scene with a friend and film it for posterity!

LAYC **Cutting Edge Staff**

111241-02		7+yrs
M-F	8/11-8/15	11am-5pm

Residents $392 *All Others $410**
**Materials fee of $10 due first day.*

GOLF

DEEP CLIFF GOLF

Equipment Note: Equipment is provided, but bring your own clubs if you have them. Please wear flat-soled athletic shoes. Golf shoes are not required.

Required: Please bring a bottle of water every day.

Weather Policy: We make every effort to hold our classes with consideration for participant comfort. Decisions as to whether a class will take place or not will be made one hour before the scheduled start time. Registrants may call Deep Cliff Golf Course directly at (408)253-5357 within one hour of class for updates and rescheduling. Rescheduling is done at the instructor's discretion.

Junior Golf Camp One

Golf is a challenging game and waaay fun! This camp teaches you the basic skills of the game including the proper etiquette and the most common rules. You will learn and strengthen your abilities and knowledge of golf to prepare yourself for the next level.

Deep Cliff Golf Course **Deep Cliff Staff**

111210-01		7-17yrs
M-F	6/9-6/13	9am-12pm
111210-02		7-17yrs
M-F	6/16-6/20	9am-12pm
111210-03		7-17yrs
M-F	6/23-6/27	9am-12pm
111210-04		7-17yrs
M-F	6/30-7/4	9am-12pm
111210-05		7-17yrs
M-F	7/7-7/11	9am-12pm
111210-06		7-17 yrs
M-F	7/14-7/18	9am-12pm
111210-07		7-17yrs
M-F	7/21-7/25	9am-12pm
111210-08		7-17yrs
M-F	7/28-8/1	9am-12pm
111210-09		7-17yrs
M-F	8/4-8/8	9am-12pm
111210-10		7-17yrs
M-F	8/11-8/15	9am-12pm
111210-11		7-17yrs
M-F	8/18-8/22	9am-12pm

Residents $207 *All Others $225*

The Player's Camp

Let's head to the course! This is the place to advance your game to the next level.

Equipment Note: It is suggested that you have your own clubs.

Prerequisite: Junior Golf or Intermediate Junior Golf, with instructor's approval to advance.

Required: Please bring a bottle of water daily.

Deep Cliff Golf Course		Deep Cliff Staff
111211-01		7-17yrs
M-F	6/16-6/20	2-4:30pm
111211-02		7-17yrs
M-F	6/23-6/27	2-4:30pm
111211-03		7-17yrs
M-F	6/30-7/4	2-4:30pm
111211-04		7-17yrs
M-F	7/7-7/11	2-4:30pm
111211-05		7-17yrs
M-F	7/14-7/18	2-4:30pm
111211-06		7-17yrs
M-F	7/21-7/25	2-4:30pm
111211-07		7-17yrs
M-F	7/28-8/1	2-4:30pm
111211-08		7-17yrs
M-F	8/4-8/8	2-4:30pm
111211-09		7-17yrs
M-F	8/11-8/15	2-4:30pm
111211-10		7-17yrs
M-F	8/18-8/22	2-4:30pm
Residents $215		*All Others $233*

GYMNASTICS & ROCK CLIMBING

TWISTER SPORTS

Gym Camp: Preschool

Children can come and enjoy a fun-filled camp that will include gymnastics, arts and crafts, music, stories, games, and more!

Required: Please bring a snack!

AM CAMPS

Twisters Sports		Twisters Staff
161215-01		3-6yrs
M-F	6/16-6/20	9am-12pm
161215-02		3-6yrs
M-F	6/23-6/27	9am-12pm
161215-03		3-6yrs
M-F	7/7-7/11	9am-12pm
161215-04		3-6yrs
M-F	7/14-7/18	9am-12pm
161215-05		3-6yrs
M-F	7/21-7/25	9am-12pm
161215-06		3-6yrs
M-F	7/28-8/1	9am-12pm
Residents $181		*All Others $199*

PM CAMPS

Twisters Sports		Twisters Staff
161215-10		3-6yrs
M-F	6/16-6/20	1-4pm
161215-11		3-6yrs
M-F	6/23-6/27	1-4pm
161215-12		3-6yrs
M-F	7/7-7/11	1-4pm
161215-13		3-6yrs
M-F	7/14-7/18	1-4pm
161215-14		3-6yrs
M-F	7/21-7/25	1-4pm
161215-15		3-6yrs
M-F	7/28-8/1	1-4pm
Residents $181		*All Others $199*

Gymnastics Camp

Boys and girls are introduced to progressive skills on all Olympic events and trampolines. They'll have fun bouncing, swinging, flipping, and tumbling on all our equipment.

Required: Please bring a snack and lunch.

Twisters Sports		Twisters Staff
111216-01		6-12yrs
M-F	6/16-6/20	9am-2pm
111216-02		6-12yrs
M-F	6/23-6/27	9am-2pm
111216-03		6-12yrs
M-F	7/7-7/11	9am-2pm
111216-04		6-12yrs
M-F	7/14-7/18	9am-2pm
111216-05		6-12yrs
M-F	7/21-7/25	9am-2pm
111216-06		6-12yrs
M-F	7/28-8/1	9am-2pm
Residents $242		*All Others $260*

Rock Climbing Camp

Campers will cover fundamental climbing techniques, plus build basic motor and problem solving skills, while playing games and having fun!

Required: Please bring a snack, a water bottle and wear tennis shoes!

AM CAMPS

Twisters Sports		Twisters Staff
111217-01		7-14yrs
M-F	6/16-6/20	9am-12pm
111217-02		7-14yrs
M-F	6/23-6/27	9am-12pm
111217-03		7-14yrs
M-F	7/7-7/11	9am-12pm
111217-04		7-14yrs
M-F	7/14-7/18	9am-12pm
111217-05		7-14yrs
M-F	7/21-7/25	9am-12pm
111217-06		7-14yrs
M-F	7/28-8/1	9am-12pm
Residents $181		*All Others $199*

PM CAMPS

Twisters Sports		Twisters Staff
111217-09		7-14yrs
M-F	6/16-6/20	1-4pm
111217-10		7-14yrs
M-F	6/23-6/27	1-4pm
111217-11		7-14yrs
M-F	7/7-7/11	1-4pm
111217-12		7-14yrs
M-F	7/14-7/18	1-4pm
111217-13		7-14yrs
M-F	7/21-7/25	1-4pm
111217-14		7-14yrs
M-F	7/28-8/1	1-4pm
Residents $181		*All Others $199*

Twisters' Combo Camp

A popular camp combining rock climbing and gymnastics for all-day fun! Campers will spend the morning either climbing or tumbling and then switch during the afternoon.

Required: Please bring a lunch, water bottle, wear comfy clothes and tennis shoes!

Twisters Sports		**Twisters Staff**
111218-01		7-14yrs
M-F	6/16-6/20	9am-4pm
111218-02		7-14yrs
M-F	6/23-6/27	9am-4pm
111218-03		7-14yrs
M-F	7/7-7/11	9am-4pm
111218-04		7-14yrs
M-F	7/14-7/18	9am-4pm
111218-05		7-14yrs
M-F	7/21-7/25	9am-4pm
111218-06		7-14yrs
M-F	7/28-8/1	9am-4pm
Residents $292		*All Others $310*

ICE SKATING

Beginning Ice Skating Camp

Beginning Ice Skating Camp gives you the equivalent of a five-week session in one week. Students will be introduced to basic ice skating skills including skating forward, backward and stopping.

Note: Skate rental and 30 minute practice time available on the lesson day included in the fee.

Required: Please arrive 15 minutes before class begins. 2. Warm clothing, mittens/ gloves.

Nazareth Ice Oasis		**NIO Staff**
111238-01		5-12yrs
M-F	6/16-6/20	10:30-11am
111238-02		5-12yrs
M-F	7/7-7/11	10:30-11am
111238-03		5-12yrs
M-F	7/28-8/1	10:30-11am
Residents $82		*All Others $100*

MULTI-SPORT

SKYHAWKS

Required: 1. Appropriate clothing, running or gym shoes, and sunscreen. 2. Lunch, snack and water bottle (for programs over 4 hours). 3. Two snacks and water bottle (for programs 4 hours or less).

Note: T-shirt and merit award included with purchase. Shirt will be distributed Monday at end of camp.

Mini-Hawk Camp

This multi-sport program was developed to give 4-7 year olds a positive first step into athletics. Soccer and basketball are taught in a safe, structured environment filled with encouragement and fun. Mini-hawkers explore balance, hand/eye coordination and skill development at their own pace.

Note: For aftercare options, please see instructor on first day of camp.

Grant Park Soccer Field		**Skyhawks Staff**
161222-01		4-7yrs
M-F	6/16-6/20	9am-12pm
161222-02		4-7yrs
M-F	7/21-7/25	9am-12pm
161222-03		4-7yrs
M-F	8/4-8/8	9am-12pm
Residents $179		*All Others $197*

Skyhawks Baseball

Skyhawks baseball staff teaches the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Hillview Baseball Field		**Skyhawks Staff**
111223-01		6-12yrs
M-F	7/14-7/18	9am-1pm
111223-02		6-12yrs
M-F	8/4-8/8	1-4pm
Residents $185		*All Others $203*

Skyhawks Basketball

This fun, skill-intensive program is designed for the beginner to intermediate player. Using our progression curriculum, staff focuses on the whole player, teaching respect, teamwork, and responsibility. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

Blach Gym		**Skyhawks Staff**
111225-01	holiday week camp	6-12yrs
M-Th	6/30-7/3	9am-3pm
No camp 7/4		
Residents $189		*All Others $207*

Blach Gym		**Skyhawks Staff**
111225-02		6-12yrs
M-F	7/21-7/25	9am-3pm
Residents $229		*All Others $247*

Skyhawks Flag Football

Flag football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense--all presented in a fun and positive environment. The week ends with the Skyhawks Sports Bowl!

Grant Park Soccer Field		**Skyhawks Staff**
111224-01		6-12yrs
M-F	8/4-8/8	9am-12pm
Residents $179		*All Others $197*

Skyhawks Golf

Skyhawks has adopted the SNAG (Starting New At Golf) system to its curriculum. SNAG is specifically designed for entry-level players; SNAG simplifies instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided.

Hillview Baseball Field		**Skyhawks Staff**
111272-01		5-8yrs
M-F	7/14-7/18	9am-12pm
Residents $179		*All Others $197*

Grant Park Soccer Field		**Skyhawks Staff**
111272-02		5-8yrs
M-F	7/28-8/1	9am-12pm
Residents $179		*All Others $197*

Skyhawks Multi-Sport

This program combines multiple sports (soccer, baseball, and basketball) into one fun-filled week. Athletes will learn the basics of each sport through games and scrimmages. Your child will walk away with life lessons such as respect, team work and self discipline.

Grant Park Soccer Field		**Skyhawks Staff**
111227-01		6-12yrs
M-F	8/11-8/15	9am-3pm
Residents $229		*All Others $247*

Skyhawks Soccer

Using progressional curriculum, campers will gain the technical skills and sport knowledge required for that next step into soccer. By camp's end, your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved his/her sport skills.

Grant Park Soccer Field		**Skyhawks Staff**
111285-01		6-12yrs
M-F	6/23-6/27	9am-3pm
111285-02		6-12yrs
M-F	7/7-7/11	9am-3pm
Residents $229		*All Others $247*

Skyhawks Volleyball

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting, and serving. Our staff will assist campers in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player.

Note: For the beginner and intermediate player.

Blach Gym		**Skyhawks Staff**
111273-01		8-14yrs
M-F	6/16-6/20	9am-12pm
111273-02		8-14yrs
M-F	7/28-8/1	9am-12pm
Residents $179		*All Others $197*

SKATEBOARDING

SKATEWORKS

Skateboarding Camp

This camp will focus on skateboarding basics like: balance, safety, technique, and etiquette. We will have both street and transition type obstacles appropriate for all levels of skaters. We will also facilitate snack time, games, and free play.

Equipment Note for ALL Skateworks classes: skateboard, knee, elbow and wrist guards, helmet, and water bottle required.

Grant Park Basketball Courts Skateworks Staff		
150815-01		6-10yrs
M-F	6/16-6/20	10am-1pm
150815-02		11-14yrs
M-F	6/23-6/27	10am-1pm
150815-03		6-10yrs
M-F	7/7-7/11	10am-1pm
150815-04		11-14yrs
M-F	7/14-7/18	10am-1pm
150815-05		6-10yrs
M-F	8/4-8/8	10am-1pm
150815-06		11-14yrs
M-F	8/11-8/15	10am-1pm
Residents $199		*All Others $217*

SOCCER

COACH KEN'S SOCCER ACADEMY

Equipment Note for ALL Coach Ken Soccer Camps: All participants must wear shin guards. Soccer shoes and sunscreen are recommended. Half-day campers receive a Coach Ken T-shirt; full-day campers receive a Coach Ken jersey.

Full-Day Camps

Kids play and do fun drills until 12:30pm. After lunch, kids hone skills learned in the morning and learn extra things like goal keeping. Parents: Please read our full, comprehensive hour by hour camp schedule by opening the link "About Our Camps" at coachkensoccer.com.

Note: Please bring a full water bottle and lunch daily.

Heritage Oaks Park		Coach Ken's Staff
111263-31		6-12yrs
M-F	8/4-8/8	9am-5pm
111263-32		6-12yrs
M-F	8/11-8/15	9am-5pm
Residents $347		*All Others $365*

Half Day Camps

From 9-11am, kids learn skills and moves which are reinforced with fun games. They also do agility, which helps them improve their coordination and speed--plus they'll play with speed ladders, flags and hurdles. After a 30-minute break, they do supervised activities from 11:30-12:30.

Required: Please bring a full water bottle and a snack.

Heritage Oaks Park		Coach Ken's Staff
111263-01		4-5yrs
M-F	6/23-6/27	9am-12:30pm
111263-02		4-5yrs
M-F	7/14-7/18	9am-12:30pm
111263-03		4-5yrs
M-F	7/28-8/1	9am-12:30pm
111263-04		4-5yrs
M-F	8/4-8/8	9am-12:30pm
111263-05		4-5yrs
M-F	8/11-8/15	9am-12:30pm
Residents $162		*All Others $180*

Heritage Oaks Park		Coach Ken's Staff
111263-07		6-7yrs
M-F	6/23-6/27	9am-12:30pm
111263-08		6-7yrs
M-F	7/14-7/18	9am-12:30pm
111263-09		6-7yrs
M-F	7/28-8/1	9am-12:30pm
111263-10		6-7yrs
M-F	8/4-8/8	9am-12:30pm
111263-11		6-7yrs
M-F	8/11-8/15	9am-12:30pm
Residents $187		*All Others $205*

Heritage Oaks Park		Coach Ken's Staff
111263-13		8-9yrs
M-F	6/23-6/27	9am-12:30pm
111263-14		8-9yrs
M-F	7/14-7/18	9am-12:30pm
111263-15		8-9yrs
M-F	7/28-8/1	9am-12:30pm
111263-16		8-9yrs
M-F	8/4-8/8	9am-12:30pm
111263-17		8-9yrs
M-F	8/11-8/15	9am-12:30pm
Residents $187		*All Others $205*

Heritage Oaks Park		Coach Ken's Staff
111263-19		10-12yrs
M-F	6/23-6/27	9am-12:30pm
111263-20		10-12yrs
M-F	7/14-7/18	9am-12:30pm
111263-21		10-12yrs
M-F	7/28-8/1	9am-12:30pm
111263-22		10-12yrs
M-F	8/4-8/8	9am-12:30pm
111263-23		10-12yrs
M-F	8/11-8/15	9am-12:30pm
Residents $187		*All Others $205*

KLS SUMMER SOCCER CAMPS

Learn and practice soccer skills including: dribbling, passing, receiving, and shooting. More experienced players will work on developing advanced dribbling moves and team tactics such as possession and combination play. The week's fun culminates in a "World Cup" tournament.

Equipment Note: Each child will receive a KLS jersey and soccer ball! All participants must wear shin-guards; soccer shoes and sunscreen are recommended.

Required: Bring a full water bottle and a healthy snack.

Hillview Baseball Field		KLS Staff
111212-01		4.5-6yrs
M-F	7/21-7/25	9am-1pm
111212-02		4.5-6yrs
M-F	8/11-8/15	9am-1pm
111212-03		7-8yrs
M-F	7/21-7/25	9am-1pm
111212-04		7-8yrs
M-F	8/11-8/15	9am-1pm
111212-05		9-10yrs
M-F	7/21-7/25	9am-1pm
111212-06		9-10yrs
M-F	8/11-8/15	9am-1pm
Residents $164		*All Others $182*

TENNIS

TENNIS AT YOUR SERVICE

whitlingersarsfieldtennis.com

Youth Tennis Camps

Our popular tennis camps emphasize stroke FUNdamentals with dynamic games and exciting drills. Each camp will have the appropriate court size and tennis balls for their age group. Two courts grouped by ability. Please sign up early!

Rain Policy: In case of rain, contact the Recreation Department at 947-2790, Monday-Friday, 8am-5pm, within an hour before scheduled starting time for class status. For evening or weekend classes, check with the instructor at the court. If at any time the instructor is absent, report to the next scheduled lesson for make-up date. No postponement announcement will be inititated by the instructor or the recreation department.

Marymeade Park Courts 2/3
Whitlinger/Sarsfield Tennis Staff

111213-03	Terrific Tiny Tennis	4-6yrs
M-Th	8/11-8/14	9:30-10:30am
111213-04	Quickstart	8-10yrs
M-Th	8/11-8/14	10:30am-12pm
111213-05	Terrific Tiny Tennis	5-7yrs
M-Th	8/11-8/14	1:30-2:30pm
111213-06	Youth Novice	11-14yrs
M-Th	8/11-8/14	2:30-4pm

Residents $81 *All Others $99*

Junior League Team Tennis

This camp provides excellent instruction, extensive practice and exciting match play for juniors. Practice will be twice a week from 1:30-3pm, and match play will be on Fridays, 1:30-3:30pm, versus other local teams. The season culminates with the Whitlinger Cup playoffs.

Prerequisites: This program is designed for boys and girls at the intermediate to high intermediate level. Juniors, who will be 16 years or older before August 1st of this year, and/or juniors who have achieved a top 50 ranking in the USTA's 14 or 16 year old divisions, are eligible.

Equipment Note: Please bring one unopened can of tennis balls to the first day of practice.

Note: Fee includes team tennis shirt.

Quarterfinals: Fri 8/9, 1:30-3:30pm at TBA

Championship: Sat, TBA, at Stanford

Rosita Park Courts 1-3
Whitlinger/Sarsfield Tennis Staff

111214-01		10-15yrs
Mon/Wed/Fri	6/16-8/8	1:30-3pm*

Residents $235 *All Others $253*
**Friday camp ends at 3:30pm*

SAILING & WINDSURFING AT SHORELINE SAILING LAKE

shorelinelake.com
965-7474

Required: 1. Comfortable clothes, a bathing suit, a jacket or fleece, a towel, lots of sun protection, a lanyard to secure glasses, a bottle of water, and non-skid/non-marking shoes to wear while on the boats and boards. (We will get WET - tennis shoes, aqua socks, or Teva sandals are ideal!) No flip-flops allowed. 2. Please bring a snack or extra money daily. Daily lunch pass available for purchase first day of camp ($40 per week). 3. Students should be at ease swimming and treading water.

Note: Extended care available. Call 965-7474 for details. (Before and aftercare: $140 per week.)

Camp Shoreline

Spend the morning learning to kayak, canoe, row, and pedal boat on the 50-acre Shoreline Lake, amidst a wildlife sanctuary nestled in the heart of Silicon Valley. Afternoons will be spent playing games, hiking, bird watching, or participating in craft activities.

Shoreline Aquatic Center		SAC Staff
111240-01		5-11yrs
M-F	6/2-6/6	10am-3pm
111240-02		5-11yrs
M-F	6/9-6/13	10am-3pm
111240-03		5-11yrs
M-F	6/16-6/20	10am-3pm
111240-04		5-11yrs
M-F	6/23-6/27	10am-3pm
111240-05		5-11yrs
M-F	6/30-7/4	10am-3pm
111240-06		5-11yrs
M-F	7/7-7/11	10am-3pm
111240-07		5-11yrs
M-F	7/14-7/18	10am-3pm
111240-08		5-11yrs
M-F	7/21-7/25	10am-3pm
111240-09		5-11yrs
M-F	7/28-8/1	10am-3pm
111240-10		5-11yrs
M-F	8/4-8/8	10am-3pm
111240-11		5-11yrs
M-F	8/11-8/15	10am-3pm
111240-12		5-11yrs
M-F	8/18-8/22	10am-3pm
Residents $377		*All Others $395*

Windsurfing & Sailing: Level 1

Hands-on course to introduce students to the fundamentals of both windsurfing and sailing, two fulfilling and rewarding lifetime sports. Daily exercises conducted in a supportive learning environment by our talented and well-qualified instructors will progressively develop each essential skill.

Shoreline Aquatic Center		SAC Staff
111201-01		9-15yrs
M-F	6/2-6/6	9am-2pm
111201-02		9-15yrs
M-F	6/9-6/13	9am-2pm
111201-03		9-15yrs
M-F	6/16-6/20	9am-2pm
111201-04		9-15yrs
M-F	6/23-6/27	9am-2pm
111201-05		9-15yrs
M-F	6/30-7/4	9am-2pm
111201-06		9-15yrs
M-F	7/7-7/11	9am-2pm
111201-07		9-15yrs
M-F	7/14-7/18	9am-2pm
111201-08		9-15yrs
M-F	7/21-7/25	9am-2pm
111201-09		9-15yrs
M-F	7/28-8/1	9am-2pm
111201-10		9-15yrs
M-F	8/4-8/8	9am-2pm
111201-11		9-15yrs
M-F	8/11-8/15	9am-2pm
111201-12		9-15yrs
M-F	8/18-8/22	9am-2pm
Residents $412		*All Others $430*

Windsurfing & Sailing: Level 2

Step up the performance during a week of refining your windsurfing and sailing skills! Challenge yourself--wind conditions will be stronger for this level. Hone your skills with our team of certified advanced instructors and start racing.

Prerequisite: Level 1 Windsurfing and Sailing or equivalent.

Shoreline Aquatic Center		SAC Staff
111201-13		9-15yrs
M-F	6/2-6/6	11:30am-4:30pm
111201-14		9-15yrs
M-F	6/9-6/13	11:30am-4:30pm
111201-15		9-15yrs
M-F	6/16-6/20	11:30am-4:30pm
111201-16		9-15yrs
M-F	6/23-6/27	11:30am-4:30pm
111201-17		9-15yrs
M-F	6/30-7/4	11:30am-4:30pm
111201-18		9-15yrs
M-F	7/7-7/11	11:30am-4:30pm
111201-19		9-15yrs
M-F	7/14-7/18	11:30am-4:30pm
111201-20		9-15yrs
M-F	7/21-7/25	11:30am-4:30pm
111201-21		9-15yrs
M-F	7/28-8/1	11:30am-4:30pm
111201-22		9-15yrs
M-F	8/4-8/8	11:30am-4:30pm
111201-23		9-15yrs
M-F	8/11-8/15	11:30am-4:30pm
111201-24		9-15yrs
M-F	8/18-8/22	11:30am-4:30pm
Residents $412		*All Others $430*

SENIOR Center

Los Altos Senior Center
Hillview Community Center
97 Hillview Ave
Rooms 10-12
947-2797

Senior Center Hours*
Monday-Friday
8:30am-3:30pm

*Holiday hours vary.
Call for exact schedule.

Adults 50+ are *welcome* and *encouraged* to join any and all of our programs! Senior Center programs are listed here but please consult The Spotlight, (the Los Altos Senior Center's bi-monthly newsletter), drop in or give us a call for more info and specific dates.

MEMBERSHIP

Everyone is welcome to enjoy our Senior Center. However, by becoming a Los Altos Senior Center member, you are entitled to reduced program fees for most of our activities and access to member-only services. Plus, as a member, you contribute to one of the best little senior centers on the planet!

BECOME A MEMBER

Fill out the membership form (available on the Recreation Department's website, losaltosrecreation.org). Mail the form, together with a check payable to "City of Los Altos," to: Los Altos Senior Center
97 Hillview Ave
Los Altos, CA 94022

*Residents $26** *All Others $40**

*Add $5 for a one-year home delivery subscription to The Spotlight newsletter. The Spotlight gives you all the information about the many activities and services we offer. The Spotlight is also available free at the Senior Center and online at losaltosrecreation.org.

TRAVEL

The Los Altos Senior Center offers day and extended trips throughout the year. For a synopsis of our current trips, pick up a copy of The Spotlight newsletter or stop by the Senior Center for detailed flyers. For more information, contact Senior Center staff at 947-2797.

VOLUNTEER

The Senior Center thrives because of our volunteers! JOIN US! We are looking for those with reception desk skills, event helpers, gardeners, movie selectors, and new program hosts. Opportunites can be found on page 50. Call 947-2897 TODAY for details!

LET'S DISCUSS...

CSA Case Management

Community Services Agency case managers provide referrals to community resources, make arrangements for in-home services, and work cooperatively with care providers. Make an appointment at the Los Altos Senior Center to discuss topics as advertised or discuss items of concern to you.

March 21 – Legal/Financial Resources
April 18 – Education Employment
May 16 – Transportation

Check in at Senior Center before class; all classes start at 10am and are free.

ON-GOING ACTIVITIES

All activities Monday through Friday, 8:30am-3:30pm

- Wii Nintendo
  (drop-in play and lessons by appointment)
- Jigsaw Puzzle
- Desktop Computer
- Ping Pong (Reservations required)
- Indoor Shuffleboard

DAILY ACTIVITIES

Activities free with Senior Center membership unless otherwise noted.

Monday

Monkey Toy Project
9:30-11:30am / Rm 11

Poker
12-3:30pm / Rm 11

Advanced Bocce Ball
10am-12pm
Bocce Courts

Tuesday

PC Computer Tutor
1-3pm / Rm 10
By appointment

Bridge
8:30am-3:30pm
Rm 11

Beginning Bocce Ball
10-11:30am
Bocce Courts

Wednesday

Bridge
8:30am-12pm / Rm 11

Mah-Jongg
Intermediate
1-3:30pm / Rm 11
Free Play

Art Studio
9:30am-12pm / Rm 12

Advanced Bocce Ball
10am-12pm
Bocce Courts

Thursday

iPad & Mac Tutor
1-3pm / Rm 10
By appointment

Pinochle
12-3:30pm / Rm 11

Beginning Bocce Ball
10-11:30am
Bocce Courts

FUN Friday

1st Friday
Movie Day
1pm / Rm 12
Fee: Members Free
All Others $1

2nd Friday
Friday Lunch
12pm / Rm 11
Fee: Members $4
All Others $6

3rd Friday
CSA Case Management
10am / Rm 10

Birthday Party
12pm / Rm 11
Fee: Members $4*
*Birthday Month? Free
All Others $6

4th Friday
Blood Pressure
10:30am / Rm 10

Friday Lunch
12pm / Rm 11
Fee: Members $6
All Others $8

5th Friday
Bingo
1pm / Rm 11
Fee: Members Free
All Others $3

Smart Driver Safety Class
1-5:30pm / Rm 12
Fee:
AARP Members $15
All Others $20

MONTHLY ACTIVITIES

Actual dates may vary; call to verify schedule.

Monday

1st Monday
Senior Commission Meeting
4:30pm / Rm 11

Tuesday

1st Tuesday
Visions Unlimited Television Production
10:15am / Rm 10

2nd Tuesday
Legacies Board Meeting
10am / Conf Rm 3
(Meets every other month; call Senior Center for date.)

Fuschia Society
7:30pm / Rm 12

3rd Tuesday
HICAP
1-3pm / Conf Rm 3
By appointment

4th Tuesday
Real Estate Corner
9am / Conf Rm 3
By appointment

Wednesday

2nd Wednesday
Local Restaurants
5pm Casual Dining
No Host
Reservations required

3rd Wednesday
Rhododendron
7:30pm
Society Rm 12

Thursday

1st Thursday
Men's Group
Rm 10
10-11:30am

2nd Thursday
Book Club
1-2pm / Rm 18

3rd Thursday
Camera Club
7pm / Rm 12

Not a Senior Center member yet?
JOIN TODAY!

TEEN Programs

LAYC DANCES

2013/14 REMAINING LAYC DANCE SCHEDULE

- *March 7*
- *April 4*
- *May 9*
- *June 13*

All dances take place on Fridays from 7:30-10:00pm at the LAYC building (One N San Antonio Rd).

LAYC Dances are offered by the Los Altos Recreation Department in conjunction with the Los Altos Youth Commission.

LAYC DANCE MEMBERSHIPS

- Participants must have a LAYC Membership Card in order to participate.
- Memberships for the 2013-2014 school year are $35 for the 4 remaining dances.
- LAYC Cards are offered to 7th- and 8th-graders who live in Los Altos or attend a Los Altos school.
- To purchase a membership, please download an application (which can be found online at losaltosrecreation.org). Then come to the Hillview Community Center Recreation Office (97 Hillview Ave) with a completed application and your child (or email a current photo of your child to info@losaltosrecreation.org prior to your office visit). Office hours are Monday-Friday, from 8am-5pm.

SOUNDS LIKE FUN...

SUMMER EMPLOYMENT

Looking for AWESOME SUMMER CAMP LEADERS!
Must be energetic, enthusiastic and love kids. Is this you? If so, you'll lead our campers in games, sports, crafts...even some education...and more! Applications for Recreation Leader will be accepted beginning March 1, and can be found at calopps.org.

TEEN EGG LAUNCH

So here's how it works: You build your egg launcher at home or school. Bring it to the Hillview Soccer Field on the morning of Saturday, April 19. At 10:45am (after the egg hunt is done), we'll hold an egg launch to end all egg launches. Each launcher will go three rounds. The one that sails the farthest and keeps the egg intact within the designated area is the winner. And the winner gets a free egg scramble at a local eatery. Bring it on!

It is free to enter but you must register by April 17. Registration and rules can be found at LosAltosRecreation.org.

WANT TO JOIN THE YOUTH COMMISION?

The 11-member Los Altos Youth Commission is comprised of 7th-12th graders who live in Los Altos. Representing the interests of youth and teens in Los Altos, the Youth Commission meets the first Monday of every month at 7pm in Council Chambers at Los Altos City Hall. All teens are welcome to attend meetings and provide feedback on issues and programming.

Los Altos Youth Commission positions will be available for the 2014/2015 term beginning in May 2014. Please contact Los Altos City Clerk Jon Maginot, at 947-2609, for more information.

the UNDERGROUND

TEEN CENTER

400 University Ave (at Shoup Park)
A drop-in facility for teens ages 11-17

The place to hang with friends and relax is back for the spring! We have foosball, air hockey, ping pong and pool tables, a place to surf the internet, couches to just hang out or play Madden...plus more! Supervised by recreation department staff, The Underground is a fun, safe place for teens in Los Altos!

SPRING HOURS

Friday 3-6pm & Saturday 2-6pm

Need a Place to Meet?

The Underground is currently AVAILABLE, on a FREE basis, to groups and organizations affiliated with high schools! The Underground is the BEST place to have team-building activities, organization meetings, teen group fundraisers, or small/private events.

The Underground offers a small gathering area for up to 40 people in a safe, close-to-downtown environment. It features FREE Wi-Fi access, 4 computers, 2 televisions, as well as Play Station, Wii, Blue Ray systems and a video projector.

Subject to approval, groups are given up to 3 hours per month depending on availability and the use of a facility attendant.

Please contact the recreation department at 947-2790 to inquire about the short application process.

For more information about The Underground and/or Teen Programs, call the recreation department at 947-2790.

For general information about Youth Commission, contact Greg Milano at 947-2848.

VOLUNTEER Program

REDWOOD GROVE Happenings

City of Los Altos
Municipal Volunteer Program

MVP

MUNICIPAL VOLUNTEER PROGRAM

Calling all Volunteers! Is that...YOU?

Senior Front Desk

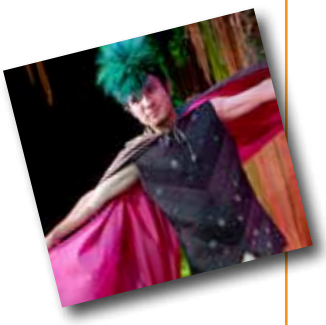
A friendly welcome when seniors walk through the door or call the Senior Center goes a long way. Front desk volunteers are needed!

Summer Camps

Incredible work experiences and great fun as well…apply to be a volunteer at one of our summer camps!

Seamstress Needed!

Los Altos Youth Theatre is in need of a seamstress three times a year to help create and/or prep costumes for the group's theatrical productions.



Consider joining us!

Contact Jennifer Weiss for more info!
947-2897 or jweiss@losaltosca.gov

losaltosrecreation.org/volunteer

Redwood Grove Restoration Workdays

Come Volunteer!

See the difference you can make by removing ivy and other invasives, planting native plants, and helping to improve habitat for native plants and animals.

9:30 a.m. - 12:30 p.m.

April 11 (Fri) & 26
May 10 & 24

Redwood Grove Nature Preserve

482 University Ave.
Los Altos

World Water Monitoring Challenge Events

Help assess the health of Adobe and Permanente Creeks at this family-friendly event. In partnership with GreenTown Los Altos.

March 22, 10 am - 12 pm at Heritage Oaks Park

March 29, 10 am - 12 pm at Redwood Grove

Please register online:
www.acterra.org/stewardship

For more information or to arrange a separate workday for your group, please contact Junko Bryant: junkob@acterra.org or 650.962.9876 x347

Dates subject to change. Register online for the latest information.

Acterra ACTION FOR A HEALTHY PLANET www.acterra.org

PARTY Packages

Booking your next party is as easy as... Cupcake!

1. Choose your party package
2. Pick a date (and a few alternates)
3. Call or drop by the recreation office to book it!

Murphy Magic

For Kids 4-7 Years

Party guests will be enchanted by a 45-minute magic and juggling show by children's favorite performer, Michael Murphy.
4 hrs/30 guest max

Balloon Art available for additional fee

At the San Antonio Club*

Residents: $235
All Others: $253

Archery Party

For 7+Years
(with kids under 18 accompanied by an adult)

You'll definitely hit a bull's-eye with this party! Archery instructor Ray Roan provides 1.5 hours of instruction (and all equipment) for this fun experience.
2.5 hrs/20 guest max

At Redwood Grove

Residents: $200
All Others: $218

Teen Center @The Underground

For Kids 11-18 Years

The entirety of the teen center will be open to your party goers. Pool table? Yes. Video games? Sure. 47" flat screen TV? You bet. Ping pong, foosball and more? Absolutely!
4 hrs/30 guest max

At The Underground Teen Center in Shoup Park*

Residents: $225
All Others: $243

Bocce Ball & Barbecue

All Ages
(with kids under 18 accompanied by an adult)

Celebrate your special occasion while enjoying a spirited game of bocce ball and a barbecue! We supply the equipment; you supply the food and good times!
4 hrs/30 guest max

At the Hillview Community Ctr Bocce Ball Courts + Classroom*

Residents: $200
All Others: $218

Book Now!

To book your party, please complete the Party Application Form, which can be found online at losaltosrecreation.org or picked up from the recreation office.

Return the completed application to our office in person or via mail (97 Hillview Ave, Los Altos, CA 94022).

Questions? Call us at 947-2790 or email us at info@losaltosrecreation.org!

* Friendly facility attendant included

SERVICES & Organizations

Sports

A.Y.S.O. Region 43 . . . . . ayso43.org
A.Y.S.O. Region 45 . . . . . ayso45.org / 964-2976
C.Y.S.A. District 11 . . . . . www.cysadistrict2.org / (415) 265-6062
Crusaders Lacrosse . . . . . crusaderslax.com
Futsal Kingz (indoor soccer) . . . . . futsalkingz.com / (408) 440-7878
Los Altos/Los Altos Hills American Little League . . . . . info@losaltoslittleleague.com
Los Altos Mountain View Aquatic Club (LAMVAC) . . . . . lamvac.org
Los Altos Pony Baseball . . . . . info@lamvpb.org
Los Altos Tennis Club (Adult) . . . . . losaltostennisclub.com
Mountain View/Los Altos Girls Softball . . . . . mvlags.org / 964-6489
Pop Warner Football . . . . . mvmarauders.com
Red Star Soccer . . . . . redstarsoccer.com / 380-0099
YMCA Youth Sports 969-9622
Acterra . . . . . acterra.org

Adults

Los Altos Stage Company . . . . . losaltossateco@losaltosstage.org 941-0551
Community Health Awareness Council (CHAC) . . . . . chacmv.org 965-2020
Foothill College . . . . . foothill.edu / 949-7777
Garden Club of Los Altos . . . . . gardencluboflosaltos.org
Greentown Los Altos . . . . . greentownlosaltos.org / 383-7540
Kiwanis Club of Los Altos . . . . . losaltoskiwanis.org / 735-1552
Las Madres . . . . . lasmadres.org / (877) 527-6237
Leadership Education Advancement (LEAD) . . . . . losaltoscf.org
League of Women Voters 941-4846
Los Altos Art Club . . . . . losaltosartclub.org
Los Altos Chamber of Commerce . . . losaltoschamber.org / 948-1455
Los Altos/Los Altos Hills Newcomers Club . . losaltosnewcomers.com 207-9764
Los Altos Mediation Program (LAMP) . . . . . 949-LAMP(5267)
Mountain View/Los Altos Adult Ed Office . . . . . adulted@mvla.net 940-1333
Midpeninsula Regional Open Space District . . . info@openspace.org 691-1200
Midpeninsula Widows & Widowers Assn . . . . . (408) 246-4642
Santa Clara County Parks Dept . . . . . (408) 355-2200
Ye Olde Town Band . . . . . windband.org/oldtowne
Los Altos Mountain View Aquatic Club (LAMVAC) . . . . . lamvac.org . . . . . (408) 732-3432

Youth

American Red Cross Babysitter Training . . . . . 1(800) 445-8210
Boy Scouts of America Pacific Skyline Council 327-5900
Children's Corner Inc. . . . . lamvchildrenscorner.org 948-8950
Music for Minors 237-9130

YOUTH Theatre

Coming Attraction

NICHOLAS NICKLEBY

Adapted by Tim Kelly From the novel by *Charles Dickens*
Directed by *Emily Jordan*

LAYT blends comedy, mystery and melodrama to tell the life of Nicholas Nickleby. Numerous colorful characters make this play terrific fun for actors and audiences alike.

PERFORMANCES
March 7-23
Weekends only
Bus Barn Theater

TICKETS
$12-17
To purchase, call 941-0551 or email boxoffice@losaltosstage.com

THE WIZARD OF OZ

By *L. Frank Baum*
with Music and Lyrics by *Harold Arlen* and *E.Y. Harburg*
Directed by *Ian Leonard* Vocal Direction by *Sheila Townsend*
Choreography by *Jillian Toby Cummings*

AUDITIONS

- Casting ages 10-20
- A few roles available for interns ages 21-30
- May 13 & 14 from 4-7pm at Hillview Community Center
- Audition forms and exact times will be available on the web by mid-April: losaltosca.gov/recreation/page/los-altos-youth-theatre
- Prepare one minute of a classic Broadway song
- Come prepared to move!
- Callbacks May 17
- Rehearsals June 2-July 3 & July 7-10 Mon-Thur 6-8:30pm
- Master classes on Fridays
- Tech week July 13-17
- Performances weekends: July 18 to Aug 3 (14 performances)
- Fees: Los Altos Residents $289 All Others $307
- Scholarships available

WE ARE VERY EXCITED...
to announce that this summer's production is being co-produced by **Los Altos Stage Company** who will be providing production expertise and educational opportunities for cast members.

LASC will provide three theater professionals to perform with the cast. They will also conduct master classes in musical theater and specific skills needed to audition for musicals.

LIBRARY

HISTORY Museum

Los Altos Library
13 S. San Antonio Road
Hours
Mon-Thu 10am-9pm
Fri/Sat. 10am-6pm
Sun. 12-6pm

Library telephone numbers
Main. 948-7683
Woodland. 969-6030

Woodland Branch Library
1975 Grant Road
Hours
M/Tu/W 1-8pm
Th/F/Sa. 11am-5pm
Sun. . . . . CLOSED

Accounts,
Billing 1-800-286-1991
TeleCirc 1-877-471-0991

Santa Clara County Library website: sccl.org

KIDS' PROGRAMS (*partial listings*)

Main Library

Toddler Storytime (1-2yrs)
Tues, Wed, Thur at 10:15am

Preschool Storytime (3+yrs)
Tues & Wed at 11am

Baby Lapsit
(non-walkers & adults)
Wed at 1pm

Family Bedtime Storytime
(all ages)
Thur at 7pm

Reading Buddies (grades K-5)
2nd Sat of each month @ 11am

Afternoon Movie (all ages)
2nd Sat of each month at 2pm

Woodland Library

Baby Lapsit (non-walkers & adults)
Mon at 1:15pm

Toddler Storytime (1-2yrs)
Thur at 11:15am

Family Storytime (all ages)
Mon at 7pm

BOOK GROUPS FOR ADULTS

The Whodunit? Mystery Readers Group at Los Altos Main Library
First Wed of each month at 10:15-11:30am

The Los Altos Senior Book Club at the Los Altos Senior Center
(Come at 12:30pm for an optional brown bag lunch and social time before the book discussion.) Second Thur of each month at 1pm

The Great Books Club at the Los Altos Main Library Program Room
Third Tues of each month from 6-8pm

The Woodland Library Book Club for Adults at the Woodland Library
Meets the second Tuesday of the month at 2:00pm

Los Altos
HISTORY MUSEUM

ON EXHIBIT NOW THRU MARCH 23:
MOVING ART FORWARD

A showcase of contemporary works by local artists selected to complement the San Francisco Museum of Modern Art's off-site exhibit, The Los Altos Project: SFMOMA in Silicon Valley throughout downtown.

Museum exhibition in conjunction with the Los Altos Public Arts Commission.

FREE EXHIBIT PROGRAMS
For a complete list of free public programs supporting this exhibit, see losaltoshistory.org for all the details.

ON EXHIBIT APRIL 10- OCTOBER 5:
PEDAL POWER!

Get geared up about cycling in the Bay Area with this fantastic assembly of bicyles - from wacky to workhorse - and the stories they tell. Opening Reception: Sunday, April 27.

ON EXHIBIT THIS OCTOBER:
SILICON VALLEY: the Lure & the Legends

Rental Events: Make your own history!
Now booking events for 2015. Call Mark at 948-9427, ext 12, for info.

51 S. San Antonio Rd, Los Altos
losaltoshistory.org 948-9427

Open Thurs-Sun
Hours 12-4pm
Free Admission

REGISTRATION Form

City of Los Altos Recreation Department • 97 Hillview Avenue, Los Altos, California 94022

Head of Household Information (Please Print)

HOME PHONE _____

LAST NAME _____ FIRST NAME _____

EMAIL ADDRESS _____ CELL PHONE _____

HOME ADDRESS _____ CITY _____ ZIP _____

EMERGENCY CONTACT _____ EMERG. CONTACT PHONE _____

READ & SIGN BELOW: Through this registration form, I hereby absolve the City of Los Altos, its employees & officers from all liability which may arise as the result of my participation in the activities listed below, and in the event that the below-named participant is a minor, I hereby give my permission for his/her participation as indicated & in so doing absolve the City of Los Altos, its employees & officers from such liability. In addition, I agree to allow use of my/our photograph for program publicity. I have read & understand the City of Los Altos Recreation Department refund policy. Furthermore, reservation of a place in a class or program does not constitute any form of guarantee by the City of Los Altos that the class or program will take place. The City of Los Altos reserves the right to cancel any program or class at any time for any reason, as its sole discretion. Money paid in advance for any class or program that is cancelled by the City of Los Altos will be refunded in full.

PARTICIPANT SIGNATURE (Parent or Guardian if under 18) _____ DATE _____

If you have any special needs requiring specific accommodations for you to fully enjoy a class or facility, please contact us at info@losaltosrecreation.org

PARTICIPANT NAME (First & Last)	BIRTHDATE	M/F	CLASS CODE	CLASS TITLE	T-SHIRT SIZE*	FEE

*T-shirts for Camp jelly bean, Camp Shoup and Redwood Grove camps only.
Sizes available: Youth Small, Medium & Large, Adult Small

TOTAL DUE: _____

CREDIT CARD PAYMENT (check one)
☐ Visa ☐ MasterCard ☐ Discover

Cardholder Name: _____

Card Number: _____

Exp. Date: _____

Signature: _____

City of Los Altos Office Use Only:

PAYMENT OPTIONS:
- Checks made payable to City of Los Altos
- Visa, MasterCard or Discover credit cards
- Cash payments must be made in person; please do not mail cash

REGISTRATION FORM RETURN OPTIONS:
- Email form to info@losaltosrecreation.org
- Mail form to 97 Hillview Ave, Los Altos, CA 94022
- Fax form to 947-2738
- Walk in to the Recreation Office at 97 Hillview Ave, Los Altos

All registration receipts will be emailed unless a stamped, self-addressed envelope is included with form.

REGISTRATION Information

SPRING 2014 Registration

Register *NOW*!

4 Easy Ways To Register

ONLINE losaltosrecreation.org

FAX 947-2738

MAIL IN Los Altos Recreation Dept
97 Hillview Ave
Los Altos, CA 94022

WALK IN Hillview Community Center
97 Hillview Ave, Los Altos

Registration Details

- Any class canceled by the Recreation Department will be refunded in full.
- Returned checks will be charged a $25 service fee.
- A resident is anyone living within the city of Los Altos. All others living outside the city limits (including unincorporated areas, Los Altos Hills & Mountain View, etc.) are nonresidents.

Refunds & Transfers

- Refunds and transfers requests must be submitted in writing up to five working days prior to the first day of class.
- All refunds will be charged a $20 service fee.
- E-mail your refund and transfer requests to info@losaltosrecreation.org.
- No refunds or transfers will be given after class begins.

City of Los Altos Recreation Office

97 Hillview Ave
Los Altos, CA 94022

Office Hours

Monday – Friday
8am – 5pm

Contact Info

Phone: 947-2790
Fax: 947-2738
info@losaltosrecreation.org

Become a fan of Los Altos Recreation

@losaltosrec

Recreation Department Mission Statement

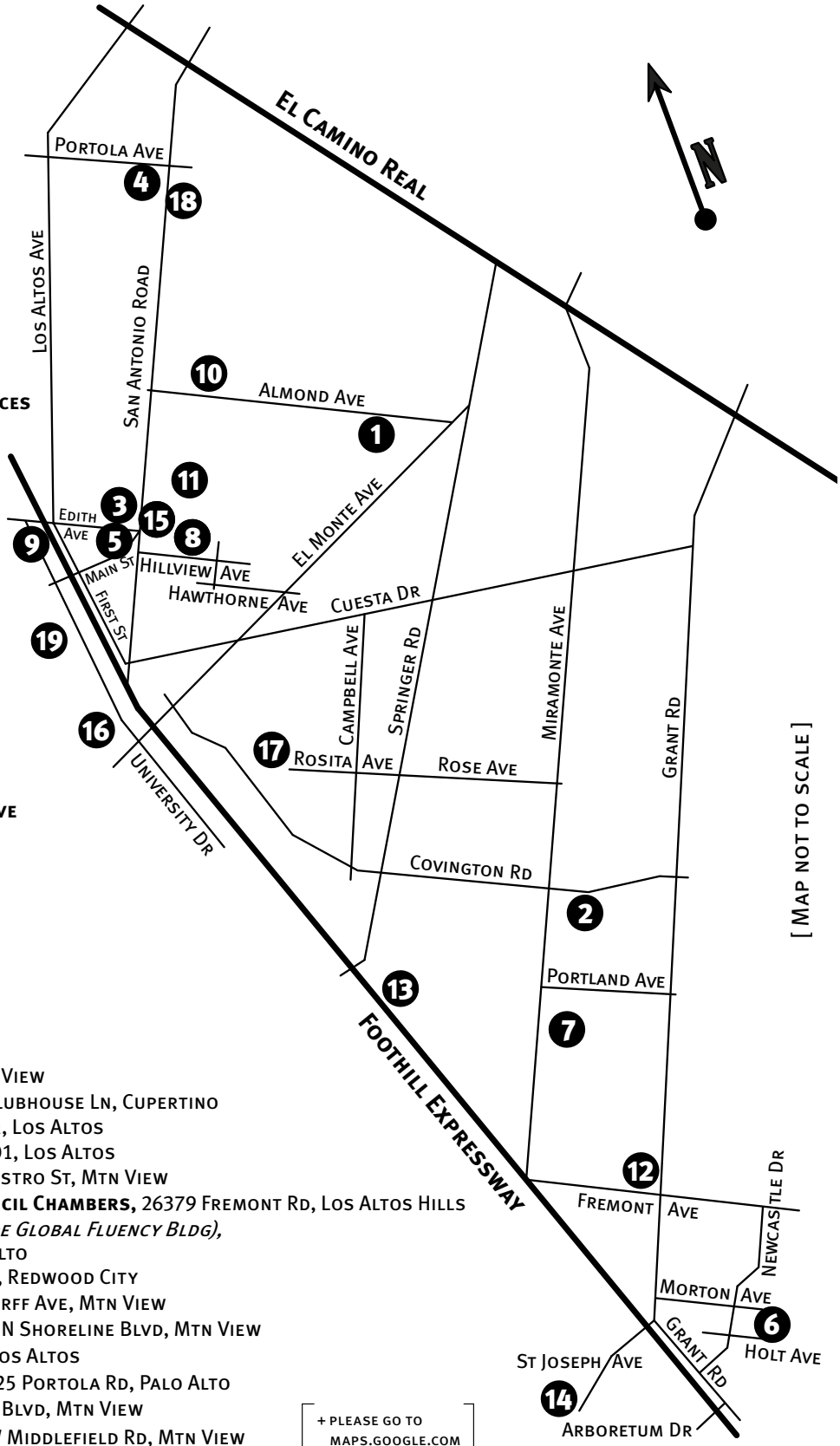
The Los Altos Recreation Department strives to enrich community members through active participation in life-long learning, health & wellness, community involvement, and recreational activities.

City of Los Altos
Recreation Department

Los Altos Recreation Locations

Parks, Indoor Facilities & Schools

1. **Almond School**
   550 Almond Ave
2. **Blach Middle School**
   1120 Covington Rd
3. **Village Park**
   Edith Ave/San Antonio Rd
4. **Egan Middle School**
   100 W Portola Ave
5. **Community Plaza**
   Corner of Main & State Sts
6. **Grant Park**
   1575 Holt Ave
7. **Heritage Oaks Park**
   Portland/Miramonte Ave
8. **Hillview Community Center**
   Los Altos Recreation Dept Offices
   97 Hillview Ave
9. **Lincoln Park**
   University/Lincoln Ave
10. **Los Altos High School**
    201 Almond Ave
11. **Los Altos Youth Center-*LAYC***
    1 N San Antonio Rd
12. **Marymeade Park**
    Fremont/Grant Rd
13. **McKenzie Park**
    707 Fremont Ave
14. **Montclaire Park**
    St Joseph Ave
15. **Bus Barn Theater**
    161 S San Antonio Rd
16. **Redwood Grove Nature Preserve**
    482 University Ave
17. **Rosita Park**
    401 Rosita Ave
18. **San Antonio Club-*Tiny Tots***
    647 San Antonio Rd
19. **Shoup Park / Garden House / The Underground-*Teen Center***
    400 University Ave



Additional Locations

+ **CSMA,** 230 San Antonio Cir, Mtn View
+ **Deep Cliff Golf Course,** 10700 Clubhouse Ln, Cupertino
+ **FIT,** 600 Rancho Shopping Center, Los Altos
+ **Flex,** 4600 El Camino Real, Ste 201, Los Altos
+ **Graham Middle School,** 1175 Castro St, Mtn View
+ **Los Altos Hills Town Hall Council Chambers,** 26379 Fremont Rd, Los Altos Hills
+ **Melody Academy of Music** *(inside Global Fluency Bldg),* 4151 Middlefield Rd #105, Palo Alto
+ **Nazareth Ice Oasis,** 3140 Bay Rd, Redwood City
+ **Rengstorff Park,** 201 S Rengstorff Ave, Mtn View
+ **Shoreline Aquatic Center,** 3160 N Shoreline Blvd, Mtn View
+ **Skateworks,** 379 State Street, Los Altos
+ **Spring Down Equestrian Ctr,** 725 Portola Rd, Palo Alto
+ **Twisters Sports,** 2359 Terminal Blvd, Mtn View
+ **Whisman Sports Center,** 1500 W Middlefield Rd, Mtn View
+ **Young Chef's Academy,** 1336 S Mary Ave, Sunnyvale

[+ please go to maps.google.com for directions]

FACILITY & PARK RENTALS

Available for beautiful gatherings! Patriot Corner, Shoup Park

PARK/FACILITY	Map Location	Acres	Ballfield	Multi-Use Fields	Basketball	Tennis Courts	Playground	Picnic Tables	BBQ Pits	Restrooms	Rental
Blach Gym	2				✔					✔	✔
Community Plaza (corner of Main & State Sts)	5	.16						✔			✔
Village	3	.78	Features grassy area for picnicking & gardens to enjoy at the entrance to downtown Los Altos. Not reservable.								
Egan Gym	4				✔					✔	✔
Grant Classrooms & Multi-Purpose Room	6	4.5		✔	✔		✔	✔	✔	✔	✔
Heritage Oaks	7	5.3		✔			✔	✔	✔	✔	
Hillview Classrooms, Meeting Room, Computer Lab, Multi-Purpose Room & Bocce Ball Courts	8	8.3	✔	✔			✔	✔	✔	✔	✔
Lincoln	9	4.4		✔							
Los Altos Youth Center (LAYC)	11							✔	✔	✔	✔
Marymeade	12	2.5				✔	✔	✔	✔	✔	
McKenzie	13	4.3		✔		✔	✔	✔	✔	✔	
Montclaire	14	1.1				✔	✔	✔	✔		
Redwood Grove	16	5.9	Features include a creekside & redwood trail, picnic tables and rose garden. Not reservable.								
Rosita plus Snack Shack	17	6.4	✔	✔		✔	✔	✔		✔	✔
San Antonio Club	18						✔			✔	✔
Shoup	19	3.9		✔			✔	✔	✔	✔	✔
Garden House & The Underground at Shoup	19									✔	✔

For facility & group picnic reservations, please call

947-2790

or email info@losaltosrecreation.org

Park Facilities

All park facilities are available on a first-come, first-served basis. Only the Patriot Corner Group Picnic Area at Shoup Park may be reserved in advance.

Gymnasiums & Fields

Blach & Egan Middle Schools (map locations 2 & 4). For gym & field reservations, please call Peggy Ford at 947-2887 or email pford@losaltosca.gov.

Indoor Rental Facilities

Meeting rooms, classrooms & multi-purpose rooms with kitchens are all available for rent.

Walk-In Reservations

We welcome reservations Monday through Friday at the Hillview Community Center, 97 Hillview Ave, Los Altos. Detailed information and reservation forms are available online at losaltosrecreation.org or can be requested by phone or via email.

City of Los Altos Recreation Department
97 Hillview Avenue, Los Altos, CA 94022

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LOS ALTOS, CA
PERMIT NO. 258

Residential Customer Local

Tiny Tots Programs... where we play with a purpose!

See page 26 inside for more info.

Terrific Threes

Instilling a love of learning.

Fabulous Fours

Integrating fundamental concepts with Pre-K activities.

KinderPrep

Emphasizing a core foundation for Kindergarten.

"...for children, play is serious learning. Play is really the work of childhood."
~ Fred Rogers