### **Grant Calendar of Events**

Open every Wednesday 10:00a.m.-2:00p.m. 1575 Holt Avenue, Los Altos, CA 94024 \*Schedule subject to change\*



# **September Happenings**

## September 2

10:00a.m.—2:00p.m.

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen

11:30 (Bring lunch) 12:00 Men's group

1:00 Zen Meditation Series 1 of 3

## September 9

10:00a.m.—2:00p.m.

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen

11:30 (Bring lunch)

1:00 Zen Meditation Series 2 of 3

1:00 Book Club with Betsy

### September 16

10:00a.m.—2:00p.m.

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen

11:30 (Bring lunch)

12:00 Speaker– Sourcewise

1:00 Zen Meditation Series 3 of 3

## September 23

10:00a.m.—2:00p.m.

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)

1:00 Garden Club

1:00 Zumba Gold Dance Party with Nora

# September 30

10:00a.m.—2:00p.m.

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor10:45 Chair workout with Nora11:30 English Lessons with Galen

11:30 (Bring Lunch) 12:30 Ice Cream Social

1:00 Zumba Gold Dance Party with Nora

# **October Happenings**

#### October 7

10:00a.m.—2:00 p.m.

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen

11:30 (Bring lunch) 12:00 Men's Group

1:00 Zumba Gold Dance Party with Nora

### October 14

10:00a.m.—2:00p.m.

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor
10:45 Chair workout with Nora
11:30 English Lessons with Galen
11:30 (Bring lunch)

1:00 Book Club with Betsy

## October 21 Happy 1st Anniversary GPSC!

10:00a.m.—2:00p.m.

Intermediate Bridge, Mah-Jongg, Card Games

Stretch with Eleanor
Chair workout with Nora
English Lessons with Galen
Bring lunch & Enjoy Birthday Cake!

1:00 Zumba Gold Dance Party with Nora

### October 28

10:00a.m.—2:00p.m.

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor 10:45 Chair workout with Nora 11:30 English Lessons with Galen 11:30 (Bring lunch)

11:30 (Bring lunch) 1:00 Garden Club

