Grant Calendar of Events



Open every Wednesday 10:00 am—2:00 pm 1575 Holt Avenue, Los Altos, CA 94024 *Schedule subject to change*



January Happenings		February Happenings	
January 6		February 3	
10:00am—2:00pm		10:00am—2:00pm	
Intermediate Bridge, Mah-Jongg, Card Games		Intermediate Bridge, Mah-Jongg, Card Games	
10:15	Stretch with Eleanor	10:15	Stretch with Eleanor
10:45	Chair workout with Nora	10:45	Chair workout with Nora
11:30	English Lessons with Galen	11:30	English Lessons with Galen
11:30	(Bring lunch)	11:30	(Bring lunch)
1:00	Men's group	1:00	Men's Group
1:00	Zumba Gold Dance Party with Nora	1:00	Zumba Gold Dance Party with Nora
January 13		February 10	
10:00am—2:00pm		10:00am—2:00pm	
Intermediate Bridge, Mah-Jongg, Card Games		Intermediate Bridge, Mah-Jongg, Card Games	
10:15	Stretch with Eleanor	10:15	Stretch with Eleanor
10:45	Chair workout with Nora	10:45	Chair workout with Nora
11:30	English Lessons with Galen	11:30	English Lessons with Galen
11:30	(Bring lunch)	11:30	Potluck
12:00	Speaker: Coffee, Cider and Conversation:	1:00	Book Club with Betsy
	Seniors talk with the Mayor and Mayor Pro Tem	1:00	Zumba Gold Dance Party with Nora
1:00	Book Club with Betsy	February 17	
1:00	Zumba Gold Dance Party with Nora	10:00am—2:00pm	
January 20		Intermediate Bridge, Mah-Jongg, Card Games	
10:00am—2:00pm		10:15	Stretch with Eleanor
Intermediate Bridge, Mah-Jongg, Card Games		10:45	Chair workout with Nora
10:15	Stretch with Eleanor	11:30	English Lessons with Galen
10:45	Chair workout with Nora	11:30	(Bring lunch)
11:30	English Lessons with Galen	12:00	Coffee with the Chief
11:30	(Bring lunch)	1:00	Zumba Gold Dance Party with Nora
12:00	Speaker: A New Year: Motivating a new me	Februai	ry 24
1:00	Zumba Gold Dance Party with Nora		—2:00pm
January 27		Intermediate Bridge, Mah-Jongg, Card Games	
10:00am—2:00pm		10:15	Stretch with Eleanor
Intermediate Bridge, Mah-Jongg, Card Games		10:45	Chair workout with Nora
10:15	Stretch with Eleanor	11:30	English Lessons with Galen
10:45	Chair workout with Nora	11:30	(Bring lunch)
11:30	English Lessons with Galen	1:00	Garden Club
11:30	(Bring lunch)	1:00	Zumba Gold Dance Party with Nora
1:00	Garden Club		
1:00	Zumba Gold Dance Party with Nora		