

Grant Calendar of Events



Open every Wednesday 10:00 am—2:00 pm
1575 Holt Avenue, Los Altos, CA 94024

Schedule subject to change

January Happenings

January 6

10:00am—2:00pm

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor

10:45 Chair workout with Nora

11:30 English Lessons with Galen

11:30 (Bring lunch)

1:00 Men's group

1:00 Zumba Gold Dance Party with Nora

January 13

10:00am—2:00pm

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor

10:45 Chair workout with Nora

11:30 English Lessons with Galen

11:30 (Bring lunch)

12:00 Speaker: Coffee, Cider and Conversation:

Seniors talk with the Mayor and Mayor Pro Tem

1:00 Book Club with Betsy

1:00 Zumba Gold Dance Party with Nora

January 20

10:00am—2:00pm

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor

10:45 Chair workout with Nora

11:30 English Lessons with Galen

11:30 (Bring lunch)

12:00 Speaker: A New Year: Motivating a new me

1:00 Zumba Gold Dance Party with Nora

January 27

10:00am—2:00pm

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor

10:45 Chair workout with Nora

11:30 English Lessons with Galen

11:30 (Bring lunch)

1:00 Garden Club

1:00 Zumba Gold Dance Party with Nora

February Happenings

February 3

10:00am—2:00pm

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor

10:45 Chair workout with Nora

11:30 English Lessons with Galen

11:30 (Bring lunch)

1:00 Men's Group

1:00 Zumba Gold Dance Party with Nora

February 10

10:00am—2:00pm

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor

10:45 Chair workout with Nora

11:30 English Lessons with Galen

11:30 Potluck

1:00 Book Club with Betsy

1:00 Zumba Gold Dance Party with Nora

February 17

10:00am—2:00pm

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor

10:45 Chair workout with Nora

11:30 English Lessons with Galen

11:30 (Bring lunch)

12:00 Coffee with the Chief

1:00 Zumba Gold Dance Party with Nora

February 24

10:00am—2:00pm

Intermediate Bridge, Mah-Jongg, Card Games

10:15 Stretch with Eleanor

10:45 Chair workout with Nora

11:30 English Lessons with Galen

11:30 (Bring lunch)

1:00 Garden Club

1:00 Zumba Gold Dance Party with Nora