



Grant Calendar of Events

Open Monday and Wednesday 10:00 am—2:00 pm

1575 Holt Avenue, Los Altos, CA 94024

Grant program will be closed Monday and Wednesday, August 22 and 24 due to Grant Community Center and Park renovations.

Los Altos Senior Program will be closed August 29 - September 5 for Summer break and observance of Labor Day.

Schedule subject to change

July Happenings

July 6

- 10:00-2:00 Int. Bridge, Mah-Jongg, Card Games
- 10:15 Stretch with Eleanor
- 10:45 Chair workout with Gladys
- 11:30 English Lessons with Galen
- 11:30 (bring lunch)
- 12:00 Speaker: Los Altos Dispute Resolution Program
- 1:00 Meditation

July 13

- 10:00-2:00 Int. Bridge, Mah-Jongg, Card Games
- 10:15 Stretch with Eleanor
- 10:45 Chair workout with Nora
- 11:30 English Lessons with Galen
- 11:30 (bring lunch)
- 12:45 Zumba Gold Dance Party with Nora
- 1:00 Book Club with Betsy

July 20

- 10:00-2:00 Int. Bridge, Mah-Jongg, Card Games
- 10:15 Stretch with Eleanor
- 10:45 Chair workout with Nora
- 11:30 English Lessons with Galen
- 11:30 (bring lunch)
- 12:00 Speaker: Los Altos Dispute Resolution Services
- 1:00 Meditation

July 27

- 10:00-2:00 Int. Bridge, Mah-Jongg, Card Games
- 10:15 Stretch with Eleanor
- 10:45 Chair workout with Nora
- 11:30 English Lessons with Galen
- 11:30 (bring lunch)
- 12:45 Zumba Gold Dance Party with Nora
- 1:00 Garden Club

August Happenings

August 3

- 10:00-2:00 Int. Bridge, Mah-Jongg, Card Games
- 10:15 Stretch with Eleanor
- 10:45 Chair workout with Nora
- 11:30 English Lessons with Galen
- 11:30 (bring lunch)
- 12:45 Zumba Gold Dance Party with Nora
- 1:00 Current Events

August 10

- 10:00-2:00 Int. Bridge, Mah-Jongg, Card Games
- 10:15 Stretch with Eleanor
- 10:45 Chair workout with Nora
- 11:30 English Lessons with Galen
- 11:30 (bring lunch)
- 12:45 Zumba Gold Dance Party with Nora
- 1:00 Book Club with Betsy

August 17

- 10:00-2:00 Int. Bridge, Mah-Jongg, Card Games
- 10:15 Stretch with Eleanor
- 10:45 Chair workout with Nora
- 11:30 English Lessons with Galen
- 11:30 (bring lunch)
- 12:00 Speaker: Bruce Barton, Los Altos Town Crier Editor in Chief
- 12:45 Zumba Gold Dance Party with Nora
- 1:00 Men's Group

August 24 and 31 Senior Program Closed

